

Ortho Balita



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#paalawan2016

The 26th POA Midyear Convention

Puerto Princesa, Palawan – It has been twelve years since the Philippine Orthopaedic Association has had its midyear convention in the one of the country's most scenic places. There has been clamor among many of our fellows to revisit this wonderful place and Palawan didn't disappoint.

The 26th POA Midyear Convention, whimsically entitled "Paasiklaban sa Paalawan" (note that this was not a typographical error) was held at the Aziza Paradise Hotel in the provincial capital of Palawan, Puerto Princesa. The theme of the event revolved around the emerging orthopedic specialty of Foot and Ankle Orthopedics. This was attended by a total of 456 registered delegates.

Scientific lectures and symposia featured many topics about foot and ankle pathologies commonly encountered by the general orthopedist in the clinics which included traumatic injuries from sprains and tendon dislocations, deformities ranging from clubfoot to hallux valgus, diseases of the limping child, orthotics, prosthetics and more. The hosts, the POA-South Luzon Chapter, with the help of the Philippine Orthopaedic Foot and Ankle Society, the Philippine Society for Pediatric Orthopedics and several foreign speakers, the organizing committee made sure that the delegates were treated to a wealth of new knowledge and insights into this emerging specialty.

Staying true to its reputation of being family-oriented, the POA - South Luzon Chapter saw to it that there would be time for spending with the family, too. Besides, this is Palawan! So, to

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AOA 2016 Meeting Highlights



AOA Annual Convention 2017: Prof. Ellewellyn G. Pasion with Vietnam Orthopaedic Association's (VOA) Prof. Nguyen Van Thach (President) and Dr. Tien Nguyen Le Bao hailing the AOA Flag as a symbol for VOA accepting to host the AOA Annual Convention 2017 in Vietnam on October 6-8.



AOA Junior Travelling Fellows 2016: (From left) Drs. Chat Sumananont (Thailand), William Chandra (Indonesia), Nur Sabrina Bt Abdul Ghani (Malaysia), Tun Tun Lin (Myanmar) & Jesse James F. Exaltacion (Philippines)



A scene taken during the AOA Education Committee Meeting presided by AOA Secretary General, Prof. Ellewellyn G. Pasion last Oct. 6, 2016 at the Chiang Mai Exhibition and Convention Center.

The next AOA Education Council Meeting will be held here in the Philippines during the 67th Annual Congress at the EDSA Shangri-la Hotel from 9:30 am - 3:00 pm, Nov. 16, 2016 at the Kamia Room. All countries have their own representatives attending this meeting. Prof. Lee Eng Hin, AOA Education Committee Chairman, will be presiding.



AOA Senior Travelling Fellows 2016: (From left) Prof. Naresh Kumar (Singapore), Aung Min (Myanmar), Prof. Zairin Noor (Indonesia), Dr. Roshan Gunalan (Malaysia), Dr. Leslie M. Reyes (Philippines) & Dr. Satapong Pisutthanakan. Not in pictures - joined the 2nd leg: Dr. Hon Keong Leow (Malaysia) & Dr. Poon Kein Boon (Singapore)

Interested Fellows who would like to apply for the AOA Senior/Junior Travelling Fellowship program may contact the POA Secretariat.



Attendees to the 2nd AOA Council Meeting 2016 held at the Chiang Mai Exhibition and Convention Center, Malaysia: Standing from left - Dr. Miles T. Dela Rosa, Dr. Paul Cesar N. San Pedro, Prof. Manoj Chantarasorn, Dr. Tien Nguyen Le Bao, Prof. Kamarul Ariffin Khalid, Dr. Luthfi Gatam, Dr. Ian Stewart, A/Prof. Inderjeet Singh, Dr. Azmi Baharudin, Dr. Abdul Rashid, Prof. Maung Mg Htwe & Guest Prof. Sok Buntha from Cambodia. Seated from left - Dr. Peter Lee, Prof. Banchong Mahaisavariya, Prof. Sukit Saengnipanthkul (Incoming President), Low Yin Peng (Outgoing President), Prof. Ellewellyn G. Pasion (Secretary General), Prof. Saw Aik & Dr. Julyn Aguilar. Picture taken just after the AOA Council Meeting at the Chiang Mai Exhibition and Convention Center last Oct. 7, 2016.

POA Joins APEC Business Ethics Initiative

POA was given the honor of being designated an official seat alongside other regional leaders in the 2016 APEC Business Ethics Forum held in Lima, Peru on 5-6 September 2016. Dr. Julyn Aguilar, current POA President, was the official POA Representative. The Forum included a training workshop on the implementation of codes of ethics aligned with the APEC Principles of Voluntary Codes of Business Ethics in the Medical Device Sector (The Kuala Lumpur Principles) as well as a high-level plenary session where senior leaders from medical device industry associations and companies, healthcare professional organizations (POA included) and patient groups, government and other important stakeholders from across the APEC (Asia-Pacific Economic Cooperation) member economies discussed their respective roles in building and sustaining an ethical environment in the medical device and biopharmaceutical sectors. At the conclusion of the forum, POA was officially paired with the Australian Orthopaedic Association and tasked to formulate methods of enhancing bilateral cooperation between paired economies to strengthen ethical business practices in their respective medical device and biopharmaceutical sectors. The report of each paired economies will be presented in the next APEC Business Ethics for SMEs Forum that will be held in Vietnam in 2017. It is indeed a great honor and privilege for POA to be an active contributor to this very important business ethics initiative.

What is the Mexico City Principles?

The Mexico City Principles (MCP), was an initiative of the Asia Pacific Economic Cooperation (APEC) for small and medium enterprises (SMEs) endorsed by the APEC Ministers during their Ministerial Meeting in Hawaii in 2011. This is a Code of Ethics that defines how companies in the biopharmaceutical sector shall market, distribute, promote and advertise their products. These companies must adhere to the highest standards of ethical practice and ensure that all interactions with the healthcare professionals are governed by their mutual desire to address solely the patients' medical needs.

What is the Kuala Lumpur Principles?

The Kuala Lumpur Principles, was an initiative of the Asia Pacific Economic Cooperation (APEC) for small and medium enterprises (SMEs) endorsed by the APEC



Philippine Delegation from left: Ma. Lourdes Santiago (Director-General, FDA); Beau Agana (President/CEO, Pharex Health Corp); Reiner Gloor (Advisor, PHAP); Rhoel Laderas (President, PAMDRAP); Gov. Roberto Pagdanganan (Chairman, MeTA Philippines)

Not in picture: Dr. Kenneth Hartigan-Go (Vice President, PCP and Dr. Julyn Aguilar (President, POA)



APEC 2016 Business Ethics for SMEs Forum high-level plenary session discussion where POA was officially designated a seat together with other regional leaders

Ministers during their Ministerial Meeting in Hawaii in 2011. This is a Code of Ethics that promotes ethical interactions between medical device and diagnostics companies and Healthcare Professionals (HCPs). It is intended to ensure that marketing practices adhere to the principles of integrity, independence, appropriateness, transparency and advancement among medical device manufacturers, distributors and other regulated establishments marketing medical technologies. Besides establishing ethical practices among industry, healthcare professionals and regulators, it assures that patient safety is the prime consideration in the selection and use of these products.

What is the DOH Administrative Order No. 2015-0053?

This is the Implementing Guidelines for the Promotion and Marketing of Prescription Pharmaceutical Products and Medical Devices. The Administrative Order was issued last 15 December 2015 by then Secretary of Health Dr. Janette Loreto-Grin. It is the implementing rules and regulation developed by DOH to further strengthen the adoption in the Philippines of the Mexico City Principles and the Kuala Lumpur Principles Codes of Ethics. It contains the DOH prescribed standards, guidelines, and regulations with respect to information dissemination, advertisements, promotion, sponsorship, and other marketing activities

and instruments about prescription pharmaceutical products and medical devices with the end goal of improving and promoting their rational use and safeguarding patient rights and welfare.

The AO contains provisions on sponsorships by companies (PPPMD) of health care professionals (HCPs) like the following:

- To ensure appropriate focus on education and informational exchange and to avoid the appearance of impropriety, PPPMD companies shall not provide any form of entertainment that would incur expenses for recreational items, such as tickets to the theater or sporting events, sporting equipment, or leisure or vacation trips, to any health care professional
- Entertainment or recreational benefits shall not be offered, regardless of (1) the value of the items; (2) whether the Company engages the health care professional as a speaker or consultant, or (3) whether the entertainment or recreation is secondary to an educational purpose

Outcome Based Education (OBE) in Orthopedic Training Updates

Today we are aware that outcome based education (OBE) has been mandated by our government to be the curriculum format for residency training programs (RTP), and thus should be used for accreditation of the different specialties in Medicine. The government through the PRC Board of Medicine (PRCBM) in collaboration with PMA, has met with the different medical societies and medical institutions, and has informed us of the current national policy on adopting the concept of OBE in setting up residency training programs. We have learned that RTPs is considered as a type of a structured continuing professional development (CPD) of medical professional, which would be categorized to belong to the highest level, Level 8 in the Philippine Qualification Framework (PQF). The PQF which has been officially institutionalized by Pres. B. Aquino, is basically a national policy that categorizes all educational achievements in the country into 8 levels, and is in turn used to categorize all Philippine professionals with the ASEAN Qualification Reference (AQR). The AQR in turn harmonizes all professional qualifications among ASEAN member nations, by the creation of an ASEAN standardized reference for the different professionals of the ASEAN. All these initiatives are being done for a regionalized



Drs. Paul Camiña, Julyn Aguilar, Art Cañete & JP Leung during the PRC BOM Curriculum meeting at the PMA Auditorium last Aug. 16, 2016

strengthening of the ASEAN Economic Community (AEC), allowing in the future mobility of all professionals of member nations within the community.

Currently PRCBM has given us a template for a standardized OBE formatted curriculum and is mandating all medical specialties to follow it and we were scheduled to submit it and report each by groups, in order to learn from each other. PBO has submitted and reported our own, however we still have to improve on it by a more detailed OBE curriculum on the different subspecialties and present this to the body (PBO membership, and training programs). PBO has created an OBE Task Force who is working on the detailed cur-

riculum following the PRC template, and we plan to finish this project to be able to present this to the body during the annual convention for comments and suggestion. We have to acknowledge the help of PCS in this project for it was them who have also organized prior to the PRC initiatives a series of workshops so that all subspecialties will learn the OBE format, assessment methods, and creating a standardized surgical curriculum, which we followed in our report to PRC. On behalf of PBO, I would like to thank all the members of the OBE Task Force for sacrificing their time to this collaboration, the outcome of which may well be beyond our times.

- Art Cañete

POA Joins APEC...

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- PPPMD Companies are prohibited from paying any travel sponsorship, meals, or other expenses of accompanying guests or family members of HCPs.
- Gifts or personal services and benefits unrelated to the work of the HCP shall not be provided by any PPPMD company representative to a health care professional or members of their families
- Giving out of any item which does not have any direct patient benefit or is not related to the work of the HCP shall not be permitted
- PPPMD companies may occasionally provide items of medical utility to HCPs such as textbooks, subscriptions to medical journals or anatomical models which benefit patients or serve a genuine educational function for the HCP.

Items of medical utility should be modest.

(Copy of the full provisions of the Administrative Order can be requested from the POA Secretariat)

- Julyn Aguilar



APEC Business Ethics Paired Economies, Philippines and Australia represented by Gov. Obet Pagdanganan (Head, Philippine Delegation) and Dr. Ted Mah (Past President, Asia Pacific Orthopaedic Association)



Dr. Julyn Aguilar, POA Representative together with Gov. Obet Pagdanganan, Chairman of Medicines Transparency Alliance (MeTA) Philippines

POA Holds 3rd EBO Workshop

In line with the POA's commitment to its fellows, the 3rd Evidence Based Orthopedics [EBO] workshop was held at the Novotel Suites in Cubao, Quezon City from 8am to 5 pm last August 6- 2016.

fellows, which will aid them in analyzing and appraising journals that will guide them in research and clinical decision

making in their practice. This activity was sponsored by MSD.

-Peter Bernardo

There were a total of 24 participants from the different chapters and NCR. This year's workshop was again facilitated by Dr Emmanuel Estella, Dr Tammy De La Rosa, and Dr Nathaniel Orillaza, all POA fellows.

Topics included [1] formulating a research question, [2] appraisal of RCT and meta-analysis articles, and tips and pearls facilitating easy literature search using PUBMED and Trip Database.

This CME program was geared for the



POA 2016 Foundation Day Activity

The Philippine Orthopaedic Association, on its 3rd Foundation Day last December 11, 2015, was given a wonderful opportunity to develop its 2nd playground project for the under privileged street children.

many other illegal activities. It also provides for a normal and safe environment, which is always supervised by Father Boyet and his staff of volunteers.

The "Bahay at Yaman Ni San Martin De Porres" is an institution located in Bustos Bulacan that houses 189 Street children and less fortunate youth. The institution was founded by a Catholic priest, Father Florentino Concepcion, fondly called Father Boyet by everyone. He has envisioned a haven for these 9-20 years old children who previously were trying to survive in the harsh environment of the street. By way of a Holistic approach for the development of these children, the institution provides for both educational, religious, and a proper character development so that they may grow up to become a responsible members of our society

When we visited the place last December 2015, there were unfinished structures intended for the playground of the children. We were then given the opportunity to add some features and help develop the place.

The POA has donated the funds for the construction of additional structures in the playground for this purpose. Volunteers and workers have used high grade materials, as well as recycled tires to construct several playground structures such as monkey bars, seesaw, rope climbing frame, a swing set, and a big slide which is presently under construction. Part of the funds was used to finish the bike lane that runs as an oval that circles the entire field. Hopefully, with the help of other donors, the whole playground complex, which is around 1,500 square meters, will be completed in a few more months.

The playground is a way for these children to divest all of their negative energy into something worthwhile and enjoyable instead of being idle and resort into drugs and



The children of "Bahay at Yaman ni San Martin De Porres" are very grateful for the help that the POA has extended to them. In showing their appreciation, they sent us a card they made themselves that expressed their heartfelt thank you to the POA with dedications and their individual signatures.

-Gie Cabling



Shining Stars of POA *(by Dr. Julyn Aguilar)*

DR. EDGAR MICHAEL EUFEMIO: *Winner, PMA Award for Contribution to Modern Medicine*

He was already an enterprising achiever even as a young orthopaedic resident at Philippine General Hospital. He continued to shine further as he started his clinical practice in orthopaedic surgery specializing in sports medicine. He naturally became a trailblazer in his chosen field. In 2008, he developed the “implant-less anterior cruciate ligament (ACL) reconstruction” procedure that allowed indigent athletes with ACL injury to still pursue their dreams. In 2014 he created the “Fitness Quotient Test” which is a locally designed examination that helps identify promising elite level athletes at an early age.

For his innovative contributions in advancing the field of sports medicine in the Philippines, Dr. Eufemio was conferred the PMA Award for Contribution to Modern Medicine on 20 May 2016 during the 109th PMA Annual Convention held at Cebu City.



Debonair Dr. Gar with his PMA Award for Contribution to Modern Medicine plaque

Our heartfelt congratulations, Dr. Gar, for such immense contributions! May the pioneering force continue to be with you.



Dr. Gar Eufemio posing with PMA Past President Calimag and other PMA Officers after receiving the PMA Award for Contribution to Modern Medicine

DR. MICHAEL MUÑOZ: *Grand Prize Winner, 13th PMA Singing Physician Contest*

We have heard his impassioned a cappella rendition of the Philippine National Anthem during previous Opening Ceremonies of the POA Annual Congress. We knew then that we have a “star” in our midst.

And as expected, our local star became a “national star” on 19 Sep. 2016 when he bested 14 other contenders coming from all over the Philippines and won the Grand Prize of the 13th PMA Singing Physician Contest. This was a solo singing contest open to all PMA members in good standing conducted by PMA as part of its 53rd National Medicine Week Celebration.

Congratulations from your POA Family, Dr. Munoz! May your golden voice continue to soothe our troubled hearts.



DR. JEWEL SADIANG-ABAY: *Winner, Lester Lowe SICOT Awards for 2016*

She is one of the few female doctors who made it into the orthopaedic residency training program of the Philippine Orthopaedic Center. Early on she already exuded star quality in the field of research. She has produced and successfully presented good quality research paper even as a first year orthopaedic resident. Her hard work paid off when she won the prestigious Lester Lowe SICOT Awards for 2016 besting other contenders from all over the world. Two awards are granted by SICOT to two young orthopaedic surgeons for best poster to help them attend the meeting and encourage submission of poster presentations. Dr. Sadiang-Abay won one of the awards while the other award was granted to Dr. Dushan Thavarajah of the United Kingdom.

Congratulations, Dr. Sadiang-Abay for producing a world-class research paper. May your research skills continue to flourish.



Dr. Jewel Sadiang-Abay poses with Prof. S. Rajasekaran, SICOT President



Dr. Jewel Sadiang-Abay receives the SICOT Lester Lowe Awards during the 37th Orthopaedic Congress of SICOT held in Rome, Italy

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strike a balance between the main task of continuing medical education in orthopedics and enjoying what Palawan could offer, the scientific meetings were held in the mornings, making the afternoons free for the delegates to spend time with their families to enjoy Palawan.

The 26th POA Midyear organizing committee was headed by the South Luzon Chapter President, Dr. Albert Faller, Jr. with Dr. Abundio Celera as the honorary chairman. The rest of the members are as follows:

- | | |
|--|---|
| Abundio Celera Jr. | Honorary Chairman |
| Albert Faller, Jr. | Overall Chairman |
| Lendell Gatchalian | Secretary and Invitations |
| Ilustre Guloy, Jr. &
Ernesto Tenorio, Jr. | Scientific Program |
| Joaquin Pandanan | Treasurer, Opening and Closing Programs |
| Roberto Gabriel Lopez | Souvenir Program and Documentation |
| Ramon Anatallio III | Hospitality and Fellowship Night |
| Joaquin Pandanan | Accommodation and Transport/Shuttle |
| Ariel Sandoval | Sports; POASL Band Leader |
| Gerard Catacutan | Security |
| Rey-ann Garcia | Exhibit Booth and Physical Arrangement |
| Marcelino Cadag | Publicity and Registration |
| Anthony Toquilar | Ways and Means |

Sports: Three-on-three Basketball: A three-on-three basketball tournament was organized participated in by representatives of most orthopedic training institutions and some chapter representatives. This was held on April 7, 2016 at a nearby barangay basketball court that was repainted and refurbished by the chapter as a way of reaching out to the community.

There were a total of twelve competing teams who fought gallantly not just for the trophy but, more importantly, bragging rights of being champions for the first of its kind sporting event. In the end, the team from the University of Santo Tomas emerged victorious!

In the end, the event was able to meet the objectives of promoting sports and healthy lifestyle, fostering friendly competition, solidifying camaraderie and reaching out to the community by showing that orthopedic surgeons like us are no different from everyone else especially when it comes to the “love of the game”.

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Fellowship Night: Work hard, play harder!

One thing that we orthopods are known for is that we know how to party after a long day's work. The delegates were treated to two parties: one on the opening night and one during the fellowship banquet on the 2nd night of the convention.

The welcoming party was held at Aziza Paradise Hotel's Voda Bar on April 6, 2016. Filled to the brim, the delegates were treated to cocktails and overflowing drinks. They were also entertained by live band performances including the POA-South Luzon Chapter's own "Modified Tension Band". Members included: Ramon Anatolio III (singer/rapper), Rey-Ann Garcia (singer), Michael Munoz (singer), Lendell Gatchalian (lead guitar), Ricardo Liwag (rhythm guitar), Paul Atienza (keyboards), Ariel Sandoval (bass guitar), and Marcelino Cadag (drums). Other delegates also participated in the singing and jammed with the band showcasing their talents and performing on stage in front of a live (orthopedic) audience.



It was also during this time that the new set of POA-South Luzon Chapter officers took their oath of office and was officially sworn in.

The fellowship banquet, held at the Blu Palawan resort on the 7th of April 2016 was themed: "Under the Reggae Moon". The delegates were asked to bring their families to the event. Again, the Modified Tension Band was there to play along with the venue's resident band, along with surprise performers from the children of the POA-SL chapter.

It was a well-attended midyear convention this year and the POA-South Luzon Chapter is grateful to those who have accepted our invitation and participated to make this event a success.

PROJECT: HASHTAG
#paalawan2016

Photographs lifted from social media with the hashtag "#paalawan2016"



Photographs lifted from social media with the hashtag "#paalawan2016"

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3rd UP-PGH OrthoRocks

The Department of Orthopedics, University of the Philippines – Philippine General Hospital, held its 3rd Orthopedics: A Review of Core Knowledge or OrthoRoCKs at the Crowne Plaza Galleria in Ortigas

last June 25-26, 2016. A diverse selection of orthopedic conditions were presented, highlighting both basic knowledge and advancements in their diagnosis and treatment. Unique to this year's OrthoRoCKs was an online examination complete with references to all choices and correct answers. This type of exam was designed to address the need to further broaden the

scope of the curriculum to include topics that would not be discussed during the actual event. And as OrthoRoCKs has continued to strive to deliver an improved course from year to year, watch out for the next installment, for it will surely be bigger and better.

- Dalo Sumpaico & Karla Araneta

 The Department of Orthopedics
Philippine General Hospital

OrthoRoCKs

Orthopedics: A Review of Core Knowledge

Arthroplasty | Basic Science | General Orthopedics
Hand and Microsurgery | Upper and Lower Extremity Trauma
Musculoskeletal Tumors | Pediatric Orthopedics
Spine | Sports Medicine

The Crowne Plaza Manila Galleria | Ortigas Avenue
24 | 25 June 2016



Feature Article:

Street Photography by Dr. Kups



Dr. Copernico J. Villaruel, Jr. is a retired Professor of the University of the Philippines (PGH) College of Medicine, at one time served as training officer of the Department of Orthopedics of PGH and chairman of the Department of Orthopedics of the Manila Doctors Hospital. Among his many achievements, though in his day job, the ones he is most proud of are from the other hat he wears. He has been an avid photographer for decades and is quite partial to the spontaneity of street photography and to capturing emotion in his portraiture. He was awarded for his efforts twice, first in October 2006 and then on December 2001 as an Outstanding Artist of UP Manila.

He also garnered recognition for his keen eye first locally when he had a one-man exhibit of photographs at the Ayala Museum on November of 1996 and then internationally when he had another one-man exhibit, this time at the Philippine Center in New York City on Sep. 2001 then another as part of a group of exhibitors on 2015. Dr. Villaruel is a member of the Society of Philippine American Artists based in New York City since 1975.

- Dave Anthony Dizon



"Street Photography" with a Point and Shoot Camera
Dr. Kups Villaruel
Date: September 8-19, 2014
Philippine Center of New York



© Copernico jr. Villaruel

© Copernico jr. Villaruel

Feature Article: Family Matters

A new perspective on the events of the POA

I have only been in an operating room only a few times in my life. During the last (and hopefully my final) one I was in the operating room in the Makati Medical Center, producing a shoot where I had a surgeon and a couple of nurses as my models. The room was clean to the point that there was no character—cold and uninviting—and no particular smell wafted in the air. Without the virtue of duty, how could medical personnel stay in these rooms, let alone perform and accomplish what they do best?

Once the shoot began I found my answer: the almost transparent blue room suddenly bloomed to life once the doctor opened his mouth. From jokes to antics to anecdotes, everyone in the room were all smiles for the entirety of the shoot. I would imagine in the operating room the same mood would perpetuate lest tensions get high. And if doctors had this character within them towards strangers, what more to family and comrades?

My father, Dr. Abundio Celera, takes us on out-of-town trips branded as a weekend getaway for the family. Laguna, Cebu, Dumaguete: you name it, our family has been there to enjoy a little respite from the hustle and bustle of our daily lives. To my initial surprise these little vanishing acts, preparation and all, were in fact part of my father's daily life as a member of the Philippine Orthopaedic Association. Most of these trips were branded as a getaway with maybe a little sun, a little sand, and a little water, but almost all of these trips had discussions and lectures included. We would go out for activities in the morning—outdoor activities we normally didn't do at home—and in the afternoon, even after the sun sets, my father and the rest of the doctors would retreat to round tables and Powerpoint presentations to do a little bit of shop talk. Sometimes the lectures would be in between these activities

but as a participant towards the fun half I could hardly notice. Only when my father would tell us he would go downstairs from the hotel room to give or hear a talk would we come to our senses.

Of what came first between the two when it came to preparation didn't matter, the events treated both segments equally. By this I mean no matter how wild and fun the activities were or how deep the words were being said in the lectures, there is a certain harmony, a certain flow that at the end of the day everyone who joined went home happy. Could one exist without the other in these kinds of organized events for it to be successful? My guess would be that yes, lectures could be left as lectures and fun time be left to its own devices for another day, but putting the two together the overall feel, for the lack of better words, feels oddly holistic and natural.

I don't think there is a part in the Hippocratic Oath for doctors to spend time with family, but the initiative to include family members in the activities of a doctors' association doesn't seem that all farfetched. In fact, coming from a family member, it is better for both doctor and family to enjoy activities that technically counts as working from home. As operations and patient visits eat up my father's nights and weekdays, these events try to take that time back.



From left- Carl Cedric (future Orthoped), Dr Jun Celera and Lex

I look back at the operating rooms I have been in and I am reminded of the hours doctors have spent in such cold places. It's comforting to think that when they get back home beside their loved ones, they will feel warmth before they return. I am glad these events from the POA consider family members in their activities. Bonding becomes much easier, and maybe for just a short while we can peer into the rigor that their job demands, and their refusal to turn the career path they chose to be a lonely one by considering family as their companions.

- Lex Celera

Son of Drs. Abundio & Rebecca Celera, 22 years old and a graduate of BS Interdisciplinary Studies, Major in Literature and Psychology at the Ateneo de Manila University. He is currently an editorial assistant for Scout Magazine and a freelance social media consultant and writer



Basic Hand and Wrist Splinting Workshop

Not familiar with the different hand and wrist splints? Not confident making one yourself? Worry no more!

The Association of Hand Surgeons of the Philippines (AHSP), in collaboration with the Association of Hand Therapists of the Philippines (AHTP), will be conducting Basic Hand and Wrist-Splinting Workshop on November 19, Saturday, 8-12nn, the last day of the 67th POA Annual Convention at the EDSA Shangri-La Hotel. The basic principles, different designs and their indications, and actual fabrication of thermoplastic splints will highlight the activity. Experienced and knowledgeable speakers

and facilitators from both the Hand Surgeons and Therapists Societies will lead the event. There will be no registration fees and only limited participants can be accommodated. For reservations, kindly get in touch with the POA secretariat.

Grab this opportunity and register now!
-David Alagar

The Association Of Hand Surgeons of the Philippines
In collaboration with
The Society of Hand Therapists of the Philippines
will conduct a

Basic Hand & Wrist Splinting Workshop

November 19, 2016, 8:00 - 12 nn
Boracay Function Room, EDSA Shangri-La Hotel
67th POA Annual Convention

In cooperation with: Fairbright Enterprises, Inc.

Admission is free
Limited participants
Contact POA Secretariat for reservation
(02) 667-3926, 667-3946

2017 APFSSH Congress in Cebu!

The Association of Hand Surgeons of the Philippines (AHSP) will be hosting the 11th Congress of the Asia Pacific Federation of Societies for Surgery of the Hand (APFSSH) on November 7-10, 2017, at the Radisson Blu Hotel in Cebu City. This is a highly prestigious and well-attended international hand meeting held every 3 years in the region. A sizeable number of local and foreign participants are expected to come for the interesting scientific program and the high caliber speakers invited from North America and Asia Pacific. Among the luminaries who have confirmed their attendance are Scott Kozin, Diego Fernandez, Peter Stern, Marc Elias-Garcia, and Donald LaLonde.

Congress President, Dr Emmanuel Estrella, the Congress Secretary General and Dr. Tammy L. Dela Rosa, the Chairman of the Organizing Committee. Cebu with its enchanting and relaxing scenery and friendly people will surely provide this pleasant and unforgettable experience.

Incorporated in this congress is the 7th Meeting of the Asia Pacific Federation of Societies for Hand Therapists. Our very own therapists will host and attend to their counterparts coming from the region.

The organizing committee continues to invite pharmaceutical and inplant industry partners to support this major event. This will be another opportunity to collaborate towards a common passion and commitment to excellent orthopedic care. For more details, please get in touch with your friendly hand surgeon in your hospital or chapter society.

-David Alagar

WE INVITE YOU TO THE
11th APFSSH CONGRESS
Asian Pacific Federation of Societies for Surgery of the Hand

7TH APFSHT MEETING
Asian Pacific Federation of Societies for Hand Therapists

November 7-10, 2017
Radisson Blu Hotel | Cebu City, Philippines

Secretariat:
Advertising Services & Promotions
7th Floor Ayala Life-FGU Center,
Cebu Business Park, Cebu City
Telephone: (03-32) 232-8518 to 19

2017

27th POA MIDYEAR

IT'S MORE BONES IN DABAW

PHILIPPINE ORTHOPAEDIC ASSOCIATION
SOUTH MINDANAO CHAPTER

DAVAO LIFE IS HERE

May 3-6, 2017, SMX Convention Center, Davao City
Accredited hotels: Marco Polo Hotel, Park Inn by Radisson, Seda Hotel & Hotel Tropika

Ortho Balita

Ortho Balita
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Trustee in Charge
David Alagar

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