

WELCOME
President RODRIGO ROA DUTERTE
Republic of the Philippines

POA 2017 Midyear Convention:

A Success!

The POA South Mindanao Chapter successfully hosted the 27th POA midyear convention last May 3-6 2017 at the SMX Convention Center in Davao City. The convention's keynote speaker was no less than the President of the Republic of the Philippines, His Excellency Rodrigo Roa Duterte. President Duterte's presence raised the convention's attendance to record high.

This year host chapter POA- South Mindanao prepared a series of symposiums and workshops anchored on the convention's theme-DDS: Difficult and Damaged Surgeries in Orthopedics. Preconvention activities include a UST-SPMC Arthroscopic workshop held at SPMC and a Spine Injections Workshop by the Philippine Spine Society held in Davao Doctors Hospital

Convention proper lectures and symposia tackled the more complex orthopedic cases and potential complications that may come with difficult orthopedic surgeries. Challenging topics like orthopedic infections, non-unions, arthroscopic surgery complications, wrong level surgeries, failed trauma surgeries, implant breakages and damage control orthopedics was evenly distributed throughout the three-day convention to pique every orthopedic surgeon's mind. There's even a session for managing social media reputation!



Philippine President Rodrigo R Duterte

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POA Midyear Convention...

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Convention speakers highlighted these challenging orthopedic cases and together with the delegates, recommended strategies during the open forums to avoid or mitigate such complications from happening in one's practice.

Each day of the convention is capped with nightly, fun events intended to bring orthopedic surgeons and their families together in relaxation and socialization after a full day of lectures. Performers wowed convention delegates during fellowship night. Most enjoyed the games and dancing that followed the sumptuous dinner during the fellowship night.

The nightly fun events fostered fellowship within the ranks of POA.





All these events were made possible with the careful planning and execution of midyear convention activities by the host chapter, POA South Mindanao. To all the delegates, the convention resource speakers, event organizer and support staff, thank you for making the 27th POA mid year convention successful!

- Remo-Tito Aguilar

POA Donates to Marawi

The Philippine Orthopedic Association, in behalf of the fellows made a cash donation of one hundred thousand pesos (100,000.00Php) for the relief operations in Marawi City. The Board of Trustees under the leadership of its President, Dr Paul San Pedro, unanimously approved a resolution allotting a portion of the POA disaster fund for the benefit of the victims of the terrorist takeover in Mindanao. The discretion on how to distribute and use the fund was delegated to the local POA chapter headed by their President, Dr Bernie Antolin.

After consultations, the POA Northern Mindanao Chapter decided to course the donation through the Lanao Del Sur Medical Society (LDSMS). Dr. Jalilah Salma Bato and Dr. Taha Domado, officers of the said society, received the money from Dr. JAC Pimentel, a Mindanaoan member of the POA Board of Trustees.

The situation in Marawi remains to be uncertain and critical. Many residents including our local fellows have fled their homes and belongings for their security and safety. The "bakwits" still need our help in terms of food and materials to rebuild their homes. The LDSMS, according to Dr. Domado, intends to use 75 percent of their collection from us and other benefactors for food

and 25% for building materials. The rehabilitation of Marawi will take many years to complete. But with the enormous generosity of every individual and organization, including POA no less, this task is not impossible. Our brothers and sisters in Marawi need our continued generosity and prayers for peace now more than ever.

- Iac Pimentel



L to R: Dr. Peter Quioit, Dr. Tope Balaba, Dr. Bernie Antolin, Dr. Jalilah Bato, Dr. Taha Domado, Dr. JAC Pimentel, and Dr. Sharvyl Cantila

POA Evidence-Based Orthopaedics: Lecture Series

The POA in coordination with MSD, the sole Platinum Sponsor for this year, held once again the Evidence Based Orthopedics (EBO) workshop & lecture series.

There were two EBO organized for this year, one in the National Capital Region and the other at Mandaue City Cebu. This EBO is on its fourth year and POA is planning to continue this worthwhile project with Mindanao targeted as the next venue.

The Astro group led by Dr Estee Estrella, with Dr Nats Orillaza, Dr Tammy De La Rosa, and Dr Mutch Gaston were the speakers and facilitators for the activity. The first one was conducted at Crowne Plaza Galleria Manila last September 23, 2017 for the POA Fellows based in Metro Manila where the Astro group members were in full force. Another workshop for Cebu-based orthopods was held last October 21, 2017 which was warmly welcomed and well-participated in. This was held at Bai Hotel in Cebu and Drs. Estrella and Orillaza were the facilitators.

- Peter Bernardo



Dr. Peter Bernardo, Trustee in Charge



Dr. Tammy Dela



Dr. Emmanuel 'Estee' Estrella



Louie Dr. 'Mutch' Gaston



Nathaniel 'Nats' Orillaza, Jr.













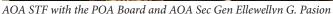
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POA Hosts International Travelling Fellows



AOA JTF welcome dinner with POA Bard and Secretariat staff







AOA Aus/NZOA with POA Board during the welcome dinner

The POA once again hosted the Senior and Junior ASEAN Orthopaedic Association (AOA) and the Australian/New Zealand travelling Fellows.

The Philippine AOA Senior TF was our very own POA Treasurer, Dr. Paul Ruel C. Camiña. The program started in Thailand, proceeded to the Philippines, Malaysia, and lastly Brunei (July 9-22, 2017). The fellows were in Manila from July 12 until the 15th, 2017. The following are the other ASEAN fellows from their respective countries; Dr. Yoyos Ismiarto of Indonesia; Prof. Dr. Azlina Amir Abbas (1st leg)/Dr. Nor Azman Mat Zin (2nd leg) of Malaysia; Dr. Lai Kah Weng (1st leg)/Dr. Poon Kein Boon (2nd leg) of Singapore; and A/Prof Anu-

wat Pongkunakorn of Thailand. Vietnam, Myanmar and Brunei had no representatives for this year.

The Philippine AOA Junior TF was Dr. Anne Kathleen Ganal-Antonio. The travelling fellowship program started September 17 and ended October 8 during the AOA-Vietnam Orthopaedic Association Congress in Hanoi. Indonesia was represented by Dr. I Komang Agus Krisna Aputra; Malaysia by Dr. Jagdish Krishnan; Singapore by Dr. Lin Heng An; Thailand by Dr. Danai Heebthamai; and Vietnam by Dr. Khanh Tran Quoc. Again Brunei and Myanmar had no representation in this program. The POA hosted the fellows from September 21-25.

We also welcomed the AOA- Aus/NZOA travelling fellows, namely Dr. Christine Castle from Australia and Dr. Warren Leigh from New Zealand. They stayed in Manila and visited several hospitals from September 28 until October 2. Next year, it will be our turn to send a fellow to Autralia and New Zealand.

The POA is now accepting applicants to these travelling fellowship programs for 2018. Requirements include a letter of intent, updated curriculum vitae and, research works for possible presentation.

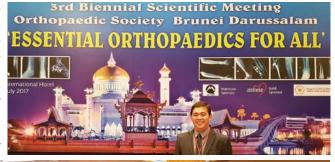
- Mike Villanueva

POA represented in Brunei

The Orthopedic Society of Brunei Darussalam recently held its 3rd scientific meeting last July 30 2017 at the Rizqun International Hotel. Entitled "Essential Orthopedic for All", the biennial event featured lectures from renowned faculties from our South East Asian neighbors that spoke on the basic orthopedic topics. Although a very young organization with less than 20 orthopedic fellows, the Brunei Orthopedic Society has taken all efforts through the leadership of Dr. Abdul Rashid bin Hj Mohammad, to involve other medical and paramedical specialties to participate and help spread the knowledge of orthopedics in the nation. The one day conference was preceded by

pre-conference workshops on Shoulder Arthroplasty, Trigen Intertan Nailing and use Taylor Spatial Frame. It was indeed a pleasant experience to participate in the conference and visit the beautiful country of Brunei

- Melito Ramos





Hands Full for APFSSH 2017

The Association of Hand Surgeons of the Philippines, Inc (AHSPI) will be hosting the 11th Congress of the Asian Pacific Federation of Societies for Surgery of the Hand (APFSSH) together with the 7th Congress of the Asian Pacific Federation of Societies of Hand Therapy (APFSHT) on November 7-10, 2017 at the Radisson Blu Hotel in Cebu City. Preparations started more than 2 years ago under the leadership of congress chairperson Dr. Ida Tacata and current AHSP president and congress secretary general Dr. Emmanuel Estrella. The committee heads have been busy taking care of the details, holding regular meetings and consultations. The planning phase culminated in an on-site visit last July 30, 2017 with local members in Cebu. The weeklong international event is expected to bring speakers and participants from every corner of the globe and welcomes interested local orthopods and therapists.

For details, visit our website at: www.handsociety.org.

-Nats Orillaza





"UN-Screwed: The Definitive Guide to Ortho-Panic Medicine When Things Get FUBAR..."

The Philippine Orthopaedic Society for Sports Medicine (POSSM) held their annual Postgraduate Course entitled "UN-Screwed: The Definitive Guide to Ortho-Panic Medicine When Things Get FUBAR..." last August 12, 2017 at the Ballroom A, 4th Flr, The City Club at Alphaland Makati Place.

The program was well-attended by fellows of POSSM and POA, Residents of the different Training Institutions such as St. Luke's Medical Center, De La Salle University Medical Center, East Avenue Medical Center, Jose R. Reyes Memorial Medical Center, Makati Medical Center, Philippine General Hospital, Philippine Orthopedic Center, University of Santo Tomas, Veterans Memorial Medical Center, and Baguio General Hospital Medical Center, and other allied medical personnel such as Physiotherapists and Nurses. It is important to note that Fellows and residents from Cebu and other provinces such as Cavite, Laguna, Zambales, Batangas, Baguio and Iloilo were also in attendance.

This year's postgraduate course dealt with intra- and post-operative complications, issues and problems, which may arise, when treating sports injuries. The speakers dis-



Mr. Arvin Rosanes



Dr. Marc Anthony Castro



Dr. Edgar Michael Eufemio



Dr. ECarlo Angelo Borbon





Dr. Jeremy James Dr. Raymond Nuñez



Dr. Roberto Lopez



Dr. Ronald Allan Malahito

cussed what may happen, how these can happen, and how these problems can be addressed. Aside from the Fellows of POSSM, we have also invited Fellows from the Phil-Orthopedic ippine



Mr. Francis Diano, PTRP



Allen Dwight Guieb, PTRP



Dr. Raphael Jurilla

Foot and Ankle Society and Philippine Shoulder Society and other friends from the industry as speakers in the course.

-Janis Espino-De Vera







The POA Fellows, POSSM Fellows and Residents in attendance

POA Fellows in Goa, India: 11th APPS-APOS **Combined Congress 2017**

During the last leg of my APPOS Travelling Fellowship in Nepal and India, six POA fellows got reunited in Grand Hyatt, Panaji, Goa, India last Sept. 22-24, 2017 at the 11th Combined Congress of the Asia-Pacific Spine Society (APSS) and Asia-Pacific Paediatric Orthopedic Society (APPOS).

This combined meeting was one of the largest spine and pediatric orthopedic meeting in Asia-Pacific as it also included the 8th Biennial Meeting of the International Federation of Paediatric Orthopaedic Societies (IFPOS) and the Pre-Meeting Course of International Society for the Advancement of Spine Surgery (ISASS). It aimed to attract well motivated young specialists, who aspire to become leaders in the fields of pediatric orthopedic and spine surgery. Their participation gave them a unique chance to interact with well acknowledged speakers/ faculties and share experiences and visions. The conference topics focused on relevant, new and advanced techniques in treating spinal and pediatric orthopedic disorders. The format was highly interactive with keynote lectures, meet the masters, theme based symposia and debates.

Day 1 (Sept. 22): The program started early with three simultaneous sessions: one for spine (ISASS pre-conference course) and two for pediatric orthopedics (APPOS sessions and IFPOS workshops) with one plenary session for all delegates in between. Two POA fellows presented in the pediatric orthopedic sessions: Our very own POA past-president, Dr. Julyn Aguilar, had a topic on Slipped Capital Femoral Epiphysis in the scientific session and Dr. Nesti James Panopio on his retrospective study on DDH in the free paper session. It was also great time to meet, greet and chat with some prominent names in the field of spine and pediatric orthopedics.

Day 2 (Sept. 23): In the three different lecture halls, three POA fellows were on the spotlight. Dr. Jose Manuel Ignacio presented a topic in spinal infections and Dr. Julyn Aguilar, again, gave a lecture on neglected clubfoot during the simultaneous spine and pediatric orthopedic sessions respectively, while Dr. Jose Miguel Lumawig acted as

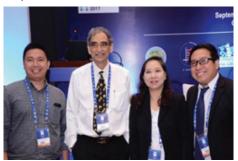
one of the moderators during the APSS Fellowship presentations. Later at the congress dinner, APPOS president, Prof. Saw Aik and APPOS Travelling Fellowship coordinator, Prof. Ashok Johari awarded the AP-POS travelling fellows their certificates of completion.

Day 3 (Sept. 24): The last pediatric orthopedic sessions included presentations by the APPOS and Pediatric Orthopedic Society of North America (POSNA) travelling felOnly a few venture in the field of pediatric orthopedics... it is indeed a "road less traveled." It is both challenging yet rewarding. But with APPOS' efforts to train, inspire and welcome young aspiring pediatric orthopedic surgeons, the ones who previously walked this "road less traveled" will leave a new trail that will eventually become the road more often traveled!"

> Rey-an Niño Garcia, MD, FPOA APPOS Travelling Fellow 2017



Dr. Nesti James Panopio and Dr. Rey-an Niño Garcia meet some of the legends in the field of pediatric orthopedics: Prof. George Thompson (left), co-author of the Salter-Thompson classification for Legg-Calve- Perthes Disease and Prof. Alain Dimeglio (right), author of the Dimeglio scoring system for clubfoot.



The POA Fellows with Prof. Ashok Johari, the Journal of Paediatric Orthopaedics B Editor-in-Chief. From left to right: Dr. Nesti James Panopio, Prof. Ashok Johari, Dr. Julyn Aguilar and Dr. Reyan Niño Garcia.



Dr. Rey-an Niño Garcia, during his presentation on limb lengthening

Below: The wacky POA fellows during the 11th APSS-APPOS 2017 Congress Dinner. From left

to right: Dr. Jose Miguel Lumawig Dr. Jose (Spine), Manuel Ignacio (Spine), Dr. Julyn Aguilar (Pedia), Dr. Mario Ver (Spine), Dr. Rev-an Niño Garcia (Pedia) and Dr. Nesti James Panopio (Pedia).

Advanced Principles of Fracture Management Course - AO Trauma Phils.

The AO Trauma Philippine Council conducted an Advanced Principles of Fracture Management Course last June 1 to 3, 2017 at Chong Hua Hospital, Cebu City, Philippines.

The course were chaired by Dr. Jay S. Asuncion of Butuan Doctors' Hospital and Dr. Tony San Juan of Chong Hua Hospital. The faculty comprised of international, regional and local orthopedic surgeons.

International Faculty

Barbosa Paulo (Hospital Quinta D'or Rio de Janeiro, Brazil)

Regional Faculty

- Jacob Alex (Rustaq Hospital, Oman)
- Phiphobmongkol Vajara (Bangkok Fracture Center, Bangkok Hospital, Thailand)

Local Faculty

- Belen, Maria Adelwisa (St. Luke's Medical Center, Quezon City)
- Baclig, Phillipe (Vicente Sotto Memorial Medical Center, Cebu City)
- Carilo, Noel (St. Luke's Medical Center, Quezon City)
- Coruna, Jose Maria (Montelibano Memorial Regional Hospital, Bacolod City)
- Chua, Benjamin (Philippine Orthopedic Center, Quezon City)
- Diyco, Frederic (Philippine Orthopedic Center, Quezon City)
- Flavier, Manolito (Philippine Orthopedic Center, Quezon City)
- Lai, Joseph (UP- Philippine General Hospital, Manila)
- Lavadia, William (Philippine Orthopedic Center, Quezon City)
- Leung, Jean Pierre (Notre Dame de Chartres General Hospital, Baguio City)
- Orillaza, Nathaniel (UP- Philippine General Hospital, Manila)
- Pacheco, Wilfredo (UP- Philippine General Hospital, Manila)
- Quinones, Pia Kareena (Perpetual Succour Hospital, Cebu City)
- Tenorio, Ernesto (Lady of Caysasay Medical Center, Lemery Batangas)

It was participated by 60 orthopedic surgeons, comprising of residents from different training institutions, junior and senior fellows of the Philippine Orthopedic Association.



The dedicated and energetic faculty of AOTrauma Advanced Principles of Fracture Management Course



During the small group discussion conducted by Drs. Paulo Barbosa, Pia Quiñones and Noel Carilo



Lecture proper with Dr. Bill Lavadia



Fellowship night after a successful and fruitful course. Cheers to a life long journey of education and friendship

The new and improved POA Website

The Philippine Orthopedic Association website is up and running!

Get the latest news on the orthopedic front in the country any day at anytime. Update your professional profile, put up your best picture, and get to know and be known by your colleagues and the public. This will keep you in touch with the association online, and give you access to your membership obligations, as well as your accumulated CPD units for re-accreditation purposes. So if you are not part of this yet, go to http://philortho.org and register now!

But wait, there is more! We have now a mobile app available for android and Apple phone users. This allows access anywhere to the website most especially during annual and midyear conventions. With the QR code scanner, immediate uploading of individual delegate CPD units to our website can be done. You can view the congress program, know more about the speakers and their lectures, and give real-time feedback on their presentations. Location maps





of the lectures and exhibit booths are just some of the other information accessible through the app. We are indeed at par with international convention practices and standards. This mobile app will soon be made available to our accredited regional chapter and subspecialty societies for use in their activities. Get in touch with the secretariat to learn more about this and get you started!

- Dave Alagar

Advanced Principles of Fracture...



The participants with the faculty

Online pre-course self-assessment prepared participants for the course and allowed the faculty to tailor the course to the needs of the participants. Before attending the course, participants were expected to complete online modules on bone healing and classification. The course contained several evidence-based lectures, which covered the key information required. The AO Skills Lab which was done for the second time since it was introduced last year at the Basic Principles of Fracture Management, engaged participants in hands-on learning of basic principles and practical know-how needed for live surgery. With experiences such as proper tightening of a screw and feeling the difference between drilling with sharp and blunt drill bits, participants gained important surgical skills and learned about basic biomechanical concepts in a safe, instructive environment. In practical

exercises, participants were thought in the application of fixation techniques. Discussions of cases in small groups helped participants to understand decision-making and management of skills.

After the course, an online postcourse self-assessment provided participants an opportunity to review the important topics from the course. AOTrauma is committed to improve patient care outcomes through the highest quality education. We strive to combine the right knowledge and surgical skills that empower the orthopedic and trauma surgeons to put theory into practice and to improve fracture management for the benefit of the patient. Hence, AOTrauma Philippine Council stands with our mantra "We nail and screw with minimal stripping."

- Jay S. Asuncion



Dr. Vajara Phiphobmongkol and Dr. Alex Jacob, sharing their knowledge regarding reduction technique using the femoral distractor and fixation with LCP-DF of distal femoral fracture during the practical exercise.

Percutaneous Laser Disc Decompression: The First in the Philippines

Back and neck pains are common problems encountered by orthopedic surgeons. Conventional protocol involves pain medications and rehabilitation. When both fails or radiculopathy presents, with MRI evidence of disc herniation, surgery becomes the next option. There are several surgical procedures with the ultimate goal of resolution of pain and early return to ADL.

Minimally invasive spine surgery is ideal since soft tissue and muscle damages are minimized. There are three recognized techniques, namely the Mast, the PELD, and the PLDD. Mast is Minimal Access Spine Technique and utilizes muscle dilation thru sequential tube dilators. Tubular retractors are then inserted to perform the decompression.

PELD is Percutaneous Endoscopic Lumbar Decompression and uses special spine endoscopes to address the pathology with very little or no muscle damage. In the country, Dr. Rafael Bundoc and his team at UP-PGH Spine Center are the acknowledged pioneers of this technique.

PLDD is Percutaneous Laser Disc Decompression. It utilizes laser to irradiate the center of nucleus pulposus, causing transpiration and reduction in the disc internal pressure. Eventually, the herniated disc retracts back into the disc, eliminating the pressure on the nerve. Early models of laser equipment were not exactly efficient because of its straight laser beam. This can only irradiate small areas and increases the risk of affecting uninvolved parts.

As a result of the evolution in laser technology, the Japanese invented the Arch Discharged Laser Fiber, which provided diffused laser targeting. Transpiration is observed only in touched points, reducing the risk of damaging unaffected areas and lowering heat production. The Japanese experience showed more than 80% good results.

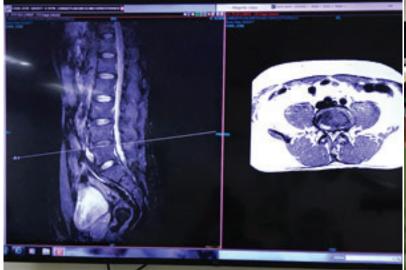
Today, this technology is available in Cagayan de Oro City at Northern Mindanao Medical Center. Through the initiative of Dr. Jovito C. Lao, the Department Chair, all consultants of the Department of Orthopedics (except me) travelled to Malaysia to attend a workshop in Kluan, Johor, Malaysia. The PLDD equipment was acquired thereafter and is now use for herniated disc cases at the hospital. Initial results are promising as demonstrated by the successful surgery on one of our orthopedic consultants who underwent this procedure in our hospital. His back pain of 2 years duration was significantly reduced and his radiculopathy eliminated.

This pioneering approach to disc problems is gaining wide international recognition and is now available in Cagayan de Oro!

- Renan Abellera



Nori Munenori the Japanese inventor of Arched Laser technology is shown demonstrating the use of the machine in Malaysia. Observing in the background are Drs. Jong Palabrica, Tope Balaba, and Peter Quiaoit. Partially hidden are Drs. Bernie Antolin and Bobot Lao. Dr. Ramon Te has his back turned to the camera. Also in the background is pioneering Malaysian Orthopedic Surgeon Dr. Neo Chee Beng.





Dr. Jong Palabrica together with Dr. Tope Balaba performing percutaneous laser disc decompression (PLDD) in Northern Mindanao Medical Center in Cagayan de Oro City on a 56 year old patient with disc bulges at L3L4 and L4L5.

POC Recognizes Excellence and Achievements in the field of Research

The Philippine Orthopedic Center not only renders orthopedic care to patients but also continues its pursuit for knowledge - to establish and confirm evidences, contributing to the expanding world of research.

This institution encourages young residents and orthopods to be inquisitive in the field of Orthopedics through investigation and research. In accordance with this, the Philippine Orthopedic Center Research Department proudly recognizes the various achievements attained by residents during the past years. Some of them are as follows:

Dr. Angeli Charmeinn P. Apalisoc in her re-



search entitled: Made-🖊 lung's Deformity Treated with Sauve-Kapandji Procedure: A Case Report which was presented as Poster in the 18th National Congress of The Indonesian Orthopaedic Association

(IOA) Combined with 32nd Asean Orthopaedic Association (AOA) Annual Meeting in Jakarta, Indonesia, last November 21-24, 2012; her study entitled Functional and Cosmetic Outcomes of Subungual Hematoma Treated with Trephination Alone were presented as podium at the 2nd AO Trauma Asia Pacific Scientific Congress & TK Experts' Symposium in Seoul, Korea last May 16-17, 2014, it was also presented as podium and poster at the 2014 POA Residents' Research Forum in Cebu City, Philippines last November 27-29, 2014 and presented as poster at the 2015 American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting in Las Vegas, Nevada last March 24-28, 2015. Her study was also published in the "Daily Edition AAOS Now" entitled Drainage Alone Effective for Subungual Hematoma during the American Academy of Orthopedic Surgeons Annual Meeting last March 24, 2015.

Dr. Michael Sylvestre A. Saturnino in his fol-



lowing research: A Prospective Randomized Controlled Trial Comparing the Fares Method with the Kocher and 3 Point Traction

- Counter Traction Methods in Reduction of Anterior Shoulder Dislocations which was presented as podium during the 17th EFORT Annual Congress European Federation of National Association of Orthopedics and Traumatology in Geneva, Switzerland last June 1-3, 2016; his study entitled Rice Body Formation of the small finger in a non Tuberculosis Patient: A Case Report was presented as podium at the 36th International Society of Orthopaedic Surgery and Traumatology (SICOT) Orthopaedic World Congress in Guangzhou, China last September 17-19, 2015.

Dr. Pio Rafael R. Lim, in his paper entitled: A



Clinical Series on Early Mobilization of Neglected Patellar Tendon Tear using Primary repair with Semitendinosus Augmentation and Cerclage Reinforcement was presented as poster at the 38th Singa-

pore Orthopedic Association Annual Meeting last October 15-17, 2015; it was also presented as poster at the 37th International Society of Orthopaedic Surgery & Traumatology (SICOT) Orthopaedic World Congress in Rome Italy last September 8-10, 2016; and presented as podium at the 18TH EFORT Annual Congress, European Federation of National Association of Orthopedics and Traumatology in Vienna Austria last May 31- June 2, 2017.

Dr. Luis Rey A. Rodriguez in his paper entitled:



Bone Cement Implantation Syndrome In The Elderly With Hip Fractures Treated With Cemented Hip Arthoplasty: A Report Of 3 Cases which was presented as podium in the 18TH EFORT Annual Congress, European

Federation of National Association of Ortho-

pedics and Traumatology in Vienna Austria, last May 31- June 2, 2017.

Dr. Jewel T. Sadiang-abay in her following research: Sagittal radial shaft fracture treated with open reduction and internal fixation with screws and plate; and Inter-trochanteric Valgus Osteotomy in a femoral neck nonunion in the young - both papers were accepted as poster presentation on the 37th International Society of Orthopaedic Surgery and Traumatology (SI-COT) Orthopaedic World Congress

in Rome Italy last September 8-10, 2016, she also won the SICOT Lester Lowe Award during the said event. Her study entitled Comparison functional outcomes between patients with tibia fractures treated with serial casting versus delayed in-



tramedullary nailing was presented as podium during the 3RD AO TRAUMA Asia Pacific Scientific Congress and TK Expert Symposium in Chengdu, China, last May 27-28, 2016; Factors affecting the quality of life of Pott's Disease Patients was presented as podium during the 36th International Society of Orthopaedic Surgery and Traumatology (SICOT) Orthopaedic World Congress in Guangzhou, China last September 17-19, 2015 and podium presentation in the Combined Congress 12thHKIOF, 10th Asia Pacific Spine Society, 10th Asia Pacific pediatric Orthopedic Society Meeting in Hongkong last June 5, 2015; and her research on Sliding Bone Graft as Treatment for Delayed Union of Tibial Shaft Fracture was also presented as E-Poster at the 36th International Society of Orthopaedic Surgery and Traumatology (SICOT) Orthopaedic World Congress in Guangzhou, China last September 17-19, 2015.

Again we congratulate these young investigators and may their diligence inspire others to continue its quest of genuine love of knowledge and truth in the area of Orthopedics and Research.

- Angeli Apalisoc





POA Office Moves to PCS **Building**

The Philippine Orthopaedic Association has moved from its former office in Pasig City to gain Quezon City. The official address of the POA is now at the:

3rd Floor, Philippine College of Surgeons Building, 992 Panay Ave., Brgy Santo Cristo, Quezon City, Philippines 1105.

The following are our landline numbers: (+632) 930 5797/5766. Our email addresses are the same.

The Philippine Board of Orthopaedics Secretariat has also moved with us, together with that of the ASEAN Orthopaedic Association.

The PBO's landline number is (+632) 3562563.

Additional information can be found at our website.









The POA is active in the ASEAN Orthopaedic Association, having Dr. Ellewellyn Pasion as the incumbent Secretary General. Above is the 1st Council Meeting in Malaysia held last May 2017.



Above picture was taken during the AOA - VOA 2nd Council Meeting at the Sheraton Hotel, Hanoi, Vietnam last October 8, 2017.

POA 28th Midyear Convention April 4-7, 2018, Cebu

POA 69th Annual Congress November 14-17, 2018 EDSA Shangri-la Hotel, Mandaluyong City



Ortho Balita

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