

Ortho Balita



Official Newsletter of the Philippine Orthopaedic Association, Inc.

VOLUME I ISSUE NUMBER 41

QUEZON CITY

MAY 2021

A SPECIAL ANNUAL CONVENTION

As we started 2021, plans were being made in the hope that a final conclusion to the pandemic was on the horizon. The promise of vaccines was very encouraging and exciting as we all queued up for our first and second shots. As we enter the second quarter of the year, the reality of a longer battle has dawned upon us. That being said, the 72nd Annual Convention of the POA will again be conducted virtually, on 16-19 November 2021.

This year's theme will be "Sports Medicine from Head to Toe". This will be a combined meeting for the Philippine Orthopedic Society for Sports Medicine (POSSM) and the ASEAN Society for Sports and Arthroscopy (ASSA), which will be holding its 8th Annual Meeting. Dr Enrique Leonardo C. Pasion will be at the helm as both President of the POSSM and the Secretary General of the ASSA. During this celebration, turnover rites of the ASSA will also have the induction of Dr Jose Antonio San Juan as incoming ASSA President.

Making the 72nd Annual Convention even more special is the POA's distinct honor to host the 41st annual meeting of the ASEAN Orthopedic Association. Malaysia's Prof Chye Ping Ching will be turning over the leadership of the AOA during this time. Hosting responsibilities will likewise be bequeathed by the Philippines to Singapore during this event. Our very own Prof Ellewelyn G. Pasion will be presiding, as permanent Secretary General of the ASEAN Orthopedic Association. The POA's presence is once again in the forefront as we celebrate our friendship and camaraderie within the region and beyond. Our preparations kick into high gear for next year's 22nd Asia Pacific Orthopedic Association Congress, as the Philippines will be the host for the 26 member countries of the APOA.

Announcements and further details will be forthcoming. Join your POA for this year's many celebrations and commemorations in the midst of the challenges and limitations that beset us. Together



in cooperation with

**PHILIPPINE ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE,
ASEAN SOCIETY FOR SPORTS MEDICINE AND ARTHROSCOPY
and
ASEAN ORTHOPAEDIC ASSOCIATION**

Sports Medicine from Head to Toe



16 - 19 November 2021
EDSA Shangri-La Hotel, Mandaluyong City, Philippines

as One POA, our educational and even our social activities will always continue to bind not only us, but also our friends and colleagues abroad.

FREDERIC JOSEPH F. DIYCO, MD, FPOA
POA Vice President 2021

POA 71st Annual Congress: The First POA Annual Online Meeting

**PHILIPPINE
ORTHOPAEDIC
ASSOCIATION
71st ANNUAL CONGRESS
[ONLINE]
NOVEMBER 26 - 28, 2020**

**"THE NEW NORMAL: AN ORTHOPAEDIC CHALLENGE"
- Adaptive Changes in Surgical Practice -**



In a year that started out with the eruption of Taal and followed with the covid pandemic, it was truly challenging for the 2020 POA Board & Secretariat to plan the annual convention. The event is traditionally a good mix of scientific updates and bonding with local and international orthopedists converging in Manila. The regular venue has been Edsa Shangrila with the whole basement as the convention site for around 1000 attendees. Convention activity has always been so dynamic till the last talk of the day then activities shift to night socials.

But on November 26-28, 2020 this was all different. Downsized to two function rooms in the garden wing was where the POA Annual Convention of 2020 took place. From the parking lots to the hallways and the garden wings, all were practically empty and what was once a hustle and bustle

Turn to Page 3



POA 71st Annual Congress...

From Page 2

convention area looked like a deserted scene from a dystopian movie.

Nevertheless, the POA 2020 board was undeterred in delivering its mandate to its fellows. The board led by members of the execom, POA President Dr. Paul Camina, VP & Overall Chairman Dr. Peter Bernardo, Secretary Dr. Richie Diyco and Treasurer Dr. Dave Alagar, planned to start with a pre congress on November 26. Business matters took place such as the orientation of new fellows, the PBO meeting with the Department Chairmen and Training officers from the 22 training institutions, and presentation of 21 papers in the Resident's Research Forum.

November 27 was officially Day 1 of the convention with opening ceremonies beamed from Santan conference rooms 1 & 2. Invocation was led by Dr. Richie Diyco, a video of the national anthem played followed by the POA video hymn performed by Dr. Michael Muñoz. Welcome remarks were given care of the Overall Chair, Dr. Peter Bernardo, messages by PMA President Dr. Benito Atienza and PRC commissioner Hon. Jose Cueto Jr., and finally the formal opening and online elections was marked by POA President Paul Ruel C. Camina by sounding the POA gong.

November 27-28 of the convention had a total 11 symposia interspersed with snack/ lunch lectures. All the 36 lectures had a subspecialty fellow host a talk and guide the Q & A sessions. Friends from the pharmaceutical companies sponsored the lectures as well.

After all the lectures on Day two, the convention wound up with the POA/ PBO business meetings then the closing ceremonies with presentation and induction of the new fellows and oathtaking for the incoming 2021 POA & PBO boards.

Though the 2020 board of trustees and secretariat organized the annual convention without an event's organizer, both Dr. Paul Ruel Camiña and Dr. Peter Bernardo's leadership helped make the first POA Virtual Convention a success. The

Turn to Page 17



POA BOARD OF TRUSTEES 2021



BERNARDO, PETER B.



DIYCO, FREDERIC JOSEPH F.



ALAGAR, DAVID L.



RAMOS, MELITO ANTONIO P.



PIMENTEL, JUSTINIAN AQUILINO IV CYRIL LL.



QUIJAIT, PETER S.



CADAG, MARCELINO T.



BENZON, JOHN ANDREW MICHAEL A.



GANAL-ANTONIO, ANNE KATHLEEN B.



LEUNG, JEAN PIERRE F.



AMADOR, ALVIN A.



CAMIÑA, PAUL RUEL C.

PBO BOARD OF TRUSTEES 2021



CORUÑA, JOSE MARIA R
Chairman



LOPEZ, REYNALDO V
Vice-Chairman



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BELEN, MARIA ADELWISA G
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AGUILAR, REMO-TITO A.



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GATCHALIAN, LENDELL JOHN Z.



CONDOR, RICHARD V.



GUTOC, ALEXIS A.



LAVADIA, WILLIAM T
Ex-Officio



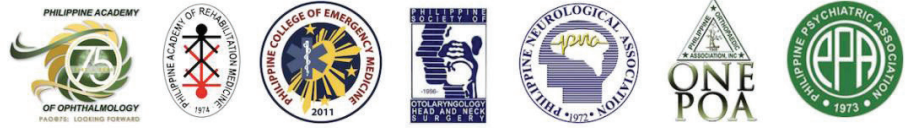
PMA Holds Referendum

The Philippine Medical Association [PMA] is presently holding a referendum to all eligible members from **April 5- 2021 till May 31-2021**. The important issue is the Article XII section 1 of the PMA constitution which states that the By-Laws may be altered, amended, or repealed, upon approval by a two-thirds [2/3] vote of the Board, and ratified by a two-thirds [2/3] vote of the General assembly on the basis of a weighted proxy vote, as required by the Corporation Code of the Philippines. Any amendments proposed or approved by the Board, shall be sent to all component societies and specialty divisions and would need a two-thirds vote of the eligible members. For this year the eligible members are around 31,000 [in good standing], so it would need around 21,000 votes to amend the by-laws.

The new proposal is to amend Article XII Section 1, wherein the amendment of the by-laws is delegated to the Board of Governors by a majority vote, and ratified by a majority vote of the members of the General Assembly. This was made possible pursuant to Section 47 of the New Corporation Code of the Philippines which took effect last February 20- 2019. If approved, then it would not be necessary to attain the 2/3 vote, which is very difficult to achieve, based on previous votations.

PETER B. BERNARDO, MD, FPOA
POA President 2021

Town Hall Meeting YouTube Link: <https://www.youtube.com/watch?v=T4nhXgGFxE0>



THE PMA

REFERENDUM

WHY YES!

WHY NOT?

KNOW THE TRUTH

- 1 The amendment doesn't remove our rights as members. It actually aims **to protect our rights**. Other than amending bylaws, all our basic rights are certainly preserved.
- 2 The General Assembly **amplifies our voices and ensures fair representation**. Yes, it is comprised of officers and members of the board of governors, representatives of component medical societies, and presidents of each medical specialty divisions who are all duly elected by our respective organizations to represent, preserve, and strengthen the values and interests of our respective specialties.
- 3 The General Assembly **does not have the sole power to change anything on its own**. The general assembly functions to a.) ratify the actions and resolutions of the board of governors, b.) select the site of the PMA annual convention, c.) approve the PMA budget, and d.) exercise ratifications granted to members thru proxy. Other matters do not set aside the approval of the PMA as a body.
- 4 The **promotion and defense of the rights and privileges of our medical profession** is the primary mandate of the PMA. Extension and removal of the term limits of PMA officers, as well as the disposal of its very own assets have never been part of any provision of this amendment. Selling or disposal of all or substantially all PMA assets just like other matters that concern each member of the PMA still warrants ratification by all the members of the PMA and not the General Assembly.

POA 31st Midyear Convention

The North Mindanao Chapter will be hosting this year's Annual Midyear Convention Virtually on May 6-8, 2021 with the theme "Minimally Invasive Fracture Surgery: Issues and Techniques". Though the pandemic is still around with no ending in sight, the chapter and its members would not allow this to affect the continuous learning and the fellowship we need as surgeons, colleagues, and friends. Learning must continue! And so, in line with our goal, we would be bringing in local and foreign experts to engage us in lectures and various interactive

scientific sessions at this year's annual convention.

Spearheaded by Dr Jerome Anthony Asuncion, the Over-all Organizing Chairman, with the help of Hakbang Pilipinas, we will be holding a very exciting virtual convention that would be so easy to navigate. With a more dynamic interaction, the participants will experience a virtual

Philippine Orthopaedic ASSOCIATION

30th POA Midyear Convention
May 6, 7, and 8, 2021

MAY 6, 7, & 8, 2021

WELCOME DOCTORS!

This will serve as your visual guide for the 30th POA Midyear Convention.

It is a clickable PDF that will take you to each conference venue.

[CLICK ON THIS TO GET STARTED.](#)

Co-created with: **HAKBANG PILIPINAS**

Philippine Orthopaedic ASSOCIATION

Mask Saya!

TIME TO GET CREATIVE

MAY 8, 2021

THE POA MIDYEAR CONVENTION FUN FACE MASK CONTEST

CONTEST MECHANICS

1. Get creative and jazz up your face masks!
2. Let your imagination run wild, the more eye-catching the better
3. Judging will be done during the POA Midyear Convention

PRIZE: 1 LAPTOP

30th POA Midyear Convention
May 6, 7, and 8, 2021

Philippine Orthopaedic ASSOCIATION

WIN THE DIALY VIRTUAL Lakwatzero!

MOST NUMBER OF BOOTHS VISITED

CONTEST MECHANICS

1. The winner is whoever visits the most number of booths!
2. There are 23 Exhibitor's booths, to be eligible, you must visit a minimum of 12 booths.
3. Judging will be done during the POA Midyear Convention

PRIZES:
1 Daily Winner - P10,000
1 Daily Winner - Garmin Watch
1 Daily Winner - Aftershokz waterproof bone conduction MP3 headphone

30th POA Midyear Convention
May 6, 7, and 8, 2021



Status of Accreditation of Training Programs and Examinations by the Philippine Board of Orthopaedics

The Philippine Board of Orthopaedics, Inc. is the official accrediting and examining arm of the Philippine Orthopaedic Association, Inc. (POA). It is tasked with helping the accredited programs upgrade the status and maintain the quality of excellence in residency education and training in the country.

At the beginning of 2020, we were able to visit on a face-to-face basis only four training programs. After the lockdown on March 16, 2020, the Board deemed it wise to adopt some modification to the customary manner of our annual accreditation visits to the different training programs contingent on the institution's status of accreditation. Hence, the Board accomplished virtual meetings for selected programs employing the Zoom platform. The Board made detailed scrutiny of the Annual Report transmitted, evaluated the resident's e-logbooks and performance of the residents' ITE and Board Certifying Examinations for programs with Qualified Accreditation. A total of nine programs were visited virtually using the Zoom platform, and another nine were not visited because they have qualified accreditations in 2019.

A town hall meeting was held last July 25, 2020. Changes to the program accreditation, 2020 credentialing, and restructuring of orthopaedic training and education were discussed by Dr. William Lavadia (PBO Chairman 2020) and Dr. Jose Maria Coruna (PBO Vice-chairman and Head of the Accreditation Committee 2020).

Training program Directors and Training Officers were advised to:

- (1) Develop the Cognitive domain of resident trainees through remote, flexible learning virtual conferences and other technology-based platforms like Zoom
- (2) Develop the Psychomotor domain through the following:

- a) Use of a Bio-skill Lab using simulation and virtual reality (VR) learning
- b) Maximal use of surgical videos in websites
- c) Live observation of surgeries with a consultant-led discussion (CLD) to supplement learning through surgical assists
- d) Live surgery webcast with CLD
- e) Direct supervision with immediate /timely constructive feedback using Assessment Tools
- f) Video review of surgical cases as a TLA
- g) Cadaveric dissections

(3) Develop the Attitude domain through leadership and professionalism seminars, communication skills, crisis and financial management, andragogy.

Recommended changes for accreditation were put forward:

- (1) Outside rotations in surrounding hospitals with Faculty as clinical supervisors
- (2) Teleconference virtual accreditation visits will be the new norm
- (3) Face-to-face (F2F) visit deemed necessary in these instances:
 - a) Workshops for change
 - b) New programs

The result of accreditation of 22 orthopaedic training programs for 2020 was:

| | |
|---------------|----|
| Qualified | 12 |
| Conditional | 4 |
| Provisional | 2 |
| Suspended | 3 |
| New Applicant | 1 |

For 2021 onwards, the Board has these plans for restructuring for a post-COVID19 scenario:

- (1) Promote collaboration and "clustering/regionalization" of programs:
 - a) University - academe
 - b) Government - clinical materials
 - c) Private - diagnostic resources
- (2) No more Diplomate Practicals by 2021.

(3) Incorporate Workplace-based Assessment Tools

- a) Mini-CEX AT-02
- b) DOPS AT-03
- c) Surgical Skills Assessment AT-05 (NEW)
- d) Periodic Exit Practicals per Module EC-03

(4) Conduct Performance-based Assessment - OSCE

(5) Workplace and Performance-based Tools

- a) video-recorded
- b) asked on virtual visits
- c) submitted online real time

Based on the mandate of the Board to help upgrade the status and maintain the quality of excellence in residency education and training by assisting the training institutes in getting the best applicants to undergo training in their respective accredited programs, The Philippine Board of Orthopaedics, Inc., deems it essential to establish an assistance program for all the training institutes of the country by providing a national pool of resident applicants best suited to the strengths and capabilities of the department and best suited for the resident applicant. The 2021 Trustees of The Board, in its second virtual Board Meeting held on December 11, 2020, approved formally establishing the National Orthopaedic Residency Assistance Program (NORAP) for such a purpose as stated above. This is still a work in progress to be launched in the last quarter of 2021 and will address getting the best applicants for orthopaedic training and residents to pass the different examinations given by the Board. An update on this will be presented during the Midyear convention this year.

The Board decided that all training programs will be visited virtually this year with two new training program applicants hopefully to be visited face-to-face if conditions allow. Guidelines for accreditation this year

Throwing Down the Gauntlet: Restructuring Training Exams During The COVID-19 Pandemic

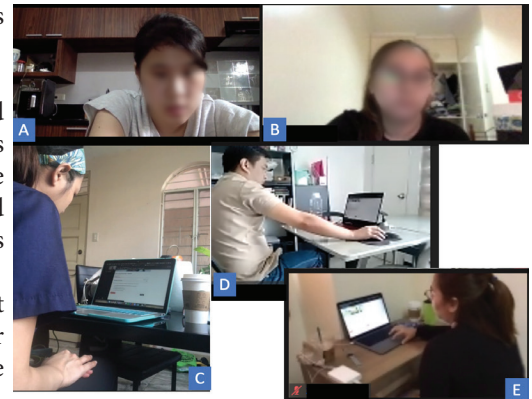
My last fond memory of 2019 was queuing for an early ticket reservation for the final installment of the Marvel Cinematic Universe – Avengers: Endgame. And just like how the Infinity Wars ended with the final snap of Thanos’ Gauntlet, the world ultimately entered a parallel decimation as the novel COVID-19 pandemic changed the reality we were used to.

And just like the heroes in the early part of the Endgame movie, 2020 started with an attempt to reinstate our world and to adjust to the current situation that we were into. And as many training institutions quickly adapted to this transitional paradigm of online teaching, another challenge that arose was blending our Learning Assessment Toolkits with the new norm.

Last October 24 and 25, 2020, the Philippine Orthopedic Center held our first online examination which was taken by 63 residents (25 residents took the junior exam and 38 residents took the senior exam). We used ClassMarker as our online testing website (<https://www.classmarker.com>) and Zoom to monitor the examinees. For an online examination

to be successful, certain modifications were implemented:

1. Content – use of Comprehensive and Analytical MCQs, questions and choices are randomized through the online testing website, questions are displayed 1 item at a time, and the examinations are timed to prevent cheating.
2. Implementation – Code of Conduct was emphasized to the examinees prior to the exam. Additional measures were also instigated such as:
 - Use of 2 cameras to monitor the examinee and their surrounding
 - Use of e-proctors
 - Use of the Zoom break out rooms – residents are divided into rooms where at least 3 e-proctors are assigned
 - Strict exam rules – desk must be clear, no other gadgets inside the room, webcam and microphone must be always turned on (except for the audio of the 2nd camera to prevent feedback), headphones and earphones were not allowed, and examinees cannot leave their seat during the exam.



POC Online Examination: A-B: FRONT CAMERA Can see the whole face, microphone turned ON. C-E: 2ND CAMERA. Can see both hands, lap and screen. Mic turned OFF

| | | | |
|---|--|----|---|
| 1 | Identification of Instruments, Sponges and Drains (eg. cross techniques) | 14 | Spine Burst Fracture – History and PE |
| 2 | Tibial Plateau Fracture case | 13 | Foot and Ankle case |
| 3 | Open Tibia Fracture case | 12 | Axial humerus fracture case |
| 4 | Elbow: Terrible Tibial case | 11 | 3 part Proximal Humerus fracture case |
| 5 | Pediatric Supracondylar Fracture case | 10 | Research Station |
| 6 | Inter trochanteric Fracture case | 9 | Public Blog Injury: Hip, PE, Mx and Application of Public Sheet |
| 7 | Sports: ACL History, PE, Mx and Mx | | |
| 8 | Ethics Case (Tumor) | | |

Left: To implement social distancing, offices were assigned as stations. Right: Cases per station during the OSCE

Turn to Page 6

Status of Accreditation...

From Page 4

were sent to the training programs as early as January 28, 2021. The Board has already done eight (8) accreditation virtual visits starting February 27, 2021, to April 24, 2021, just before the Midyear convention. There were no problems encountered during all of these visits, and we hope to finish all accreditation visits by August 14, 2021.

The Board is drafting a 5th edition of the Manual of Policies and Procedures for Orthopaedic Residency Education spearheaded by Dr. Lavadia. Hopefully, it will be launched in time for the Golden Anniversary celebration of the PBO. This will contain all the guidelines for all orthopaedic training programs in the country until its next edition.

On the aspect of examinations, there were three programs whose Diplomate candidates undertook their practical examinations. By the time the lockdown was imposed, the Board had to cancel all practical assessments. Initially, the practical examination or Part 3 of the Diplomate tests was postponed for an opportune time, but as the year progressed, the Board decided this would be phased out. A program-based assessment of a resident ongoing through training, observed by the consultants, and tiered over residency training level has been suggested. There will be no more high-stakes single chance for passing (or failure). The PMA / IATF Resolution on the conduct of the examinations was analyzed, and due to logistics difficulty, the Board decided not to follow. The Board then decided to use its propriety examination software and bring

it to the homes of the examinees instead of going to multiple testing centers. For 2021, two home-based Diplomates (Part 1, 6 March; Part 2, 20 March) and a Qualifying Examination have been conducted with significant success. At present, this adaptive response of the Board may prove to be the new normal in future endeavors.

- REYNALDO V. LOPEZ, MD, FPOA**
Vice-chairman and Head, Examination Committee
- REMO-TITO A. AGUILAR, MD, FPOA**
Trustee and Head, Examination Committee
- ISAGANI E. GARIN, MD, FPOA**
Secretary
- JOSE MARIA R. CORUÑA, MD, FPOA**
Chairman

Keeping Up with Global Standards in Fragility Fracture Care: FFN-Philippines hosts 1st Fragility Fracture Network Asia-Pacific Pocket Meeting in 2021

The FFN 1st Asia-Pacific Pocket Meeting for the year 2021 just concluded last 17th of April. It was virtually hosted by FFN-Philippines in collaboration with the UP-PGH Department of Orthopedics. FFN pocket meetings are scheduled – one for each of the three clinical pillars of the global Call to Action (CTA) about the ideal treatment of fragility fractures in the elderly, leading up to the FFN Global Congress in September. These pillars are, namely: (1) **Acute Care of Fragility Fractures**, (2) **Excellent Rehabilitation**, and (3) **Secondary Fracture Prevention**. The Philippine Orthopedic Association (POA) and the Philippine Orthopedic Trauma Society (POTS) are strong supporters of this global Call to Action.

The purpose of the pocket meetings is to engage new people and new countries in each of the 4 regions: the **Asia-Pacific**, **Europe**, **Latin America**, and **North America**. There is emphasis on the

discussions of the current challenges and status of implementation of the CTA in each country. The meeting focused on the 3rd pillar of the CTA, which is secondary fracture prevention in the elderly, and how to provide better care for the patients with fragility fractures despite the pandemic that we are experiencing. The theme of the meeting was developing a workforce in the Asia-Pacific Region in support of the WHO's Decade of Healthy Ageing 2021-2030.

The virtual meeting had 253 actual attendees representing 13 countries across the Asia-Pacific Region, and was graced by National FFN leaders and fragility fracture champions across the region. One of the keynote speakers was Robyn Speerin, co-chair of the FFN Secondary Fracture Prevention Interest Group. She offered help in behalf of the group to work with the Gerontology Nurses Association of the Philippines (GNAP) to expand

competencies about secondary fracture prevention in the country.

Planning has commenced for the **2nd Asia-Pacific Pocket Meeting, which the Philippines will also be hosting virtually this July**, this time in collaboration with the FFN Hip Fracture Audit Special Interest Group. This time, the meeting will focus on the 1st pillar of the CTA and the importance of gathering quality data about fragility hip fractures. It is our hope that these future multidisciplinary endeavors will garner the same support from the fellows of the Philippine Orthopedic Association.

IREWIN TABU, MD, FPOA

*Head, One- POA Orthogeriatric and Osteoporosis Working Group
Deputy Chair, FFN Regionalisation Committee
Clinical Associate Professor, UP-PGH Dept. of Orthopedics*

Throwing Down the Gauntlet... *From Page 5*



Left: Terrible Triad Case administered face to face with distancing Right: Foot and Ankle Case administered online

3. Result and Feedback – examinees can immediately view their exam result upon submission of the test as well as their performance per topic or specialty. Feedback sessions were also held to improve our future online examinations.

After a month, we held our Trauma OSCE for first year residents on November 30, 2020. This was achieved using the different offices in our department which were designated as stations. The 14 stations consisted of case based oral exams – given online and/or face to face, cases

where examinees need to perform history and physical exam using standardized patients, and 2 unmanned stations: Identification of instruments, drill bits and lag screw technique and the Research

Turn to Page 7



Station 7 and 9.

Use of standardized patients where examinees can perform physical examination of the knee (upper picture) and application of the Pelvic Sheet (lower picture)



Solid North

During the Virtual Annual Convention of the Philippine Orthopedic Association, with the “Solid North” support of the members of the POA-NL Chapters, two past Presidents of the chapter, Dr. Jeanne Pierre F. Leung and Dr. Alvin Amador were elected to the Board of Directors of the mother organization.

Considering the still ongoing pandemic, other annual activities of the chapter were put on hold, including the election of new sets of Officers for 2021.

The POANL – Chapter offices drafted and approved a resolution extending the terms of the present set of officers for another year until a new set of officers shall have been elected.

The POANL First Quarterly Scientific

Meeting was held on March 13, 2021. The Provincial Orthopods were encouraged to group together in one venue and from there, join the zoom meeting of the Region. It was a well-attended meeting, and this should be encouraged until such time when face to face meetings will be allowed.

At the said meeting, Interesting Orthopedics Cases were presented by Dr. Miles Dela Rosa and Dr. Edsel Arandia. Another interesting and timely lecture on Covid – 19 vaccine was given by Dr. Aileen Espina.

This was followed by the POANL Chapter meeting for this year’s activities and the induction of six new members of the chapter. The new members together with their corresponding areas of practice are the following:

DAVERIC T. DE JESUS, MD, FPOA
(Bulacan)

- JOSE CARLOS F. Dumlao, MD, FPOA**
(Baguio City)
- STEVEN PAUL L. LUSPIAN, MD, FPOA**
(Baguio City)
- MOREEN T. VELASCO, MD, FPOA**
(Pampanga)
- EDELYN S. AZURIN, MD, FPOA**
(Pampanga)
- JASSON LOUIE R. ARCINUE, MD, FPOA**
(Cabanatuan City)

On March 27, 2021, another zoom lecture was given by Dr. Leo Daniel Caro with the topic “Updates and Practical Approach on the Osteoporosis Management in the New Normal”.

For the meantime, the chapter is looking forward to the 30th Midyear Convention and the planned upcoming activities.

ERWIN GUZMAN, MD, FPOA
President. POA NLChapter



POA CEV Chapter Activities

Greetings from POA-CEV Chapter!

The following are the activities done this year 2021:

March 12, 2021: 1st POA CEV chapter quarterly meeting

- Lecture Title: Interesting Orthopedic Case Presentation

- Attendees: 42 POA members
- Other topics discussed:
 - o Election Results Announcement
 - o Appropriation of the 50,000 Php donation of POA national

Herewith is the list of all the new officers for POA-CEV 2021-2023

President: Jonathan Cortes, MD FPOA

Vice President : Eric Belarmino, MD FPOA

Secretary : Jonathan Flordelis, MD FPOA

We hope to see everyone soon in the coming online POA midyear convention.

PIERRE M. MELLA, MD, FPOA
Past President, POA- CEV Chapter

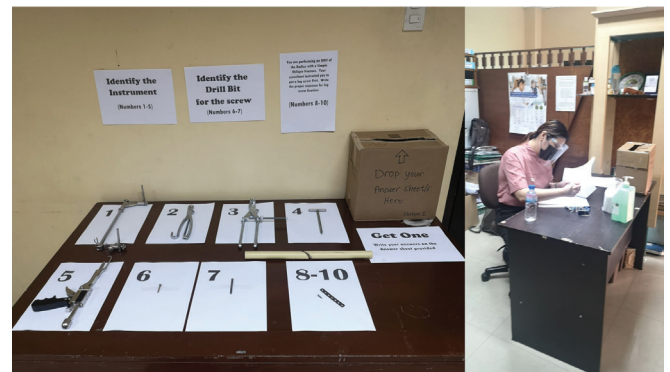
Throwing Down the Gauntlet... From Page 5

station (Research Designs and Inferential Statistics)

Learning assessment tools are an integral part in teaching and the pandemic imposed an unprecedented situation which changed the way we conduct our medical training. We must continue to motivate our learners to be competent surgeons despite such challenges. This can easily be achieved through continuous innovation and cooperation of faculty members as we assemble to fight the threats from

COVID-19, so as to maintain quality standards of education and training for orthopedic residents.

ANGELI CHARMEINN P. APALISOC, MD, FPOA
Medical Training Committee member
Philippine Orthopedic Center



Unmanned Station 1 and 10. Drop Boxes were placed to secure the accomplished answer sheets

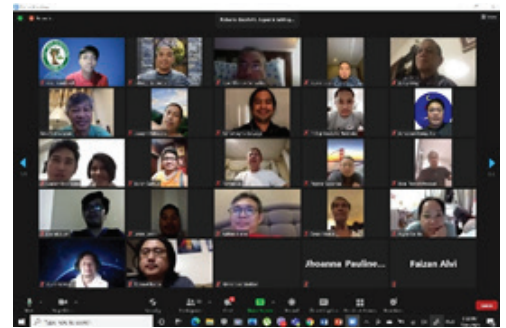
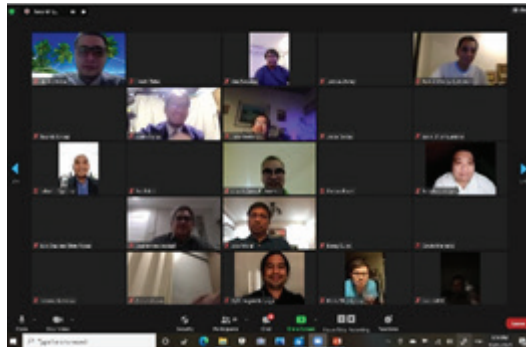
Time Might Have Changed...But Not Us!

Change is a constant reality in our lives. Every month of May, all Orthopods are excited



to attend the annual midyear convention held in different regions of the country. This is a great opportunity not only to update knowledge in our profession but also to have a rest from hospital work and catch up with friends and colleagues. But this pandemic suddenly happened that led us to do home quarantine and self-isolation. However, this did not hinder us to enjoy each other's company by regularly meeting virtually.

In South Luzon, the year 2021 started with the induction of new members virtually for the 1st quarterly meeting. This occasion was held last January 30. We inducted 16 new fellows to the Philippine Orthopedic Association – South Luzon Chapter which was presided by our POA President, Dr. Peter Bernardo, MD,



FPOA. Dr. Ernesto Tenorio Jr., MD, FPOA, who is our POASL president, delivered his annual report for the year 2020 and his planned activities for 2021. The event ended with a virtual fellowship night with 92 participants.

The 2nd quarterly meeting was supposed to be a special one for the chapter. There was a glimmer of hope to conduct small gatherings due to the loosening of restrictions in the country. The plan was to do pocket conventions for every region of the chapter and simultaneously do a workshop connected virtually to each group. But due to the sudden surge of COVID cases, this proposal was abandoned. However, the assembly has to proceed. Thus on April 17, 2021, a virtual webinar was conducted with the theme, "FOOT and ANKLE TOPICS Virtually Yours". Lectures were presented by our new fellows, Dr. Bernardino Alpuerto II and Dr. Ilian Eusebio. These were actively participated by the 83 attendees.

The challenge now for the chapter is to plan for the **30th Anniversary of POASL, which is tentatively scheduled on September 2021.** The likelihood that this will be another virtual meeting is high. But because there are good feedbacks by the members based from the previous virtual meetings, we are confident enough that this activity will also be successful.

Although times might have changed, but not us. We are solid as a unit. We might not see each other face to face, but we will continue to enrich our minds and strengthen our camaraderie virtually.

ROBERTO GABRIEL L. LOPEZ, MD,
FPOA
Secretary
POA SLChapter

Resident and Fellows Interactive Discourse (RFID) Schedules

- 01/08: 2000H: POA-SMC (Scoliosis)
- 01/27: 2000H: POSSM (First Quarterly Meeting)
- 01/30: 0800H: CHH-PSS (Optimising Lumbosacral Instrumentation Using Computer Navigation: A webinar and Online Workshop for Residents)
- 02/10: 2000H: PShS (First Quarterly Meeting)
- 03/17: 2000H: AHSP (First Quarter Meeting)
- 03/19 : 2000H : PSS (First Quarter Meeting)
- 03/24/2021 : 2000H: POSP (How Bones Grow Right...and Wrong)
- 03/25: 2000H: PMTS (First Quarterly Meeting)
- 03/26: 2000H POA-SMC
- 03/30: 2000H: POFAS (From Trauma to Nerve Injuries: A Foot and Ankle's



Updates on Pelvic Fractures: A Sharing of Ideas

On April 23, 2021, the POTS and AO Trauma Philippines conducted an RFID Webinar on Updates on Pelvic Fractures. We were fortunate to have two esteemed Thai Orthopedic Surgeons as speakers, Dr Rahat Jarayabhand and Prof Apipop Kritsaneephaiboon. We also had 3 experienced Filipino Pelvic Trauma Surgeons, Drs. Adelwisa Belen, Benjamin Chua, and Irewin Tabu as presentors.

Rahat spoke on the Emergency Management of Pelvic Fractures and went through the initial diagnosis on how to detect and classify an unstable pelvic fracture based on physical examination and radiographs. He also discussed the proper emergency management of the unstable pelvic fracture patient, starting with ATLS, then explaining the role of pelvic binders, external fixators and c clamps.

He also highlighted the importance of proper prior preparation as these cases are among the true orthopedic emergencies. The importance of proper training and equipment, as well as having a protocol in place, are crucial in the provision of adequate and timely care.

The second lecture, delivered by Prof Apipop, focused on Decision Making and Treatment Options for Definitive Management of Pelvic Fractures. Due attention was given to recognition and decision making, when to operate, surgical approach, and fixation technique.

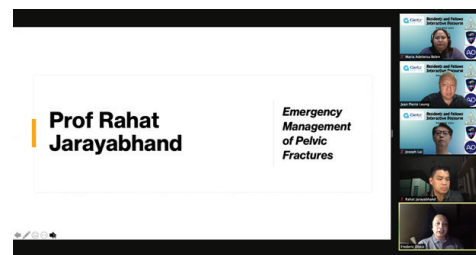
His summary elucidates that treatment is guided by the classification of the injury. Most A types can be managed conservatively, While B and C types will require varying combinations of anterior and posterior approaches

We also had three of our local pelvic trauma experts present cases done within the local setting and with prevailing local health facility limitations, such as unavailability of imaging modalities, delayed presentation and management.

It was a very fruitful and productive webinar, lasting for over three hours, with

a peak of 236 attendees logged on. We would like to thank Getz Pharma for their support, and we would like to invite all the fellows and residents for the second part of this webinar series, focusing on acetabular fractures.

JEAN PIERRE F. LEUNG, MD, FPOA



Pelvic fractures Emergency Rx

- **Binder as initial treatment**
 - Every resuscitative procedure with binder on!
 - Beware of overcompression in LC type injuries
- **Anterior External ring fixator**
 - Ideal for closing anterior ring injury
 - Leave access to whole abdomen for trauma Sx
- **Pelvic C clamp**
 - Ideal for posterior ring injury – SI dislocation
 - Beware of fracture at around insertion point

Decision Making

1. Should a specific injury be treated non-op. or operatively?
2. When to operate?
3. How to approach the fracture?
4. Reduction/Fixation Techniques

Acknowledgement
 • AONA archives & My Patients
 • Prof. Dr. med Tim Pohlemann
 • Dr. Rahat Jarayabhand

20 y.o. Male involved in a vehicular accident

- Driving allegedly intoxicated
- Car rolled over, and patient's pelvis was crushed inside the car
- Brought to the ER – hemiparesis (less than normal) 2 units pRBC
- Underwent Emergency Laparotomy due to findings of abdominal rigidity
- Intraop findings = 100 cc of blood drained
- Pelvic binder was applied

Pelvic Case 1

Benjamin U. Chua III MD FPOA
 Trauma 5 (Brown)
 Philippine Orthopedic Center

POA IN PARTNERSHIP WITH
 POTS AND AO TRAUMA PHILIPPINES

Getz PHARMA

PRESENT
 RESIDENTS AND FELLOWS
 INTERACTIVE DISCOURSE
 RFID

UPDATES ON PELVIC FRACTURES

SPEAKER: PROF. APIPOP KRITSANEEPHAIBOON
 Decision Making for Pelvic Fractures: Choice of Approach, and Definitive Fixation

SPEAKER: PROF. RAHAT JARAYABHAND
 Emergency Management of Pelvic Fractures

CASE PRESENTERS:
 MARIA ADELWISA G. BELEN, MD, FPOA
 BENJAMIN U. CHUA, III, MD, FPOA
 BREWIN A. TABU, MD, FPOA

23 APRIL 2021, 7PM
 MEETING ID: 869 3178 2006
 PASSCODE: 672442

Pelvic fractures: Emergency Rx

- Always be prepared!! → emergency
 - Skills & Equipment
 - Protocol & teamwork
- At ER
 - Wrapping & Binder >> Ext fix >> C-Clamp
- OR
 - Binder to OR
 - Ext fix or C-Clamp
 - Resuscitative fixation in selected cases

Take Home Messages

- Stability of the pelvis dependent of posterior SI complex
 → Stable vs Unstable fracture
- Most of A-type
 Internal rotation B1.1-type Fx (LC-I)
 External rotation B1.2-type Fx (APC-I)
 → Conservative treatment
- External rotation B2.3-type Fx (APC-II)
 → Anterior (+/- Posterior) fixation
- Internal rotation B2.2-type Fx (LC-II)
 → Posterior (+/- Anterior) fixation
- C-type Fx (APC-III, LC-III, VS, combined)
 → Anterior + Posterior fixations

Post-op

New Normal, New Horizons



Despite the massive impact that this pandemic has brought upon us, the Philippine Hip & Knee Society never ceased to function as a professional organization. The first quarterly meeting, and induction of new officers and members was held last February 24, 2021. The activity was held during time when the quarantine restrictions were tolerant to small group gatherings, hence the meeting was hybrid. The inductees and the inducting officer met face-to-face with strict social distancing protocols, while the rest of the members attended the meeting online. The PHKS elections was held online last November 2020. The new set of officers were inducted to office by the President of the Philippine Orthopedic Association, Dr. Peter Bernardo. The following are the new officers of PHKS:

President - Dr. Marcelino Cadag
 Vice-President - Dr. Nilo Paner
 Secretary - Dr. Herminio Valenzuela
 Treasurer - Dr. Geraldo Herrera
 PRO- Dr. Mike Muñoz
 Ex-Officio - Dr. Edsel Arandia

Upon the approval of the membership committee, four fellows were inducted as new members of PHKS. They are: Dr. Giorgio Delgado, Dr. Eric Piscawen, Dr. Philip Aristotle Hermida and Dr. Michael Silvestre Saturnino. After their induction, each of the new members presented interesting arthroplasty cases which yielded valuable insights from the members.

The second PHKS quarterly meeting was conducted in partnership with POA, as part of the Residents and Fellows Interactive Discourse (RFID). It was an online meeting held last March 31, 2021. Two training institutions were assigned to present remarkable hip & knee arthroplasty cases, and they were delivered by Dr. Arielle Genuino, a resident from PGH, and Dr. Carlo Fernandez, a resident from UST. Upcoming activities of the society include a post-graduate course, which will be held in September, and a surgical roadshow, in association with the Department of Orthopaedics, De La Salle University Medical Center.

MARCELINO T. CADAG, MD, FPOA
PHKS President 2021

Ortho Lasalyano Bente Singko!

(In Celebration of the 25th Year Anniversary of the Orthopaedic Department of De La Salle Medical Center)

The De La Salle University Medical Center is a tertiary care hospital located in Dasmariñas, Cavite. It is a university-based teaching institution. One of its specialized departments is Orthopaedic Surgery, which was established in January 1996.

From humble beginnings, the Department of Orthopaedics was established through the efforts and the brilliant minds of Dr. Leonido C. Castillo (first chairman), Dr. Winston George B. Estera (research coordinator) and Dr. Ricardo C. Liwag (training officer). They aimed to develop a respectable training program which would produce competent, compassionate and morally upright orthopaedic surgeons starting with the first batch of residents namely Drs. Renato A. Olimpo Jr., Rene Generoso B. Rivera and Anthony M. Toquilar. These three residents graduated and finished their residency training program in February 2001.

The department continuously provides opportunities for the training and development of young doctors pursuing their dreams to become orthopaedic surgeons. In time, orthopaedic care in the institution dramatically improved from the moment residency training was developed; this is in conjunction with the advancement in academics, research and the use of state-of-the-art facilities and technology.

With grace from the Lord, the Department of Orthopaedics continuously grew. New consultants and residents were accepted and have graduated, while others went to subspecialty fellowship trainings in foreign countries. Advancement of subspecialties gradually developed and most graduates became part of the academe. Some subspecialists were invited to be part of the faculty in orthopaedic conventions, locally and abroad. Researches were presented and published in the Philippines and internationally. Some graduates hold positions in various orthopaedic and non-orthopaedic medical organizations, in their respective communities and hospitals they are affiliated with.

Turn to Page 14



Ortho Lasalyano Bente Singko!

Turn to Page 13



Indeed, the founders were true to their promises in providing a respectable orthopedic training institution. In celebration of the 25th year anniversary, we as young orthopedic surgeons promise to continue the legacy of being “Ortho Lasalyano,” which means competent, compassionate and morally upright orthopedic surgeons. We train minds, touch hearts and transform lives.

“Ortho Lasalyano”---- as we are called to a noble task, we will provide good health, we will heal, we will save limbs and lives, we will serve the community, we will continue to deliver and we will flourish. Together we will stand and go the distance!

MICHAEL DR MUÑOZ, MD, FPOA



Covid Outbreak among the POC Staff

On March 30, 2021, 117 of 180 swabbed staff tested positive for SARS-Cov-2 at the Philippine Orthopedic Center.

WHAT HAPPENED? Crowding: The POC OPD, before the pandemic, ranged between 500-600 patients a day. Following the first lockdown last March 2020, this range dropped then rose to slowly to reach 350-450 patients/day a year later. It was also on the first quarter of 2021 when the Brazilian and South African variants began its spread in the NCR.

The POC-OPD has always been an operational challenge because of the volume of patients. An outdated queuing system leads to confusion and consumes the time of the doctors. Patients' concerns, including for documents like clinical abstracts, SSS forms, medical certificates and the like are sought for with the residents at the OPD clinics. This results in more and longer patient consultation and crowding, recipes for super spreader events.

Group mealtime, poor ventilation and inconsistent Covid precautions were the other causes for the outbreak.

Because of these, the active infections in POC rose to as high as 161 cases, spread across different hospital units. As many as 42 doctors, 43 nurses and 76 staff were affected. Among the 161 active cases, 111 were home quarantined and 50 were sent to various quarantine facilities. Thankfully, the staff quarantined were asymptomatic mild or close contacts only.

WHAT WAS DONE? The OPD and elective "time out" allowed some time to plan.

The Out Patient Department was closed, elective surgeries were postponed, disinfection of the whole hospital was carried. Main measures to address the spread included:

1. Reassigning available staff: The Medical Training Committee c/o Dr. Richie Diyco, did a masterful task in making sure all orthopedic services were

well staffed. Residents were reassigned among the 11 orthopedic teams which provided 24/7 emergency services. All doctors had been vaccinated in March and practically all cases of the April outbreak were mild. Many of those quarantined could still perform on line team conferences and consults.

2. Elective Surgery Planning. During the 14-day quarantine, the Operating Room Management Committee (ORMAC) care of Dr. Reggie Torredes, put together policies to gradually restart elective surgeries. Included were redefining the testing validity period of patients and watchers, progressively increasing surgical patients per week and stricter enforcement of Covid precautions especially at the OR complex.

3. OPD Changes. The main strategies at the OPD were tackled by Dr. Ricky Rotor and Mrs. Cynthia Antolin, RN. These involve the ff:

i) **Implementation of HYBRID Out Patient Consults:** Both on-line consults & F2F appointments are presently being done. Since the planned hospital computer system for patient appointments is still being developed, Facebook pages were customized to give each service and rehab a link for patient communication with the initiative of Dr. Em Musni-Fabia. Patients are now able to directly communicate with their doctors and can schedule F2F appointments if they need to be seen. There are 11 QR codes for all of orthopedic services. Department of Rehabilitation Medicine and the Department of Surgery also have appointment links while the Department of Medicine receive referrals directly from clinics.

ii) **Computer Access:** The records section installed access points and set up workstations in all ortho clinics to give doctors on-line viewing and the capability for inputting notes in the patient charts. Valuable time is saved compared to chart retrieval and

1 BAGONG PASYENTE - Magtungo at magsineha sa pahina na ito
<https://www.facebook.com/POC.Orthopedics> POC Orthopedic Surgery OPD
 Magtungo sa pahina ng Team o Service. Maasari din i-tacan ang QR code sa babala

2 Pindutin ang BOOK NOW
 Hanapin ang inyong doctor sa listahan

3 Pumili ng araw at oras ng Appointment

QR CODES AT LINK

Mga kailangan para sa TeleConsult:

- Kumpirmasyon ng appointment
- Larawan ng Blue Card (harap at likod)
- Computer o cellphone na may internet connection

delivery to the clinics. Likewise, Xrays can now be viewed through the hospital PACS system instead of retrieving them from the xray department.

iii) **Other patients:** Patients for laboratory testing and xrays, as well as those with requests for medical records are separately queued. Lastly, patients without appointments are handled by a triaging team composed of a physician triage officer and customer service personnel.

As of this writing, 22 employees are still affected out of the original 161 with all doctors having recovered. The remaining 22 are mild or asymptomatic patients.

Fine tuning and mastery of the new adjustments will take place till May 14. But whatever measures are done at POC or anywhere else, the control for spread is still based on all covid precautions. Hopefully when MECQ ends, POC will be ready.

JOHN ANDREW MICHAEL BENZON,
 MD, FPOA, MBAH
 OIC, Philippine Orthopedic Center
 March 30-April 30, 2021

PGH Ortho kicks off Golden Jubilee



The Department of Orthopedics of the University of the Philippines-Philippine General Hospital is celebrating its 50th founding anniversary this June 2021. With the pandemic still raging unabated, p l a n n e d



Dr. Reynaldo Ang, Head, PGH Ortho Golden Year Celebration Organizing Committee

gatherings have been scuttled all around the globe and organizers were faced with the challenge of conducting the year-long festivities while being socially-distanced. Weddings, birthdays, anniversaries and jubilees all over the world have scaled down and many expected the same for the golden jubilee. However, after hours of zoom meetings, PGH Ortho instead went BIG!

After a kickoff held in December 2020, every single alumnus of the residency and the fellowship programs was tracked down to whichever corner of the earth he/she has settled. Starting mid-January, each alumnus in all the regions of the Philippines, Singapore, Australia, Canada, the United Kingdom and the United States had a bottle of wine delivered to their doorstep, with a note inviting them to this year's first event – Dunking Party – An Oral History Regurgitated. On January 23, 8pm Manila time, alumni, staff and friends all over the world gathered together via zoom, some in the early hours of dawn, some at high noon, others at sunset, to commemorate a much-anticipated annual event – the dunking party.

The event started off with a deep dive into “buals” all over the globe. Senior alumni dug out old memories and photos, dusted them off and told stories about how in 1981, a pool party was held in Dr. Randy Puno's parents' house. The night, envisioned to be a casual, relaxing night of dinner, drinks and camaraderie quickly went off script and turned into a rowdy, alcohol-fueled

event. People chased each other around the pool and tossed, pushed, grabbed and pulled each other into the water. That night ended with dozens of partygoers soaked to their underwear, a few lost shoes, a dislocated



Dr. Juanito Javier, UP-PGH Department of Orthopedics Chairman

hip (you know who you are) and most importantly, the birth of a tradition. That night, the dunking party entered into legend.

Pictures and stories of that first dunking and the 39 succeeding ones were broadcast via zoom that Saturday night/afternoon/noon/dawn, with countless victims, willing and unwilling, dunked throughout the 4 decades. Grainy photographs with colors all but faded took center stage. Stories told countless times about how who spewed his insides and on whom, did this or that, were again paraded and recounted. Laughter and even more tales followed. After all, aren't old tales the best tales?

The bottles everyone received were opened simultaneously in a short ceremony and all present raised their wine glasses to toast a beloved tradition and a beloved department. The planned 2-hour shindig went on to last 6 hours. Almost 200 Ortho Family members joined the celebration. Tipsy alumni with slurred excuses were missing breakfasts and lunches in some parts of the world, but it was all good.

The pandemic has caused everyone in the world to adapt and evolve. The commemoration of the Golden Jubilee of PGH Orthopedics has of course not been spared. But, if our first event is any indication, this crisis has also given us an opportunity to reach out and include those we wouldn't have had a chance to celebrate



Clockwise from top left) Dr. Edward Wang in Alabang, Dr. Tony San Juan in Cebu, Dr. Danny Caro in Quezon City and Dr. Eman Dela Paz in Porac, posing with their bottles.

with. Friends halfway across the world were suddenly a “zoom” meeting away – a term by the way, very few would have understood just over a year ago.

A host of other events are lined up for the rest of the year: **a tribute to our Mentors in May, the Foundation week in June, OrthoRoCKs GOLD from June to August and a Grand Homecoming in December.** In addition, Legacy Lectures are held every month throughout the entire year where each member of the staff talks about the topic that he is most passionate about. This last is open to all interested individuals. We look forward to seeing everyone in the future events. I am sure many untold tales (OK, even tales told ad nauseum), memories and good will are set to be shared and reshared this jubilee year. The stories and jokes maybe old, but new memories will be created. That after all, is what jubilees are for.

TAMMY L. DELA ROSA, MD, FPOA

The POA DIRECTORY 2020 POA 71st Annual...

It has been around 10 years since the last directory was printed. Since then, the association has grown in both fellows and societies. The orthopedic family in our country continues to expand in Luzon, Visayas and Mindanao and maintaining communication is ever so important especially when the pandemic has halted almost all means for socialization.

Quoting from Dr. Paul Ruel Camiñas intro, "Disasters open doors for more opportunities. Unfortunate events happen but can also lead to brighter options. Strategies evolve with the hope to create better opportunities to serve our constituents.

This new POA Directory will include more fellows from the past decade. In conjunction with last year's 71st Annual Convention's theme: "The NEW NORMAL: An Orthopaedic Challenge" – Adaptive Changes in Surgical Practice – it is timely to reach out to every member and join hands to strengthen our brotherhood as 'ONE POA'."

It was intended the directory to be distributed last year, however, much updating and inclusions needed to take place. Though there still may be some corrections, a directory especially for the POA will always need to be updated.

May it serve as a means to keep in touch, remind us of our past and commitment to the future as the country's only Orthopedic Association.

Dr. Paul Ruel Camiña, MD, FPOA & John Andrew Michael Bengzon, MD, FPOA

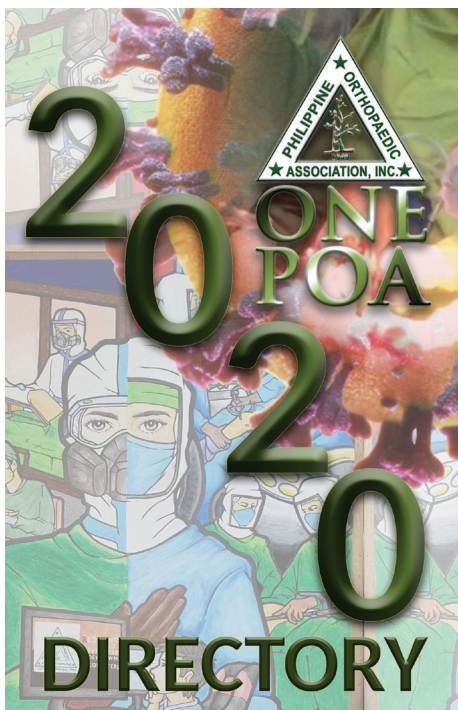
From Page 3

many learning experiences will prove to be helpful for the 2021 board in the challenges they face.

Summary of the First online POA Convention

- Registered Fellows 537
- Business Meeting 419
- Opening Ceremonies 859
- Closing Ceremonies 691

JOHN ANDREW MICHAEL A. BENZON, MD, FPOA
POA Trustee



POA DIRECTORY
2020 Hard copies now available. Contact the Secretariat to get yours!

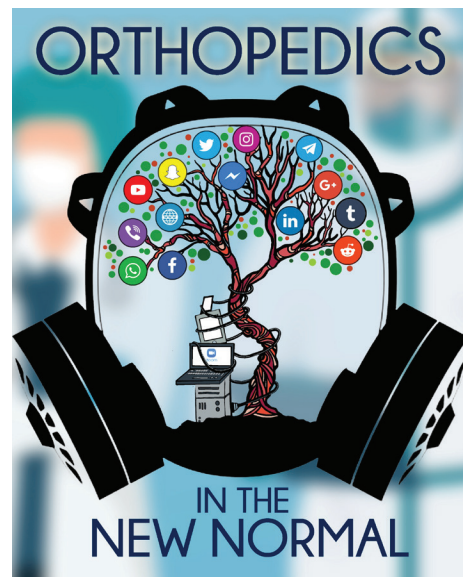
OrthoBalita Staff

Editors:
John Andrew Michael A. Bengzon &
Frederic Joseph F. Diyco
Secretariat Staff: Eden Ladrica
Layout Artist: Mike Villanueva



2020 WINNING POSTER
ORTHOPAEDICS IN THE NEW NORMAL
CoViD 19 affected many lives not only the common people but also the health profession. Many changes happened especially in our daily living and even the society and community we lived in. Despite these changes, the Orthopaedic Society became adaptive and flexible in order to continue our practice and our services to the community no matter what challenges will come during this pandemic. We will continue with passion and love for Orthopedics in this new normal.

Poster By:
DR. ALMAR S. BANTOLO
Endorsed By:
MARGARITO M. MORANO, MD, FPOA
(West Visayas Medical Center)



2020 MOST LIKED POSTER
THE TREE OF ANDRY
Instead of the usual wooden splint that is used to prop the tree up, we used a splint of technology; laptops, cellphones and computers, harnessed to the tree with wires of communication. We wanted to focus on how we are forced to learn and find new ways to do our jobs in the advent of this pandemic. Aside from our fields of expertise, we are now expected to incorporate technology as well in our practice. We symbolized this by the new "fruits" of social media we now use to communicate with our patients. Finally, as demanded by this pandemic, it all must be encapsulated in a mask for us to be able to continue to do our jobs as well.

Entry By:
GASTON JUAN P. ROCES, MD, FPOA & LOIS DESIREE O. ROCES, MD, FPOA
Endorsed by: FRANKLIN M. DIZON III, MD, FPOA (Philippine Orthopedic Center)

POA 31st Midyear Convention

Continued from Page 2



You may refer to the convention board for the daily schedule.

Each venue has a corresponding phone color icon. Simply click on the venue islands to go to the virtual room.



Theme: Minimally Invasive Fracture Surgery, Issues and Techniques
Interactive Virtual Case-Based Sessions



PRE-CONVENTION // MAY 5

- 9:00am – 12:00 pm Research Forum: Melito Antonio P. Ramos / Clint Guitarte
- 1:00 – 4:00 pm PBO Meeting with Training Institutions

DAY 1 // MAY 6

- 4:00 – 5:50 pm Log in / Exhibition Hall / Symposia
- 5:50 – 6:00 pm Opening / Welcome address
- 6:00 – 6:15 pm Dinner Symposium - B'Braun and Getz Pharma
- 6:15 – 9:15 pm **Session I - Upper Extremity (Case based discussion)**
Moderators : JP Leung / Jac Pimentel
Speakers/ Panelists : Frankie Leung / Angel Apaliscoc / Pierre Mella / Phillippe Bacig / Juanito Javier
- 6:15 – 6:45 pm Clavicle – Angel Apaliscoc
- 6:45 – 7:15 pm Proximal Humerus – Pierre Mella
- 7:15 – 7:45 pm Humeral Shaft – Phillippe Bacig
- 7:45 – 8:15 pm Radius and Ulna (ESIN) – Juanito Javier
- 8:15 – 8:45 pm Latest Issues and Techniques in MIFS – Frankie Leung (Hong Kong)
- 8:45 – 9:15 pm Open forum

DAY 2 // MAY 7

- 4:00 – 5:50 pm Log in / Exhibition Hall / Symposia
- 5:55 – 6:15 pm Dinner Symposium - Mega Lifesciences Ltd. Inc. (5:55-6:00PM) / Viatrix (6:00-6:15PM)
- 6:15 – 9:45 pm **Session II - Lower Extremity (Case based)**
Moderators : Richie Dlyco / Peter Quiaot
Speaker / Panelist : Theerachai Apivathakakul / Irwin Tabu / Benjamin Chua / Kristoffer Roland U. Roa / Joseph Lai / Juan Agustin Coruña IV
- 6:15 – 6:45 pm Pelvis – Irwin Tabu
- 6:45 – 7:15 pm Proximal Femur – Benjamin Chua
- 7:15 – 7:45 pm Distal Femur – Kristoffer Roland U. Roa
- 7:45 – 8:15 pm Proximal Tibia – Joseph Lai
- 8:15 – 8:45 pm Distal Tibia-Fibula – Juan Agustin Coruña IV
- 8:45 – 9:15 pm Latest Issues and Techniques in MIFS – Theerachai Apivathakakul (Thailand)
- 9:15 – 9:45 pm Open Forum

DAY 3 // MAY 8

- 9:00 – 12:00 pm PBO/POA meeting
- 12:00 – 2:00 pm Log in / Exhibition Hall / Symposia
- 2:00 – 2:30 pm Sponsor Symposium - Pfizer
- 2:30 – 5:30 pm **Session III - Issues, Techniques and Complications**
Moderators : Antonio San Juan / Bernard Antolin
Speakers / Panelists : Rodrigo Pesantez / Jay Asuncion / Residents
- 2:30 – 3:00 pm Reduction Techniques in MIFS – Jay Asuncion
- 3:00 – 4:30 pm Residents Cases: John Marvin S. Bernabe / Jian Martin M. Josue / Ritesh Pokharel / Lance Aldwin S. Adlawan / Karissa Cenuino / Reinhard Tagimaacruz
- 4:30 – 5:00 pm Issues, Techniques and Complications – Rodrigo Pesantez (Colombia)
- 5:00 – 5:30 pm Open Forum
- 5:30 – 6:30 pm Closing party and raffle draw



Co-created with: **HAKB'NG PILIPINAS**

conference with a summerly person-to-person feels. The platform we will be user-friendly, even to not-so-techie participants of online conventions. And to ensure a hassle-free virtual experience, there will be human receptionists to receive and assist the participants throughout the conference.

Missing visiting booths in onsite conventions? We will be re-creating that experience with the participants being able to visit and engage the E-Booths of our very supportive industry partners.

We want this learning and fellowship to be something to look forward to by every participant. Just visit at least 10 E-booths and complete the sessions every day and you will automatically qualify for a raffle entry and a chance to win exciting prizes in the mini-affle draws at the end of the sessions on May 6 and May 7.

To top it all up, we will be giving away a whopping ONE MILLION PESOS to the lucky winner of our Grand Raffle on May 8, 2021. Tickets are still available so don't miss your chance to be the millionaire!

See you around!!!

PAUL JULIUS R. MEDINA, MD, FPOA

HELLO DOCTOR, HOW ARE YOU DOING?
This is the 30th POA's Virtual Convention Center.
This virtual island will serve as our venue for the entire event. When you click on it, you will be transported to the convention's virtual lobby. Make sure to go around the 3D space and take a virtual tour.

PARTICIPANTS REMINDERS:
- Reception will open an hour before the daily program starts for networking opportunities at the coffee lounge.
- Please rename your account to: PARTICIPANT - (Dr. name)
- Find a space with good lighting.
- It is advisable to use desktop computers for better convention experience.
- Using multiple devices for one account is strictly prohibited.
- If you need assistance, a human from HAKB'NG PILIPINAS can help you when you click here!

CLICK ON THE 30TH POA VIRTUAL CONVENTION CENTER TO GO TO THE MAIN ENTRANCE HALL.

RFID...

From Page 10

- Indispensable Tool)
- 03/31: 2000H: PHKS (First Quarterly Meeting)
- 04/06: 1900H: PSOWOSI (First Quarterly Meeting)
- 04/21: 2000H: AHSP (Webinar)
- 04/23: 2000H: POTS/AO Trauma (Update and Case discussions on Pelvic Trauma)
- 04/24: 2000H: DLSUMC (25th Anniversary Post-Grad)
- 05/28: 2000H: PSS (Interesting Case Presentations)

- 06/16: 2000H: AHSP (Second Quarter Meeting)
- 06/29: 2000H: POFAS (2nd Quarterly Meeting)
- 07/21: 2000H : AHSP Webinar
- 07/30: 2000H: PSS (Interesting Case Presentations)
- 09/14: 2000H: POFAS (3rd Quarterly Meeting)
- 09/15: 2000H: AHSP (Third Quarter Meeting)
- 10/22: 2000H: PSS (International Paper Presentations)
- 11/09: 2000H: POFAS (4th Quarterly Meeting)