

POA Wins PCS Best Surgical Specialty Society Award



The PCS Best Specialty Society Award plaque received by POA

The Philippine College of Surgeons recognized POA as the best Surgical Specialty Society in its maiden PCS Search for Outstanding Surgical Specialty Society. POA bested 11 other boarded surgical specialties under PCS. The award was formally announced on 06 December 2016 during the 72nd Annual PCS Clinical Congress held at the Isla Ballroom of the EDSA Shangri-La Hotel. Dr. Jerd Siatan (2016 POA Treasurer) and I (2016 POA President) had the privilege of receiving the award on behalf of POA.

The award selection was based on the following 3 major criteria: 1) Continuing Surgical/Medical Education including Surgical Research Activi-

ties [50%]; 2) Socio Civic Activities/ Local Gov't Programs Public Health Awareness including Surgical Medical Missions/ Outreach Programs [30%] and 3) Innovative Programs which includes project activities that enhances either national & International projects [20%].

This award is a testimony of the great achievements our association garnered for 2016. It took into account all the contributions, CME activities as well as the socio-civic activities undertaken by our individual Fellows, regional chapters, sub-specialty societies and the national office. This is also recognition of all the great work each of our Fellows has quietly contributed most of which are unbeknownst to many. On behalf of the POA 2016 National Board of Trustees, I thank each and every one of you for your invaluable contributions to POA. Without your individual work and efforts, this award would not have been possible.

Let me take this opportunity as well to congratulate Dr. Jose "Brix" Pujalte, Jr. for winning a seat in the PCS Board of Regents for 2017. We are proud indeed to have him continue representing POA in PCS.



POA Fellows at PCS 72nd Annual Clinical Congress: Drs. Julyn Aguilar (2016 POA President), Tiong Sam Lim (Phil Spine Society), Antonio Sison (1998 PCS President), Jose Pujalte, Sr. (1980 PCS President), Brix Pujalte (PCS Board of Regents), Paul San Pedro (incoming 2017 POA President)



On behalf of POA, Drs. Julyn Aguilar & Jerd Siatan receive the plaque of recognition from Dr. Gabriel Martinez (2016 PCS President) and Dr. Enrico Ragaza (incoming 2017 PCS President)



Dr. Gabriel Martinez turns over the PCS Presidency to Dr. Enrico Ragaza with the Ragaza family standing solidly behind him

POA Wins PCS Best Surgical Specialty Society Award

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Lastly, on behalf of POA, I would like to thank Dr. Gabriel Martinez (2016 PCS President), the 2016 PCS Board of Regents, Dr. Francisco Arcellana (2016 Chairman, PCS Committee on Awards) and the entire PCS family of surgical specialties for giving POA the honour of being conferred the maiden PCS Best Specialty Society Award.

May POA and PCS continue to strengthen the symbiotic bond that was forged by our highly esteemed and visionary forefathers. A bond that was instrumental in trans-

forming both POA and PCS into an internationally recognized organization. A bond that is vital in ensuring continuous growth and advancement for both organizations which in turn will help POA meet the orthopaedic and surgical challenges of the future.

CONGRATULATIONS TO US ALL AND MORE POWER TO POA!

*Julyng Aguilar, MD, MHA, FPCS, FPOA
2016 POA President*



POA Father & Son Tandem: Dr. Jose Pujalte, Sr. (1980 PCS President) proudly poses with Dr. Jose "Brix" Pujalte, Jr. (PCS Board of Regents)

POA Website Revitalized, POA App on the works

The POA Board has embarked in upgrading the Association's website, totally converting its' appearance capabilities and contents. The pages would be streamlined, modern, visually appealing, clean and simple. It will be designed to be mobile ready, which is now becoming the most convenient way to access the internet.

Website will have more updated versions of all the current functions plus a bit more. All integrated into one system.

Search capability:

- Members: using different key searches like name, location/region, chapter, specialty etc.
 - Research: using key searches like keywords, author, institution
 - Membership Area: Members can filter what they want for public accessibility
- Forum: Members can post messages/images/xrays and form a discussion group. The Forums can also be done through groups like subspecialties and chapters
- Automatic Billing
- Online Payments
- Notifications: billing/upcoming events/announcements/news
- CPD: Events and its corresponding

Units. Members can compute their CPD Units of attended events accredited by the POA/PRC

The POA App

With the advent of mobile applications, the POA Board approved a proposal to have our very own application called the "philortho App". This is now on the works, currently being done by the same developers of our website, iEdgeWeBMedia.

This App will be in synchrony with the POA website. Social networking sites can be synced with the members' personal data. This App is mainly intended for POA annual conventions and CPD accredited events.

The App will be ready to cover our 68th Annual Congress from Nov. 15-18, 2017.

You can:

- Online Registration
- Build your Schedule
- Add to your calendar
- Email your schedule



- Get notifications
- Get to know the event
 - Access handouts/programs/abstracts
 - See and rate speakers
 - Connect with other attendees
 - See exhibitors/sponsors
- Navigate online/Offline
 - Searchable Venue Map
 - Local Attractions
 - Social Media mentions
 - Photo Feed
- Answer Surveys
- See what's going on
- Messages from the President or Sponsors
- Sponsor links
- Download Notes and event materials
- All notes sync to the members profile on the website

This App will be available on Android and IOS platforms.

-Mike Villanueva



POA Officers 2017

Row 1, from l-r: Drs. Paul Cesar N. San Pedro (President), Julyn A. Aguilar (Ex-Officio), Cesar S. Grey (Vice President)

Row 2, from l-r: Paul Ruel C. Camiña (Treasurer), Edwin Jerd T. Siatan (Secretary), Peter B. Bernardo, Frederic Joseph F. Diyco

Row 3, from l-r: Drs. Justinian Aquilino Cyril LI Pimentel IV, Jesse James F. Exaltacion, Leslie M. Reyes Melito Antonio P. Ramos & David L. Alagar

We are now accepting articles for the upcoming issue of the OrthoBalita to be distributed during the POA 68th Annual Congress [Nov. 15-18, 2017]

POA 4th Research Writing Boot Camp



The 4th POA Residents' Research Bootcamp successfully concluded a 1-day educational activity last March 4, 2017 at the Mercure Hotel in Pasig City. It was attended by 67 1st year residents & 10 research coordinators from the different PBO training institutions throughout the country. This was facilitated by 101 Health Research headed by Dr. Venus C. Rosales.

For this year, Dr. Rosales modified the program to specifically focus the lectures and topics to orthopaedics thereby generating a well-rounded interaction and participation amongst the facilitators and the attendees.

This activity was spearheaded by POA Research Committee Chairman Dr. Edwin Jerd T. Siatan. The Association yet again



extends its gratitude to Johnson & Johnson Philippines for being the sole partner of this endeavor.

Watch out for announcements of the 5th POA Research Bootcamp 2018.

-Mike Villanueva



POA Outreach Program in CVMC

The Philippine Orthopedic Association observes its yearly foundation month in December. For 2016, the Board of Trustees found it meaningful to celebrate it by sponsoring an indigent patient in need of orthopedic surgery. It was Cagayan Valley Medical Center (CVMC) of northern Luzon that received the sponsorship.

The patient was a 37 year old female from Alcala, suffering from a long-standing fungating breast mass. She started to have back pains six months prior to initial consultation, which progressed to lower extremity weakness. Five days prior to admission, she was already unable to ambulate. On examination at admission, motor grading of the lower extremity was 0/5 and sensory grade was one.

After further work up, the service noted a mass in t5 to t7 vertebral bodies and considered metastatic disease from the breast mass. Patient was advised corpectomy, fusion using cage and pedicular screws but was not carried out because of financial constraints.

The Philippine Orthopedic Association, thru Dra Julyn Aguilar, facilitated the procedure by sponsoring the implants needed. Surgery was done last December 22, 2016

by the two department spine surgeons- Drs. Niccolo Mamba and Anthony Abogado. It was a time when most of us were already on Christmas vacation and government hospital operating rooms were only available for emergency surgeries.

Surgery was done with no untoward complications. The patient was very thankful on dis-charged for the surgery and for the more tolerable pain. Unfortunately, patient was eventually lost to follow up.

CVMC is the latest institution accredited by the Philippine Board of Orthopedics for orthopedic residency training program. It is now on its 2nd year with two first year and three 2nd year residents on training. Dr Angel A. Cayetano with nine consultant staff with specialization on Spine, Shoulder & Knee arthroscopy, Hip & Knee arthroplasty, Foot & ankle, Ilizarov, and Tumor surgery, heads the Department of Orthopedics.

-Angel Cayetano



The surgical team (from left) Drs. Niccolo Mamba (Spine surgeon), Manish Shah (resident), Bishwash Bhandari (anesthesia resident), Anthony Abogado (Spine Surgeon), Dr Angel Cayetano (Chairman, Dept of Orthopaedics), Patrick Marquez (Resident) and Ms. Helen Joy Agustin (nurse)



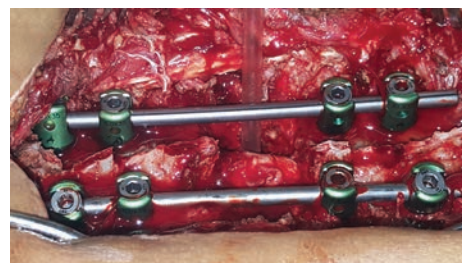
Skin Marking and Isolation of the Bed Sore



Pedicle Screw Insertion: T3-T4, T8-T9



Laminectomy/ Corpectomy Done: Spinal Cord Circumferentially decompressed



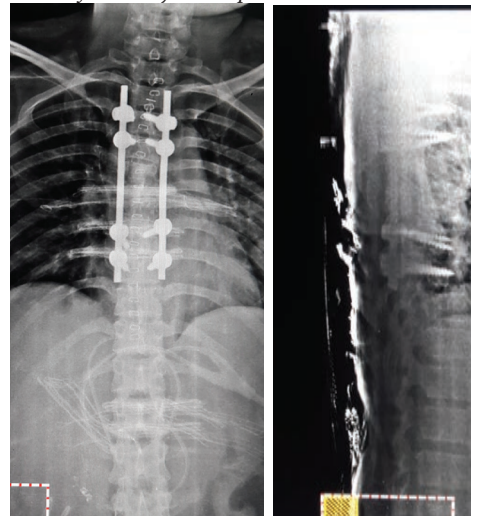
Stable construct w/ adequate spinal cord decompression



X-Rays



MRIs

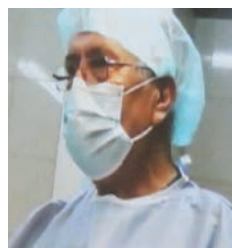


Post Op Xray: Normal Kyphosis

Knee Injuries in Sports Outreach Program

The Philippine Orthopaedic Society for Sports Medicine in cooperation with the Philippine Orthopaedic Association – South Luzon Chapter and the Department of Orthopedics of the De La Salle University Medical Center, has conducted a Seminar and Live Surgery Outreach Program last March 4, 2017 at the College of Medicine Auditorium I of the De La Salle University Medical Center in Dasmariñas, Cavite. This outreach program was conceptualized by the members of POSSM with the aim of imparting knowledge and skills on surgical techniques and updates to our colleagues and the residents in training, as well as providing free surgery and implants to indigent patients.

struction, Meniscus Basic Science and Repairs, Medial Patellofemoral Ligament Reconstruction, and Accelerated Rehabilitation for ACL and MPFL Reconstructions and Meniscal Repair. POSSM aims to regularly do this outreach program in different venues throughout the country.



Dr. Antonio Rivera



Dr. Janis Ann Espino-de Vera



Dr. Enrique Leonardo Pasion



Dr. Manuel Pecson III



Dr. Christopher Canto



Dr. Patrick How

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The program was well-attended by members of POSSM and POA-SL, Residents of the different Training Institutions such as De La Salle University Medical Center, East Avenue Medical Center, Jose R. Reyes Memorial Medical Center, Makati Medical Center, Philippine General Hospital, Philippine Orthopedic Center, University of Santo Tomas and Veterans Memorial Medical Center, and other allied medical personnel such as Physiotherapists and Nurses.



Dr. Roberto Lopez and Dr. Francis Fernandez

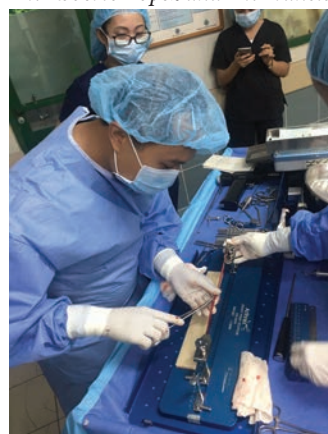


Mr. Allen Dwight Guieb, PTR



Dr. Jason Santiago

Dr. Antonio Rivera, the founder of POSSM, performed a Double – Bundle Arthroscopic ACL Reconstruction, while Dr. Raphael Jurilla performed a Single – Bundle Arthroscopic ACL Reconstruction. The implants used were the Arthrex Tightrope and Bioabsorbable Interference Screws provided for by Pacific Surgical Inc. Other POSSM members and a guest Physical Therapist, Mr. Allen Dwight Guieb, were the speakers during the said program. Among the topics discussed were: Imaging in Sports Injuries, Arthroscopic ACL Reconstruction, Multi-ligamentous Injuries and Recon-



Dr. Carlo Angelo Borbon preparing the ACL graft



The attendees listening to the lunch symposium courtesy of Pfizer



The attendees consisting of members of the Philippine Orthopaedic Society for Sports Medicine (POSSM), Philippine Orthopaedic Association – South Luzon Chapter (POA-SL), training residents, Physical Therapists and nurses

Knee Injuries in Sports Outreach Program

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POSSM would like to thank our Course Director, Dr. Jonathan Ronquillo, all our speakers, Dr. Jana Tumpalan, Miss Sonia Cahinusayan, the Residents of the Department of Orthopedics of De La Salle

University Medical Center, the Operating Room Nursing Staff, Dr. Mary Juyad and Dr. Charm Lopez (Anesthesiologists), the Audio-Visual Technical Support and Photographer of DLSUMC, and the following

Sponsors: Pacific Surgical Inc., Westech, Pfizer, Mr. Jose Lim of Savior for the Storz Arthroscopy Towers, and ITC for the live video feed during the surgeries.

-JAE de Vera



The Double - Bundle ACL Reconstruction Team lead by Dr. Antonio Rivera, assisting him are Dr. Carlo Angelo Borbon, Dr. Amando Racpan, Dr. Francis Fernandez, and Dr. Jose Mari Arpilleda. Dr Mark Barreiro was the moderator in the OR.



Dr. Albert Faller and Dr. Roberto Lopez asking questions during the live surgery demonstration



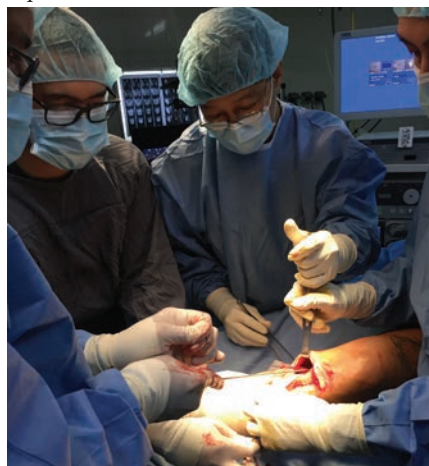
The Double - Bundle ACL Reconstruction hard at work with the moderators in the OR Dr. Janis Ann Espino-de Vera, Dr. Mark Barreiro, Dr. Carlo Angelo Borbon and the Chief Resident of the Department of Orthopedics of De La Salle University Medical Center Dr. Jana Tumpalan



Drs. Joaquin Pandanan, Jonathan Ronquillo, Roberto Lopez and Janis Ann Espino-de Vera



The Single - Bundle ACL Reconstruction Team lead by Dr. Raphael Jurilla. (Left to right: Dr. Roberto Lopez, Dr. Charm Lopez, Dr. Bryan Cantiller, Dr. Raphael Jurilla, Dr. Tony Toquilar, Dr. Ken Aeson Barsales. Back: Dr. Jose Mari Arpilleda)



Drs. Antonio Rivera, Jose Mari Arpilleda, Amando Racpan and Francis Fernandez

PHILIPPINE ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE (POSSM)
 in partnership with
 PHILIPPINE ORTHOPAEDIC ASSOCIATION - SOUTH LUZON CHAPTER (POA-SL)
 DE LA SALLE UNIVERSITY MEDICAL CENTER - DEPARTMENT OF ORTHOPAEDICS

KNEE INJURIES IN SPORTS:
SEMINAR AND LIVE SURGERY
 04 MARCH 2017 / DLSUMC



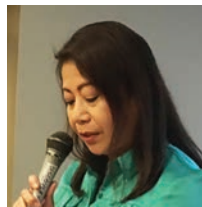
The members of the Philippine Orthopaedic Society for Sports Medicine (POSSM)

PSoWOSI Holds First Annual Symposium and General Assembly

The Philippine Society of Women Orthopaedic Surgeons, Inc. (PSoWOSI) held our first Annual Symposium and General Assembly entitled "Ortho Women on the Rise" last November 15, 2016, in Discovery Suites, Ortigas. There were two lectures and one inspirational message given by women highly esteemed in their own respective fields, namely, Dr. Maria Minerva Calimag, Past President of the Philippine Medical Association; Dr. Luzviminda Kwong, Past President of the Pain Society of the Philippines; and Dr. Virginia Cabling, Past President of the Philippine Orthopaedic Association.

The activity was well-attended by the members of the Society as well as the residents of the different Training Institutions. This year, the Society aims to hold lectures on Osteoporosis and Bone Screening Activities in different venues. The Society also plans to hold other activities focusing on Women Empowerment in the future.

- Janis Espino-De Vera



Dr. Virginia Cabling giving her inspirational message



Dr. Luzviminda Kwong giving her lecture on Pain Management in the Orthopedic Setting



Dr. Maria Minerva Calimag giving her lecture on The Empowered Women Physicians as Leaders



Attendees of the First Annual Symposium and General Assembly and of the PSoWOSI



Officers of the PSoWOSI awarding the certificate of Dr. Luzviminda Kwong



Members of the Philippine Society of Women Orthopaedic Surgeons Inc.



Officers of the PSoWOSI awarding the certificate of Dr. Maria Minerva Calimag



Dr. Virginia Cabling, Dr. Teresita Altre and Dr. Maria Minerva Calimag intently listening to Dr. Kwong's lecture



Officers of the PSoWOSI awarding the certificate of Dr. Virginia Cabling

Oplan Talk Hand

The Philippine Orthopedic Center Alumni Association in cooperation with the Section of Hand Surgery, held its 9th Post-Graduate Course entitled "Oplan Talk Hand" last February 11, 2017 at the POC auditorium. It was a whole day affair attended by graduates of the institution and some residents of affiliated training hospitals in Metro Manila.

The course was broken down into 3 main issues frequently encountered by the orthopedic surgeon, namely broken bones, soft tissue injuries, and complex cases. Speakers were all alumni of the institution, both in orthopedic and allied specialty. The aim of the course was to review the basic principles and techniques of treatment, and to keep everyone

abreast with the recent advancements in the field of Hand Surgery. The post-graduate course ended with a fellowship night and a dinner tribute for the late Dr Lauro Abraham Jr.

- Ameena Santos



Philippine Orthopedic Wound Care and Diabetic Limb Society

On November 16 to 19, 2016 the Philippine Orthopedic Association commenced its 67th Annual Congress held at Shangri-La Hotel, Mandaluyong City with the theme: "Fusing Knowledge and Technology to Address Orthopaedic Challenge".

During the 3rd day of the congress, Dr. Jerome Anthony S. Asuncion, MD FPOA of Butuan Orthopedic Institute conducted a lunch symposium on wound care together with one of his senior staff, Jiffaney O. Quiambao, RN. Engaging the doctor's perspective and nurse's viewpoint both shared their experiences relating to the wound care center at Butuan Doctor's Hospital, Butuan City. Dr. Adisaputra Ramadhinara,

MD, a renowned wound specialist physician at The Specialist Wound Center, RS PIK (Rumah Sakit Pantal Indah Kapuk) and RS Husada JI Mangga Besar-Jakarta, discussed concerning 'Negative Pressure Wound Therapy'.

Given the rise of diabetic wound and chronic wound cases Dr. Jay Asuncion established an advanced wound care and diabetic limb center at Butuan Doctors Hospital, Butuan City. This is to address the need of better medical care centers specifically on the said field. He envisioned on sharing his knowledge and expertise on the advancement of wound care centers. Hence, the creation of the Philippine Orthopedic Wound Care and Diabetic Limb Society was established. During the congress banquet dinner, the following officers were inducted:

Treasurer: Dr. Phillipe Y. Baclig
PRO: Dr. Elbert A. Ybanez

Board of Trustees
Dr. Emelito V. Ritumalta
Dr. Abundio C. Celera, Jr
Dr. Raymond E. Gomez
Dr. Bernard P. Antolin
Dr. Renier D. Gerochi
Dr. Pierre M. Mella
Dr. Brian P. Dormitorio

The society aims at uniting orthopedic surgeons with a common goal of innovating and developing advanced wound and diabetic limb treatment. Their vision is to be the premier wound care society delivering clinical excellence with superior outcomes while creating value for partners across the care continuum. The mission is to restore health and improve the quality of life and access to care for patients with diabetic and chronic wounds. The society is committed to identify, educate and partner with other health care providers. These means would enhance the practice of wound care and limb salvage through utilizing current best practices.



From left: Dr. Adisaputra Ramadhinara, Dr. Jerome Anthony S. Asuncion and Jiffaney O. Quiambao (RN) during the Lunch Symposium on Wound Care



From L-R: Drs. Jonathan Ronquillo, Jerome Anthony Asuncion & Julyn Aguilar



From L-R: Drs. Bernard P. Antolin, Raymond E. Gomez & Elbert Ybanez



From L-R: Drs. Philippe Baclig, Jonathan Ronquillo & Jerome Anthony Asuncion



From L-R: Drs. Brian P. Dormitorio, Pierre Mella & Renier Gerochi

The society is an avenue for orthopedic surgeons to enhance and establish their own wound care centers through collective effort of highly renowned doctors all over the country. The society will be celebrating its first annual convention on September 9, 2017 at Crown Plaza Hotel, Ortigas Avenue, Quezon City, Manila. This is just a fresh start of the future of wound care in the Philippine Orthopedic Society and the Philippines. These efforts are made possible through one single initiative of our very own orthopedic surgeon, Dr. Jay Asuncion and his team.

- Jiffaney O. Quiambao, RN

ASEAN Mutual Recognition Arrangement 2020: A Primer

"I swear by Apollo the Healer, by Aesculapius, by Health and all the powers of healing and to call witness all the Gods and Goddesses that I may keep this oath and promise to the best of my ability and judgment." - HIPPOCRATIC OATH

The following are pertinent updates on matters concerning relevant regulatory bodies (PRC, PMA, PCS, POA and PBO), Continuing Professional Development, Outcome Based Education and Philippine Qualifications Framework as they relate to our compliance with the ASEAN Mutual Recognition Arrangement (MRA) targeted for 2020.

Medical Act of 1959

The RA No. 2382 ("Medical Act of 1959") that governs the supervision, control and regulation of the practice of Medicine in the Philippines is long due for an update. The "Physician's Act of 2013", meant to update RA 2382 and filed in 2013 by Senator Jinggoy Ejercito Estrada, remains pending in the Senate. Its most current version, "Physician's Act of 2016", is still at the hands of Sen. Antonio F. Trillanes IV.

Doctor of Medicine Degree

The Commission on Higher Education (CHED) sets the minimum standards for programs and institutions of higher learning since its creation on 1994 by virtue of RA No. 7722 ("Higher Education Act of 1994"). Currently, there are 38 institutions recognized by the CHED to offer the post-baccalaureate program of Doctor of Medicine.

The Association of Philippine Medical Colleges Foundation Inc. (APMC), a component of the World Federation for Medical Education, in consultations and cooperation with CHED, defines the standards and guidelines to promote quality medical education in the Philippines. Since its inception in 1967, the APMC continues to be responsible for providing and maintaining high standards of Medical Education.

Philippine Regulatory Commission (PRC) and Specialty Boards

Created in 1973 through PD 223, the Philippine Regulatory Commission (PRC) is mandated to regulate and license all graduates of medical colleges and renew their accreditation as practitioners following compliance with specified requirements to practice medicine in the Philippines.

Following completion of advance medical/surgical training (Residency Training), medical practitioners now belong to the highest level

of academic competency – Doctoral and Post-Doctoral. The accreditation and certification of such 'specialists' is given by a respective specialty board.

RA 8981 ("PRC Modernization Act of 2000"), mandates the PRC to monitor and adopt measures for the enhancement of the profession and or the maintenance of high professional, ethical and technical standards. However, PRC is currently unable to supervise and monitor the conduct of specialty and subspecialty trainings in the Philippines (PRBM Res. No. 25 s. 2015). Thus, PRC doesn't have the authority to recognize Diplomates and Fellows who have completed from such training.

"I will pay the same respect to my master in the science as to my parents and share my life with him and pay all my debts to him."
- HIPPOCRATIC OATH

Philippine Medical Association (PMA)

The Philippine Medical Association (PMA) as of 01 March 2016 has 75,841 members, 119 Component Societies, 8 Specialty Divisions, 80 Specialty Societies and 47 Affiliate Societies.

House Bill No. 0413 (Rep. Juan Edgardo M. Angara), House Bill No. 927 (Reps. Irwin C. Tieng, Mariano Michael M. Velarde, Jose L. Atienza, Jr.), House Bill No. 2482 (Rep. Marcelino R. Teodoro), House Bill No. 1740 (Rep. Angelina DL Tan), filed as an act accrediting the PMA as the Integrated Medical Professional Organization of the Philippines. Under this law, the PMA is tasked to prescribe rules and regulations to integrate the training program of the various specialty and subspecialty societies. To date, there is still no equivalent in the Senate of this much-awaited law.

In 2009, the PRC Board of Medicine re-affirmed the PMA as an Accredited Professional Organization (APO). This status was first granted in September 18, 1975. At present, however, the PMA is not recognized by the Philippine Government to accredit and certify licensed Medical Practitioners and Specialists. Cognizant of its role as an APO, PhilHealth (PHIC) has made a PMA-issued certificate of good standing (CGS) a requirement for license renewal (PHIC Circular No. 2015-037). Certificate of Good Standing

from component societies is also a prerequisite in the issuance of CGS from PMA. Effective January 2017 the PHIC will require the submission of the original copy of the Certificate of Good Standing from the PMA and PMA recognized Specialty Societies for all health care professionals applying for accreditation. In compliance, the PMA will no longer issue/release a Certificate of Good Standing through emails (PMA MC No. 2016-12-14-017).

The eight (8) specialty societies listed in the Article III Section 5 of the Constitution and By-Laws of PMA will remain recognized by other agencies unless amended. Amendments pushing for recognition of subspecialty societies (e.g. POA) could not be promulgated by the PMA due to the large number of active members needed to be present even thru proxy votes. The 5-year validity of the proxy forms signed by Fellows of POA will expire by 2018.

ASEAN Mutual Recognition Arrangement on Medical Practitioners (MRA)

The ASEAN Vision 2020 foresees the creation of a stable, prosperous and highly competitive ASEAN Economic Region. The MRA will strengthen professional capabilities by promoting the flow of relevant information, exchange of expertise, experiences and best practices. Each ASEAN member state has its own Professional Medical Regulatory Authority (PMRA) empowered by the government to regulate and control medical practitioners and their practice of medicine. This MRA on Medical Practitioners is recognized by the governments of Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, the Philippines, Singapore, Thailand and Vietnam. In the Philippines, the designated government agency to regulate medical practitioners and their practice of medicine is the PRC in coordination with its APO, the PMA. The PRC is the only regulatory board that will issue certification to be recognized by other ASEAN member states.

The Philippine Qualifications Framework (PQF)

Executive Order No. 83 Series of 2012 signed by then President Benigno S. Aquino established the PQF. This will set the

levels of educational qualifications and sets the standards of qualifications outcomes (Fig. 1). These qualifications are a package of competencies describing a function of a particular profession.

During the First Philippine Professional Summit on October 2012, President Aquino directed all National Government Agencies and Local Government Units to maintain and enhance the competitiveness of Filipino professionals. The summit encourages the professionals "to undertake developmental activities individually and collectively to continuously reinforce the competitiveness of Filipino Professionals which will facilitate global mobility." During the second Philippine Professional Summit held in October 2013, the PRC included Medicine as one of the seven (7) professions to be covered by ASEAN MRA. The summit emphasized lifting the Filipino Professions to a higher level and re-aligning the competitiveness by focusing on the following:

1. Roadmaps to Professions
2. ASEAN Mutual Recognition Agreement / Arrangements
3. Philippine Qualifications Frameworks (PQF)
4. ASEAN Qualifications Reference Frameworks (AQRF)
5. Outcomes-Based Education (OBE)
6. Lifelong Learning
7. Continuing Professional Development (CPD)

On the third Philippine Professional Summit held in October 2014, the CHED and PRC were tasked to address the 7-point agenda by coming up with action plans and intervention programs through collaboration with accredited institutions and recognized professional organizations. This Summit stressed "the importance of an internationally aligned education and practice to be able to move swiftly to a global career." PQF gave the equivalent of 'Post-Baccalaureate Program' and 'Doctoral and Post-Doctoral' Level 7 and Level 8 of Higher Education respectively.

On March 2015, the Professional Regulatory Board of Medicine (PRBM) of PRC approved the PRBM Resolution No. 25 Series of 2015, recognizing specialty societies, specialty boards and certification of specialists. This resolution discerned that to maintain high competency and professional standards in the practice of the specialty, only one specialty society in an area of field of practice will be conferred recognition. The vigilant monitoring of the PRBM will ensure the competence of practitioners and secure social protection of the public from unscrupulous professionals.

The fourth Summit held in October 2015, recognized and continued to harmonize the qualifications of the Filipino Professionals by way of Continuing Professional Development (CPD). It is the governments task to thrust Professionals to the international arena by crafting a general plan by which Medical Professionals can achieve such recognition.

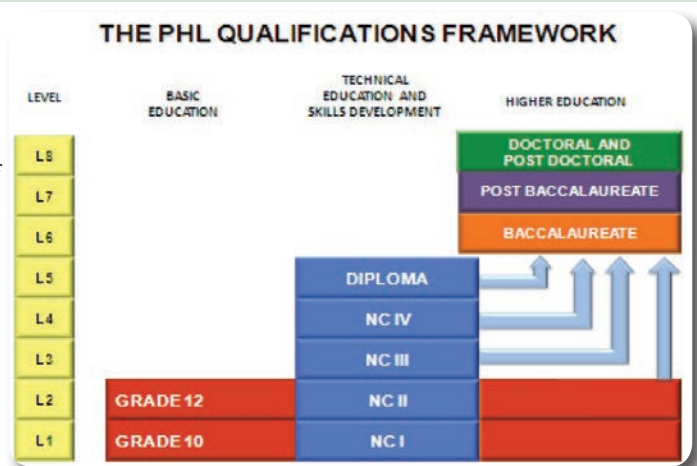
Philippine College of Surgeons (PCS)

The Philippine College of Surgeons (PCS), established in 1949, recognizes as an umbrella organization the Philippine Orthopaedic Association (POA) together with the Philippine Spine Society and the Philippine Hip and Knee Society. Two hundred eleven (211/690) active Fellows of POA are also PCS Fellows. However, many of these are not active, while the rest are reluctant to join the PCS.

PCS is one of the eight recognized Specialty Divisions of the PMA. By virtue of the PRBM Resolution No. 25 s. 2015, PCS has accepted the responsibility of working on the integration and application of critical PQF components through capacity building programs. Even before the passage of this resolution, the PCS Board of Regents through the Joint Coordination Committee on Accreditation and Certification (JCCAC) has been proactively monitoring the quality of all Filipino Surgeons. The PCS duly recognized and provided the authority to each Subspecialty Societies (including POA) to independently provide the proper training programs for their residents in alignment with the policies set by the JCCAC.

Academy of Medicine of the Philippines (AMP)

During the coordination meeting last March 2017 with incumbent PCS President, Dr. Ernesto P. Ragaza, with the Presidents of surgical specialties, the activation of the Academy of Medicine of the Philippines (AMP) was raised. The said academy was conceptualized by Dr. Alfred Belmonte (PCS) and Dr. Oscar T. Cabahug (PCP) during the time of PCS President Dr. Maximo H. Simbulan (2013) with other signatories from the Specialty Divisions of PMA, supported by then POA President Dr. Adrien R. Quidlat. The AMP was created as an analogous organization to the Academy of



Schema of Levels of Education under the PQF

Medicine of Malaysia. The main purpose of the academy is "to have harmonization of the system of certification, accreditation, and training among all specialty divisions and societies." After four years of inactivity on this matter, the PCS brought up the issue of activation to other subspecialty societies. The proponents of the academy are also asking for the blessings of the Philippine Medical Association for due recognition of this endeavor.

Joint Coordinating Committee on Accreditation and Certification (JCCAC)

The PCS Board of Regents on March 2014 approved the creation of a Sub-committee on Curriculum under the Joint Accreditation Council (JAC) whose tasks include the formulation of common core competencies/concept map on curriculum development and to collate and review the existing curriculum of all surgical specialties.

On October 2015 the JCCAC conducted the "Workshop on Accreditation." The JAC, currently headed by Dr. Josefina R. Almonte, reported to the PCS Board of Regent (February 24, 2017) that the Council will be conducting a "Workshop on Certification" on May 20, 2017 PCS Conference Room. This will provide a venue for the exchange of information regarding certification practices, standards and results. The council will try to determine the quality assurance mechanisms in the selection/training of examiners and in the preparation and administration of certifying examinations. All the members of the council will analyze the role of the residency in-service or in-training examination, how the results are utilized, and whether it adequately prepares residents for the certifying examinations. Each subspecialty/component society will identify trends, similarities and differences in practices and standards.

ASEAN Mutual Recognition Arrangement 2020: A Primer From page 11

"I observe this oath and do not violate it, may I prosper both in my life and in my profession, earning good repute among all men for all time." - HIPPOCRATIC OATH

Outcome Based Education (OBE)

The PRC conducted its Multidisciplinary Seminar on Medical Educators Part III: "Evaluation and Monitoring." Held last November 2015, the Seminar gave emphasis on the principles of evaluation and monitoring of medical students, trainee performance and continuing medical education programs. Traditional or competency-based learning are mainly content/skills driven and teacher/trainer-centered. Outcome-Based Learning (OBE), on the other hand, is learner-driven and aimed at achieving outcomes (Fig. 2). This is a performance-based approach that has been defined as results-oriented thinking (Harden and Laidlaw, 2012).

Through OBE, the Physician becomes (1) a medical/health care provider, (2) a teacher/educator, (3) a health manager, (4) a researcher/basic scientist and (5) social mobilizer/patient advocate.

The Learning Outcomes of OBE is based on the following:

1. Clinical Competence
2. Effective communication skills
3. Generation and utilization of relevant knowledge
4. Inter-professional practice
5. Leadership and management
6. Effective teaching and organization skills
7. Advocacy for social equity and social accountability
8. System-based approach to health care
9. Life-long personal and professional development
10. Adherence to professional and ethical standards
11. Voluntarism, nationalism and internationalism

The Philippine Board of Orthopaedics set up the first Task Force OBE Meeting on May 2016. In attendance were then PBO chairman Dr. Jean

Pierre F. Leung together with Drs. Daniel D. Caro, Arturo C. Cañete, Paul Ruel C. Camiña, William T. Lavadia, Emmanuel P. Estrella and John Andrew Michael A. Bengzon. The group discussed the scope and structure of Task Force OBE, the Curriculum Shift, Development of the Orthopaedic Curriculum to its Competencies, Milestones and Assessment Methods.

On June 2016, the fourth Multidisciplinary CPD Workshop/Seminar: "Certification, Monitoring and Credit Transfer" encourage stakeholders to arrive at a consensus regarding common criteria and procedures for certification of specialists and propose standard guidelines which can be used in monitoring training programs and certification of specialists.

The second Task Force OBE Meeting held last August 2016 invited more stakeholders from the Philippine Orthopaedic Association's Subspecialty Societies. Adopting the core competencies suggested by the Philippine College of Surgeons (PCS), representatives from each subspecialty societies were requested to come up with outcome-based curriculum for Orthopaedic Education by creating learning activities and assessment for 5-level milestone of each subspecialty sections.

The presentation of the output the OBE and Postgraduate Training Programs for Orthopaedics Curriculum was presented by Dr. Arturo C. Cañete and that of the PCS JCCAC by Dr. Alfred H. Belmonte at the Cluster II Meeting conducted by PRC and PRBM on August 2016.

During the workshops/seminars sponsored by PRC, Dr. Clarita Cruz Maaño, then CPDC Chairman, was asked if POA can apply for CPD Provider status and be recognized as Accrediting and Certifying Body for Orthopaedic Education in the Philippines as stipulated in PRBM Resolution No. 25 s. 2015.

"I will regard his sons as my brothers and teach them the science, if they desire to learn it, without fee or contract." - HIPPOCRATIC OATH

Continuing Professional Development (CPD)

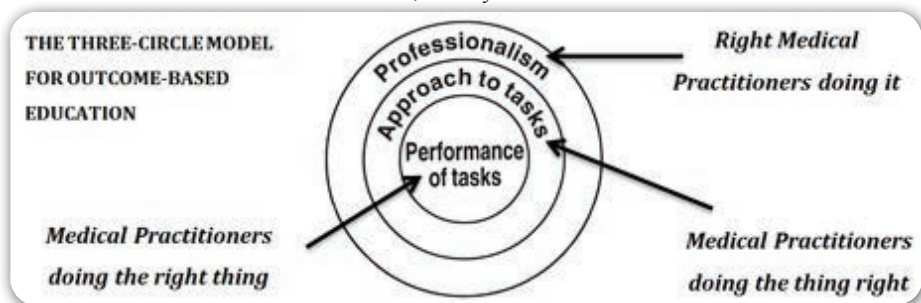
The PRC created a Continuing Professional Development Council (CPDC) for every Regulatory Board of all professions by virtue of PRC Resolution No. 466 Series of 2008. This was followed by PRC Resolution No. 774 Series of 2013 ("Revised Guidelines on the Continuing Professional Development Program for all Registered and Licensed Professionals") and PRC Resolution No. 990 Series of 2016, ("Amendments to the Revised Guidelines on the Continuing Professional Development (CPD) Program for all Registered and Licensed Professionals). These are in compliance with the PRC Modernization Act of 2000 RA 8981. This gave way to the granting of Certificate of Accreditation as CPD Providers to the Philippine College of Surgeon up to October 2018 and Philippine Medical Association up to February 2018.

Today, the Chairman of the CPD Council for Medicine shall be one of the members of the Board of Medicine presently headed by Dr. Clarita Cruz Maaño. The first member will be the President of the Accredited Professional Organization (APO) which is the PMA (Dr. Irineo C. Bernardo III) and the second member comes from the APMC (Dr. Joselito F. Villaruz). The council will formulate the operational protocols and CPD guidelines and will monitor the proper implementation of CPD in accordance with RA No. 10912 ("Continuing Professional Development Act of 2016").

The PRC and PRBM thru PRC Resolution No. 1032 Series of 2017 in consultation with the CPD councils and their stakeholders, adopted and promulgated the Implementing Rules and regulations (IRR) of RA 10912. Furthermore, the PRB of Medicine drafted the Operational Guidelines in the Implementation of RA 10912, otherwise known as "Continuing Professional Development Act of 2016 for the Medical Profession." The Philippine Regulatory Board of Medicine requires all doctors for a minimum of 45 Credit Units (CU) for 3 years. The required units are summarized in below.

PROFESSIONAL IDENTIFICATION CARD RENEWAL PERIOD	Minimum CUs REQUIRED FOR THE MEDICAL PROFESSIONS
Jan – Jun, 2017	0
Jul – Dec, 2017	15
Jan – Dec, 2018	30
Jan 2019 – onwards	45

Required Credit Units for License Renewal



Model of Outcome-Based Education

"I will hand on precepts, lectures and all other learning to my sons, to those of my master and to those pupils duly appointed and sworn and to none other." - HIPPOCRATIC OATH

Philippine Orthopaedic Association (POA)

The Philippine Orthopaedic Association (POA) since 1962 is duly recognized by the Philippine Medical Association (PMA) as its Subspecialty Society under the division of Philippine College of Surgeons (PCS). The fellows, through the Board of Trustees, are complying with all the guidelines and memorandum circulars given by the PMA Board of Governors. The POA Board of Trustees encourages all fellows to become PMA members through their own component societies. The present board also reiterates their support to the Board of Regents of the Philippine College of Surgeons (PCS). The association is not breaking ties from PCS, but did not give any assurance that all POA Fellows will become PCS Fellows as well.

As of now, the Philippine Regulatory Board of Medicine has not yet released the list subspecialty societies under the eight (8) specialty societies with its equivalent list of specialty boards. The POA Board of Trustees submitted initial requirements for recognition as one of the Specialty Societies with authority to accredit and certify Orthopaedic Trainings in the Philippines. POA maintains recognition of the Philippine Board of Orthopaedics (PBO) as the sole accreditation and examination arm of the association Article XI Examination Arm of the Amended By-Laws of the POA (2012).

The POA submitted requirements to PRC for accreditation, as duly registered organization to become a CPD Provider. Early this year the POA Secretariat requested that CPD programs initiated by POA and other affiliated programs for CPD be accredited through the PCS accreditation. Table 2 summarizes recognized CPD activities and their corresponding CU's.

Philippine Board of Orthopaedics (PBO)

Duly recognized by PCS and PMA, POA is due for recognition by PRC as an independent accrediting and certifying body for Orthopaedic Education, Specialty and Subspecialty training in the Philippines. The Philippine Board of Orthopaedics, Inc. (PBO) is the official accrediting and examining arm of the POA since 1972. The board is tasked with accreditation and supervision of residency training programs in the Orthopaedic Surgery in the Philippines, until they become Diplomate and eligible to be a Fellow of

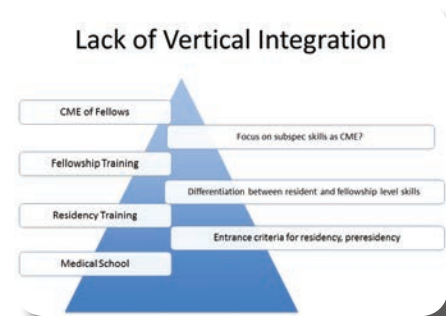
POA. Programs implemented by the PBO accredited institutions and by the Board will contribute to the Continuing Professional Development of the Orthopaedic Residents and their trainers.

POA EDUCATION COMMITTEE

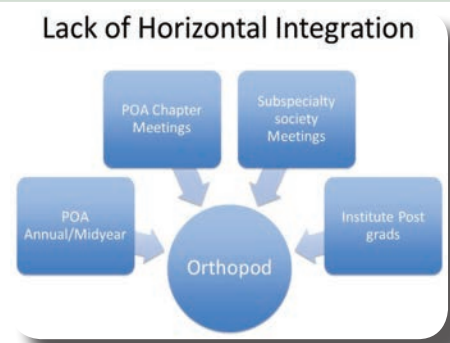
Orthopaedic Continuing Medical Education Committee (OCME) is a standing committee of the POA. The committee shall prepare, arrange, or coordinate all scientific meetings, workshops, seminars, conventions and post-graduate courses of the Association and shall determine the corresponding OCME credits of said activities. The committee reports OCME activities to PMA and/or PRC. The Chairman of Scientific Program or the incumbent secretary shall head and appoint members of the committee.

Subspecialty Orthopedic Fellowships is available locally at Philippine General Hospital (Hand, Tumor, Ilizarov, Arthroplasty), Philippine Orthopaedic Center (Tumor, Arthroplasty), Chong Hua Hospital (Hip and Knee, Spine), Corazon Locsin Montelibano Memorial Regional Hospital (Trauma), University of Santo Tomas (ISA-KOS-Arthroscopy) and Informal mentorships. This Subspecialty Training program is institute-regulated and there is no certifying examination given to the trainee.

The PBO immediate past chairman, Dr. Jean F. Pierre Leung, reported to the POA 2017 Board of Trustees last March 2017, that orthopaedic training programs lack vertical integration from medical school graduates applying for residency programs, and diplomates/fellows undergoing fellowship training.



Nor there is a very thin line determining Resident and Fellowship level skills. There is also lack of horizontal integration leads to scheduling conflicts, problems of resource allocation, and streamlining of educational content and needs of all stakeholders.



There is a need for integration of Orthopaedic Education in the Philippines if we want to be recognized as the sole association of Orthopaedic Surgeons recognized by the ASEAN, DOH, PRC, PMA, and PCS) to 'accredited' and 'certify' specialists and subspecialists in Orthopaedics.

There is a need to form an Orthopaedic Education Council who will be responsible in the following:

1. Formulation of orthopaedic education guidelines and standards in the Undergraduate (Medical School), Residency, Post-residency Fellowship, and Continuing Medical Education (CME) for Fellows.
2. Ensuring compliance with regulatory authorities,
3. Coordination and dissemination among stakeholder institutes, (e.g. providers and users, trainers and trainees)
 - To provide of orthopedic education initiatives in the country.
 - To integrate and align local education initiatives to regional and global standards
 - To assist the POA and PBO in the formulation implementation of established guidelines regarding Orthopedic education

- Paul Camiña




Table for Required Credit Units (CU) for PIC Renewal for the Transition Period (2017-2019)


PROGRAM / ACTIVITY	CREDIT UNITS	SUPPORTING DOCUMENTS
1. PROFESSIONAL TRACK (TRAINING OFFERED BY ACCREDITED CPD PROVIDERS, Face to Face / Online)		
1.1 PARTICIPANT	Approved credit units for the program	Certificate of attendance with number of hours, seminar program and list of participants
1.2 RESOURCE SPEAKER	3 CU per hour	Photocopy of certificate, copy of papers and program invitation
1.3 PANELIST / REACTOR	2 CU per hour	Certification from sponsoring organization, copy of program
1.4 FACILITATOR / MODERATOR	1 CU per hour	Certification from sponsoring organization, copy of program
1.5 MONITOR	Twice the number of approved credit units for the program	Monitoring report, certificate of appearance and the authority to monitor
1.6 IN-SERVICE TRAINING	Maximum of 20 cu for a 12-month period or a fraction thereof upon completion	Certificate of training and training description
2. ACADEMIC TRACK		
2.1 MASTER'S DEGREE OR EQUIVALENT	Full credit units for compliance period upon completion of degree	University certification / diploma and transcript of records (authenticated copy)
2.2 DOCTORATE DEGREE OR EQUIVALENT	Full Credit Units For Compliance Period Upon Completion Of Candidacy Full Credit Units For Compliance Period Upon Completion Of Degree	University certification / diploma and transcript of records (authenticated copy)
2.3 PROFESSIONAL CHAIR	15 CU per year	Certification of grant or appointment paper
2.4 RESIDENCY / EXTERNSHIP / SPECIALTY / SUBSPECIALTY PROGRAM	10 CU per year	Hospital certification, certificate of completion
2.5 FELLOWSHIP GRANT		
2.5.1 PARTICIPANT	2 CU per grant	Certification From The Granting Institution And / Or Certificate Of Fellowship
2.5.2 RESOURCE SPEAKER	4 CU per grant	
2.5.3 RESEARCHER	5 CU per grant	
2.6 POST GRADUATE DIPLOMA / CERTIFICATE	Maximum of 30 cu for an 18-month period or a fraction thereof upon completion	Diploma / Certification From The Institution
3. SELF-DIRECTED (TRAINING OFFERED BY NON-ACCREDITED CPD PROVIDERS, Face to Face / Online)		
3.1 PARTICIPANT	Credit units for the program as evaluated by the cpd council	Certificate of attendance with number of hours, seminar program and list of participants
3.2 RESOURCE SPEAKER	3 CU per hour	Photocopy of certificate, copy of papers and program invitation
3.3 PANELIST / REACTOR	2 CU per hour	Certification from sponsoring organization, copy of program
3.4 FACILITATOR / MODERATOR	1 CU per hour	Certification from sponsoring organization, copy of program
3.5 IN-SERVICE TRAINING	Maximum of 20 cu for a 12-month period or a fraction thereof upon completion	Certificate of training and training description
3.6 PROGRAM / TRAINING MODULE DEVELOPMENT	10 CU per module	Copy of module and evaluation
3.7 TECHNICAL PAPER	5 CU per technical paper	Certification of completion and approval For published paper, see 3.8

PROGRAM / ACTIVITY	CREDIT UNITS	SUPPORTING DOCUMENTS
3. SELF-DIRECTED (TRAINING OFFERED BY NON-ACCREDITED CPD PROVIDERS, Face to Face / Online)		
3.1 PARTICIPANT	Credit units for the program as evaluated by the cpd council	Certificate of attendance with number of hours, seminar program and list of participants
3.2 RESOURCE SPEAKER	3 CU per hour	Photocopy of certificate, copy of papers and program invitation
3.3 PANELIST / REACTOR	2 CU per hour	Certification from sponsoring organization, copy of program
3.4 FACILITATOR / MODERATOR	1 CU per hour	Certification from sponsoring organization, copy of program
3.5 IN-SERVICE TRAINING	Maximum of 20 cu for a 12-month period or a fraction thereof upon completion	Certificate of training and training description
3.6 PROGRAM / TRAINING MODULE DEVELOPMENT	10 CU per module	Copy of module and evaluation
3.7 TECHNICAL PAPER	5 CU per technical paper	Certification of completion and approval For published paper, see 3.8
3.8 ARTICLE PUBLISHED IN A REFEREED / PEER REVIEWED PROFESSION JOURNAL		
3.8.1 AUTHOR/S	Local/international 10 CU	Copy of published article and table of contents
	For multiple authors, divide cu equally among them	
3.8.2 PEER REVIEWER	2 CU PER ARTICLE	
3.9 PAMPHLET/ BOOK OR MONOGRAPH		
3.9.1 AUTHORS	20 CU for single author for pamphlet (less than 100 pages)/ 40 CU for single author for book or monograph (more than 100 pages)	Copy of published book
	For multiple authors, divide cu equally among them	
3.10 ARTICLE IN MAGAZINE / NEWSPAPER	Maximum of 5 cu per article, for multiple authors, divide cu equally among them.	Proof of publication of article
3.11 INVENTIONS	Full credit units for compliance period	Certified copy of patent certificate
3.12 STUDY TOURS / VISITS (MAXIMUM OF 20 CU / TOUR)	2 CU / day Certification from sponsoring institution	
3.13 CONSULTANCY (e.g. Technical Meetings / Accreditation and other activities as per request of an institution, etc.)	1 CU per hour	Certificate of appearance and invitation
3.14 SOCIO – CIVIC ACTIVITIES (e.g. Medical Missions, Outreach Programs, etc.)	1 CU per hour	Project proposal, report and photos
3.15 RECOGNITION / TITLE (e.g. Fellows, Hall of Fame Award, Outstanding Professional, Lifetime Achievement Awardee, etc.) (duly notarized)	Full credit units for compliance period	Copy of certification from the sponsoring body
4. SUCH OTHER ACTIVITIES TO BE RECOMMENDED BY THE CPD COUNCIL AND APPROVED BY THE BOARD AND THE COMMISSION		


For Chapters, Subspecialties and training programs who wish to apply for CPD Units, you may contact the POA Secretariat for assistance









PHILIPPINE ORTHOPAEDIC ASSOCIATION
SOUTH MINDANAO CHAPTER
and the
PHILIPPINE ORTHOPAEDIC ASSOCIATION, INC.



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The POA Research Committee is now accepting papers for the Residents' Research Forum & Free Paper Sessions for our 68th Annual Congress from Nov. 15, 18, 2017, EDSA Shangri-La Hotel, Mandaluyong City. For inquiries, please contact the POA Secretariat

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