





UCMed is the official partner hospital of the

# 28th POA Midyear Convention: Updates on Emerging Techniques.

(Live Streaming Course)

Surgery demonstration by experts will be live-streamed from UCMed O.R. to Radisson Blu Hotel on April 4-7, 2018.

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# POA 28th Midyear Convention Souvenir Program

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#### MALACAÑAN PALACE MANILA

My warmest greetings to the Philippine Orthopaedic Association, Inc. as it holds its Annual Midyear Convention, hosted by the Central Eastern Visayas Chapter.

I commend the organization for its enduring dedication to the continuing development of orthopaedic medicine in the country. The work you do is crucial to the advancement of your field of expertise and to the overall progress of our healthcare system.

May the exchange of valuable insights and information between experts and stakeholders strengthen their commitment to the realization of a dynamic and responsible medical care through this important specialty. I trust that our practitioners will remain our partners in the task of improving patient care by upholding excellence and integrity in your profession.

It is my hope that our people's well-being will inspire you to raise the level of knowledge and awareness on the importance of orthopaedic medicine. Together, let us work hard in ensuring that Filipinos get the quality treatment and service they deserve towards a healthier and more robust citizenry.

I wish you a successful event.

RODRIGO ROA DUTERTE

MANILA 4 April 2018

THE PRESIDENT OF THE PHILIPPINES





#### Republic of the Philippines Department of Health OFFICE OF THE SECRETARY

#### MESSAGE

My sincere greetings to the officers and members of the Philippine Orthopaedic Association, Inc. (POA) on the holding of your Annual Midyear Convention. Congratulations to the POA Central Visayas Chapter for hosting this event.

I commend the holding of this midyear event as it manifests your commitment to further enhance the standards of your expertise in the diagnosis and management of bone and muscle problems, thereby attaining better outcomes among your patients.

We are one with you in wanting better health outcomes for our countrymen. The revitalized Philippine health sector agenda, now called FOURmula One Plus, puts our people at the top of everything that we do in the DOH. Being the primary steward of the nation's health, we believe that our success can only be measured by the well-being of our fellow Filipinos and how well the health system responds to their needs.

As the Department of Health gears toward this direction, we look forward to having the Philippine Orthopaedic Association, Inc. as a partner in providing better health outcomes to all Filipinos, making every Filipino a healthy and productive citizen.

May this event be an opportunity for all its participants to forge better partnerships and strengthen cooperation with allied professionals to improve outcomes in sports injuries, broken bones, joint problems, congenital or degenerative conditions, and other orthopaedic problems in the country.

Congratulations and Mabuhay!

DR. FRANCISCO T. DUQUE III, MSc. Secretary of Health

Building 1, San Lazaro Compound, Rizal Avenue, Sta. Cruz, 1003 Manila ◆ Trunk Line 651-7800 local 1113, 1108, 1135 Direct Line: 711-9502; 711-9503 Fax: 743-1829 ◆ URL: http://www.doh.gov.ph; e-mail: flduque@doh.gov.ph





Dear colleagues, sponsors and guests,

Welcome to the 28th midyear convention of the Phil. Orthopedic Association in this wonderful City of Cebu! The CEV Chapter has made this meeting a wonderful opportunity for learning and a chance to rekindle ties with friends and create new ones. Bonding with family members is an integral part of a midyear meeting and Cebu is perfect for the family oriented orthopod that we are.

Congratulations to the CEV Chapter organizing committee and members for this excellent meeting!

Yours truly,

CEASAR'S. GREY, MD, FPOA

President

Philippine Orthopaedic Association, Inc.





#### Dear Friends and Colleagues,

On behalf of the Central Eastern Visayas Chapter of the Philippine Orthopaedic Association, we would like to welcome you to the 28th Midyear Convention. This year's theme, "Updates on Emerging Techniques" aims to tackle real challenges the Filipino orthopaedic surgeon faces in their daily practice.

To continue providing a world-class meeting with the best educational value, we are excited to demonstrate eight (8) surgical procedures via live streaming from University of Cebu Medical Center, our official partner hospital. Our goal is to equip orthopaedic surgeons with the latest knowledge and skills necessary in improving patient outcomes.

We encourage all delegates to engage in the interactive and innovative program we have planned. The success of this conference depends on your active participation and commitment to improve your surgical skills and subsequently improve the care of your patients.

We hope that you will also take the opportunity to explore and our wonderful city after the conference.

With warmest personal regards

POA-CEV 28th Midyear Convention Organizing Committee



# Republic of the Philippines Province of Cebu OFFICE OF THE GOVERNOR

#### MESSAGE

My warmest and sincerest greetings to the Philippine Orthopaedic Association (POA) as you hold your  $28^{\rm th}$  Midyear Convention.

The future of our medical landscape is determined by the enthusiasm of its practitioners to continuously partake in scientific gatherings and discourse to enhance their knowledge, sharpen their skills and broaden their perspectives.

May this convention of orthopaedics be blessed with enlightenment so that the sharing and exchange of ideas, research outputs and best practices would redound to the benefit of the people who need better health care.

To the distinguished guests, delegates and participants, may your stay in Cebu be enjoyable and memorable.

I wish you a productive and memorable gathering.

Welcome to Cebu.

The Provincial Capitol, Cebu City, March 06, 2018.



HILARIO P. DAVIDE III





City of Cebu Republic of the Philippines

February 8, 2018

#### MESSAGE

In behalf of the City of Cebu, it is with great pride and privilege to send my warmest congratulations to the officers and members of the Philippine Orthopaedic Association as they hold its 28<sup>th</sup> POA Midyear Convention.

I commend you on your chosen theme for this year's event, "Emerging Techniques and Updates as it is indeed the call of the times. It is important to always strive for excellence and to always find a better way.

I wish you all for a very successful celebration and may you have a grand and memorable time in Cebu, the Queen City of the South.

Cheers!

TOMAS'R. OSMEÑA

Mayor

"Tomorrow must be better than Today."





#### ~ MESSAGE ~

It is an honor to express my warmest welcome to the members of the Philippine Orthopaedic Association (POA) and my appreciation for the privilege of gracing this 20th POA Midyear Convention.

I am confident that this assembly holds the key to gain better understanding of the purpose of the POA and will provide updates on the techniques and the latest skills to be acquired in order to cope up with challenges in the field and to improve outcome for the sake of your clients. Likewise, we give due recognition to your unwavering commitment to fuel growth and strengthen members' empowerment and dedication as reflected in the theme, "Emerging Techniques and Updates."

The City of Mandaue holds in great esteem your achievements over the years and presents its appreciation for your unrelenting cooperation given to all your partners and for your contribution to economic growth as well as the maintenance of people's health and wellbeing. You are definitely a great help in giving everyone an equal chance to enjoy life to the fullest.

As this day continues to progress, I am confident that all efforts will surely lead to a successful gathering.

Daghang Salamat.

GABRIEL LUIS R. QUISUMBING
City Mayor



#### Republic of the Philippines Department of Health OFFICE OF THE SECRETARY

26 February 2018

DEPARTMENT CIRCULAR No. 2018 - 0055

FOR:

ALL UNDERSECRETARIES; ASSISTANT SECRETARIES; DIRECTORS OF BUREAUS, REGIONAL OFFICES AND SERVICES; EXECUTIVE DIRECTORS OF SPECIALTY HOSPITALS; CHIEFS OF MEDICAL CENTERS, HOSPITALS, SANITARIA AND INSTITUTES; AND OTHERS CONCERNED

SUBJECT

Annual Midyear Convention of the Philippine Orthopaedic Association Inc. on April 4-7, 2018 at the Radisson Blu Hotel, Cebu

City

The Philippine Orthopaedic Association Inc. will be holding its Annual Midyear Convention on April 4-7, 2018 at the Radisson Blu Hotel, Cebu City with the theme "Emerging Techniques & Updates."

Attendance of concerned DOH employees to the said activity shall be on **Official Time**, and at no expense to the government except salaries.

All other transactions shall be in accordance with Department Order No. 2007-0053 "Guidelines on the Attendance to Conventions/Seminars/Conference and Similar Human Resource Development Activities Outside of the Department of Health" and "DO No. 2014-0094 Guidelines on the Allowable Rates of Payment for Human Resource Development Activities."

Attached is the letter of invitation with other details for your ready reference.

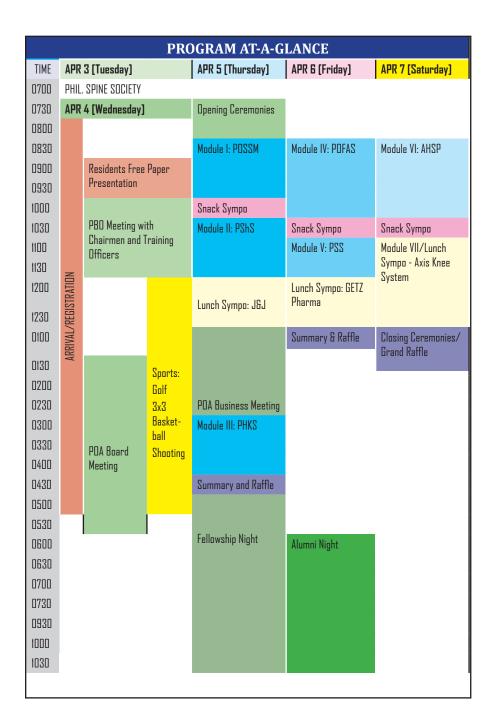
Dissemination of the information to all concerned is requested.

By Authority of the Secretary of Health:

ROGER P. TONG AN, DMPA, MAN, RN

Undersecretary of Health Office for Health Service Development

emr-POAI-02-187



#### APRIL 3 (Tuesday)

8:00am-5:00pm Philippine Spine Society: Spine Injections Workshop University of Cebu Medical Center Moderator: Dr. Pierre M. Mella

#### APRIL 4 (Wednesday)

8:00am-5:00pm	Arrival/Registration [Radisson Blu Hotel/Bai Hotel]
9:00-11:00 am	Residents Free Paper Presentation
	Moderator Dr. Oliver Y. Ong
	[San Martin, Radisson Blu Hotel]
10:00-12:00	PBO Meeting with Chairmen and Training Officers
	[San Martin, Radisson Blu Hotel]
3:00-6:00	POA Board Meeting
	[San Martin, Radisson Blu Hotel]
12:00-5:00 pm	Sports
	Golf Tournament: Cebu Country Club
	[Dr. Antonio G. San Juan]
	3 x 3 Basketball: Sacred Heart School Gym
	[Dr. Dilbert A. Monicit]
	Competitive Shooting: Kamagong Gun Club,
	Camp Lapu-Lapu
	[Drs. Tyrone Jude M. Mercader/Dr. Jesronne Abrea]

#### **APRIL 5 (Thursday)**

7:30-8:30	Ceremonial Opening of Exhibits [Santa Maria 3] Opening Ceremonies Invocation Philippine National Anthem Opening Remarks [Dr. Jose Joefrey F. Arbatin, Jr.]
8:30-10:00	Module I: Addressing Knee Instability Dilemmas Philippine Orthopaedic Society for Sports Medicine Anterior Cruciate Ligament Injuries [Dr. Jonathan C. Ronquillo] Diagnosis and Treatment Principles in Recurrent Patellar Instability [Dr. Marc Anthony L. Castro]

10:00-10:30	Live Surgery 1: Arthroscopic ACL Reconstruction [Dr. Herminio R. Valenzuela, Jr.] Live Surgery 2: Medial Patellar Femoral Ligament Reconstruction [Dr. Enrique Leonardo C. Pasion] Snack Symposium: "Follow Through The Name of the Game [Dr. Miles T. dela Rosa]
10:30-12:00	Module II: Tackling Common Shoulder Conditions from the Clinic to the OR [Santa Maria 3] Philippine Shoulder Society  Moderator: Dr. Alberto Ma. V. Molano Physical Examination of the Shoulder [Dr. Jeremy James C. Munji] Bankart Lesion [Dr. Jason Paul P. Santiago] Impingement Syndrome [Dr. Julius I. Kho] Live Surgery 3: Rotator Cuff Repair [Dr. Raymond Y. Nuñez/Dr. Wilson C. Dela Calzada]
12:00-1:00 1:00-3:00 1:00-3:00	Lunch Symposium: <i>Johnson and Johnson</i> [Dr. Jose Antonio G. San Juan] POA BUSINESS MEETING [Santa Maria 3] Organization of Residents Training in Orthopedics (ORTO) [Niña 1] Topgun Orthopedics: A Resident's Skills Competition
3:00-3:30	Snack Symposium: Carestream Health Carestream 3D Extremity CT System: Keep Patient's Imaging Needs Close And Their Care Closer [Emma Perrin]
3:30-5:00	Module III: Understanding Posterior Cruciate-Retaining Total Knee Arthroplasty Philippine Hip and Knee Society Moderator: Raymond E. Gomez Total Knee Arthroplasty: A Review of Principles [Dr. Jonathan Carlo F. Cortes] Live Surgery 4: Posterior Cruciate-Retaining [Dr. Phillippe Y. Baclig]
	Total Knee Arthroplasty [Dr. Kenneth Alexis M. Yap]
5:00 5:30	Summary and RAFFLE Opening and Fellowship Night [Fort San Pedro]

## APRIL 6 (Friday)

8	:30-10:00	Module IV: Implantless Percutaneous Correction of Hallux Valgus (HV) Philippine Foot and Ankle Society Moderator: Drs. Carlo Angelo V. Borbon/ Roberto Gabriel L. Lopez Anatomy and Conservative Treatment of HV [Dr. Ronald Allan G. Malahito] Principles of Percutaneous HV Correction [Dr. Ai E. Gamboa]
		Live Surgery 5: Implantless Percutaneous Correction of Hallux Valgus [Drs. Emiliano B. Tablante & Kirby O. Lim]
	0:30-11:00 1:00-12:00	Snack Symposium: Pfizer [Rafael C. Bundoc] Module V: Percutaneous Endoscopic Lumbar Discectomy Philippine Spine Society Evolution of Minimally Invasive Surgery in the Treatment of Lumbar Degenerative Conditions [Dr. Richard V. Condor] Percutaneous Endoscopic Lumbar Discectomy: Surgical anatomy and technical tips [Dr. Dave Anthony G. Dizon] Live Surgery 6: L4-L5 Percutaneous Endoscopic Lumbar Discectomy [Drs. Rafael C. Bundoc, Samuel Arsenio M. Grozman, Pierre M. Mella & Jose Joefrey F. Arbatin]
1	2:00-1:00 :00 : 00	Lunch Symposium: <i>Getz Pharma</i> Pain Management in Orthopaedics [Dr. Jerome Anthony S. Asuncion] Summary of Day 2 Alumni Night

## APRIL 7 (Saturday)

8:30-10:30	Module VI: Wide Awake Local Anesthesia No Tourniquet (WALANT) Association of Hand Surgeons of the Philippines Moderators: Drs. Philip Ian G. Barlaan & Jose Ma. D. Bautista
8:30-8:50	WALANT: What is it all about? [Dr. David L. Alagar]
8:55-9:10	WALANT: Interactive Live Surgery Part 1: How do you inject? [Drs. Tammy L. Dela Rosa & Precious Grace B. Handog]
9:10-9:30	WALANT: How far can it go? [Dr. Nathaniel S. Orillaza, Jr.]
9:30-9:40	Open Forum
9:40-10:30	WALANT Interactive Live Surgery Part 2: How does the operative field look like? [Drs. Tammy L. Dela Rosa & Precious Grace B. Handog]
10:30-11:00	Exhibit Booth Visit
11:00-12:30	Module VII/Lunch Symposium: Mastering the Axis Knee System  Moderator: Dr. Ilustre I. Guloy, Jr.  Live Surgery 8: Total Knee Arthroplasty (Axis Knee)  [Drs. Ramon B. Gustilo & Mark Angelo P. Fernandez]
12 20 1 00	
12:30-1:00	Grand Raffle and Closing Ceremonies



#### DAVID L. ALAGAR, MD, FPOA

A graduate of the Faculty of Medicine and Surgery of the University of Santo Tomas in 1995, and a 10th placer in the Medicine Board Exam of August 1997, Dr. David Alagar took his residency training at the Philippine Orthopedic Center where he graduated in 2001. He was a recipient of the PBO Outstanding Resident Award for four consecutive years and was the PBO Diplomate Exam topnotcher in October 2002.

He had his fellowship training in Orthopedic Trauma and Hand Surgery at the University of Cincinnati, Ohio, USA, from July 2002 to June 2003. Shortly thereafter, he represented the Philippine Orthopedic Association to the ASEAN Orthopedic Association (AOA) Junior Traveling Fellow Program in 2003, and the AOA-British Orthopedic Association Traveling Program in 2007. He is currently the Secretary of the Association of Hand Surgeons of the Philippines, Inc (AHSPI).

He is presently a full-time consultant at the Philippine Orthopedic Center, and affiliations with St. Luke's Medical Center Q.C., The Medical City, and the Manila Adventist Medical Center.



#### JOSE JOEFREY F. ARBATIN, JR., MD, FPOA

Dr. Arbatin graduated from the University of the Philippines College of Medicine in 2001 and completed his Orthopaedic Residency Training at the UP-PGH Department of Orthopaedics in 2005. He was a Clinical and Research Fellow, at the International Spine Center of Sacred Heart Hospital at Hallym University Medical Center in Seoul, South Korea. Thereafter, he was a Clinical Spine Orthopaedic Fellow at the Royal

Adelaide Hospital in South Australia from July 2009 to June 2010. Then, he went on to undergo Clinical Orthopaedic Fellowship in Hip and Knee Arthroplasty and Arthroscopy at the Joint Orthopaedic Center, in Sydney.

He is a Fellow of the Philippine Orthopedic Association, the Philippine Spine Society, and National Faculty of AO Spine.

Dr. Arbatin is currently a partner at the Cebu Orthopaedic Institute, the Head of the Spine Section in Chong Hua Hospital, Training Officer of the Spine Fellowship Program, and the Chairman of the Department of Orthopaedics of Chong Hua Mandaue. He is married to Dra. Maia Celeste Alix-Arbatin which continues to be the best decision of his life.



#### JEROME ANTHONY S. ASUNCION, MD

Dr. Jay S. Asuncion had his AO (Arbeitsgemeinschaft fur Osteosynthesefragen) Trauma fellowship and Minimally Invasive Osteosynthesis training at Queen Mary Hospital, University of Hong Kong, Hong Kong (2008). He has attended several AO specialty courses internationally and is a faculty member of the AO Trauma International, Davos, Switzerland. He had his Wound care and Diabetic Limb Salvage course at Georgetown University, Washington DC, USA.

#### **FACULTY**

He is the director of Butuan Orthopedic Institute, Center for Minimally Invasive Fracture Surgery, Wound Care and Diabetic Limb, Osteoporosis and Fragility Fracture in Butuan Doctors' Hospital, where he is the Chairman of the Department of Orthopedics and Traumatology.

He is a fellow of the Philippine Orthopedic Association, Philippine Orthopedic Trauma Society and Association for the Study of Internal Fixation (ASIF/AO).

Dr. Jay is the founding president of the Philippine Orthopedic Wound Care and Diabetic Limb Society, Member of the American Academy of Orthopaedic Surgeons, and an Associate board examiner of the Philippine Board of Orthopedics.

His special interests are Minimally Invasive Fracture Surgery (MIFS), pelvis and acetabular fractures, diabetic limb and wound care, osteoporosis and fragility care and preventive, multimodal analgesia in orthopedic trauma.

#### PHILLIPPE Y. BACLIG, MD, FPOA

Dr. Phillipe Y. Baclig is a graduate of the Cebu Institute of Medicine and of the Orthopedic residency training of Vicente Sotto Memorial Medical Center Department of Orthopaedics & Traumatology. He took his fellowship in Adult Reconstruction at the Singapore General Hospital.

He is affiliated in a number of medical centers in Cebu, Philippines including the Velez General Hospital, Perpetual Succor Hospital, Cebu Doctors University Hospital, and Chong Hua Hospital.

#### CARLO ANGELO V. BORBON, MD, FPOA

Dr. Carlo Angelo V. Borbon completed his Orthopaedic residency training at the Makati Medical Center and underwent extensive fellowships in Sports Medicine and Hip, Knee, Foot and Ankle Surgery; and another program in Shoulder and Elbow Arthroscopy and Arthroplasty at the ATOS Klinik Heidelberg (Germany). He is currently the president of the Philippine Orthopaedic Foot and Ankle Society and the P.R.O. of the

Philippine Orthopaedic Society for Sports Medicine.

His local and international professional memberships include the Philippine Orthopaedic Association, Philippine Orthopaedic Society for Sports Medicine, Philippine Shoulder Society, American Academy of Orthopaedic Surgeons, and the International Society for Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, Asia-Pacific Society for Foot and Ankle Surgeons and Asian Federation of Foot and Ankle Surgery. He has published several papers in international peer review journals and has been very active in giving lectures for both local and international conferences.

He is a consultant at the Makati Medical Center and the Philippine Orthopaedic Institute. He is also affiliated with the Cardinal Santos Medical Center, Medical Center Manila, De La Salle University Medical Center, Armed Forces of the Philippines Medical Center, Capitol Medical Center, Victor R. Potenciano Medical Centre and Batangas Medical Centre.



#### RAFAEL C. BUNDOC, MD, FPOA

Dr. Pipo Bundoc is a Professor (7) at the Department of Anatomy, College of Medicine, University of the Philippines; Consultant at the Spine Service, Dept. of Orthopedics, UP – PGH; Head of the Integrated Biomechanical Laboratory, Orthopedic Learning Center; Visiting Physician at the Manila Doctors' Hospital; Member of the Minimally Invasive Spine Surgery Study Group; and Local and foreign resource speaker on Spinal

deformity, Minimally invasive spine surgeries and Biomechanics.

He finished orthopedic residency at the Department of Orthopaedics, UP-PGH. He had his Fellowship in Spine Surgery at the Prince of Wales Hospital, Chinese University of HongKong. He has Diploma in Biomechanics, Stratchlyde University, Glasgow, Scotland.

Some of his major awards include: Philippine Talent Search for Young Scientist, Gold Award, given by the National Academy of Science and Technology, 1995; TOYM (The Outstanding Young Men) Award in the Field of Medicine, 1997; Joseph Trueta Fellowship Awards, given by the Nuffield Orthopaedic Center, Oxford University, United Kingdom, 1998; Honorary Fellow of the Girdlestone Society, given by the Nuffield Orthopaedic Center, 1999;

TOYS (The Outstanding Young Scientist) Award given by National Academy of Science and Technology, 2000; Outstanding Philippine Doctors Award given by the Philippine Jaycees in cooperation with Department of Health, World Health Organization and Philippine Medical] Association, 2004; Metrobank Outstanding Teacher for 2005 given by the Metrobank Foundation; and Eisenhower Fellow 2008 given by the Eisenhower Fellowship Foundation.

His areas of expertise are: Cervical Spine Surgery, Scoliosis and Spine Deformity Surgery, Minimally Invasive Spine Surgery, Design/ Innovation of Instruments, Biomechanical Testing, Anatomical Studies, Prosthetic/Orthotic design and 3D Printing surgical applications



#### MARC ANTHONY L. CASTRO, MD, FPOA

Dr. Castro finished his orthopedic residency training at the Department of Orthopedics, Makati Medical Center. He had fellowships in arthroscopy, sports medicine and cartilage care and regeneration. He also had training in orthopedic arthroscopic surgery, International Bioresearch Foundation, HSR, Milan, Italy.

He is currently affiliated with Makati Medical Center, Philippine Orthopaedic Institute, Loyola International Multispecialty Clinic and Intellicare.



#### WILSON C. DELA CALZADA, MD, FPOA

Dr. Wilson Dela Calzada finished Medicine at the U.P. College of Medicine and completed his orthopedic residency training at the Philippine General Hospital Department of Orthopedics.

He had his Fellowship in Upper Extremity Surgery and Sports Medicine at the University of Toronto - Mount Sinai Hospital and Fellowship in Sports Medicine and Shoulder Surgery at the Singapore General Hospital.



Richard Condor is currently a Partner of the Cebu Orthopedic Institute. He is affiliated with University of Cebu Medical Center, Chong Hua Hospital, Vicente Sotto Memorial Medical Center, Cebu Doctors University Hospital, Perpetual Succour Hospital.

He took up medicine in the Cebu Institute of Medicine and had his Orthopedic Residency Training at the Department of Orthopedics and Don Vicente Sotto Memorial Medical Center

Traumatology at Don Vicente Sotto Memorial Medical Center.

He had his AO Spine Fellowship Training at The University of Basel, Basel University Hospital, Basel Switzerland. Fellowship Training in Spine at The Chinese University of Hong kong, Prince of Wales Hospital, Hong Kong.

He is a past President of the Philippine Orthopedic Association-Central Eastern Visayas Chapter. A member of the Board of trustees (Visayas Representative) of the Philippine Orthopedic Association.



#### JONATHAN CARLO F. CORTES, MD, FPOA

Dr Cortes is the current training officer at the Department of Orthopaedics University of Cebu Medical Center.

His hospital Affiliations include University of Cebu Medical Center. Chong Hua Hospital and Mendero Medical Center.

He graduated from Cebu Doctors University College of Medicine. Had his residency training at the Philippine Orthopaedic Center where he was Chief resident of Trauma Service. And his fellowship and subspecialty training of Hip and knee joint reconstruction at Singapore General Hospital.



#### MILES T. DELA ROSA, MD, FPOA

Dr. Miles T. Dela Rosa finished Medicine at the University of the East Ramon Magsaysay Memorial Medical Center and obtained his orthopedic residency diploma at the Philippine Orthopedic Center. His postgraduate studies includes: Singapore General Hospital-Lee Shaw Fellowship; AO Basic Course and; AO Trauma Fellowship.

Dr. Dela Rosa is a Past President of the POA and ASEAN Orthopaedic Association and a Fellow of the Philippine College of Surgeons. He was also President of the Osteoporosis Society of the Philippines Foundation, Inc.; an Affiliate Member of the American Academy of Orthopaedic Surgeons; Faculty Member, AO Trauma International. He is currently an Assistant Professor at the Far Eastern University-Nicanor Reyes Memorial Foundation, Institute of Medicine and current Chairman of the Department of Surgery, FEU-NRMF Medical Center.



#### TAMMY L. DELA ROSA, MD, FPOA

Dr. Tammy L. Dela Rosa graduated from the University of the Philippines College of Medicine and took his residency training at the institution's Department of Orthopedics. He completed his fellowship in Hand and Upper Extremity Surgery at the University of Cincinnati (USA) and obtained a Master in Molecular Biology from the University of Western Australia.

He is a director at the Office of International Linkages of the University of the Philippines Manila. He is also an associate professor at the Department of Biochemistry and Molecular Biology of the university. He is the executive officer of the UP-Philippine General Hospital Department of Orthopedics as well its vice chair for Training (Postgrad) and program director of its Fellowship in Hand and Microvascular Surgery. He is a member of the editorial board of the Philippine Journal of Orthopedics.

#### DAVE ANTHONY G. DIZON, MD, FPOA, FPCS

Dr. Dizon is currently a Clinical Associate Professor of the University of the Philippines College of Medicine and part of the faculty of the Section of Spine Surgery of the Department of Orthopedics, Philippine General Hospital.

He finished his medical degree at University of the Philippines College of Medicine after which he trained in Orthopaedics at the Philippine General Hospital. He has Fellowships in Bone and Cartilage Transplantation and Joint Revision Surgery at the Brisbane Private Hospital, Australia and Spine Surgery at the Klinikum Karlsbad-Langensteinbach, Germany.

He is currently affiliated with the Philippine General Hospital, Asian Hospital and Medical Center, and The Qualimed Hospital Sta. Rosa.

#### MARK ANGELO T. FERNANDEZ, MD, FPOA

Dr Fernandez is currenty a practices in Cebu City and Tagum City. He is Affiliated with Chong Hua Hospital and Perpetual Succour Hospital which are both in Cebu. But also holds clinic in Bishop Joseph Regan Memorial Hospital-Tagum City, Davao.

He got his Medical degree from The Cebu Institute of Medicine. And graduated from Department of Orthopedics Vicente Sotto Memorial Medical Center. He then had two fellowships in joint replacement. The First as Visiting Foreign Fellow from the New York University – Hospital for Joint Diseases. And the Second Fellowship in Joints and Adult Reconstruction at the Gustilo Clinic and Surgery Center Philippines.

#### **FACULTY**



#### AI E. GAMBOA, MD, FPOA

Dr. Ai Gamboa finished orthopedic residency training at the Institute of Orthopaedics and Sports Medicine, St. Luke's Medical Center She topped the Philippine Board Diplomate Exams in 2013. She had her Fellowship in Foot and Ankle Surgery at Newcastle Foot and Ankle Clinic, Newcastle, Australia and Fellowship in Lower Limb Arthroscopy and Arthroplasty at Wakefield Orthopaedic Clinic, Adelaide, Australia.

She is an active consultant at the Institute of Orthopaedics & Sports Medicine, St. Luke's Medical Center Global and an affiliate consultant at the St. Luke's Medical Center, Quezon City.



#### SAMUEL ARSENIO M. GROZMAN, MD, FPOA

Dr. Sam Grozman specializes in spine surgery where he trained in Spine Surgery at the Singapore General Hospital, Duchess of Kent Childrens Hospital and Queen Mary Hospital Hong Kong University. He also had an Intensive Course in Biomechanical Engineering EU-Asia Link Project Dela Salle University of Pisa.

He is a graduate in orthopedic residency at the UP-Philippine General Hospital and was Chief Resident 2004 & 2005. He is currently a part time Clinical Associate Professor at the UPCM – PGH and DLSUMC. He serves as a Consultant at the Asian Hospital and Medical Center and Department of Orthopedics, Ospital ng Muntinlupa. He was CME Coordinator and member of the organizer of the PSS 1st Live Tissue Course on complications in Spine Surgery since 2011. He is also an Associate Board Examiner Philippine Board of Orthopedics.



RAMON B. GUSTILO, MD, FPOA Professor of Orthopedic Surgery University of Minnesota Minneapolis, USA

Dr. Ramon B. Gustilo graduated from the University of the Philippines and took his residency and postgraduate education in Orthopaedic Surgery at the University of Minnesota Post Grad School (USA). He is a

professor of Orthopedic Surgery at the University of Minnesota.

From the 1960's to 1990, he held notable positions including as past chairman of the Departments of Orthopaedics of Hennepin Country Medical Center, the Metropolitan Medical Center, and of St. Louis Park Medical Center, all located in Minnesota (USA). He was the chartered president and founder of the Orthopaedic Trauma Association (1984-1985) and the Orthopaedic Trauma Hospital Association (1981-1984). Among his most noteworthy appointments were as state representative of the subcommittee in injuries of the American Academy of Orthopaedic Surgeons (1975), as president of MIN-DA-MAN Orthopaedic Society (1974), and as chairman of Twin City Orthopaedic Society (1969).

He is a member of numerous professional societies, and his vast research and papers in Orthopaedics were published in books and in over a hundred peer review journals (USA). He has made scores of significant orthopaedic implant designs and inventions.

He is the founder and a member of the Philippine Orthopedic Institute, and is the chairman and CEO of Orthopaedic International, Inc. (Philippines), the Rabagus Ventures, Inc. (Philippines), and Cerquit Solutions, Inc. (Philippines). He is also a member and founder of Excelen Foundation (USA). He is a recipient of and heads the Department of Science and Technology multiyear grant, "Development of an Affordable Quality Knee System for Filipinos and ASEAN Countries".

#### PRECIOUS GRACE B. HANDOG, MD, FPOA

Dr. Peachy Handog finished Orthopaedic residency at the University of Santo Tomas Hospital wherein she was chief resident in 2013. She was awarded Outstanding Orthopaedic Resident by the Philippine Board of Orthopaedics for 3 consecutive years.

After residency, she took a 1-year subspecialty training as a clinical and research fellow in the University of the Philippines-Philippine General Hospital, Section of Hand and Reconstructive Microsurgery and is a current member of the Association of Hand Surgeons of the Philippines.

At present, she is affiliated with a number of medical centers in Cebu including Cebu Orthopaedic Institute, Chong Hua Hospital, Vicente Sotto Memorial Medical Center and University of Cebu Medical Center.

#### JULIUS I. KHO, MD, FPOA

Dr Kho is active staff of the University of Cebu Medical Center. His Hospital Affiliations also include Chong Hua Hospital, Perpetual Succour Hospital, Saint Vincent General Hospital.

He got his medical degree from the Cebu Institute of Medicine. And did his residency training at Department of Orthopeadics Chong Hua Hospital where he was Chief Resident.

He did his fellowship in Sports Medicine at the Sports Injury and Arthroscopy Surgery Unit University of Malaya Malaysia. And a second fellowship at the Shoulder and Elbow Unit, Asan Medical Center, Seoul, South Korea.

#### KIRBY O. LIM, MD, FPOA

Dr. Kirby LIm is affiliated to Vicente Sotto Memorial Medical Center as member of the training staff, while he is a member of the medical staff of Saint Vincent General Hospital and Mendero Medical Center. He is also affiliated as visiting consultant of the following hospitals in Cebu City, Chong Hua Main, Chong Hua Cancer Center and Perpetual Soccur Hospital.

He completed his training in Orthopedics and Traumatology at Vicente Sotto Memotial Medical Center. He completed his Clinical and Research Fellowship in Orthopaedic Foot and Ankle Surgery in Kore University Medical Center, Guro Hospital under Professor Hak Jun Kim. His interests include Foot and Ankle Surgery, Wound Care Management and Orthopaedic Trauma

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#### RONALD ALLAN G. MALAHITO, MD, FPOA

Dr. Ronald Allan G. Malahito finished Medicine at the UERMMMC, internship and orthopedic residency training at the East Avenue Medical Center. He is currently a Consultant at the Foot and Ankle Section of the EAMC Department of Orthopedics. He is also an Active Consultant at the Marikina Valley Medical Center and Commonwealth Hospital Medical Center. He is a currently also a Visiting Consultant at the Jose N. Rodriguez Memorial Hospital.



#### PIERRE MANGUBA MELLA, MD, FPOA, FPSS

Dr. Mella is currently the assistant Chairman of the Department of Orthopaedics University of Cebu Medical Center. He is also an Associate Professor at the Cebu Institute of Medicine.

He is affiliated with University of Cebu Medical Center, Chong Hua Hospital, Vicente Sotto Memorial Medical Center.

He took up medicine in the Cebu Institute of Medicine. And had his Orthopedic Residency Training at Philippine General Hospital where he was Chief Resident in his senior year.

He had his subspecialty training in Spine surgery at the Yonsei University, Gangnam Severance Spine Center, Seoul , South Korea. And Spine Oncology Fellowship in the Instituto Ortopedico Rizzoli di Bologna Italy Degenerative and Oncologic Spine Surgery Unit.



#### JEREMY JAMES C. MUNJI, MD, FPOA

Dr. Jeremy "Jem" Munji finished Orthopedic residency at the University of Santo Tomas Hospital where he was chief resident in 2014. He was awarded Outstanding Resident by the Philippine Board of Orthopaedics in 2013 during his 3rd year of training. He was also the past president of the Organization of Residents Training in Orthopaedics in 2013-2014.

After residency, he had his fellowship on shoulder replacement and arthroscopic shoulder reconstruction with Laurent Lafosse at Alps Surgery Institute, Clinique Générale Annecy, France and is a current member of the Philippine Shoulder Society.

He is currently a Visiting Consultant and member of the Residency Training Committee at the University of Santo Tomas Hospital



#### RAYMOND Y. NUÑEZ, MD, FPOA

Dr. Raymund Y. Nuñez specializes in orthopaedic shoulder surgery. He had his clinical fellowship in shoulder surgery at the Alps Surgery Institute, Clinique Générale d'Annecy, Annecy, France in 2007; Shoulder Arthroscopy & Sports Medicine, Seoul National University, Bundang Hospital, Seoul, South Korea; residency in orthopaedic surgery at the University of Santo Tomas Hospital (USTH) where he was a Chief Resi-

dent in 2004. He also finished his internship and residency in general surgery at USTH and finished medicine at the UST Faculty of Medicine and & Surgery. He took up BS Medical

Technology in UST. Some of the awards he received include: Scholarship Grant to République Française Ministère des Affaires Étrangères et Européennes;

He is currently the Secretary of the Philippine Shoulder Association; Chief, Section of Shoulder Surgery, Department of Orthopaedics, University of Santo Tomas Hospital and; Assistant Director of the University of Santo Tomas Hospital Orthopaedic Learning Center



#### NATHANIEL S. ORILLAZA, JR., MD, FPOA

Dr. Nats Orillaza is a hand surgeon and Clinical Associate Professor at the University of the Philippines and a MS in Clinical Epidemiology candidate in the same institution.

He finished residency in Orthopedics at the UP-PGH and continued his training with a research fellowship in Hand and Upper Extremity Surgery

under Professor John Capo in NJ, USA and clinical fellowship in Hand surgery under Professor Michael Tonkin in Sydney, Australia. He has several international publications and reviews for national and international journals.

He is a trustee of the Philippine Board of Orthopedics, a member and faculty of AO Trauma, and an international member of the American Society for Surgery of the Hand, American Academy of Orthopedic Surgeons and SICOT.



#### ENRIQUE LEONARDO C. PASION, MD, FPOA, FACS

Dr. Enrique Leonardo Pasion completed his MD degree at the UP College of Medicine and orthopaedic residency training at the Philippine General Hospital. He went to Australia for the Melbourne Knee & Shoulder fellowship conducted at the Waringgal Private Hospital & Mercy Private Hospital in 2010. He also had his postgraduate fellowship in Sports Medicine and Adult reconstructive surgery (arthroplasty and

arthroscopy) at the National University Hospital, Singapore.

Dr. Pasion is head of the Sports Medicine & Human Performance Center and department of Trauma Service with the Asian Hospital and Medical Center. He also heads the Orthopedic Sports Medicine Unit at Our Lady of Lourdes Hospital & San Juan De Dios Hospital. He is also an active consultant at The Medical City

Dr. Pasion is Director of Focus Medical, Focus Athletics; Board member of POSSM, and member of American College of Surgeons, (founding member and secretary general) ASEAN Society for Sports Medicine and Arthroscopy, ISAKOS, ESSKA, APOA, Editorial Board of Journal of Orthopaedic Surgery (JOS), Hong Kong Journal of Bone Reports & Recommendations. He is also a member of the Junior Chamber International – Manila; Official Physician, FIBA Asia Basketball & UAAP Basketball.

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**EMMA PERRIN** 

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#### JONATHAN C. RONQUILLO, MD, FPOA

Dr. Jonathan C. Ronquillo is a graduate of De La Salle University - College of Medicine in 1996. He completed his orthopedic residency training in the same institution as chief resident in March 2003, and passed his diplomate examinations in the same year. He fulfilled his subspecialty training as surgical fellow under the Shoulder and Sports Services at St. George Hospital in Sydney, Australia, and was a staff member of the

orthopaedic department in Logan Hospital, Brisbane, Australia from 2004-2010. He has authored and co-authored published materials on the shoulder in peer reviewed journals, and has presented his works in international and local conventions. He has distinct interest in research, in particular, those that can benefit people in the marginalized sector.

Currently, he is the training officer in the department of orthopedics at De La Salle University- Medical Center and is an assistant professor at the DLSU-College of Medicine. He is also a student examiner/research paper reviewer for the University of New South Wales, Australia through the Orthopedic Research Institute of St. George Hospital in Sydney, Australia since 2012.

Dr. Ronquillo is a fellow of the Philippine Orthopaedic Association, Philippine Shoulder Society, the Philippine Orthopaedic Society for Sports Medicine, the ASEAN Society for Sports Medicine and Arthroscopy, and the vice president & fellow of the Philippine Orthopaedic Wound and Diabetic Limb Society. He practices at the De La Salle University Medical Center and the Asian Hospital and Medical Center.



#### JOSE ANTONIO G. SAN JUAN, MD, FPOA

Dr. San Juan graduated from the University of the Philippines College of Medicine in 1994 and completed his Orthopaedic Residency Training at the UP-PGH Department of Orthopaedics in 1998 and served as Chief Resident in 1999. He completed his Fellowship training in Joint Reconstruction and Arthroscopic Surgery at Flinders Medical Centre-Repatriation General Hospital in Adelaide, South Australia in 2000 and

at the University of Cincinnati Medical Center, Cincinnati, Ohio, USA in 2001. His main areas of interest are: Adult Hip and Knee Reconstruction Surgery, primary and revision Hip and Knee Replacement, primary and revision ACL Reconstruction, Arthroscopic Surgery of the Knee, Pelvis and Acetabular Fracture Management, Multimodal Analgesia in Orthopaedics and Osteoporosis. Dr. San Juan has published numerous articles in peer-

reviewed journals, presented posters in local and international conventions, authored 2 book chapters and has given over 50 plenary lectures/presentations and conducted instructional courses locally and internationally in his different fields of interest. He is a Fellow of the Philippine Orthopaedic Association, past President of the Philippine Hip and Knee Society, Vice President of the Philippine Orthopaedic Society for Sports Medicine, Fellow of the Philippine Orthopaedic Trauma Society and is an International Affiliate Member of the American Academy of Orthopaedic Surgeons. He is a He serves as Council Member of the ASEAN Arthroplasty Association (AAA) and ASEAN Society for Sports Medicine and Arthroscopy (ASSA). He also serves as a Principal Reviewer for American Journal of Sports Medicine, Editorial Board of Orthopaedic Journal of Sports Medicine and Principal Reviewer for Journal of Orthopaedic Surgery.

He is currently Chairman, Dept of Orthopaedics, Chong Hua Hospital Program Director, Adult Reconstruction Fellowship, Chong Hua Hospital.



#### JASON PAUL P. SANTIAGO, MD, FPOA

Dr. Jason Santiago had his fellowship in Orthopedic Sports Medicine, Shoulder and Knee Arthroscopic Surgery at the Singapore General Hospital and Minimally Invasive Total Hip & Knee Arthroplasty Surgery at the Welton Bone and Joint Hospital, Seoul, South Korea. He finished his orthopedic residency at the Philippine Orthopedic Center. He is currently a Consultant at the Adult and Children Orthopedic Service,

Philippine orthopedic Center.



#### EMILIANO B. TABLANTE, MD, FPOA

Dr. Tablante, current president of the Philippine Orthopaedic Foot and Ankle Society, had his foot and ankle fellowship at the Center for Orthopaedic Care, Christ Hospital, Cincinnati, Ohio, USA. He had his orthopedic residency the Saint Luke's Medical Center and was a Resident Physician - orthopedic surgeon of the 13th Air Force Medical Center. He has been a treasurer, secretary and member of the POA Board of Trustees

for quite some time.

He is currently affiliated with the Istitute of Orthopaedics and Sports Medicine, Saint Luke's Medical Center; Department of Orthopedics, Jose R. Reyes Memorial Medical Center; & Angeles University Medical Center

#### HERMINIO R. VALENZUELA, JR. MD, FPOA

Dr. Herminio R. Valenzuela, Jr. graduated from the University of the Philippines College of Medicine and completed his Orthopaedics residency training in the Department of Orthopedics of the UP-Philippine General Hospital.

He took his fellowship training in Adult Reconstruction at the Desert Orthopaedic Center in Las Vegas, Nevada (USA). In 2005, he became an Australian Orthopaedic Association Fellow in Knee, Shoulder, Foot and Ankle at the Mercy Private Hospital in East Melbourne (Australia).

#### **FACULTY**



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#### KENNETH ALEXIS M. YAP, MD, FPOA

Dr Yap is currently part time teaching staff at the University of Cebu Medical Center where he teaches Orthopaedics to senior medical students.

He is affiliated with Vicente Sotto Memorial Medical Center, Chong Hua Hospital, Perpetual Succour Hospital, Visayas Community Medical Center, Cebu Velez General Hospital, Saint Vincent General Hospital and Unviersiy of Cebu Medical Center.

He got his Medical degree from the Cebu institute of Medicine. And did his residency training at the Department of Orthopaedics Vicente Sotto Memorial Medical Center where he was Chief resident. He did his subspecialty training in Adult Reconstruction and Sports Medicine at Chong Hua Hospital.

#### RESEARCH PAPERS

#### **PODIUM PRESENTATIONS**

The Stability of External Fixation in Displaced Intra-Articular and Extra-Articular Distal Radial Fractures Based on Radiographic Outcomes: A Comparative Study (Chalkasra, S)

Functional outcome of repair versus non-repair of the pronator quadratus muscle in treatment of distal radius fractures with volar plating (Rayel F)

Functional Outcome of Displaced Intra-articular Fractures of the Distal Radius: Comparison of Closed Reduction with or without Percutaneous Pinning or External Fixation versus Open Reduction Plate Fixation (Tud, A)

Early outcomes of the direct anterior approach compared with posterior – minimally invasive surgery (MIS) approach for primary total hip arthroplasty (Barnardo, L I)

Total Hip Arthroplasty in Octogenarians: A Local Retrospective Case-Series

Femoral Neck Autograft in Cemented Hip Arthroplasty for Unstable Intertrochanteric Femur Fractures in Elderly Patients: A Case Series (Palad, H II)

Infection Rate of Delayed Initiation of Debridement and irrigation on Open Fracture at East Avenue Medical Center (Bejosa, P C)

A Comparison of the Average Blood Loss and Average Intraoperative Time in Pateints who underwent Early versus Delayed Open Reduction Intramedullary Nailing of the Femoral Shaft in VSMMC Between January 2010 to December 2016 (Belarmino, E)

Effectiveness on Wound Closure using Vacuum Assisted Closure Therapy for patients who sustained High Velocity Gunshot Wounds: Case Series. (Vicente)

Outcomes of corrective surgery in children with foot deformities using quantitative gait analysis (Visperas, J.F.)

#### **E-POSTERS**

Imprint from spinal replica produced by 3D printing technology as an alternative to imaging technique during spinal surgery – A case report. (Abrea, J)

The Factors Affecting Follow-up of Emergency Trauma Consults In a Tertiary Level Medical Center (Alimbuyuguen, O J)

Delays on Orthopaedic Surgery Cases in a Tertiary Level Medical Center: A Time and Motion Study (Hernandez, A)

Systematic Review of Ilizarov Fibula Transport for Massive Tibia Defects (Dumlao, P III)

A Case Report of a 31-Year Old Male with Complex Elbow Fracture who underwent Total Elbow Arthroplasty (Cartajenas, V)

The Foot Health Status of a Tertiary hospital employees : a population-based correlational study (Dema-ala, J J)

Prevalence of Pubic Ramus Stress Fracture among 4th Class Female Cadette Corps of the Philippine Military Academy and Female Student Officers of Officer Candidate School (Army, Air Force, Navy) from year 2014-2017 (Saa, A E)

Long bone fractures in Camurati-Engelmann's Disease (Espinosa, R A)

The Validity of Preoperative Radiographic Canal Diameter Measurements of the Femur and Tibia (Pineda, J P)

Unclassified: The Unclassifiable Case of Polydactyly of the foot in a Filipino Child (Reyes CA)

Functional Outcomes of Patients with Ankle Fractures Treated Operatively (Tacay)

A Cross-Sectional Study on the Effects of Tranexamic Acid in Lowering Intraoperative Blood Loss in Surgical Debridements at a Tertiary Level Military Hospital: The Role of Anti-fibrinolytics in Orthopaedic Wound Care (Velasco, R)

A Comparative Study on the Outcome of 5 -11 year-old Patients Sustaining Closed Midshaft Femur Fractures managed with Flexible Nailing, 1 ½ Spica Cast and Walking Spica Cast From January 2013 to December 2013 (Machacon K)

A Case Report of A 62 year Old Female with Multiple Schwannoma of the Ankle Who Underwent Excision and Biopsy (Bagares, C P)

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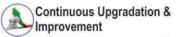


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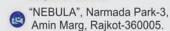








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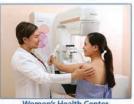
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