

## 2018 MIDYEAR CONVENTION: Innovative Learning Thru Live Streaming Surgery



The POA Central and Eastern Visayas Chapter successfully hosted the 28th POA Midyear Convention last April 4-7 at the Radisson Blue Hotel in Cebu City. The convention highlight was the live streaming of seven (7) interesting orthopedic surgical cases performed at the University of Cebu Medical Center. Content experts from different subspecialty societies prepared lectures focusing on the diagnosis and surgical challenges for each procedure.

Interactive discussions between surgeons in University of Cebu Medical Center and delegates at Radisson Blu were made possible because of the seamless HD feed and LED screen.

The Philippine Orthopaedic Society for Sports Medicine represented by Dr. Herminio Valenzuela, Dr. Tony San Juan, and Dr Dilbert Monicit performed an Arthroscopic ACL reconstruction using a hamstring graft, bioabsorbable screw, and endobutton. Thereafter, the Philippine Hip and Knee Society headed by Dr. Philip Baclig and Dr Kenneth Yap did a cruciate retaining total knee arthroplasty. This was followed by an Arthroscopic Rotator cuff repair performed by Dr. Raymond Nunez and Dr Wilson Dela Calzada of the Philippine Shoulder Society.

After the scientific session, the delegates proceeded to the historic Fort San Pedro for the fellowship night featuring a gastronomic feast of Cebuano food and a showcase of homegrown musical talents.

The second day of the convention focused on cutting edge techniques such as the percutaneous implantless hallux valgus correction performed



Interactive discussions between surgeons in University of Cebu Medical Center and delegates at Radisson Blu



Arthroscopic ACL reconstruction using a hamstring graft, bioabsorbable screw, and endobutton.



multiple tendon transfers for finger and thumb extension reanimation under WALANT

In keeping with the idea that “technology is the wave of the future”, the Philippine Board of Orthopedics conducted the first, fully computerized, diplomate examinations on July 20, 2018 at the Medical Informatics Center of the University of Santo Tomas. As usual, all of the questions were based on the required textbooks and since the exams were computerized, a lot of test items had pictures – either clinical or radiographs. After the exams, a survey was conducted and almost all the examinees appreciated the shift to a digital platform. Pictures were clearer, there was no more anxiety on whether a question was left unanswered or not, there was no need to rush and transfer the answers from the questionnaire to the answer sheet, and the dread of a “frame shift” (where, after shading all the answer boxes in the answer sheet, one notes that the answers are not “in sync” with the questions in the questionnaire) was virtually eliminated. Of the 44 examinees, 36 passed.

On a related matter, the oral diplomate examinations were held the following day at the Menarini Philippines Office in Taguig City. Examinees had to go through a number of stations in which they had to answer standardized questions based on specific cases. Of the 46 graduates who took the exams (36

# PBO Administers First Computerized Exams

from the previous day’s exam and 10 who failed last year’s oral exams), 43 passed.

Starting this year, the practical examinations may be taken by residents during their last year of residency on the condition that failure in the qualifying exams would invalidate their scores in the practical exams. Thus, some training programs had their graduates and graduating

residents taking the practical examinations at the same time. At the time of this writing, there have been 45 examinees with 42 of them passing the practical exams.

For this year, 43 graduates will be conferred the title of “Diplomate” by the Philippine Board of Orthopedics.

-Jofe Syquia



Examinees taking the computerized PBO Diplomate Examinations

## 2018 MIDYEAR CONVENTION...

From Page 1

by Dr. Emiliano Tablante and Dr Kirby Lim of the Philippine Foot and Ankle Society.

Afterwards, the Philippine Spine Society represented by Dr. Rafael Bundoc, Dr. Sam Grozman, and Dr. Pierre Mella performed a percutaneous endoscopic lumbar discectomy.

On the last day, the Association of Hand Surgeons of the Philippines represented by Dr. Tammy Dela Rosa, Dr. Precious Grace Handog, and Dr. Claire Durban-Mella performed multiple tendon transfers for finger and thumb extension reanimation under WALANT (Wide Awake Local Anesthesia No Tourniquet) for a patient with Posterior Interosseous Nerve Palsy.

The culminating surgery was an Axis total knee replacement lunch symposium annotated by Dr. Bong Guloy, Dr. Mar Cadag, and Dr. Mark Fernandez.

In conclusion, a total of 650 delegates witnessed seven (7) live surgeries and nineteen (19) lectures with 15.5 corresponding CPD units. To all the delegates who attended the scientific sessions, speakers, guest surgeons, event organizers, and POA support staff, thank you for making the 28th POA Midyear Convention successful.

Photo credits: Dr. Miguel Go  
- Dr. Jeff Arbatin



Fellowship Night



percutaneous implantless hallux valgus correction



Axis total knee replacement

# ASEAN Orthopaedic Association Education Committee

The AOA Education Committee was formed in 2015 under the chairmanship of Prof Lee Eng Hin from Singapore. It was tasked to develop a common syllabus/curriculum for all ASEAN countries based on minimum standards required to practice competently as a general orthopaedic surgeon. The main objective of having a common curriculum is to facilitate exchanges of residents and fellows amongst the ASEAN countries to increase their exposure to orthopaedic conditions in the region and improve their breadth and depth of knowledge and skills.

The Committee met every 6 months since then and is currently finalizing the common orthopaedic curriculum for the ASEAN countries. The Curriculum, based on learning objectives and outcomes, provides guidelines for the requisite core knowledge and skills for Orthopaedic Residency Training Programs in ASEAN countries.

The Education Committee unanimously agreed that the minimum duration for orthopaedic residency training should be 4 years. It is expected that candidates entering the orthopaedic residency training program would already have undergone basic surgical training. The core curriculum was defined as:

- 12 months of general orthopaedics and trauma
- 6 months of adult reconstructive surgery (including arthroplasty, sports, arthroscopy & foot and ankle)
- 3 months of hand and reconstructive microsurgery
- 3 months of paediatrics (should this read "paediatric orthopaedics")
- 3 months of musculoskeletal oncology
- 3 months of spinal surgery

In addition to the above, the training program should ensure that the candidate develops good communication skills, professionalism and ethics. The candidate should also be exposed to critical analysis of publications and training on how to undertake research and to present their findings at conferences.

The Syllabus will be presented in two parts, detailing the clinical knowledge and procedural and surgical skills expected of orthopaedic residents at the end of their training. These two parts consists of:

- Applied Clinical Knowledge, including clinical examination, diagnosis and

management, with specific application in the context of general orthopaedics and trauma

- Applied Clinical Skills including core competencies for specific procedures commonly performed in general orthopaedics and trauma

For Applied Clinical Knowledge and Skills, a modified Miller Pyramid was adopted to define the desired levels of competence for each area at the end of training. The modified Miller Pyramid is as follows:

Levels of Knowledge:

- A: Demonstrate awareness of
- B: Demonstrate adequate knowledge of
- C: Demonstrate thorough knowledge of

Levels of Skills:

- A: Demonstrate knowledge of
- B: Demonstrate ability to assist and/or perform with assistance
- C: Demonstrate ability to independently perform

The Education Committee decided to adopt the Philippine Orthopaedic Board format as a template for the detailed Syllabus. Three Workgroups were formed under the leadership of Prof David Choon from Malaysia, Dr Dohar Tobing from Indonesia and Prof Lee Eng Hin from Singapore. The workgroups were tasked to come up with a detailed Syllabus in all the

domains in orthopaedic surgery. All items in basic science, general orthopaedics and the subspecialty areas were carefully scrutinized and agreed upon by the representatives in the Education Committee from all the ASEAN countries in terms of content as well as desired level of competence for the resident at the end of training.

The Education Committee decided that Assessment of the resident's progress in training will be left to individual training programs in the ASEAN countries. Likewise, the Assessment for completion of training and competency to practice orthopaedic surgery will be based on the individual country's Board of Examination. However, the Education Committee encourages exchanges of examiners amongst the ASEAN countries to expose examiners to the examination processes in different countries and to enable examiners to learn from each other.

Many thanks to all the members of the Education Committee and all the members of the workgroups who gave freely of their expertise and time towards this very important project.

*Prof Lee Eng Hin, MD, FRCS(C), FRCS(Ed),  
FRCS(Glas), FAMS  
Chairman, AOA Education Committee*



# Putting in the Best Foot Forward

The Jose R. Reyes Memorial Medical Center Department of Orthopaedic Surgery in cooperation with the Philippine Orthopaedic Foot and Ankle Society recently concluded their 12th Post Graduate Course entitled "The Best Foot Forward" last May 18 to 19, 2018. Healthcare workers from different hospitals in different parts of the country gathered at San Lazaro Hospital Amphitheater to listen and learn to the showcase of lectures by locally-renowned speakers and foreign experts from the field of foot surgery. The whole course featured some of the latest updates in the management of common foot Orthopaedic pathologies and a live surgery demonstration of the conventional and percutaneous methods of operating on one of the most common complaints on the foot, the unpleasant bunion.

The roster of lecturers for the event included Dr. Carlo Angelo Borbon, Dr. Jovito Ramil Paz, Dr. Roberto Lopez, Dr. Fernando Acance, Dr. Enrico

De Jesus, Dr. Bambang Tiksnadi (the previous president of the Asia Pacific Diabetic Limb Problem Society from Indonesia), Dr. Andri Primadhi (a well-renowned foot and ankle surgeon in Indonesia), Dr. Zharlah Gulmatico-Flores, Dr. Bien Matawaran, Dr. Kirby Lim, Dr. Anna Decenteceo, and Dr. Harikrishna Nair (an occupational health doctor in Malaysia specializing in wound care and tissue repair). The delegates and participants were also treated with the presence of Dr. Christian Baertich, a Foot and Ankle specialist from France as he discussed the principles of minimally invasive surgeries of the foot. Dr. Hong-geun Jung, a Foot and Ankle surgeon from South Korea was also present in the event as he discussed the principle of conventional surgeries of the foot. On the second day of the post graduate course, delegates of the course were given a chance to witness and observe the percutaneous technique being fronted by Dr. Baertich and the conventional way spearheaded by Dr. Jung. Live

streaming of both procedures were conducted at the OPD Conference Room of JRRMMC as the audience was also able to interact with our surgeons.

In our society, first impressions mean a lot. You only need one second to make a difference, and one shot to make a good impression. However, we live in a highly technological world where in it's not just about the initial point of contact with our patients that sets us apart as doctors. Social media has made a way for patients to either praise or scrutinize us with just one click. Thus, we always need to be the best Orthopaedic surgeons that we could possibly be. We need to keep ourselves highly-informed and our management up-to-date so as to optimally-serve and fully-satisfy our patients. At the end of the day, it's all really about putting our best foot forward for our patients.

- Charles Andrew R. Reyes

## VMMC Live Operative Course

The Veterans Memorial Medical Center Department of Orthopedics in cooperation with the Philippine Hip and Knee Society (PHKS) recently held its post-graduate course, "The Complicated Hip: Advanced Live Operative Course", last August 25, 2018, at the Valdez Hall of said institution.

The one-day course discussed current concepts in total hip arthroplasty as well as surgical complications. Topics such as hip dysplasia and periprosthetic infections were also discussed.

Welcome remarks was given by Dr. Ruben Cardenas, the Department Chairman followed by lectures from distinguished speakers from the PHKS.

Two surgeries were also demonstrated during the course. In the morning session, revision hip surgery was done by Dr. Herminio Valenzuela, followed in the afternoon by a complicated primary total hip replacement by Dr. Peter Papio. A live audio visual feed to the conference allowed participants to ask questions to the surgeons directly.

A special lecture by Dr. Ramon Gustilo, with the topic "Innovations in Arthroplasty" was given during the morning coffee break and Dr. Antonio San Juan during lunch.

The course concluded with closing remarks delivered by Dr. Jose Fernando Syquia, PHKS president and certificates of appreciation to the speakers given by the course director, Dr. Deejay Pacheco.

- Benjamin Dizon III



# POC holds 1st Direct Anterior Approach Total Hip Arthroplasty Course

The Adult Orthopedics service of the Philippine Orthopedic Center in cooperation with the Philippine Hip and Knee Society and the Texas Unified Society of Thomasians held its first Direct Anterior Approach (DAA) Total Hip Arthroplasty Course last June 23 2018 at the Philippine Orthopedic Center in Banawe, Quezon City.

The DAA course was conceptualized and brought forth due to the recent evidence on its advantages of decreased risk of dislocation and early ambulation after hip replacement surgery. The course aimed to highlight the international standard of anterior approach hip surgery as well as share local (POC) experience with the technique.

The course opened with a live surgery held by Dr. Stefan Kreuzer, a Swiss-born orthopedic surgeon who developed various orthopedic technologies such as the Purist® leg positioning system which was designed specifically for the anterior approach to the hip. After the live demonstration using the Purist® system, the first module of lectures on Basic Principles were delivered by Dr. Rodolfo Bergonio (Cardinal Santos Medical Center; Chinese General Hospital), Dr. Jonathan Flordelis (Cebu Orthopedic Institute), and Dr. Rey Luther Itchon (Southern Isabela General Hospital).

The second module then followed and focused on the “Surgical Technique” with lectures on the use of various surgical tables such as the Purist® leg extension (Dr. Stefan Kreuzer, INOV8 Orthopedics), Hana® table (Dr. Andrew Tabberrah, St. Luke’s Medical Center) and a regular radiolucent table (Dr. Joel Baron, POC). A second live surgical demonstration again featured Dr. Kreuzer and the Purist® leg positioning system. This was briefly followed by the third module of lectures on future developments such as current evidence (Dr. Raymond Kokseng, St. Luke’s Medical Center), Post Surgery Care (Dr. Frederic Diyco, POC), and tips and pearls on the DAA (Dr. Stefan Kreuzer, INOV8 Orthopedics). The course concluded with the third and final live surgical demonstration using a regular surgical table performed by the DAA course coordinator Dr. Joel Baron (POC).

Overall, the course was able to successfully demonstrate various techniques in the conduct of the direct anterior approach and imparted valuable take home pearls for the eager orthopedic surgeon.



Dr. Stefan Kreuzer with POC Chief of Clinics Dr. Paul San Pedro

## 1ST DIRECT ANTERIOR APPROACH SYMPOSIUM (DAA)

**Live surgeries with Dr. Stefan Kreuzer**

**WHEN**  
June 23, 2018 @ 7am - 6pm

**WHERE**  
Philippine Orthopedic Center Auditorium  
No. Clara cor Banawe St. Quezon City Philippines

**Registration Fee:**  
(On Site) consultants 2000 Php (Pre-reg) 1500Php  
(On Site) residents 1000 Php (Pre-reg) 500 Php  
Please Register Online @ <https://poc.gi/forums/r0mp11NALh07pc3>

\*PENDING APPROVAL OF CPD UNITS  
FOR INQUIRIES PLEASE E-MAIL [TEXASUST@GMAIL.COM](mailto:TEXASUST@GMAIL.COM)

**GUEST SPEAKER**

**Stefan Kreuzer MD, MSc**

- A board-certified and fellowship-trained joint replacement surgeon
- A pioneer in the development of Minimally-Invasive and Computer Assisted hip and knee replacement surgery

**A JOINT PROJECT OF**



Panel of speakers (L to R): Dr. Joel Baron, Dr. Luther Itchon, Dr. Jonathan Flordelis, Dr. Andrew Tabberrah, & Dr. Stefan Kreuzer



- Bill Langit  
DAA Live Surgery Team: Dr. Stefan Kreuzer, Dr. Joel Baron, POC Orthopedics Residents and Nurses

# Silver Linings: St. Luke's Institute of Orthopaedics and Sports Medicine @25

The institute began as a section under the Department of Surgery as far back as the 1960's, and in 1993, the section became an institute which was pioneered by Dr. Pedro Sembrano, Dr. Antonio Rivera, together with Dr. Norberto Agcaoili, Dr. Lauro Abrahan, Dr. Mario Ver and Dr. Noel Carilo; and subsequently had an accredited residency program under the Philippine Board of Orthopedics. Since then, the institute has delivered highly-trained orthopedic specialists from its residency training program. It initially started with our first graduate, Dr. Emiliano Tablante, and to date, the institute has produced 41 graduates and continues to foster more aspiring orthopedics surgeons. In 2009, it was recognized the Most Outstanding Institute, for having topped the ITE in all year levels.

On this 25th year of the institute, the customary activities were followed. This included the annual residents versus consultants basketball game, case report contest, hand surgery clinic and multidisciplinary lectures. The post-graduate course with the title "What's HIP in arthroplasty" focused on techniques of anterior and posterior hip approaches and was further complemented with the live surgical demonstration.

The week culminated in a night of nostalgia and glitter. It was a gathering of everyone dear to the institute – from the pioneers, consultants, alumni, associates, industry partners and current residents. It was also a moment of celebration and commemoration. Awards and recognitions were bestowed, more notably to our past and present chairmen: Dr. Pedro Sembrano, Dr. Mario Ver, Dr. Jose Raul Canlas, Dr. Antonio Tanchuling and Dr. Noel Carilo; and our previous mentors who have gone ahead of us. Everyone revisited the humblest beginnings of the institute and bore witness to what it is today.

- Anna Francesca Robles, Mary Rose Gonzales, Henry Gerard Calleja And Noel Carilo



St. Luke's IOSM, headed by Dr. Noel B. Carilo, kicked off the weeklong celebration with a thanksgiving mass. Consultants and trainees then gathered for their annual staff photo.



The junior residents of Orthopedics exhibited their interest in research during a Case Report Contest.



Free hand surgery clinic was conducted to social service and charity patients. A total of 30 hand procedures were performed by residents, supervised by all hand consultants.



The postgraduate course "What's HIP in arthroplasty?" showcased both anterior and posterior hip approaches. Lectures were further complemented with live surgery.





The weeklong celebration concluded with a gala night to commemorate the 25 years of the institute. All the chairmen of the institute – past to present, pioneers of the program, mentors who have gone before us and their families were all honored during the event.



Athleticism was highlighted during the annual consultants versus residents basketball game. The consultants played in a dominating fashion and emerged as champions.



A multidisciplinary lecture series for the allied medical staff was held. This centered on geriatric fractures and hip arthroplasty. Doctors, nurses and therapists all headed towards a common goal: a multimodal approach in providing the best healthcare for its orthopedic patients.

**POA 28TH  
MIDYEAR  
CONVENTION  
APRIL 24-27, 2019  
VIGAN CITY**

PHILIPPINE ORTHOPAEDIC ASSOCIATION  
FOUNDED 1992

# THROUGH THE YEARS: The Evolution and Learnings in My Practice



Amidst the strong rains and the flood brought about by the monsoon, The Philippine Orthopaedic Society for Sports Medicine (POSSM), in cooperation with the Department of Orthopaedics of Makati Medical Center, recently held their Annual Post-graduate course entitled “THROUGH THE YEARS: The Evolution and Learnings in My Practice” last August 11, 2018, in the Makati Medical Center Hospital Auditorium. This post-graduate course was chaired by Dr. Enrique Leonardo Pasion and was attended by a total of 91 Orthopods, both residents and POA Fellows alike, with 25 POSSM fellows. Orthopedic surgeons from Baguio, Ilocos, Legazpi, Cebu, Davao, and Cavite were in attendance. The following training institutions were well-represented: Armed Forces of the Philippines Medical Center, Baguio General Hospital, Chong Hua Hospital, De La Salle University Medical Center, East Avenue Medical Center, Ilocos Training Regional Medical Center, Jose R. Reyes Memorial Medical Center, Makati Medical Center, Philippine General Hospital, St. Luke’s Medical Center, The Medical City, Southern Philippines Medical Center, and the University of Sto. Tomas.

Among the invited speakers who shared their evolution and their learnings in their practice of Sports Medicine in the Philippines were Dr. Antonio Rivera (Anterior Cruciate Ligament Reconstruction), Dr. Orson Odulio (Treatment of Meniscal Injuries), Dr. Jose Antonio San Juan (Treatment of Multiligamentous Injuries), Dr. Ambrosio Valdez III (Treatment of Shoulder Instabilities), Dr. Edward Sarrosa (Treatment of Rotator Cuff Injuries), Dr. Albert Cesar Faller (Treatment of Acromio-Clavicular Injuries), Dr. Emiliano Tablante (Treatment of Foot and Ankle Injuries), Dr. Manuel Pecson III (Office Orthopedics), Dr. Lyndon Bathan (Treatment of Cartilage Injuries), and Dr. Edgar Michael Eufemio (The Evolution of Platelet Rich Plasma in the Practice of Orthopedics). A special lecture was also given by Dr. Mark Ferguson from South Africa.

- Janis Ann F. Espino-de Vera, MD, FPOA

*Above photo: Despite the strong downpour of the rain and flooding everywhere, these are the remaining attendees during POSSM’s very successful Annual Post-graduate Course*



*Knee session speakers: Drs. Antonio Rivera, Orson Odulio & Jose Antonio San Juan with Drs. Janis Ann Espino-de Vera (POSSM President) and Enrique Leonardo Pasion (POSSM Secretary)*



*Cartilage speaker Dr. Lyndon Bathan with POSSM President and Secretary*



*Shoulder session speakers: Drs. Albert Cesar Faller, Ambrosio Valdez III & Edward Sarrosa with POSSM President and Secretary*



*PRP speaker Dr. Edgar Michael Eufemio with POSSM President and Secretary*



*Foot and Ankle and Office Orthopedics Session Speakers Dr. Emiliano Tablante and Dr. Manuel Pecson III with Moderator Dr. Ai Gamboa and POSSM President and Secretary*



*International Guest Lecturer Dr. Mark Ferguson*



*POSSM Officers for 2016-2018. It was a great and adventurous ride guys! Thank you for all the support!*

# MIO Cadaveric Anatomical Dissection Workshop and Live Surgery

The AO Trauma Philippines in collaboration with the Philippine Orthopedic Trauma Society, University of the Philippines Department of Anatomy, UPCM PGH Department of Orthopedic, Butuan Doctors' Hospital and Butuan Orthopedic Institute held their first Minimally



*AO Trauma MIO faculty together with the AO Trauma MIO participants*

Invasive Osteosynthesis Cadaveric Anatomical Dissection Workshop in Butuan Doctors' Hospital, Butuan City last June 6 to 8, 2018.

The course was nobly led by the Chairman, Dr. Jay S. Asuncion and his Co-chairs Dr. Frederic Diyco and Dr. Jean Pierre Leung. Comprising the speakers and facilitators were the international, regional and local AO Faculty.

**International Faculty**

Pesantez-Hoyos Rodrigo [Fundacion Santa Fe de Bogota]

**Regional Faculty**

Kritsaneephaiboon Apipop [Prince of Songkla University Hospital]

**National Faculty**

Baclig, Phillipe [Vicente Sotto MC]

Chua, Benjamin [POC]

Dela Rosa, Miles Francis [POC]

Lai, Joseph [UP-PGH]

Lavadia, William [POC]

Orillaza, Nathaniel [UP-PGH]

Quinones, Pia Kareena [Vicente Sotto MC]

San Juan, Jose Antonio [Chong Hua Hospital]

Tabu, Irewin UP-PGH]

Tenorio, Ernesto [Taal Polymedic Hospital]

There were 40 participants consisting of fellows and residents affiliated with the different institutions in the country.

The course commenced with lectures on the basic principles and reduction techniques of minimally invasive osteosynthesis(MIO).

On the second day of the course, live streaming and AV feed with commentaries of surgeries were done. The first case was a closed intertrochanteric fracture with subtrochanteric component (AO 31-A3) fixed with a proximal



*Cadaveric Dissection*



*Dr. Rodrigo Pesantez- Hoyos and Dr. Jay Asuncion doing the Minimally Invasive Osteosynthesis on a intertrochanteric hip fracture with subtrochanteric component using a proximal femoral locked plate.*



*Anatomical Dissection of the Proximal Humerus using Proximal Humeral Interlocking System(PHILOS)*



*Middle clavicular fracture fixation using the elastic stable Intramedullary Nail-Titanium Elastic Nail by Dr. Jay Asuncion and assisted by Drs. JP Leung and Phillipe Baclig.*

locked plate by Dr. Jay Asuncion and Dr. Rodrigo Pesantez-Hoyos. The second case was a middle third clavicle fixation (AO 15-2B) using the elastic stable intramedullary nail done by Dr. Jay Asuncion and assisted by Drs. JP Leung and Phillipe Baclig. The last case was an intertrochanteric fracture (AO 31-A1) fixed with a dynamic hip screw by Drs. Jose Antonio San Juan and Kritsaneephaiboon Apipop.

The highlight of the event was the cadaveric anatomical dissection workshop that participants were feverishly looking forward to. Lecture topics included MIO for the Upper Extremity Tips and Pitfalls in Surgical Techniques, Reduction and Fixation of



*Intertrochanteric femoral fracture, fixation using dynamic hip screw by Dr. Tony San Juan assisted by Drs. Jay Asuncion and Kritsaneephaiboon Apipop.*

# OrthoRoCKs V: A Review of Core Knowledge

The University of the Philippines – Philippine General Hospital Department of Orthopedics, hosted a highly successful “OrthoRoCKs V: A Review of Core Knowledge” at the Novotel Manila in Cubao, Quezon City August 31 – September 1, 2018. This year saw over 300 participants glued to their chairs listening intently to local and international speakers from the department faculty and alumni lecturing on basic topics, important updates, and cutting-edge technology in Orthopedics. A new innovation was also introduced this year through live online webinars on the 4 Saturdays leading up to the event, allowing a much wider audience reach. Already in its 5th year, OrthoRoCKs continues to deliver high-yield updates to trainees, consultants, and allied medical professionals, fulfilling its foremost goal of improving, enhancing, and enriching Orthopedic knowledge.

-Jasson Arcinue



## MIO Cadaveric...

From Page 9

Clavicular Fractures; Direct Lateral Approach for the Proximal Humerus and Anterior Approach for the Humeral shaft.

This activity was undertaken because AO Trauma is committed to improve patient care outcomes through the highest quality of education. They combine the right knowledge and surgical skills that empower the orthopedic and trauma surgeons to put theory into practice and to improve fracture management for the benefit of the patient.

- Sam Radam, RN



AO Trauma Fellowship Night

# 2nd POWCDLS Annual Meeting

The 2nd Annual Convention of the Philippine Orthopedic Wound Care and Diabetic Limb Society (POWCDLS) held last September 8, 2018 at Crown Plaza Hotel in Ortigas was another success. This year's theme was "Wound Care Essential in Orthopedic Perspective: Interdisciplinary approach to a better patient care".



The society shared their knowledge, new and better practices on wound care management through their local and international wound care specialists. The number of participants were overwhelming, mainly composed of POA fellows, residents and nurses from all over the country.

The program started with a welcome address by Dr. Leslie Reyes, one of the founding advisers of the society. An introduction and outline of the meeting was given by the founding president Dr. Jay Asuncion.

Lectures started with Dr. Adi Ramadhinara, a renowned wound specialist from Indonesia who talked about the "Interdisciplinary Approach in Managing Diabetic Foot ulcer". This was followed by Dr. Claire Carampatana-Jandug, an endocrinology, diabetes and metabolism specialist from Butuan City who discussed "Glycemic Control and its Impact in the treatment of the Diabetic Foot Infection".

A short informative AVP was presented by Pfizer during the snack symposium entitled "Diabetic Peripheral Neuropathy – A Hidden Face of Diabetes". Different displays from allied pharmaceutical companies were exhibited, showcasing the latest updates on technology and products of wound care.

Ms. Dianne Eng, a registered nurse and a full pledged wound specialist from Singapore elaborated on the "Clinical Application of the M.O.I.S.T Concept in Diabetic Foot Ulcer Management". Mr. Rafael Mazuz, the managing director of Diligence Wound Care global from Washington DC, shared some tips on managing a wound care center through his presentation "Bringing Clinical, Operational and Financial Excellence to your Wound Care Practice: Actionable Approaches for Healthcare Providers". Related with the topic, a talk on "Establishing an Advanced Wound Care Center in a Tertiary Hospital-Bumps and Bruises" was given by Dr. Jonathan Ronquillo, the vice-president of the society.

"Pain Management with Advanced Wound Dressings" by Dr. Brian Dormitorio, one of

the Board of Trustees of the wound care society was presented during the lunch symposium. Members of the society had their business meeting presided by Dr. Asuncion and Dr. Ronquillo. Induction of officers and members was led by



Dr. Ceasar Grey, the POA president. Negative pressure wound therapy was discussed and demonstrated by Dr. Adi Ramadhinara back to back with Ms. D. Eng's ankle brachial index talk. Practical exercises were performed by the participants afterwards with the assistance of the nurses from Butuan Orthopedic Institute who facilitated the activity.

In the afternoon sessions, Dr. Catherine Yap-Acedillo, a plastic surgeon from Manila, talked on "Reconstructive Surgical options for Orthopedic Wounds: A Plastic Surgeon's Perspective". This was followed by a lecture on "Assessment and Diagnosis of a Non-healing Wound: A Derma pathologist Perspective" by Dr. Claudine Yap-Silva.

Dr. Jay Asuncion talked on "The Role of Topical Hemoglobin Spray in Diabetic Foot Ulcer Management", which was followed by Dr. Marco Abad's lecture on "How I Assess and Manage Wounds: A Vascular Surgeon's Perspective". Lastly, Dr. Divya Panicker ended the session with her "It's T.I.M.E to prepare for Closure- It's all about BED!"

The society is looking forward to double the number of participants in the next convention and is hoping that in the near future wound care centers will flourish in our country.

Janice A. Valdehueza, RN  
Orthopedic & Wound Care Nurse Butuan Orthopedic Institute



**Ortho Balita**  
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# The Combined Annual ASSA & IOSSMA Meeting

Last September 5-8, 2018, we had our 6th Annual Meeting of the ASEAN Society for Sports Medicine and Arthroscopy (ASSA) combined with the 6th Annual Meeting of the Indonesian Orthopaedic Society for Sports Medicine and Arthroscopy (IOSSMA) which was held in Po Hotel Semarang (Formerly known as Crowne Plaza Hotel). The theme of the meeting was “New Challenges in Management of Anterior Cruciate Ligament and Sports Injury” and had 4 full days consisting of a Cadaveric Workshop, Symposia, and recorded Live Surgery from expert speakers. The ASSA Congress continues to be considered a premier international meeting, providing a unique opportunity for attendees to share, discuss and learn the latest advancements in arthroscopy, knee surgery and sports medicine. It has always been our mission to provide higher quality learning, sharing and networking opportunities in all our meetings.

- Rich Pasion



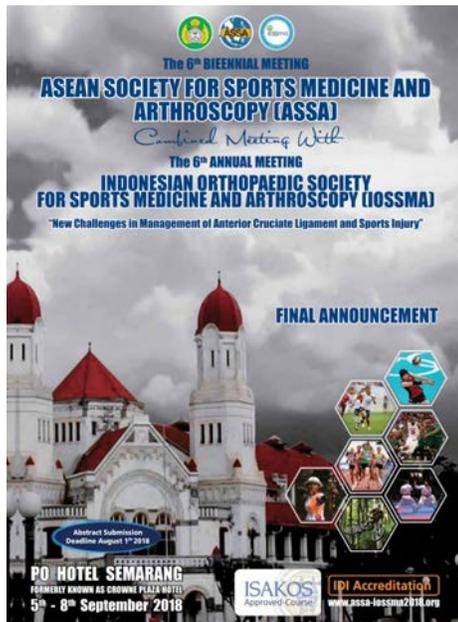
Turnover Ceremonies: Lei Chi Dung to Andri Lubis



With the Conference usherettes



Conference Delegates



Above: Newly inducted President, Andri Lubis (Indonesia), past President Lei Chi Dung and wife (Vietnam), and AOA Secretary General, Ellewellyn G. Pasion



Above: Gala Night in Batiks



ASSA Council Members 2018: Seated - Asri Ghapar, past president 2013 (Malaysia), Andre Pontoh, 1st past President 2012 (Indonesia), Enrique Leonardo C. Pasion, Secretary General 2012-present, (Philippines), Lei Chi Dung, immediate past President 2017 (Vietnam), Andri Lubis, President 2018 (Indonesia), Gar Eufemio, past President 2014 (Philippines), Charanjeet Singh, treasurer 2012-present (Malaysia), Feby Siswanto, IOSSMA President 2018 Indonesia). Standing - Hisham Masdar, Council member (Malaysia), Soon KC, council member (Malaysia), Bobby Nelwan (Indonesia), whazmy (Malaysia), Bancha Chernchujit (Thailand), Tang Nam Anh (Vietnam), Chanakarn Phornphutkul, past President 2016 (Thailand), Dave Lee (Singapore), rep (Malaysia), Janis De Vera (Philippines). Present but not in the picture: John Bartlett, Godfather of ASSA (Australia), Denny Lei, past President 2015 Singapore, Lingaraj (Singapore), Tony san Juan (Philippines)