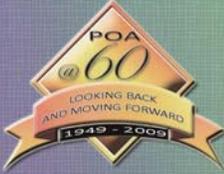




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POA Celebrates 59th Year

The Philippine Orthopaedic Association has once again proved its success in the conduction of its annual meeting that commenced last November 18-22 at the Sofitel Philippine Plaza Hotel. This is one of the many achievements of the fiscal years' activities headed by the president Dr. Francisco P. Altarejos with its overall chairman of the organizing committee Dr. Jose S. Pujalte and of course with the help of the whole Board of Trustees. These officers have dedicated their time and effort in making this meeting truly a success.

The convention kicked off with the sports **R I B B O N CUTTING**: POA President Dr. FP Altarejos (above) and Overall Chairman of the Organizing Committee, Dr. JS Pujalte Jr. (right) with Dr. Rey Melchor Santos



(PMA President) assist Dr. Jaime Galvez Tan during the Ribbon Cutting Ceremonies symbolizing the opening of the trades and exhibits as Dr. Helen Altarejos looks on.

activities. These sport tournaments, which was played with excitement and fun, was played in the spirit of camaraderie, athleticism and had showcased individual talents among the participating orthopedic surgeons. It was also filled with excitement and fun!

The venue for the billiards and bowling was at the SM Mall of Asia; Badminton tournament at the Feathers and Tails in
(Continued on page 5)

POA 20th Midyear in Boracay-All Set

Holding a POA national convention in Boracay seemed preposterous. The island venue may be enticing as it sound, but at the back of our minds we were quite unsettled if we're going to nail it. We all know that the regular major pharmaceutical sponsors, being sincere members of the Pharmaceutical & Healthcare Association of the Philippines (PHAP), have restrictions [sic] on "resorts" as venues for continuing medical education (CME) activities, one of which is Boracay in Malay, Aklan.

Notwithstanding, the POA-Western Visayas Organizing Committee, under the unreserved dedication of Dr Henry Tupas, started hustling for the upcoming event since the initial teaser was run during the 19th Midyear Convention in Cagayan de Oro last year. We have had a series of negotiations with almost all pharmaceutical/implant representatives, both PHAP & non-PHAP members alike, and ended up (of course) with the latter's support. Due to the imminent limitations encountered with a handful of pharmaceutical sponsorships, we went for consumer product companies. Several trudging were also conducted to the island as months pass by (considering the majority of the

(Continued on page 19)





PHKS Elects 2009 Officers

The Society also discussed its plans for the year which includes preparation for the 2nd A S E A N Arthroplasty Association Meeting (AAA) to be held in Manila on November



officers for the year 2009 at its first organizational/business meeting held last February 4, 2009 at the Craving's Restaurant. The new set of officers includes:

President – Dr. Paul Cesar N. San Pedro

Vice- President – Dr. Gregorio

Marcelo S. Azores

Secretary – Dr. Benigno A.

Agbayani, Jr.

Treasurer – Dr. Venancio P.

Garduce, Jr.

PRO – Dr. Jose Fernando C. Syquia

Ex-officio – Dr. Peter B. Bernardo

2009, the POA Arthritis Awareness Program, Joint Arthroplasty Road show and recruitment of new members.

- Peter B. Bernardo, MD, FPOA

Philippine Society for the Surgery of the Hand

The PSSH will be holding bi-monthly Round Table Discussions (RTDs) with different institutions hosting and presenting hand cases of interest. Last Wednesday, February 4, 2009. The PSSH held their 1st RTDs for the year 2009 at the Gloria Maris Restaurant in Greenhills, hosted by Makati Medical Center. It was well attended, with more than twenty five (25) participants.



Besides the two hand cases, the guest presenter Mr. Koji Miyata (*from Japan*), who is a dental technician by profession, shared with the group the various silicone prosthetic devices He fabricates. Of interest to the PSSH were the various fingers and hand prosthetic which can benefit our patients. These are finely crafted and very realistically made. He is a lecturer at the De La Salle University in Cavite. Workshops in cooperation with other institutions are being planned for the latter part of the year.

The Philippine Society for Surgery of the Hand (PSSH) new set of officers for the year 2009.

President – Dr. Angel C. Gozum

Vice President – Dr. Jose Ma. D. Bautista

Secretary – Dr. Nelson T. Lim

Treasurer – Dr. Severino L.

Tanbonliong

PRO – Dr. Emmanuel P. Estrella

- Angel C. Gozum, MD, FPOA

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AAA 1st Meeting in Bali, Indonesia

Several orthopods from the POA participated in the 1st ASEAN Arthroplasty Association (AAA) Meeting held at the Bali International Convention Center in Nusa Dua, Bali, Indonesia last November 27- 29, 2008.

This was in conjunction with the Indonesian Orthopedic Association Annual Meeting combined with the Indonesian Hip and Knee Society and the Asia Pacific Orthopaedic Society for Sports Medicine (APOSSM) - Asia Pacific Orthopaedic Association (APOA) Hip Section Meeting.



Dr. Peter B. Bernardo, Dr. Antonio N. Tanchuling Jr., Dr. Gregorio Marcelo S. Azores, Dr. Jose Antonio G. San Juan and Dr. Paul Cesar N. San Pedro were lecturers and consultants in the arthroplasty workshop during the meeting. Also present were Dr. Ellewellyn G. Pasion, Dr. Jose S. Pujalte Jr., Dr. Lauro R. Bonifacio and Dr. Albert U. Dy among others.

The 2nd AAA meeting will be held in Manila during the 60th POA Annual Convention with the POSNA/AOA on November 9-13, 2009 at the EDSA Shangri-La Hotel, Mandaluyong City.

- Peter B. Bernardo, MD, FPOA

PShS in 2008



retirement. Three other society meetings with PSS members followed throughout the year. During these regular meetings, there were lectures mostly from members who had just arrived from fellowships abroad; the purpose of which was to educate the members on updates and current

(Continued on page 10)

The Philippine Shoulder Society (PShS) has had a quite fruitful year in 2008. This started off with our regular meetings in February where a new set of officers was elected. Plans were laid out for the year at that meeting and the possibility of having the Asian Shoulder Association Meeting here in Manila in 2011, which lately has been changed to Japan, in celebration of Prof. Nobuhara's



POSSM New Set of Officers 2009 - 2010



POSSM participation in the Philippine Orthopaedic Association Annual Convention as a Plenary Session and the Instructional Course Lecture (ICL) on Basic Knee Arthroscopy sponsored by POSSM.

The Philippine Orthopaedic Society for Sports Medicine (POSSM) had its Annual General Membership Meeting at the Quezon City Sports Club last September 19, 2008 - 3 POA Fellows were inducted as members.

The important events of the past two (2) years were reviewed; such as a

For the year 2009, POSSM was assigned to develop and formulate a Clinical Practice Guidelines (CPG) on ACL Reconstruction. Also, POSSM will participate with the POA's 60th Annual Convention coming November 9-14, 2009 at EDSA Shangri-La Hotel, Mandaluyong City.

(Continued on page 18)

GALEN**Jose S. Pujalte, MD, FPOA**

60 is the new 40

Speech delivered by Dr. Jose S. Pujalte during the Congress Banquet of the 59th POA Annual Convention held at the Sofitel Philippine Plaza last Nov. 21, 2009

Honorable colleagues and foreign guests of the Philippine Orthopedic Association, my predecessor Dr. Francisco Altarejos and his wife Helen, ASEAN Orthopaedic Association Secretary General Dr. Llewellyn Pasion and his wife Ellie, ASEAN Orthopedic Association President Dr. Jamal Azmi and his wife Jamiyah, Indonesian Association President Dr Bambang Nugroho and his wife Intan, Malaysian Orthopedic Association President Dr. Abdul Malik Hussein Mohd and wife Mimi, Singapore Orthopaedic Association President Dr. Tet Sen Howe, Hongkong Orthopaedic Association President Dr. K.Y. Fung, Australian Orthopaedic Association Vice-President Dr. Ian Dickinson, Philippine College of Surgeons President Dr. Armando Crisostomo, Past POA Presidents, my father and mentor Dr. Jose M. Pujalte who was POA President in 1974 and 1975 (you could hold to power then) and ASEAN Orthopaedic Association Founding President in 1981, my mentor Dr. Ramon Gustilo, my wife Pamela and daughters Bianca, Jasmine and Raissa, - at least one lady orthopaedic surgeon from their generation, I hope, ladies and gentlemen, friends, fair-weather friends, and enemies, good evening.

Should there be any catch phrase that you must take home tonight it is this – “60 is the new 40.” This applies not only to the individual who has taken good care of his mind and body and spirit in a manner that reverses aging,

but in a way, it applies to the organization too – to our beloved Philippine Orthopedic Association. The POA is turning sixty years in 2009. But the POA can also be 80 in 2009 – that is older than her years only to be described in words familiar to all of us – ossified and sclerotic. On the other hand – and this is the picture we want – the POA at 60 can still be like a man at the cusp of middle age – at his best, sure-footed and robust.

But to go back – why does a man age? Let us look into this briefly and find out how it is reflected in the organization. In a word, a man ages because of apoptosis or “cell death”. We still can’t fool our biology and longevity theories point to two mechanisms that the organism succumbs to. There is (1) “death by injury” – the cell is killed by toxins and by mechanical damage and there is (2) “death by suicide” – a sort of programmed death imprinted in all cells: a microscopic Biblical rendering of “there is a time to live and a time to die.” In simpler words, a cell (and a man) dies because of forces from without and forces from within.

And so my dear friends, the POA as an organization can die too because of forces from without and forces from within. For the POA to become crippled by external assault is highly unlikely. Our membership continues to increase and our fellows are ever-committed. Yet this is not the end of it. Whatever happens to our graduates who never pass the rigorous exams of the Philippine Board of Orthopedics? Some practice in the fringes, falling in the gaps in between legitimate practice. Then others form their own group. In fact, one organization has

been accepted by the Philippine Medical Association as an affiliate society. It is gaining in numbers, perhaps not yet a threat to the POA but with size soon comes influence. I challenge the Philippine Board of Orthopedics to find creative ways of dealing with persuaded prodigal sons. I can barely think of external threats that can endanger the POA. Perhaps they come in the form of medical malpractice bills that Congress may enact.

Now taking the cue from the keynote address of Former Health Secretary Jaime Galvez Tan, the POA and PBO and of course, the Philippine Orthopedic Association Foundation, Inc. (POAFI), can link with the Department of Health to mirror a specialist equivalent of its successful “Doctor to the Barrios”. If there are indeed 26 provinces out of 80 (that are without orthopedic surgeons) it may be within our power to respond to the vacancies by training native sons on the proviso that they will stay and serve in their respective locales.

What I find more threatening is if in the cell there is “death by suicide,” then there can be death for the organization FROM WITHIN. We can orchestrate our own demise if we as a living organization are unable to unify and move together in the same direction. We “die” as a group if we are unable to choose the right leaders and if we are unable to trust them to lead.

The POA can also “die” if it becomes irrelevant to its members and to the community. “Leadership ascendancy” in the POA has been attacked recently as undemocratic and to a few, perhaps

(Continued to page 7)

POA Celebrates 59th Year

(Continued from page 1)

Intramuros and; the golf tournament at the Villamor Golf & Country Club. (Please see page 13 for the list of winners of the various sports activities)

November 19 started out with a Mass led by Fr. Nicardo Blanquisco from the Santa Clara De Monte Falco Church in Pasay City. The orientation of new Fellows by the POA Secretary, Dr. Lauro R. Bonifacio, followed after. The Residents' Research Forum was chaired by Dr. Geoffrey R. Battad, who is also the chairman of the POA Research Committee. The contest coincided with the free paper sessions. For this year's contest the chairman of the board of judges was Dr. Ruperto O. Estrada and his members are Dr. Jose Ravelo Bartolome and Dr. Domingo Bongala. Dr. Joselito L. Lazaga St. Luke's Medical Center won first prize and will be the POA representative for the ASEAN Orthopaedic Association Junior Travelling Fellowship. His paper was entitled "Comparison of Accuracy of Pedicle Screw Placement between Radiography Assisted vs. Image Guidance Surgery during Instrumented Posterior Thoracic and Lumbosacral Spine Surgery". The paper entitled "The Ponsetti Technique of Treatment for Early Diagnosed and Neglected Clubfeet: Investigating the Limits of its Effectiveness" presented by Dr. Ferdinand R. Bernal of the Philippine Orthopaedic Center won second place and Dr. Jair Kimri P. Jingco of the Corazon Montelibano Memorial Hospital with his paper entitled "A Comparison of Screw Pullout Strength between Exact Length Screws and Cut-



MASS: Scenes from the Holy Mass led by Fr. Nicardo Blanquisco



ORIENTATION: The new POA Fellows posed with the POA Secretary, Dr. Lauro R. Bonifacio after their orientation.

Screws: An Experimental Study" won third place. The POA Business Meeting followed.

The Opening Ceremonies' keynote speaker was Dr. Jaime Galvez-Tan who shared a very interesting lecture. The day was capped by the Fellowship Night where two regional chapters presented and outdo each other to vie for the first place to win the chapter presentation contest. POA South Luzon Chapter won over the POA Central Eastern Visayas Chapter. The New POA Fellows and PBO Diplomates oath taking also highlighted this activity.

During the later part of the scientific sessions in the afternoon, Dr. Camilo V. Te, COMELEC Chairman, announced the results of the election. This year's election of officers was held a day after the POA Business Meeting – November 20 and this is the first time that the schedule was moved and surprisingly, the turnout of voters was very high. The elected officers then met after the last lecture and voted among themselves the different trustee positions. The president's night and alumni nights followed.

(Continued on page 12)



Dr. Jaime Galvez Tan
- Keynote Speaker



RESIDENTS' RESEARCH FORUM: (From left) Drs. GR Battad (RRF Chairman), RO Estrada (Chairman, Board of Judges), JL Lazaga (SLMC), FR Bernal (POC), JKP Jingco (CLMMH), and Judges Drs. D Bongala, JR Bartolome

LEGAL ORTHOPAEDICS

Att. Leo O. Olarte, MD, FPOA



Orthopedic Risks in Golf

Golf, a sport played by many Orthopedic Surgeons, is enjoyed by players using many types of clubs including woods, irons, and putters. Each player attempts to hit balls into each hole on a golf course in the lowest possible number of strokes. The game is played on golf "courses", each one of which has a unique design and typically consists of either 9 or 18 holes. The player who holes his ball in the fewest strokes wins.

Golf as a spectator sport has become increasingly popular, with several different levels of professional and amateur tours in many regions of the world. Players such as Tiger Woods, Jack Nicklaus, Arnold Palmer, Lorena Ochoa and Annika Sörenstam have become well-recognized sports figures across the world.

Mulligan in golf was used in the 1940's from David Mulligan who frequented St. Lambert Golf and Country Club in Montreal Quebec. Mulligan was an incompetent amateur golfer who let rip off the tee with bad results and re-teed and hit poorly again. He called his repetition strokes, "correction shots" that of course were risky to other golfers in the fairways.

In a recently decided Law Case against a golfer who hit another player golfer in the fairway, resulting into a fracture of his right humerus, the same being a result of a Mulligan hit, while participating in a golf tournament, the Court found the Mulligan golfer liable for civil damages. The court decided that Defendant golfer was liable for the damages sustained by the plaintiff, based on strict liability torts. In strict liability torts, there is no intention to cause damage. Negligence is not also

necessary in strict liability torts. It is sufficient that the act caused physical injury to another. In fact in this kind of tort, intention or negligence of the actor is not necessary. The resulting injury is sufficient or that it is enough that the law of reason by public policy, imposes liability upon the defendant.

Strict liability in tort is the concept that in certain situations a defendant is liable for plaintiff's damages without any requirement that the plaintiff prove that the defendant was negligent.

A little over 2 months ago, Mr. Cruz was struck in the face in between the eyes and nose by a golf ball while on a course. The person hitting the errant shot was actually a friend playing with him. He hit the ball almost directly 90 degrees as Mr. Cruz was standing almost directly to his right about 15 yards away. Cruz ended up with a broken nose, blow out fracture of the orbit and a few weeks later found out he had a detached retina. What has occurred since then was that he had his nose fixed, and retina repaired. His eye has sunk a little back in the head and he may still need to have surgery to move it back. With the detached retina, Cruz lost his Peripheral vision and has gotten many eye floaters due to the detachment. His



vision will probably never be the same. He also has some daily discomfort from the eye injuries that happened. His vision was really so disturbing the most, incurring permanent damage to the left eye. Being, that it was a friend that did this, Cruz really was not serious to file a law suit against him, but he does have a question. Would the golf course be liable in any way to pay for costs and possibly for pain and suffering? May his best friend be liable for damages also?

You be the Judge!

(You can contact the author through email: attydrolarte@yahoo.com.ph)



The POA will be having the first ever ASEAN-POA Golf Tournament coinciding with the POA's 60th year celebration on November 12, 2009 at the Wack Wack Golf & Country Club in Mandaluyong City. Foreign orthopods who are golf enthusiasts are expected to grace this activity. Watch out for more details in our forthcoming announcements. The other sports activities will also be on this day.

60 is the new 40

(Continued from page 4)

so 20th century. For those not in the know, unless a Trustee-at-large resigns or is removed for cause, he or she slowly “ripens” in the Board culminating in his or her 8th year as President. This is the leadership system that I was introduced to and I make no apologies for it because it seems to have worked. In all humility, may I say that your Board has been delivering. On the other hand, there is room for change. Constitutional amendments must be in black-and-white and the membership must ratify change. Therefore, I am proposing the creation of a new Constitutional Committee to oversee this delicate task of mandating change.

The new directions I will be espousing are also old. Yet bringing fresh energy to these makes them new advocacies all over again.

This is to say, old things we must see in a new light. The POA @ 60 must give back to the community. There is therefore nothing really new when I say that for the POA to be relevant to our people, it must lead the way in three public health epidemics, namely: Osteoporosis; Arthritis & Road Accidents or Trauma

I am presenting these to the body as my 3 flagship projects.

As orthopedic surgeons, it should be clear that we must be experts here. For example, the diagnosis of osteoporosis is after the fact. In a developing country, only a minority would seek out osteoporosis screening at menopause. Yet the sound bite is factual : “One in three Filipinos has osteoporosis.” Yes we get our osteoporotic patients fractured. But we get to see them first. So we should be treating them before a re-fracture. I have asked POA Past-President Dr. Arturo Cañete to head this project. He has much experience in this. We treat

osteoporotic fractures all the time but from a public health perspective, the focus should be awareness and prevention of osteoporosis.

The prevalence rate of degenerative arthritis in the Philippines is 16%, making millions of Filipinos at risk for painful and deformed joints. It helps to partner with the general practitioner, the rheumatologist and the physiatrist in a collective effort to stymie the inevitable. A thoroughly informed public will have more options for arthritis treatment. I have asked my classmate and incoming Philippine Hip and Knee Society President *Dr. Paul San Pedro* to spearhead this project.

And finally, road accidents have shot up from the 9th position in 1990 to the 4th position in the last Department of Health survey of the top ten causes of mortality in the Philippines. Just earlier today, death by car crash was brought to our doorstep. It is a tragic, dramatic reminder of how fragile life really is and that we can die at any moment. The sudden, inscrutable loss of Dr. Jay Suntay gives this project a sense of poignant anxiety if not urgency. We have nearly non-existent implementation of traffic rules and regulations, the proliferation of road-unworthy vehicles, unregulated increase in motorcycles, and just plain bad or drunk drivers, no wonder road crashes are the stuff of Philippines tabloid TV and news. Past POA President and current Philippine Orthopedic Trauma Society (POTS) President *Dr. Mario Geronilla* volunteered to head this project.

These projects are expected to be endorsed then carried out by all POA Chapters in their areas of responsibility.

Dear friends, I have simply applied the principle of factor sparsity or Pareto’s principle in defining what I believe



Dr. Jose S. Pujalte, Jr.

should be the continuing focus of the POA in 2009 and hopefully for a full five years. In identifying osteoporosis, arthritis and musculo-skeletal trauma (the top 20% focus) we would have an 80% impact in public health with orthopedic ramifications. This re-assessment should give new direction to the POA and may help invigorate her and indeed give her a re-defining focus.

We must remember where we are good at, let the people know that we are good at it and then deliver. And what is it that we do so well? We mend bones, salvage limbs, keep joints moving as painlessly as possible, improve lives, and save lives. Those are enviable missions in a finite life.

I am grateful that the POA is giving me this chance to serve. Somehow like most of you I will feel forty again, maybe younger. And, too, our POA can indeed be 40 at 60. Thank you and good evening.

For our colleagues who will be playing during the POA Boracay midyear tournament on 28 April, please submit your names thru poa20th_midyear@yahoo.com and your preferred tee-off time (7AM to 2PM) so we can inform the Boracay Fairways & BlueWater Golf & Country Club the number of expected golfers. The discounted green fee is P2,500 only

VALEDICTORY ADDRESS

Francisco P. Altarejos, MD FPOA



Distinguished guests, Fellows of the Philippine Orthopedic Association, International Orthopedic Presidents, our renowned International Faculty, ladies and gentlemen, good evening!

As an introduction to the youngest members of our organization who will be inducted this evening, may I ask the Past Presidents of the POA present, to please stand up to be recognized. Young colleagues, these are your council of advisers who should serve as your mentors and role models. Let us give them a warm round of applause.

It is but fitting that we acknowledge the great contributions of our orthopedic forefathers and past leaders, since it was with their guiding hands that the Philippine Orthopedic Association has moved toward the 21st century.

A year ago, upon my assumption as President, I made a commitment to lead this distinguish institution with an 8-point program of action. Today, we need to revisit that initial 8-point program and update the status of this scorecard.

In order to realize these programs, the first order of business in January 2008 was the implementation of the Strategic Planning Workshop, participated by the POA Board of Trustees, the POA Foundation Inc and the Philippine Board of Orthopedics. The goal was to crystallize the Mission/Vision of our association and align this objective in one direction as we forge ourselves into the future.

Program #1: We successfully held the 1st orthopedic surgical outreach program in close collaboration with

the North Mindanao Chapter at the Northern Mindanao Medical Center. The next 2009 Orthopedic Surgical Outreach Program will be hosted by the Western Visayas Chapter.

Program #2: Communicating the need for more orthopedic surgeons, the BPO has accredited 2 new training facilities, Medical City and Chong Hua Hospital bringing the total number of training institutions to 20. The task does not end here, since our organization must now find a way of attracting our young trainees to serve in the 26 regions where no orthopods exist.

Program #3: Close alliance with the Philippine College of Surgeons and other Surgical Subspecialties has resulted in refining the PhilHealth Proposal on Professional Service Compensation for more equitable surgical remuneration for our members. We still need to continuously monitor the results of this proposal.

Program #4: Our financial statement is solid and stable. Our new POA Secretariat Office located at the 21st floor of the West Tower Tektite Building Ortigas Center, now houses the Philippine Board of Orthopedics, The Philippine Orthopedic Association Foundation Inc and the ASEAN Orthopedic Association. This setup allows maximum use of our internal resources, allowing synergy and close proximity of the different functional groups in our organization, and minimizing our overhead cost.

Program #5: Close collaboration with the Philippine Orthopedic Association Foundation, Inc; has resulted in the release of 3 Clinical Practice Guidelines, and the initial

results of the Trauma Registry. The work on the Trauma Registry is a continuing process that will require the unwavering support of the entire organization. It is heartbreaking to note that one of our dearest colleague is one of the many statistic entered into the registry. Perhaps it is but fitting, that as we document these events, we do so with the memory of our departed colleague and the intent that we must carry the crusade of "safer travel" in our communities.

Program #6: We have sustained the traveling fellowship and mini-fellowship grants to support the advance subspecialty orthopedic training in the Philippines. Approved during the recently concluded business meeting, is a project for a CME Travel Grant given to any Fellow coming from the province. The qualifying provision for this grant is that he/she has not received a travel support by the association, therefore past presidents, board members and other members who have been provided support by the POA are automatically disqualified.

Program #7: This year, we have deepened further our good relations with our ASEAN neighbors, and strengthened our ties with Hong Kong, Korea and the Australia.

Program #8: Lastly, we have also implemented more stringent mechanisms/ guidelines to satisfy the requirement of a member in good standing.

Though there many accomplishments in 2008, personally, I feel I have some

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Valedictory..

(Continued from page 8)

shortcomings despite the struggle to do my best. I would like to acknowledge that the year-long activities accomplished in 2008, could not be achieved without the unwavering support of the POA Board of Trustees. Allow me to express my deepest gratitude to the members of the Board: Brix Pujalte, Larry Bonifacio, Emil Tablante, Albert Dy, Geoffrey Battad, Julyn Aguilar, Adrian Quidlat, Paul Camiña, Jose Antonio San Juan and Manuel Sison; also a very special thanks to my partner Edward Sarrosa. My humble gratitude to our secretariat: Mike Villanueva, Celia Rigor, Rowena Pandio, Darwin Baruela, Moises Manalo; as well as, Joan Saavedra & Anton Espiritu of the Trauma Registry.

There is so much to do, so allow me to repeat the famous words borrowed from our colleague Dr. Grageda: *“The woods are lovely dark and deep, but I*

have promises to keep, and miles to go before I sleep”.

Of Course, I cannot forget to thank the council of advisers, our past presidents who have constantly guided us with their wisdom during my incumbency. Their knowledge, foresight and endurance, balanced by youth, have infused our organization with renewed strength and stability. There is a saying in our local language which I’ve been asked to translate into English for the

benefit of our international guests, but before I do so let me share this with everyone in Tagalog: *“May kasabihan na ang kulay at buhay ng isang punongkahoy ay tinataguyod ng matatag na mga ugat. Na kahit anong hampas at hagupit ng malakas na hangin at ulan o tigang dahil sa tagal na tagtuyot. Titindig at titindig para kupkupin ng kanyang mga dahon at pausbungin lalo ang mga bunga panghabang panahon”.*



In English this closely translates as, *“the color and life of a tree is supported by its strong roots. Though the rain may come crushing down and the force of the wind becomes overpowering, or the earth is desiccated by the long drought ... the tree will stand tall to embrace its leaves and its fruits will be bountiful for all eternity.”*

The future of the Philippine Orthopedic Association will certainly be brighter because of our unity in purpose, solidarity in culture and teamwork in actions. This poem is representative of us, 59 years of the Philippine Orthopedic Association, a strong, solid and stable organization, with 6 deeply rooted chapters, nourished thru the years, continuously branching out, moving forward into the future, bearing more fruits to meet the boundless challenges of our time.

MARAMING SALAMAT SA INYONG LAHAT.

(Below) Dr. FP Altarejos, inducts the new New POA Fellows (2009)



PShS in 2008

(Continued from page 3)

concepts in shoulder conditions and management.

On September 6, 2008, the Philippine Shoulder Society in cooperation with the University of Santo Tomas Hospital Department of Orthopaedics and Endomed Trading, Inc./Smith & Nephew held a Hands On Cadaver Workshop and Lecture on Shoulder Arthroscopy at the USTH Orthopaedic Learning Center. This included live surgical demonstration, hands on cadaveric laboratory workshop, dry skills laboratory using the Alex Shoulder Model and knot tying stations, as well as a lecture by Dr. Christopher Jordan. PSS members served as faculty for the Shoulder Workshop.

Aside from the annual convention of the American Academy of Orthopaedic Association where members attend shoulder symposia and the specialty day, there were other international venues for further continuing surgical education of the shoulder surgeon. On April 11-13, 2008, the 5th World Congress of Sports Trauma & 6th Asia-Pacific Orthopaedic Society for Sports Medicine in conjunction with the 6th Academic Congress of the Asian Shoulder Association held their meeting in Hong Kong SAR. This was attended by some of the members of the PSS. Innovative implants, instruments and equipments were introduced during this meeting.

On May 2-3, 2008, the 2nd ConMed Linvatec Asia Arthroscopy Symposium was held in Jeju Island, Korea. I attended the shoulder arthroscopy meeting and presented a paper on the status of shoulder arthroscopy in the Philippines which won the grand prize on "Best Paper on the Shoulder," more for its unique and honest information on the state of shoulder arthroscopy in our country rather than for its academic significance. This was a very



special moment for shoulder arthroscopy in the Philippines, which is still in its infancy stage, but slowly gaining good ground with the return of surgeons from shoulder fellowships abroad.

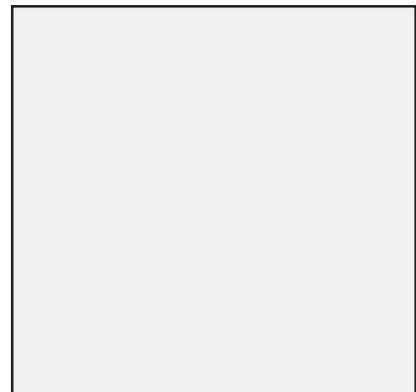
Our PShS members likewise attended the prestigious ISAKOS annual meeting in Italy last May 2008.

The highlight of the year for the society was its own Plenary Session at the Annual Convention of the Philippine Orthopaedic Association. The speakers for the shoulder session were Dr. Young Moon from Korea, Dr. Bing Molano, and Dr. Rafael Joson. During the annual convention, the society also conducted its own annual meeting/symposium held on November 20, 2008 at Gerry's Grille, Blue Wave Complex. The speakers were Dr. Young Moon, Dr. Keith Kenter from the USA and Dr. Raymund Nunez.

The year has been very productive for the Philippine Shoulder Society

indeed, especially in the discipline of shoulder arthroscopy. But we would not like to limit ourselves to this area, but rather tackle various shoulder problems as well. This would be in the realm of trauma, shoulder reconstruction, shoulder arthroplasty, and other shoulder pathologies. This is probably where we would like to focus on in 2009, along with the ever-growing specialty of shoulder arthroscopy in sports injuries and degenerative conditions.

- Emily Halili-Tanchuling



POA-WVC Induction of 2009 Officers

The POA Western Visayas Chapter held its induction of officers for the year 2009 last January 31, 2009 at Westown Hotel in Smallville, Diversion Road, Iloilo City. The new sets of officers were inducted by Dr. Lauro R. Bonifacio, Vice-President of the Philippine Orthopedic Association. Dr. Jose Manuel F. Ignacio was invited to speak on the Aging Spine. The new sets of officers are: Dr. Ronnie B. Payba as President, Dr. Franklin Delano C. Tumaneng as Vice-President, Dr. Lucille Detoyato-Gonzaga as Secretary, Dr. Manuel B. De Asis as Treasurer and Dr. Teodorico H. Pacaldo as P.R.O. The Board of Directors are Dr. Anthony C. Kho, Dr. Jan V. Baltazar, Dr. Margarito M. Morano, Dr. Richie A. Olandres and Dr. Raymundo R. Quimpo. Two orthopods from Dumaguete were welcomed in the Chapter as Members. They are Dr. Danilo V. Olegario and Dr. Daryl M. Apla-on. The 2nd Quarterly Meeting will be held in Dumaguete. A Business Meeting was held after the lecture series and induction with updates on the 20th POA Midyear Convention presented by the Over-All Chairman, Dr. Henry P. Tupas. The Chapter is all set in the preparation for the Midyear in Boracay.



The 2009 POA Western Visayas Chapter Officers for 2009.



Serious lahat....the Business Meeting after the lecture series which ended at almost 12:00Midnight



Dr. Joel Ignacio, who hails from Capiz, talked about the aging spine



Dr. Franklin Delano C. Tumaneng, newly elected Vice President being inducted by Dr. Lauro R. Bonifacio.



POA Celebrates 59th Year

(Continued from page 5)

Scientific lectures continued and the congress banquet ended the next day. The induction of the new officers for the POA, Philippine Board of Orthopaedics and POA Foundation, Inc. was led by Dr. Armando C. Crisostomo (President, Philippine College of Surgeons). Dr. Edward VA Lim was also given recognition from the fellows he trained in the US. Nov. 22 was a half day affair of scientific lectures and ended with a closing message from Dr. LR Bonifacio.

The newly elected Board of Trustees, led by Dr. Jose S. Pujalte, Jr. as President, will carry on the tradition of organizing successful meetings in the future. Rest assured also that the new officers will do its best to serve its fellows and make our association be known to our countrymen and establish our identity and place in the orthopaedic community.



DR. EDWARD V.A. LIM (Seated 3rd from Left) holding his Presidential Citation/Plaque of Appreciation joined by the POA fellows he trained.



Inducting Officer DR. ARMANDO C. CRISOSTOMO, (above middle and right), hands over the presidential medallion to Dr. Francisco P. Altarejos to be passed on to Dr. Jose S. Pujalte, Jr. This turnover ceremony symbolizes the transfer of the presidential position to Dr. JS Pujalte, Jr.



Chapter Presentations, Above are the South Mindanao Chapter (Winner) and below the Central Eastern Visayas Chapter



POA Officers 2009



Jose S. Pujalte, Jr.
President



Lauro R. Bonifacio
Vice-President



Albert U. Dy
Secretary



Emiliano B. Tablante
Treasurer



Geoffrey R. Battad
Trustee



Adrien R. Quidlat
Trustee



Julyn A. Aguilar
Trustee



Edward HM Wang
Trustee



Cesar S. Grey
Trustee (Luzon)



Anthony C. Kho
Trustee (Visayas)



Richard John C. Pecson - Trustee
(Mindanao)



Francisco P. Altarejos
Ex-Officio

POA Sportsfest Winners



Bowling

Individual Champion: Dr. Arturo C. Cañete (533 pinfalls)
Team Champion: The Tibia Team (1601 pinfalls) composed of: Dr. Nel Cañete; Dr. Benjo Reyes Dr. William Uy; Dr. Ben Palma; Dr. Arturo C. Cañete



Billiards

Champion: Dr. Robin Medina (defending champion)

Badminton:

Singles Champion: Dr. Larry Montano
Doubles Champion (A): Dr. Larry Montano & Dr. Coco Roura
Doubles Champion (B): Dr. Geoffrey Battad & Dr. Teodie Flores

(More on page 20)



Bowling: Dr. Arturo C. Cañete (Individual Champ)



Billiards: Dr. Robin Medina (Champ)



Badminton: (Right) Dr. Larry Montano (Singles Champ) & Coco Roura (Doubles Champ-A) with Tony Ramirez of BMS

POAFI Officers 2009



Francisco P. Altarejos
Chairman



Ellewellyn G. Pasion
President



Arturo C. Cañete
Secretary



Lauro M. Abrahan, Jr.
Treasurer



Mario B. Geronilla
Trustee



Noel B. Carilo
Trustee

Car Raffle Bonanza

The Philippine Orthopaedic Association Foundation, Inc. (POAFI) had successfully fulfilled its goals; The Trauma Registry, 3 Clinical Practice Guidelines (CPGs) and a research grant among others. It also carried out successfully its fund raising activity – the POAFI Car Raffle Draw. This was a very important and critical activity for the foundation since this will surely generate additional funds to cover its administrative expenses to be able to continue what it started. The officers of the foundation extends its heartfelt gratitude to everyone who in one way or the other, took part in buying and selling the tickets. Below are the various winners with their corresponding prizes.

POAFI RAFFLE WINNER

6 IPOD SHUFFLE 2GB

2443	Dr. Cesar Reyes
2923	Dr. Edmund Chua
1479	Dr. Arturo Cañete
4511	Dr. Severino Tanbonliong
2628	Dr. Jaime Gatchalian
4219	Dr. Raphael Gerardito Mirasol



Jose S. Pujalte, Jr. - Trustee



Lauro R. Bonifacio
Trustee



Albert U. Dy
Trustee



Edward A. Sarrosa
Trustee

6 IPOD NANO 8GB

1248	Dr. Voltaire Seares
0254	Dr. Selwin Embay
4035	Dr. Fredrick Hipol
2612	Dr. Juan Villaluz
0334	Dr. Eric Sarmen
1568	Dr. Joseph Lai

1 MACBOOK

4471	Dr. Martin Sison
------	------------------

1 HONDA CIVIC 1.8 M/T

0887	DR. ANGEL CHUA
------	----------------

6 SONY CYBERSHOT 7.2 MP DIGITAL CAMERA

1466	Dr. Ellewellyn Pasion
3166	Dr. Richie Olandres
3302	Dr. Sarah Lyn Agdeppa
2320	Dr. Eric Morales
3658	Dr. Florante Calacal
3639	Dr. Pedro Syson



Dr. Noel B./ Carilo, ___ of the POAFI awards the ceremonial key to this year's winner of the Car Raffle Dr. Angel Chua (right) last December ____, 2009 at the Honda Cars Pasong Tamo, in Makati City. The Honda Civic behind them is the car prize.

PBO Officers 2009



Ricardo C. Liwag
Chairman



Antonio N. Tanchuling, Jr.
Vice-Chairman



Leo Daniel D. Caro - Secretary



Leonido C. Castillo
Treasurer



Andress D. Borromeo
Trustee



Mario B. Geronilla
Trustee



James C. Paggao
Trustee



Leslie M. Reyes
Trustee



Emmanuel M. Dela Paz -
Trustee (Luzon)



Pablo J. Ilano,
III - Trustee
(Visayas)



Peter S. Quiaoit
- Trustee
(Mindanao)



Venancio P. Garduce, Jr.
Ex - Officio

PBO Sets Activities for 2009

The Philippine Board of Orthopedics, Inc. held its first board meeting last January 15, 2009 at its new office in PSE, Tektite Bldg- the same office where the Philippine Orthopedic Association, Inc is housed in.

During its inaugural meeting, the new set of officers and members of the board of directors laid down this year's plan and future direction. Aside from its continuous commitment of improving the manner of examinations in the In-Training Examinations (ITE) and the diplomate board as well as working for the betterment of accreditation visit procedures, it will give focus on the following projects/issues:

- 1.Revision of the Green Book
- 2.PBO website construction
- 3.Professionalism
- 4.Funding resources.

The above issues will be the topic of agenda in the meeting of the board of directors with the chairmen and

training officers of the different accredited institutions during the 20th midyear convention in Boracay on April 30. The board expects input and suggestions from the concerned people regarding these issues.

The board is also announcing two newly accredited institutions- one in Metro Manila and one in Cebu City. In Manila, The Medical City got the board's provisional accreditation

status: Dr. Rafael S. Claudio as Chairman and Dr. Albert Jerome C. Quintos – Training Officer. In Cebu City – Chong Hua Hospital – provisional accreditation status: Dr. Agustin Miguel G. Morales as Chairman and Dr. Jose Antonio G. San Juan – Training Officer

(Continued to page 20)



Outgoing PBO Chairman Dr. Venancio P. Garduce during the Recognition of the PBO Diplomates 2009

POA @60: Looking Back & Moving Forward

2009 is a year of opportunity for us to reflect on our history and envision the future with introspection. Much of what we have and what we are today, we owe it to the membership and able stewardship of our past leaders.

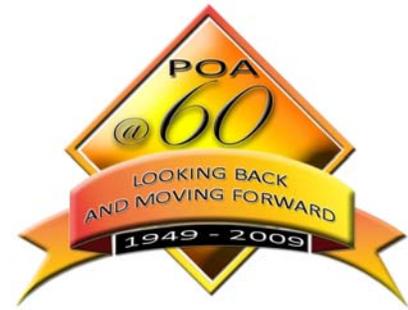


Dr. Lauro R. Bonifacio

Early this year, 24th of January, 2009, during the POA @60 launching ceremonies, we paid tribute to our past leaders, by recognizing their contributions and pioneering works, which established some of the principles where we based much of our current practice. Many of them traveled widely, developed lasting friendships with eminent surgeons abroad, and became members of international and foreign national orthopaedic societies. These men helped bring the advanced ideas from many of these countries to the Philippines. We also acknowledged our fellows for their commitments toward the advancement of the specialty and remaining resolute in upholding the meaning of professionalism through empathy, compassion and altruism.

This year brings us back sixty years ago, in December 1949, when the first set of officers of the association was inducted into office at the Conference Room of the Philippine General Hospital. The officers were Drs. Jose V. Delos Santos as President, Ambrosio F. Tangco as Vice President, Augusto S. Besa as Secretary-Treasurer and Rodolfo Gonzales, Trustee. They were elected by a small group of practicing orthopedic surgeons at that time. Dr. Januario Estrada, Sr., then president of Philippine College of Surgeons (PCS), inducted them into office. Likewise, Drs. Basilio J. Valdes,

Buenaventura J. Canto and Benjamin V. Tamesis were inducted as fellows and members. More than two decades later, in 1972, the Philippine Orthopedic Association was incorporated and registered with the Securities and Exchange Commission. Among the original incorporators were Drs. Rodolfo C. Dimayuga, then the elected President of the association, Manuel T. Rivera, Jose M. Pujalte, Benjamin V. Tamesis and Angel N. Poblete. On April 1991, the Philippine Orthopaedic Association, Inc. convened a Constitutional Convention to review its by-laws and make it more responsive to the needs of the growing membership. There are about 134 practicing orthopedic surgeons at this time. In 2001, we moved out of the POA office at the Philippine Orthopedic Center and transfer to Future Point Plaza. Five years later, we transferred to the Philippine Stock Exchange Center. There is indeed a cause for celebration, for after six decades, our association underwent considerable growth and experienced moments of triumph. The past sixty years also witnessed the birth of six regional chapters, ten subspecialty societies and 20 accredited orthopedic training institutions. Today, the association has grown to more than 500 Fellows spread all over the country. By year 2020, the number is expected to grow to, approximately, 800 fellows. But as we celebrate, we must be mindful of the tremendous challenges we face today. The impact of the worldwide economic crisis that has reached our shores has yet to be felt. The growing membership, rising operational costs and diminishing revenues make it imperative to carefully chart the future of the association. Times have changed. From our modest office at the Philippine Orthopedic Center (then National Orthopedic Hospital) way back in 1976, we moved to Future Point Plaza in 2001 and then transferred to



POA @60 Working Logo: This is the official logo which is being used in communications and other promotional materials to advertise this year's activities.

Philippine Stock Exchange Center in 2006. Clearly, this is an indication of an organization that is getting bigger, with rising operational costs. We used to operate at our Philippine Orthopedic Center office with only one office staff and with the facility and utility expenses "on the house".

Today, with our Tektite office and five administrative staff, the costs of operations have significantly increased. Past and present leaderships have continuously looked for ways to minimize overhead or administrative costs. But this has been inadequate in maintaining membership equity at desirable levels. And these have raised questions about sustainability and long term survival of the association. Maximizing revenues and minimizing costs for a non-profit, non stock corporation, at times, is easier said than done. A critical balance has to be maintained, by generating sufficient revenues on one side and giving back to the membership, on the other. At the end of the day, the performance of our organization will be measured not on how big our office is nor how administratively savvy the leaderships are, but how we give back and reach out to the needs of the membership and the organization. Let us work together and preserve the gains of the association.

Lauro R. Bonifacio, MD FPOA
Vice President & Overall Chairman,
Organizing Committee, POA @60



POSSM...

(Continued from page 3)

Dr. Jose Javier J. Suntay – POSSM Treasurer, was remembered and a prayer of silence was dedicated to him during this meeting,

Dr. Venancio P. Garduce, Jr., the outgoing President of POSSM conducted an election the Election for the new set of of officers for 2009 - 2010 at its first organizational meeting held at the Quezon City Sports Club last January 22, 2009. The new set of of-icers were:

President – Dr. Peter B. Bernardo
 Vice-President – Dr. Albert U. Dy
 Treasurer – Dr. Benedict Francis D. Valdecañas
 Secretary – Dr. Edgar Michael T. Eufemio
 PRO – Dr Jose Raul C. Canlas
 Ex-officio – Dr. Venancio P. Garduce, Jr.



(Left) POSSM President and Inducting Officer Dr. Venancio P. Garduce Jr. with incoming POSSM President Dr. Peter B. Bernardo behind him. (Right) The new members being inducted: (from left to right) Dr. Herminio R. Valenzuela; Dr. Randolph M. Molo and Dr. Rodolfo V. Frez)



Officers, speakers and members of POSSM together with the sponsor - PLASIA headed by Ms. Heidi Ann Nellas (standing 6th from left)

The Society outlined its activities for the year, which includes quarterly meetings, and preparation for its

participation in November 2009 during the 60th POA Annual Convention.

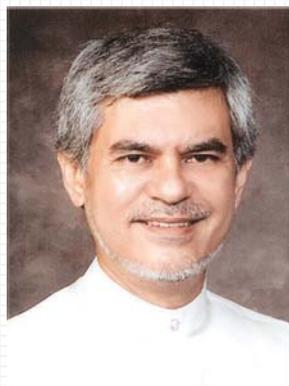
The 59th congress was winding down. The board was meeting for a post-mortem and showed the results of the elections.. Jay was there and we toasted and welcomed him to the board. We were drinking red wine and I shook his hand....

Alumni night followed and UP-PGH residents , consultants and alumni were mixing it up. Dancing and having a good time. Dr. Jay was there too but around midnight he went out the smoke filled bar area and sat to talk with some

friends. He became philosophical and said he will go home soon. Because in the morning he will take his son out . We kidded him that it was still early and he she he meant it. Drinking and "good time" ranks 2nd to his love to teach and spending time with the family. He left around 1 am. and that was the last time we saw him. The whole conference that morning was a blur. Nobody felt like attending the sessions when they announced Jay Suntay died in a car crash that early am. We have lost a good man. It was a senseless death but what can one do but accept it.

Maybe Jay wanted to say to us we need to love each other more and express it in our families. Maybe POA and road accidents are connected so that he would not have died in vain. Whatever it is, Jay is prodding us on. We will not forget you Jay. and Yes, POA will spearhead campaigns for road safety so your death will not be a mere statistics but a beacon to prevent senseless deaths.

- Albert U. Dy, MD, FPOA



Ortho Balita

Official Newsletter of the
 Philippine Orthopaedic Association, Inc.

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POA 20th Midyear in Boracay-All Set

(Continued from page 1)

organizers were a 5-hour road trip away) to iron out transactions. Batteries of teasers/invites were part of the strategy to persuade delegates to attend the event despite uncertain sponsorships.

It is an opportunity & at the same time, a great challenge for the Western Visayas Chapter to overcome the upcoming convention's constraints. This

event will measure how our colleagues will truly support organizational activities through their enthusiasm & candor. Surpassing this, we can demonstrate that medical societies

can hold conventions wherever, with the perpetual **dedication to excellence in the delivery of medical knowledge, training and research**; adhering to consistent purpose of unity & camaraderie.

-Dr. Jan V. Baltazar



First ocular inspection at the venue hotel, Boracay Regency (top) and the Boracay Holiday (below)



SCIENTIFIC PROGRAM

THURSDAY, APRIL 30

11-1pm Lunch Symposium - OTSUKA

1-2 Scoliosis Session

Coordinator: Dr. Morano

Moderator: Dr. Mylo N. Soriaso

- Advances in the Surgical Treatment of Scoliosis – Dr. Rafael C. Bundoc

- Conservative Treatment (Bracing) in Scoliosis Revisited – Dr. Jose Manuel F. Ignacio

- Open Forum

2-3 Shoulder Sports Injury Sessions

Coordinator: Dr. Raoul R. Cañonero
Moderator: Dr. Teodorico H. Pacaldo

- Updates on the Diagnosis and Treatment of Acute Shoulder Injuries – Dr. Alberto Ma. V. Molano

- Updates on the Diagnosis and Treatment of Chronic Shoulder Injuries – Dr. Jose Fernando C. Syquia

- Open forum

FRIDAY, MAY 1

11-1pm Lunch Symposium - UNILAB

1-2 Soft Tissue Tumor Session

Coordinator: Dr. Roel A. Escanillas

Moderator: Dr. Danilo V. Olegario

- Practical Approaches to the Diagnosis of Soft Tissue Tumors of the Extremities - Dr. Raymond Silverio S. Barba

- Advances in the Treatment of Soft Tissue Tumors of the Extremities – Dr. Edward HM Wang

- Open forum

2-3 Safety in Surgery Sessions

Coordinator: Dr. Daryl M. Apla-on
Moderator: Dr. Ramon G. Cejar, Jr.

- Safe Surgery Advocacy – Dr. Armando C. Crisostomo

- Anticipating and Preventing Complications in Orthopedic Surgeries – Dr. Edward VA Lim

- Open forum

PROGRAM OF ACTIVITIES				
	APR 28, '09 TUESDAY	APR 29, '09 WEDNESDAY	APR 30, '09 THURSDAY	MAY 1, '09 FRIDAY
7:00 - 8:00	REGISTRATION (Annex Lobby)	AMAZING RACE (Long Beach Area)	POA/PBO BOARD MEETING (Pearl & Emerald Room)	FREE
8:00 - 9:00			POA BUSINESS MEETING (Grand Ballroom)	
9:00 - 10:00	Outreach Program (Rafael Tumbokon Memorial Hospital, Kalibo)	FREE	LUNCH SYMPO - OTSUKA (Grand Ballroom)	LUNCH SYMPO - UNILAB (Grand Ballroom)
10:00 - 11:00			SPINE	TUMORS
11:00 - 12:00			SPORTS MED	SAFE SURGERY
12:00 - 1:00			FREE	CLOSING CEREMONIES/ CAR RAFFLE
1:00 - 2:00	Golf Tournament (Blue Waters & Fairways GC)	RESEARCH FORUM (Grand Ballroom)	FREE	FREE
2:00 - 3:00		OPENING CEREMONIES/ EXHIBITS (Grand Ballroom)	ALUMNI NIGHT	
3:00 - 4:00		FELLOWSHIP NIGHT (Regency Beach Front)		
4:00 - 5:00				
5:00 - 6:00				
6:00 +				

PBO Sets...

(Continued from page 15)

The annual examinations were set as follows:

In-Training Examination - July 11, 2009
7:30 am, Bayanihan Hall, Unilab, Mandaluyong

Diplomate Examination

Written: October 10, 2009 (Saturday), 7:30 am – 12:00 nn, Westmont Pharmaceuticals, Bonaventure Plaza, Ortigas Avenue Greenhills, San Juan

Oral: October 11, 2009 (Sunday) – 7:30 am (same venue in written exams)

Practical: October 12 & 13, 2009, Philippine Orthopedic Center, Banawe, Quezon City

Deadline for filing applications for diplomate examinations – September 10, 2009. Candidates for the Diplomate Examination should contact the PBO Secretariat at (632) 638-6280 or email: pbo19722004@yahoo.com

Meanwhile, most of the members of the PBO attended the strategic/annual planning with the members of POA and POAFI last January 17, 2009 at EDSA Shangri-La wherein the chairmen of the three groups presented their year plan and projects. The objective of such meeting was to have coordination in the different activities of the groups and to have harmony and synchronicity in their various programs. The event was facilitated by Professor Emmanuel Leyco of the Asian Institute of Management (AIM).

- Dr. Ricardo C. Liwag



Golf:

The Overall Champion of the 1st POA President’s Cup - Golf Tournament was won by Dr. Jose Antonio G. San Juan. This was held at the Villamor Golf and Country Club organized buy Drs. Tabalante and Quidlat.

The POA would like to extend its gratitude to BMS especially to Mr. Tony A. Ramirez of Bristol Myers-Squibb who assisted in the bowling, billiards

and badminton tournaments. The golf tournament was also handled by Drs. Emiliano B. Tablante and Adrien R. Quidlat through the support of the following: Acramed, Airforce1/Flight 168/Kremlin/Classmate, Alveo Land, Angeles Fried Chicken; Cosmo Medical; Aircast/Donjoy, Mulawin Garden Resort, POA CEVC, POA NMC, POA WVC, Skeletal Support, Sonia Trading, Dr. Antonio N. Tanchuling, Tea One/Zesto, Westech, Biomedis, PAGCOR, Unilab-PRMD, and UAP among others.

KEEP US UPDATED...

FELLOWS, Please keep your data updated. Any change in information that you might want changed, please notify the POA Secretariat either by phone, text or email.