

# Ortho Balita

The official Newsletter of the Philippine Orthopaedic Association, Inc.



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## POA-AOA-AAA-ACASA-ASSA 2014

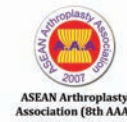
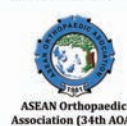
The 2014 POA annual convention was probably one of the most ambitious undertakings of our association in recent history. Not only was this a confluence of the 65th Philippine Orthopaedic Association and the 34th ASEAN Orthopaedic Association annual meetings, it was also the 7th scientific meeting for the ASEAN Arthroplasty Association, the 8th Academic Congress of the Asian Shoulder Association and the 2nd meeting of the ASEAN Society for Sports Medicine and Arthroscopy- 5 international orthopaedic meetings rolled into one over a period of 4 frenetic days in November of 2014, from the 26th to the 29th, at the Radisson Blu Hotel, Cebu.

The logistical nightmare of 5 simultaneous international meetings was deftly navigated by the hard working Organizing Committee, the POA Board of Trustees, our Cebu orthopaedic colleagues, and the POA secretariat with the full support of 2 ever reliable event organizers: ACES and ASAP, 65 sponsors and an unprecedented 1117 participants!

After almost 2-1/2 years of planning, sometimes amidst heated debates and elevated blood pressures, one of the most comprehensive scientific programs was laid out, featuring plenary lectures from leading international orthopaedic surgeons, live surgery telecasts, and essential scientific lectures, showcasing the expertise of the Asian and ASEAN region.

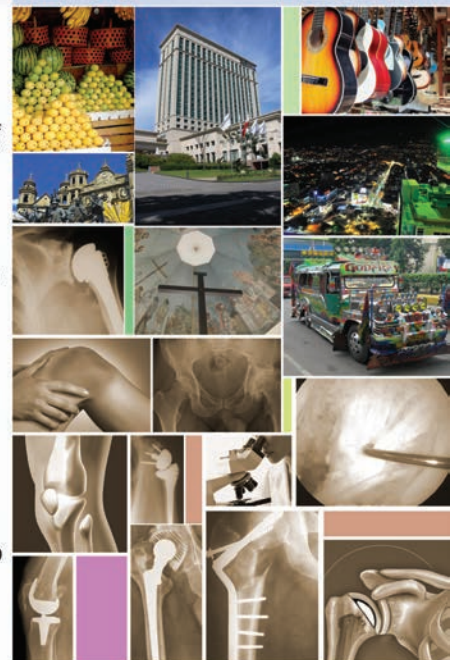
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Joint  
International  
Orthopaedic  
Meetings



with the 1st  
Alumni Homecoming of  
the ASEAN Senior and  
Junior Traveling Fellows

November 25-29, 2014  
Radisson Blu Hotel, Cebu City, Philippines



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*A jam-packed audience even at the last day of this international convention*



*The AOA Alumni group picture taken during the President's Night*



# POA-AOA-AAA-ACASA-ASSA 2014

Continued from Page 1

The ACASA meeting, under the able leadership of President-elect Dr. Alberto Ma. V. Molano, ushered in these 4 days of orthopedic learning. This was followed by joint POA-AOA activities, in between which Philippine Society for Sports Medicine President Benedict Francis D. Valdecañas presided over a successful single day program for the relatively young organization ASSA. The scientific meat of the POA-AOA convention was provided on the last 2 days by AAA President-elect Dr. Gregorio Azores with excellent lectures on hip and knee arthroplasty.

The world-renown ASEAN mix of fun, learning and camaraderie was an outstanding feature throughout these 4 days. Not only were there fellowships every night for each of the associations, this POA-AOA meeting also hosted the 1st ever homecoming for AOA Traveling Fellows, both junior and senior. Orthopedic surgeons flew in from Indonesia, Malaysia, Singapore and Thailand to reunite and rebond with their 'batchmates'. A big, raucous get-together dinner was held during President's Night to honor them.

Finally, this joint international meeting was capped by a grand Gala Dinner, during which speakers, participants and outstanding orthopedic trainees and fellows were recognized and during which the baton of the AOA Presidency was handed over to the Philippines by outgoing AOA President Malaysian Faris Kamaruddin.

To everyone who was involved, contributed, and participated, warm greetings and a heartfelt Thank You! Together we put the Philippines on center-stage. Mabuhay ang POA!!

- Dr. EHM Wang, POA President 2014



Topmost picture: Day 1 registration during the first day; next is a scene from Congress Banquet; above taken during one of the plenary sessions; 2 pictures on the left show judges and audience during Residents' Research forum; and below are group photos taken during the Congress Banquet







The POA Business Meeting



Group photo of the AAA Officers right after the turnover ceremony with Dr. Gregorio MS Azores (center) as the new president.



AOA President Dr. EHM Wang poses with Drs. EG Pasion and Faris Kamarrudin after the AOA Presidential turnover



ASSA turnover ceremonies with Dr. Edgar T. Eufemio as president



Turnover of AOA 2016 Meeting host to Singapore, represented by SOA President Dr. Kanwaljit Soin



A Scene at the Paediatric Orthopaedic Society of the Phils Case Presentation Contest



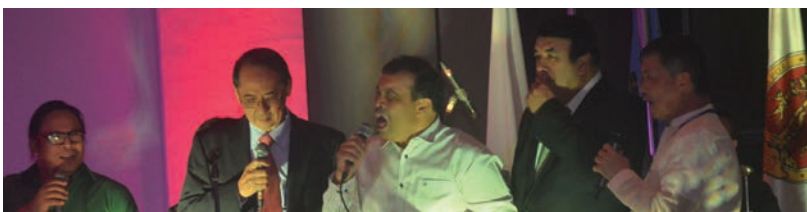
POA Elections



Recognition to AOA Secretary General Prof. Ellewellyn G. Pasion, Journal Committee chair Prof. Saw Aik, Outreach Committee Dr. Peter Lee and Education Committee Chair Prof. Lee Eng Hin



AOA Junior Travelling Fellows 2015



Left & Above: Congress Banquet





**POA ORGANIZING COMMITTEE**

Overall Chairman: Edward H.M. Wang, MD  
Overall Co-Chairs & Scientific Chairs

- Virginia C. Cabling, MD
- Gregorio M.S. Azores, MD
- Alberto Ma. V. Molano, MD

Scientific

- Marc Anthony M. Limson, MD
- David Vincent J. Antonio, MD
- Jose Antonio G. San Juan, MD
- Jose Carlos C. Estil, Jr., MD

Ways & Means

- Paul Cesar N. San Pedro, MD (Chair)
- Jesse James F. Exaltacion, MD
- Kristia Akiatan, MD

Registration

- Julyn A. Aguilar, MD (Chair)
- Mario L. Chan, MD
- Pia Kareena V. Quiñones, MD
- Raymond E. Gomez, MD
- Oliver Ong, MD

Socials & Tours

- Leslie M. Reyes, MD (Chair)
- Judith Valerie M. Akol, MD
- Jonathan Carlo F. Cortes, MD

Physical Arrangement

- Paul Ruel C. Camiña, MD (Chair)
- Jose Joefrey F. Arbatin, Jr., MD
- Leopoldo J. Jiao III, MD

Research

- Edwin Jerd T. Siatan, MD (Chair)
- Miguel C. Go, MD
- Harem P. Deiparini, MD

Reception & Transportation

- Peter B. Bernardo, MD (Chair)
- Dilbert A. Monicit, MD
- Philip Ian G. Barlaan, MD

Promotions & Publicity

- Frederic Joseph F. Diyco, MD (Chair)
- Pablo J. Ilano III, MD

Documentations & Publications

- David L. Alagar, MD (Chair)
- Richard V. Condor, MD

Accommodations

- Cesar S. Grey, MD (Chair)
- Robinson T. Uy, MD





# Asian Shoulder Congress in Cebu

The 8th Academic Congress of the Asian Shoulder Association (ACASA), a triennial shoulder meeting, was held in Cebu last November 25-26, 2014 as part of a combined meeting with the Philippine Orthopaedic Association. The two-day congress featured top shoulder surgeons, Dr. Laurent Lafosse and Dr. Gilles Walch of France, as well as founding president of the Asian Shoulder Association, Prof. Katsuya Nobuhara, who delivered the presidential lectures on the first day. Dr. Lafosse and Dr. Hiroyuki Sugaya performed interactive shoulder arthroscopic surgeries, which were broadcasted live at the Radisson Blu Conference Hall from the Cebu Doctors Hospital, thanks to the support of Dr. Tony San Juan and the Cebu staff.

8th ACASA President Dr. Alberto Ma. V. Molano delivered the welcome address to the international audience composed of Orthopaedic surgeons from Japan, Korea, Malaysia, India, China, Israel, Brunei, Singapore, Indonesia, USA, Thailand, Vietnam, Sri Lanka, and the Philippines. There were simultaneous plenary lectures, podium presentations, lunch symposia, and poster presentations that filled up the two-day program.

The Congress Banquet was held at the Marco Polo Plaza Hotel. It also served as a testimonial celebration for Prof. Nobuhara, attended by his alumni, as well as the officers and members of the Asian Shoulder Association (ASA). Hiroyuki Tsutsui, outgoing ASA President, passed on the medal of presidency to Dr. Bing Molano, to become the ASA President for 2014 - 2017, until the the 9th ACASA Meeting which takes place in Mumbai, India.

The successful congress is the culmination of more than three years of program planning, including close coordination of early confirmation of elite

speakers, comprehensive abstract reviews, pinpoint promotion in international meetings, and garnering of support from both industry and pharmaceutical companies, as well as an active and interactive ACASA website development. The 8th ACASA organizing committee also included Dr.

Raymond Nuñez, Dr. Byron Angeles, Dr. JJ Pua, and Dr. Jem Munji, as well as the Philippine Shoulder Society officers and members and the Orthopaedic residents of the UST Hospital.

- Dr. AMV Molano, President, ACASA



Prof. Katsuya Nobuhara, Asian Shoulder Association founding president delivering the presidential lecture



Picture shows 8th ACASA presidential lecturers Dr. Gilles Walch and Dr. Laurent Laffose, with congress president Dr. Bing Molano and congress secretary Dr. Raymond Nuñez

## ACASA ORGANIZING COMMITTEE

### ACASA Officers/Committees

- Alberto Ma. V. Molano (President)
- Raymond Y. Nuñez (Secretary General)

### Scientific Committee

- Raymond Y. Nuñez
- Byron S. Angeles
- John Hubert C. Pua
- Jeremy James C. Munji
- Gabriel Alfonso B. Javier

### Ways & Means

- Randolph M. Molo
- Orson V. Odulio
- Jose Antonio G. San Juan

### Socials

- Alex R. Supapo
- John Hubert C. Pua
- Judith Valerie M. Akol
- Wilson C. Dela Calzada

### Publications

- Janis Ann F. Espino-De Vera
- Byron S. Angeles
- Jeremy James C. Munji



A scene during the delegates' registration

# The Building of the ASEAN Medical Community and Outcome-Based Medicine

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## BACKGROUND

Today we find ourselves in the midst of an evolving region focused in developing a strong and competitive ASEAN Community by 2020. This is envisioned to ensure durable peace, stability and shared prosperity within the region.

As a primary strategy in achieving this vision, the ASEAN Mutual Recognition Arrangement (MRA) was created with the following objectives:

- Free flow of services by 2015
- Removal of all restrictions on trade in services for four priority service sectors (air transport, e-ASEAN, healthcare and tourism) by 2010; and
- Recognition of professional qualifications with a view to facilitate their movement within the region

Aligning with the above objectives, several MRAs were created including services in medical, nursing, dental, accountancy, surveying qualifications, and architecture. In February 26, 2009, the Mutual Recognition Arrangement for Medical Practitioners was created with the purpose of strengthening professional capabilities by promoting the flow of relevant information and exchange of expertise, experiences and best practices suited to the specific needs of ASEAN member-states.

Acknowledging the above MRA mandate, the Philippine College of Surgeons (PCS) in February 22, 2011 created the Joint Coordinating Committee for Accreditation and Certification (JCCAC), with the following tasks:

1. Provide the PCS Board of Regents with information for the latter to aid the Department of Health, Professional Regulation Commission and Philippine Medical Association in the implementation of the ASEAN MRA on medical practice
2. Promote the highest standards of surgical practice in the Philippines by ensuring the training of competent, safe and ethical surgeons by recommending:
  - a. Accreditation standards of training hospitals
  - b. Accreditation standards of residency training programs of all surgical specialties
  - c. Certification process for all surgical specialties

d. Standardized surgical specialty curriculum

3. Leave details of curriculum, accreditation requirements and implementation to individual specialty societies.

With major sectors of the different national governments expected to align with the objectives of the MRA, standardized processes were adopted and this necessitated the following:

1. Shift to outcomes-based education
2. Government regulatory bodies confer recognition to
  - a. Education & training providers
  - b. Certificates & licenses (based on individual assessment)
3. Establishment of a Qualifications Register
4. Ensuring international alignment of qualifications
5. Implementation of quality assurance mechanisms, pathways and equivalences

## OUTCOMES-BASED EDUCATION

Outcomes-based education (OBE) is currently being adopted by the Commission on Higher Education (CHED) and is now being introduced in other educational institutions including medical schools. Unlike in other ASEAN nations, the surgical residency training programs in general surgery or other surgical specialties in the Philippines are not regulated by government. Accreditation and certification is currently the responsibility of respective Surgical Societies or Boards.

Although the ASEAN MRA explicitly declares that it will not reduce, eliminate, or modify the rights, power and authority of each member nation, or its regulatory authority, it is encouraged that each member state should undertake to exercise their regulatory power reasonably and in good faith for this purpose (Source: Article V of the ASEAN MRA on Medical Practitioner). In line with this, the Philippine Regulatory Commission passed a resolution last March 15, 2015 officially recognizing eight Specialties, including the Philippine College of Surgeons, and the subspecialty societies under them.

In September 14, 2013 a Memorandum of Agreement was put into effect by the PCS and the different surgical specialty societies giving the former the responsibility to effect the integration of training programs in all the surgical specialties. The

MOA also included the following general provisions:

1. The creation of the JCCAC which will be composed by the PCS President and the duly authorized representatives of the different Surgical Societies/ Specialty Boards.
2. The JCCAC shall have the primary task of ensuring that the various surgical societies accredit only properly trained specialists to ensure the highest standard of surgical care for the Filipino people. POA was duly represented in this agreement by the president during that year, Dr. Adrian R. Quidlat.

Recognizing the proposed shift to OBE, the PCS conducted last July 18, 2015 an OBE workshop with representatives of the different surgical specialties in attendance. The objectives of the workshop were the following:

1. Discuss OBE and the steps in designing an OBE Curriculum
2. Identify professional roles of graduates of surgical residency training programs of any specialty.
3. Identify the outcomes and competencies for graduates of surgical residency training programs of any specialty
4. Discuss OBE assessment

1. Below are some of the excerpts from the workshop: OBE definition - a curricular framework in which the educational system is clearly focused and organized around what is essential for the student to achieve at the end of the learning experience.

"This means starting with a clear picture of what is important for students to be able to do, then organising the curriculum, instruction and assessment to make sure that learning ultimately happens." (Spady 1994)

2. Organizing Principles of OBE :

- Clarity of Focus – all teaching and learning activities must be systematically related to the program outcomes; and these must be clearly communicated to the students
- Designing Back: curriculum organization begins with the end in mind
- High Expectations for all students: Highest standards of performance should be maintained during the teaching-learning as the same will serve as basis for assessment.
- Teachers must provide expanded opportunities to allow for achieve-

# Update on the Orthopedic Procedure Relative Value Unit

With great fulfillment and optimism, the objective parameters for assessing the complexity of orthopedic procedures have been identified, which will serve as the basis for physician compensation by the Philippine Health Insurance Company (PHIC). The Philippine Orthopedic Association (POA) presented these parameters to the Philippine College of Surgeons (PCS) and its component societies, resulting in the recommendation for use, and in consideration of minimal changes to be made (Table 1). The revised parameters were approved by the majority of medical specialties in a workshop facilitated by PHIC at the Thunderbird Resort in Rizal

last September 2-4, 2015.

The long and arduous process of this significant endeavor began a year ago with initial workshops by the POA together with the PHIC, and later on with the PCS. This was subsequently coordinated with all subspecialty societies under the POA to evaluate each procedure under their field of expertise, according to the parameters identified. This has led to the correction and adjustment of previously undervalued Orthopedic procedures and likewise updating of the list with newer procedures not previously included.

We must understand that the battle is just half won. We still need to get actual appropriate compensation for the scores determined for the specific procedures. According to the PHIC, this would require actuarial computations that will take into account the available fund of the agency to cover all procedures across each specialty annually. We can rest assured that the PHIC will work on this expeditiously. The Orthopedic community remains hopeful that fair and reasonable reimbursements may soon be realized.

We'll keep you posted!

-Dr. DL Alagar, POA Trustee

| Factors in Assessing Complexity of Orthopedic Procedures |   |   |  |  |
|--|---|---|--|--|
| Parameters   | 1   | 2   | 3  | 4  |
| <b>1. Anesthesia</b>                                     | <b>None</b>   | <b>Local</b>  | <b>Sedation</b>  | <b>Regional/ General</b>   |
| <b>2. Duration of Surgery</b>                            | <b>&lt;30 mins</b>  | <b>30 mins-&lt; 2 hrs</b>   | <b>2 hrs-&lt;5 hrs</b>   | <b>&gt;5 hrs</b>   |
| <b>3. Instrumentation</b>                                | <b>None</b><br>(e.g. closed reduction)                                  | <b>Basic</b><br>(e.g. forceps, knife, scissors)                       | <b>Special</b><br>(e.g. drill, IMN, plate fixation)                                | <b>Imaging Guide</b><br>(e.g. C-arm, arthroscopy, microscope)                |
| <b>4. Complexity</b>                                     | <b>Minor:</b><br>can be done by a physician (e.g. cortisone injections) | <b>Medium:</b><br>can be done by a general surgeon (e.g. debridement) | <b>Major:</b><br>should be done by an orthopedic surgeon (e.g. fracture fixations) | <b>Complex:</b><br>Should be done by an ortho specialist surgeon (e.g. THRA) |

## The Building...

*Continued from Page 6*

ment of outcomes in a variety of ways.

3. Future roles of graduates of a surgical residency training program include the following:

Clinician, Educator, Researcher, Leader/Manager, Social Advocate

4. Outcomes and competencies for graduates of surgical residency training programs of any specialty (proposed during the workshop):

- Communication and interpersonal skills
- Clinical competence
- Leadership and management skills
- Evidence-based practice
- Inter-professionalism
- Systems-based practice
- Continuing professional develop-

ment

- Professionalism
- Social accountability
- Community orientation

Nationalism and Internationalism

In the case of POA, it is suggested that the Philippine Board of Orthopaedics conduct a seminar-workshop focusing on OBE, with all accredited training programs represented by their training officers or designees. -Dr. AC Cañete, PBO Trustee

## Fellows' Benefits

The POA Board this year renewed its membership insurance contract with AXA. This has been a big help to our finances which has been presented during the POA Midyear Business meeting in Dumaguete City .

During that meeting, there was a question raised specifically for the the ones not covered by the AXA contract and of whom are those aged 65 and above. The POA Board thoroughly discussed this matter in detail and finally came up with a decision - Those who will not be covered will be

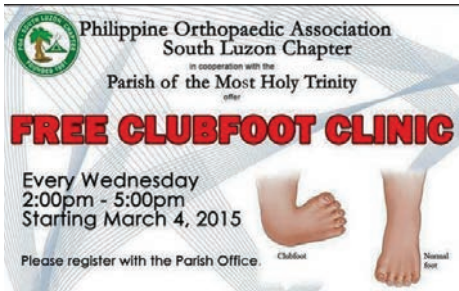
given the same amount as those covered aged 60-64 which is P50,000.00.

The Board is constantly looking into ways on how to enhance the benefits of its membership not just financially but also through continuing medical education.

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# POASL Launch twin Outreach Projects in AOR



Heeding the call of Pope Francis to help alleviate the plight of the poor and once again flexing its humanitarian arm, POA South Luzon recently launched two projects that would benefit the physically disabled and the under-privileged children in their area. The 88-member strong POASL opened last March 4, 2015 its pilot “Free Clubfoot Clinic” in Batangas City.

(Below) During the turn-over ceremonies, Dr. Jun Celera, Chapter President, reiterates that community outreach programs and humanitarian activities have always been a part of their group’s advocacy. “Social Responsibility” being a treasured core value of the chapter. (ACCJr)



Manned by Batangas fellows headed by Dr. Ernie Reyes in collaboration with the Parish of the Most Holy Trinity, and Prime Medica, Inc., the project aims to provide free outpatient consultation and management of clubfoot for indigent patients in the locality. It is hoped to be duplicated in the future in some of the

17 provinces and key cities south of Metro Manila being served by the chapter.



Another project of the chapter aims to benefit the underprivileged schoolchildren of Cavite province in the form of books and reading materials donation to the Kariton Klasrum of 2009 CNN Hero Efren Peñaflorida and to the C3 (Championing Com-

munity Children) Hope Center in Amadeo, Cavite. Contributions were also made to help the center complete the construction of its library. The center, manned by youth volunteers, was founded by 2012 International Children’s Peace Prize awardee Kesz Valdez and supervised by Mr. Peñaflorida and Mr Harnin Manalaysay.



# Palawan Midyear 2016 Abangan!



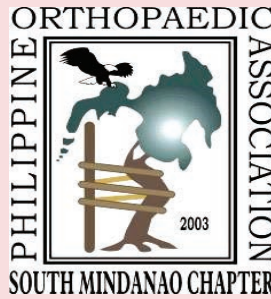
# POA SMC/SPMC in Photos



**POA-SMC Chapter Officers 2015-2016:** Dr. Dan Bagarra (Vice-Pres), Dra. Julyn Aguilar (POA Inducting Officer), Dr. Brian Gil L. De Manuel (President), Dr. Richard John C. Pecson (Treasurer), Eldorado O. Doloso II (Secretary), Dr. Jeremiah R. Morales (Ex-Officio)



**New POA-SMC Fellow:** Paolo Alan B. Tabar, MD, FPOA being inducted by Dr. De Manuel



**Asia Pacific Paediatric Orthopaedic Society Travelling Fellowship last October 15-16, 2014.** Travelling Fellows are Dr. Takeshi Kinjo [Okinawa, Japan], Dr. Prangthong Unprasert [Samuiachacorn, Bangkok, Thailand] with guests Dra. Julyn Aguilar [POA Corporate Secretary] & Mike Villanueva [POA Manager]



**First Scoliosis Surgical Mission:** March 20-24, 2014



SPMC-Department of Orthopedics in coordination with the Duncan Tree Foundation will be holding the 2nd Scoliosis Surgical Mission in Davao City, Philippines on April 13-17, 2015.



**SPMC Alumni Night:** Blue Elephant Sky Lounge, Cebu, November 27, 2014



**SPMC ORTHOPAEDICS DEPARTMENT 25th ANNIVERSARY** in cooperation with the SPMC ALUMNI ASSOCIATION in Helen's Kitchen, Buhangin, Davao City, December 12, 2014





# POA 25th Midyear Convention



The 25th POA Midyear Convention was a blast. Held in Dumaguete City last April 30 to May 2, 2015, it had the theme: "Tapok-Tapok sa Dumaguete: Updates on Paediatric Trauma and Office Orthopaedics". Albeit the odds, the event was well attended especially the Plenary Sessions.

The Plenary Sessions had lively and active open forum sessions with a good turn-out of attendees especially during the last day, that is, until the closing ceremonies.

The Organizing Committee also prepared other activities to foster camaraderie and fellowship among Orthopods such as the Golf Tourney, Triathlon (co-sponsored by the Office of the Governor of Negros Oriental), and Zumba for the families, and Ortho Games for the Residents.

Dr. Mark Macias, POA Fellow and the Vice Governor of Negros Oriental, graced the occasion and attended the Plenary Sessions despite his busy schedule. He gave a bird's eye view of what to expect when in Dumaguete during his talk at the Welcome



The Organizing Committee and the POA Western Visayas Chapter thanks all the delegates and friends who have made the event successful. - *Dr. LP Detoyato, President, POA Western Visayas Chapter*



Dinner held at Tierra Alta, Valencia, Negros Oriental.

Dumaguete City, the City of Gentle People and the hub for other towns and cities surrounding it, definitely did not fail the expectations of the participants.





# The AOA Council Meeting in KL, Malaysia

The ASEAN Orthopaedic Association (AOA) had the 1st Council meeting held at the Shangri-La Hotel in Kuala Lumpur last May 22, 2015. Present were the National Presidents (or their representatives) of the 8 member nations, except Vietnam (VOA) who was unable to send any representative. There are now 8 member nations of the AOA namely Brunei, Indonesia, Malaysia, Myanmar, Philippines, Singapore, Thailand and Vietnam. They are represented by their respective National Associations, such as our very own Philippine Orthopaedic Association.

Current AOA President, Prof. Edward HM Wang (Philippines) chaired the meeting, ably assisted by Prof. Ellewellyn Pasion, the AOA Secretary General since 2007.

The most important part of the Agenda was the report of the Education Committee chaired by Prof. Lee Eng Hin of Singapore. They had a whole day meeting on May 21, with all the member nations sending an Education Committee representative. The POA was represented by PBO Trustee, Dr. Jean Pierre Leung. The main objective of the meeting was to develop a unified Orthopaedic Training program in the ASEAN. This is in preparation for the ASEAN integration which takes place in 2016. The Education Committee reported that they have proposed an ASEAN Training Program which consists of the following tentative points:

1. A minimum 4 year training program with the following core curriculum:

- A. 12 months of General Orthopaedics and trauma
- B. 6 months of adult reconstructive surgery (including Arthroplasty, sports, arthroscopy, & foot & ankle)
- C. 3 months of hand surgery
- D. 3 months of Paediatrics surgery
- E. 3 months of musculoskeletal oncology
- F. 3 months of Spine surgery
- G. Communications skills, professionalism and ethics
- H. Critical analysis of publication and training on how to do research

2. Assessment & Examination

- A. In-training formative and summative



AOA Council Meeting Attendees



AOA Education Committee Attendees

assessments

B. Log books

C. Assessment for clinical competence - work based assessment (practical examinations)

D. Final exams by National Boards

3. Opportunities for overseas electives during residency Training & Fellowships in the ASEAN and a possibility of resident exchange among ASEAN countries

4. Exchange of examiners - training the Trainors

There will be another meeting of the Education Committee on Oct. 15 in Singapore during the SOA-ASM & AOA Annual Congress. Other matters in the Agenda include the schedule for both the AOA Senior & Junior Traveling Fellowships (STF/JTF). The STF is slated from July 26-August 9, while the JTF runs from September 27-October 17, 2015, culminating at the Singapore / AOA annual congress.

The other active committee of the AOA is the Outreach Program committee which is chaired by Dr. Peter Lee. ASEAN orthopaedic surgeon volunteers are called upon to go to remote areas of the ASEAN countries to give lectures, perform surgeries and collaborate with other senior surgeons for a period of 3-4 days. They will be hosted by the local chapter of the National Association where the outreach project is held. POA fellows are welcome to volunteer in these AOA outreach pro-

gram. For our local chapters, they might also be interested in having an Orthopaedic outreach program in their localities... all they have to do is coordinate with any of the POA officers or with me for scheduling & planning.

A proposal was made by Dr. Wang for collaborative research among ASEAN nations. There are issues, questions, and solutions unique to ASEAN Orthopedic practice which cooperative studies could address; the solutions of which would benefit not only ASEAN but also international orthopedics. A suggestion was made regarding project proposals and how to go about collecting and analyzing relevant data.

The AOA Council meeting ended with the announcements of the different National Association Meetings for 2015. For the complete schedule you can contact Mike Villanueva (AOA Liaison officer) or you can visit the AOA website at <http://www.aseanortho.org>.

-Prof. Ellewellyn G. Pasion (AOA Sec Gen)

## AOA Travelling Fellowships 2016

**Senior:** July 17-Aug 2 (Jakarta/Singapore/Myanmar/Vietnam)

**Junior:** Oct. 2-23 (Jakarta/Singapore/Vietnam/Myanmar/Chang Mai)

Interested? Send Applications to [mikee@philortho.org](mailto:mikee@philortho.org)



## AHSP with POA South Luzon Chapter



A collaboration between the Association of Hand Surgeons of the Philippines (AHSP) and the Philippine Orthopaedic Association - Southern Luzon (POA-SL) Chapter was organized during the latter's 2nd Quarterly Meeting held last June 6, 2015 at the Parque España Residence Ho-

tel in Alabang, Muntinlupa. The AHSP, headed by its President, Dr. David Alagar, provided hand specialty lectures during the said event. The speakers included Dr. Angel Gozum, who talked about Distal Radius Fractures, and Dr. John Hubert Pua, who lectured on Fingertip Injuries. The

members of the POA-SL Chapter actively participated during the lecture forums as basic and useful hand concepts were discussed by the guest speakers. Dr. Abundio Celera, Jr., current President of the POA-SL Chapter, was present to award the lecturers with certificates of recognition.

- JJ Pua

## POA-NL Join Hands with AHSP

The Phil.Orthopaedic Association-North Luzon Chapter held its 2nd Quarterly Meeting last May 9-10,2015 at Azalea Hotel & Residences in Baguio. This activity was sponsored by MSD Phils. in collaboration with the Hand Society of the Phils. led by Dr.Daniel Caro and Dr. David Alagar. Dr. Caro talked on Intraarticular and Intralesional Steroids for Common Office Orthopaedic Conditions.It was a very comprehensive and informative lecture,very practical and useful in our daily practice as orthopods. The interactive part of the session was quite noteworthy and answers to the common orthopaedic conditions and

its appropriate treatment were somewhat diverse and mostly unanimous. Some practical tips and pointers on the techniques of doing steroid injections were also highlighted. Dr.Alagar meanwhile delivered a talk on Complex Distal Radial Fractures, its current concepts of treatment,and controversies in choice of implant fixation and stabilization and surgical technique.

It was a successful and well attended meeting inspite of the rain. Dinner and fellowship night shortly followed to cap the night. KUDOS! and THANKS! to the Hand Society of the Phils.

## Balikatan sa Baguio

The POA-NL Chapter recently held its 3rd Quarterly Meeting, Oct.24-25,2015 at Azalea Hotel & Residences in Baguio. In spite of the recent typhoon "Lando", a lot of fellows were still able to attend the scientific meeting which was sponsored by Janssen.

Shoulder pain and instability is a very com-

mon condition we encounter in our clinics and the organizing committee was very fortunate to have invited a noted speaker and expert in the field of Shoulder Surgery -Dr Raymund Nunez. He talked on the different lesions of the shoulder causing instability and discussed its appropriate arthroscopic surgical stabilization. His



Dr. Leo Daniel D. Caro delivering his lecture

lecture also included videos of live surgery demos and cadaver lab (Bankart repair).

On the other hand, Dr.Edwin Jerd Siatan, invited speaker by Janssen talked on PAIN and its management for and as related to our orthopaedic practice. After a brief open forum, Dinner and Fellowship night shortly followed. Baguio has always been a favorite venue for our past quarterly meetings in North Luzon. Everyone enjoyed the night.

- Arcadio Jonathan De Castro



# A Year of Orthopedic CME in Review

2015 was a busy year of Continuing Medical Education (CME) in Philippine Orthopedics and the University of the Philippines – Philippine General Hospital (UP-PGH) took an active role in contributing to this through postgraduate courses held almost every month of the year. The success of the 2015 CME calendar was in large part due to the active participation and interaction of fellows and residents from all over the country, encouraging the organizers to devise new methods of providing the relevant Orthopedic Education needs of our community.

March. The Basic Shoulder & Knee Arthroscopy in-house Workshop, spearheaded by the Sports Service under Drs. Valdez and Bathan. This was held in the newly inaugurated Skills Laboratory of the Department, which boasts of 3 arthroscopy towers, shoulder and knee models.

March. The Benign Bone Tumor Course led by Drs. Dimayuga, Quintos and Wang of the UP-Musculoskeletal Tumor Unit in late March. This whole day course included lectures in orthopedic oncology, MRI bone radiology, bone tumor pathology, spine tumors, and case discussions handled by alumni of the Department's Tumor Fellowship program, including Drs. Garin, Sison, Marfori, Villamin, incumbent fellow Dr. Abadilla and alumni Drs. Rubio and Oliva.

May. The Children's Ortho Section (Dr. Javier, Balce, Nicomedez, Sumpaico) held its 4th Post Graduate Course, with local Pediatric and Orthopedic speakers as well as international guests from the Shriner's Hospital System (Drs. Ono and Nemechek) and the Orthopedic & Rehabilitation Engi-

neering Center of Marquette University (Prof. Harris). This was a fact and fun filled 2-day course with first day lectures on Embryology, Limb Development, Cerebral Palsy, Blood Dyscrasias, Rickets, Osteogenesis Imperfecta and Down Syndrome – 'topics we usually skip reading in textbooks'. A hands-on workshop on the Ponseti Technique for Clubfoot correction followed on the 2nd day where participants practiced serial casting on locally made foot models supervised by the Children's Ortho Section and alumnus, Dr. E. Reyes.

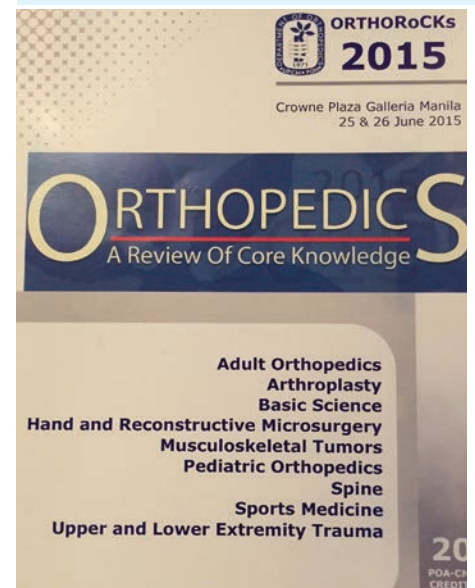
June. The biggest CME event of the year was the very successful OrthoRoCKs-2, a second 2-day intensive and comprehensive scientific course on current orthopedic practice, endorsed by both the PBO and the POA - a must-attend for every student and practitioner of the science of Orthopedics. Course faculty are both consultant staff and alumni of the Department. This course always takes place in June, coinciding with the UP-PGH Orthopedic Foundation Day, June 20; it is the culminating event for a week of Orthopedic activities and it is also coincidentally approximately one month before the residents' ITE.

August. Courses for the second half of the year were heralded in by the longest running post graduate course of the department: the Basic Course and Workshop on the Methods of Ilizarov and External

Fixation, now on its 17th edition, held July 31-August 1 under the leadership of Dr. Nicomedez, Javier, Balce and alumnus Dr. D. Dungca.

August also saw the first Spine Section cadaveric workshop on Geriatric Spine Deformities spearheaded by Drs. Bundoc, Grozman, Dizon, Ignacio (section Head) and Catbagan, featuring corrective spine osteotomies and fenestration laminotomy techniques with 2 luminaries from the Tohoku University School of Medicine: A/Prof. Aizawa and Chief of Spine Surgery Prof. Ozawa.

*Continued to Page 15*



*Ortho RoCKs Manual*



*Participants at OrthoRoCKs*



*Inauguration of skills lab for arthroscopy*



*Spine postgrad cadaveric dissection workshop*



# CDO Playground

Playgrounds are places where children and their parents can relax and play. The activities in a playground can nurture their mental and musculoskeletal health. However, injuries have occurred in these places due to unsupervised games. This is the main reason why the American Academy of Orthopaedic Surgeons (AAOS) has embarked on the building of safe and accessible playgrounds in communities with the aim of teaching injury prevention.

With this idea, Dr. Edward Wang, 2014 POA President, decided to embark on building a playground funded by the POA. He also suggested that the playground should be built in Cagayan de Oro City (CDO) because the POA midyear convention in this city was cancelled. Thus Dr. Neilson Palabrica, POA Northern Mindanao (POANM) Chapter President 2014, was contacted and the POANM Chapter members readily agreed with the plan. It was concurred that POA would shoulder the cost of the playground equipment while POANM chapter would take care of

the land preparation and landscaping. Dr. Palabrica broached the idea with CDO Mayor, Oscar Moreno, who readily acceded. Since CDO was hit by typhoon Sendong in Dec. 16, 2011, the city folks who were most affected were transferred to Barangay Pagatpat. Mayor Moreno suggested that the playground be constructed there in order to benefit the children. Barangay Captain Achilles Babaran was contacted and he identified the area where the playground should be built.

On Dec. 2014, Dr. Leslie Reyes and Mike Villanueva visited the site together with Drs. Palabrica, Pimentel, Quiaoit and Lao. They were met by the Barangay Captain and the children and their mothers. The site given was a 500 sq. meter lot, just walking distance from the relocation site.

- Dr. LM Reyes, POA Trustee



## A Year of Orthopedic CME...

*Continued from Page 14*

October showcased two new courses: the Basic Arthroplasty Course and Workshop under Drs. Azores, Bernardo, Garduce, Leagogo, Paner and Tabu. There were lectures in the morning from both consultants and alumni (Drs. San Juan, Limson, Antonio, Monicit) and a saw bone workshop in the afternoon.

Later in the month, the pelvic arm of the Trauma Section, through the efforts of Drs. Tabu & Lai, hosted the Geriatric Orthopaedic Fracture Symposium: A Multi-disciplinary Team Approach to Fracture Management, centering on pelvis, acetabulum and hip fractures. This included all subspecialties involved in the treatment of this elderly osteoporotic population: Geriatric Medicine, Endocrinology, Family Medicine, Rehabilitation Medicine, Rheumatology, Anesthesiology, and of course Orthopedics.

November, everyone came together in support of our Association's Annual Convention and December is of course dedicated to Christmas lanterns, parties and worsening traffic. 2016 promises to be another CME-filled year as the Department joins hands with the Philippine Orthopedic community in furthering Orthopedic education and training!

Thank you to everyone who participated in our CME courses. You can email us at orthopedics\_pgh@post.upm.edu.ph for suggestions, comments and queries. More power to all!

- Dr. CE Sumpaico, Asst Chair for CME & Dr. EHM Wang, Chair, UP-PGH Dept of Ortho



# 2015 SCIENTIFIC PROGRAM

Day 0 : Nov. 17, 2015 (Tuesday)

Pre Congress: Association of Hand Surgeons of the Philippines [AHSP]

## PHILIPPINE ORTHOPAEDIC ASSOCIATION 66th ANNUAL CONVENTION "ORTHOPAEDIC TRAUMA: Evolving Treatment Strategies"

Day I: Nov. 18, 2015 (Wednesday)

### SESSION I: INSTRUCTIONAL COURSE LECTURES

#### ICL I: FOOT AND ANKLE [Mactan 1]

Moderators: Borbon, CV & Paz, J

|          |                                 |            |
|----------|---------------------------------|------------|
| 830-845  | Calcaneal Fractures             | Lopez, RG  |
| 845-900  | Talar Fractures                 | Reyes, F   |
| 900-915  | Open Forum                      |            |
| 915-930  | Updates on Metatarsal Fractures | Estil, C   |
| 930-945  | Updates on Midfoot Fractures    | Borbon, CV |
| 945-1000 | Open Forum                      |            |

#### ICL II: PMTS - OSTEOSARCOMA [Mactan 2]

Moderators: Quintos, AJC & Dimayuga, CD

|         |                                      |            |
|---------|--------------------------------------|------------|
| 715-730 | Introduction & Overview              | Ramos, M   |
| 730-745 | Clinico-Radiologic Diagnosis         | Carnero, H |
| 745-800 | Biopsy and Histopathologic Diagnosis | Marfori, M |
| 800-815 | Open Forum                           |            |
| 815-830 | Treatment Options                    | Rotor, R   |
| 830-845 | Pitfalls: Case presentations         |            |
| 845-900 | Open Forum                           |            |

#### ICL III: PHILIPPINE HIP & KNEE SOCIETY [Mactan 2]

Moderators: Arandia, E & Muñoz, M

|           |   |               |
|-----------|---|---------------|
| 1000-1015 | Patient Selection & Indications for THR           | Lopez, MA     |
| 1015-1030 | Preoperative Templating & Implant Choices for THR | Taberrah, A   |
| 1030-1100 | Coffee Break & Open Forum                         |               |
| 1100-1115 | Surgical Exposures, Tips & Pearls in THR          | Valenzuela, H |
| 1115-1130 | Patient Selection & Indications for TKR           | Pandanán, J   |
| 1130-1145 | Preoperative Templating & Implant Choices for TKR | Monicit, D    |
| 1145-1200 | Surgical Exposures, Tips & Pearls in TKR          | Baclig, P     |

#### 0900-1200 PBO MEETING WITH INSTITUTIONS [Batanes 1]

#### SPECIAL SESSION I: PEDIATRIC ORTHOPAEDIC SOCIETY OF THE PHILIPPINES [Mactan 2]

0900-1200 Pediatric Orthopedic Case Report Contest

#### SPECIAL SESSION II: Research I

#### 1300-1600 Residents' Research Protocol Contest [Mactan]

Moderator: Siatan, EJT

|           |  |                 |
|-----------|--|-----------------|
| 1330-1430 | Orientation of New Fellows                 | [Batanes 1]     |
| 1430-1530 | Holy Mass                                  | [Batanes 2]     |
| 1600-1800 | Opening Ceremonies [JVDS Memorial Lecture] |                 |
|           | DR RAMON GUSTILO                           | [Isla Ballroom] |
| 1930-2200 | Welcome Reception / Fellowship Night       | [Isla Ballroom] |

Day 2: Nov. 19, 2015 (Thursday)

### SESSION II: BASIC PRINCIPLES IN GENERAL ORTHOPEDIC TRAUMA MANAGEMENT [Isla Ballroom]

Moderators: Altarejos, FP & Dungca III, GV

|           |   |              |
|-----------|---|--------------|
| 0800-0815 | What's New in Fracture Healing? My Take on Healing Augmentation           | Dela Rosa, M |
| 0815-0830 | DVT Prophylaxis in Orthopedic Trauma: When & How?                         | San Juan, A  |
| 0830-0845 | External Fixators: Its Definite Role in Fracture Treatment in Our Setting | Dungca, D    |
| 0845-0900 | MRI Use in Orthopedic Trauma  | Jason, R     |
| 0900-0915 | Open Forum  |              |

### SESSION III: GENERAL TRAUMA CONCEPTS

Moderators: Lai, JL & Tabu, II

|           |   |                   |
|-----------|---|-------------------|
| 0915-0930 | MIPD: How Far Can We Go? Current Concepts & Applications                            | Bavonatanavech, S |
| 0930-0945 | Open Fractures through the Years: What's New Today?                                 | Gustilo, R        |
| 0945-1000 | The Multiply-Injured Patient: What's My Role as an Orthopedic Trauma Surgeon?       | Mohammad, K       |
| 1000-1015 | Damage Control Orthopedics: Is This What I Really Need to Do?                       | Pirpiris, M       |
| 1015-1030 | Polytrauma Management in the Philippine Setting: The Role of a Surgical Intensivist | Resurreccion, R   |
| 1030-1045 | Open Forum / Snack  |                   |

### SESSION IV: ASSOC OF HAND SURGEONS OF THE PHILIPPINES: WRIST

Moderators: Gozum, AA & Lim, NT

|           |  |              |
|-----------|--|--------------|
| 1045-1100 | Approach to the Painful Wrist                    | Bautista, J  |
| 1100-1115 | Distal Radius Fractures: Controversies & Updates | Capo, J      |
| 1115-1130 | Scaphoid Fracture: Controversies & Updates       | Dela Rosa, T |
| 1130-1150 | Carpal Instabilities                             | Tan, D       |
| 1150-1200 | Open Forum                                       |              |

### 1200-1300 PFIZER LUNCH SYMPO: Modern Perspectives in the Management of Osteoarthritic Pain

|           |                         |                 |
|-----------|-------------------------|-----------------|
| 1300-1600 | Tours for VIPs/Speakers | Coruña, JMR     |
| 1300-1530 | POA Business Meeting    | [Isla Ballroom] |

### SPECIAL SESSION III: Research II

|           |   |              |
|-----------|---|--------------|
| 1300-1600 | Residents' Research Forum                                 | Mactan Room] |
| 1600-1830 | POSSM: The Fitness Quotient                               | Eufemio, EM  |
| 1900-2100 | President's Night [by Invitation]/Alumni Night/Free Night |              |



## 2015 SCIENTIFIC PROGRAM

## Day 3: Nov. 20, 2015 (Friday)

## 0800-1500 PDA/PBD/PDAFI Elections

## SESSION V: UPPER EXTREMITY TRAUMA

Isla Ballroom

Moderators: Pandanan, JC &amp; Pacheco, WB

- 0800-0815 IM Fixation of Clavicular Fractures: How I Do It in My Setup  
Asuncion, J
- 0815-0830 Proximal Humerus Fractures: Problems & Controversies with Locked Plates  
Ma, CH
- 0830-0845 Proximal Humerus Fractures: Role of Replacement  
Sarrosa, E
- 0845-0900 MIPD for Humeral Shaft Fractures: Is DRIF Out? Ma, CH
- 0900-0915 Distal Humerus Fractures: Settling So Many Issues  
Mohammad, K
- 0915-0930 Open Forum / Coffee Break

## SESSION VI: PELVIS AND ACETABULAR TRAUMA

Moderators: Syquia, JFC &amp; Ochoa, RA

- 0930-0945 The Stoppa Approach for Acetabular Fractures: Indications & Advantages over the Iliioinguinal Approach  
Pandanan, J
- 0945-1000 Complex Acetabular Fractures: The Role of a General Orthoped  
Pirpiris, M
- 1000-1015 The Role of THA in Acetabular Fractures: Is It Easier Than Doing DRIF?  
Arandia, E
- 1015-1030 Pelvic Fractures in a Hemodynamically Unstable Patient: The Role of the General Orthoped  
Belen, A
- 1030-1045 Open Forum

## SESSION VII: LOWER EXTREMITY TRAUMA

Moderators: Dela Rosa, MFT &amp; Basco, GT

- 1045-1100 Intertrochanteric Fractures: Goodbye DHS, Hello PFN?  
Flavier, M
- 1100-1115 Intertrochanteric Fractures: Hip Replacement: How & Why I Do It & My Results  
Tanchuling, A
- 1115-1130 Subtrochanteric Fractures: How is the Locked Plate Doing?  
Pirpiris, M
- 1130-1145 Proximal Femur Fractures in My Local Setting: Extramedullary Still Works!  
Asuncion J
- 1145-1200 Femoral Shaft Fractures: Issues and Controversies in Positioning & Use of the Fracture Table: Pros & Cons in My Hands  
Bavonratanavech S
- 1200-1215 Ipsilateral Hip & Shaft Fractures: Problems & Controversies: How Am I Really Supposed to Do It?  
Pirpiris, M

- 1215-1315 **MSD LUNCH:** Challenging IPR: Optimizing Pain Relief in the Real World  
Dela Paz, E & Ona, D

- 1300-1700 **PODIUM PRESENTATIONS** Mactan Room

## SESSION VIII: PERIARTICULAR FRACTURES AROUND THE KNEE

Moderators: Tenorio, EC &amp; Garduce, Jr., VP

- 1315-1330 Retrograde Nailing for Femoral Shaft Fractures: Indications, Controversies and Results  
Leung, JP
- 1330-1345 Distal Femur Fractures: My Approach to Surgical Treatment Today  
Bavonratanavech S

- 1345-1400 Tibial Plateau Fractures: The Return of the Bone Sandwich?  
Carilo, N

## SESSION IX: FOOT AND ANKLE TRAUMA

Moderators: Amador, AA Battad, GR

- 1400-1415 Pilon Fractures: Is Primary Fusion a Viable Option?  
Mohammad, K
- 1415-1430 Three Stage Treatment Protocol for Recalcitrant Distal Femoral Nonunions with Bone Loss  
Ma, CH
- 1430-1445 Understanding Complex Malleolar Fractures: Keeping it Simple  
Mohammad, K
- 1445-1500 New Strategy for Open Tibia Type IIIB/C Fractures  
Ma, CH
- 1500-1515 Ligamentous Ankle Injuries: My Approach to Diagnosis and Management  
Mohammad, K
- 1515-1530 Open Forum
- 1530-1545 Snacks

## SESSION X: ADTRAUMA AND OSTEOPOROSIS UPDATES

Moderators: Leung, JPF &amp; Chua, Jr., DA

- 1545-1600 Updates from the AO Foundation  
Bavonratanavech, S
- 1600-1615 AO Trauma Philippines: 10 Years' Experience  
Lavadia, WT
- 1615-1630 Updates in the Management of Osteoporosis in Patients with Fragility Hip Fractures  
Cañete, A
- 1630-1645 Other Causes of Osteoporosis besides Menopause (PSOWS)  
Tan, I
- 1645-1700 Open Forum

- 1900 **Congress Banquet** Isla Ballroom

## Day 4: Nov. 21, 2015 (Saturday)

## SESSION XI: PERIPROSTHETIC FRACTURES: AN EMERGING CONCERN

Isla Ballroom

Moderators: Tabberrah, AGJ &amp; Agbayani, Jr., BA

- 0830-0845 Periprosthetic Fractures Around a THA  
Guloy, I.
- 0845-0900 Periprosthetic Fractures Around a TKA  
San Juan, A.
- 0900-0910 Open Forum

## SESSION XII: PEDIATRIC TRAUMA

Moderators: Aguilar, JA &amp; Torredes, RA

- 0910-0930 Flexible IM Nailing for Pediatric Upper & Lower Extremity Fractures: Indications, Pearls & Pitfalls  
Mahadev, A
- 0930-0945 The Multiply Injured Child  
Pirpiris, M
- 0945-1005 Elbow Injuries in Children: Diagnostic Dilemmas and Treatment Strategies  
Mahadev, A
- 1005-1025 Open Forum

## SESSION XIV: THE DECADE OF ROAD SAFETY &amp; NEGLECTED TRAUMA &amp; INFECTIONS

Moderators: Ang, RE &amp; Racpan, AA

- 1025-1040 MSF Experience: In the Middle of it All  
Agdeppa, L
- 1040-1055 MIPD for Neglected Diaphyseal Fractures: How and Why?  
Tenorio, E
- 1055-1110 The Rational Use of Antibiotics in Chronic Osteomyelitis  
Estrada, R

- 1110-1120 Open Forum

1120-1130 **CLOSING CEREMONIES**





Ortho Balita  
Issue No. 33 Vol. 1

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# The Philippine Society of Women Orthopedic Surgeons

The Philippine Society of Women Orthopedic Surgeons (PSWOS)

Speaking of specialty organizations within the Philippine Orthopedic Association, there is a new kid on the block. This is the Philippine Society of Women Orthopedic Surgeons (PSWOS), from which the name connotes, is a society composed of female orthopedic surgeons, clearly a minority group in a specialty dominated by burly male surgeons. The society was conceptualized and brought to fruition by the pioneer female orthopedic surgeon in the Philippines, Dra Tess Altre, a pediatric orthopedic surgeon revered in the orthopedic community. The goal is to empower the female orthopedic surgeon as a force to reckon with in patient care.

The purposes for which this society was formed were to:

- i. Support the endeavors of the Philippine Orthopaedic Association in advancing the science of orthopaedics by promoting excellence in research, training, and service;
- ii. Encourage and support the growth and leadership of current and prospective women orthopaedic professionals through education, research, and outreach;
- iii. Promote and advance musculoskeletal health and orthopaedic surgery, including, but not limited to, female gender-related musculoskeletal issues and peculiarities;
- iv. Encourage fellowship amongst women orthopaedic surgeons in the Philippines; protect the rights and promote the welfare of female

*orthopaedic surgeons practicing in the country;*

v. Foster interaction of women orthopaedic surgeons globally.

The founding board of trustees took their oath of office last November, 2014 during the POA Annual Convention in Cebu City. They are: Teresita L. Altre, MD FPOA-President, Emilia Halili-Tanchuling MD FPOA-Vice President, Janis Ann F. Espino-de Vera MD FPOA-Secretary, Pamela Ann C. Ah MD FPOA-Treasurer, Anne Kathleen Ganal-Antonio MD FPOA, Maria Adelwisa G. Belen MD FPOA, Ma. Josephine B. de Peralta MD FPOA-Board Members.

The society has met every other month planning to promote projects that will target gender specific orthopedic concerns in select sectors of the female population. The projects shall be in the form of medical missions, lay fora, information dissemination through media and event shout-outs and the like. In the future, membership may be opened to our male counterparts sympathetic to the cause of the society. In the meantime, the manifestation of girl power in the Orthopedic community should be worth a second look.

- Dr. E Halili-Tanchuling,  
PSWOS Vice President



Updates

Any updates on your  
personal records with POA?  
Please let us know

[Clinics/Home Address/  
Contact Numbers/Email  
Address... etc.]





## Fellows' Benefits... *Continued from Page 7*

Suggestions on how to further enhance these benefits from the membership are all welcomed.

We have also successfully conducted the second Research Writing Bootcamp last March 7, 2015 at the Richmond Hotel, Mandaluyong City.

1st year Residents and their research coordinators were the target audience of this activity and a very good turnout of attendees was achieved. The Research Writing Workbook, which is a product of the first Research Writing Bootcamp was fully utilized. Since there was a clamor from other Fellows to get hold of a one, we have reproduced copies and will be distributed during the convention proper.

This is a continuing project of the POA Research Committee Chaired by Dr. Edwin Jerd T. Siatan.

As a follow-up activity of this event, the POA Research Committee then decided to have a Research Protocol Presentation and would be included in the POA annual. Eight papers will be selected, three of whom will emerge winners and will receive cash prizes.

The Evidence-Based Medicine Workshop also pushed through last Oct. 10 at the ACE Hotel in Pasig City. This event was participated in by representations from the different regional chapters and the NCR. The audience get to have an intimate discussion with the facilitators since all topics

and examples are in the field of orthopedics. The facilitators were Drs. Emmanuel P. Estrella and Nathaniel Orillaza. This event was Chaired by Dr. Peter B. Bernardo.

All of the Research/Education activities mentioned were supported by Janssen. We hope that all of these activities will be continued again next year and that Residents and Fellows get to grab these opportunities and participate.



## The Ins & Outs of the Elbow

ASSOCIATION OF HAND SURGEONS  
OF THE PHILIPPINES



Pre-Congress to the  
66th Philippine Orthopedic Association  
Annual Convention



**PASIKOT-SIKOT SA SIKO**  
*The Ins and Outs of the Elbow*

International Speakers from the  
American Society for Surgery of the Hand  
Singaporean Society for Hand Surgery

NOVEMBER 17, 2015  
EDSA SHANGRI-LA HOTEL, MANDALUYONG CITY, PHILIPPINES

The Association of Hand Surgeons of the Philippines (AHSP) will hold a scientific meeting on the elbow joint dubbed as "Pasikot-sikot sa Siko" on November 17, 2015, at the Shangri-La Hotel in Mandaluyong City. This will precede the 66th Philippine Orthopedic Association Annual Convention to be held on November 18-21 on the same venue. Well-renowned speakers from here and abroad will be talking on acute and chronic elbow instability, stiffness, pediatric supracondylar fractures, and other interesting conditions involving the elbow joint.

Leading the local speakers who will share their experience in the management of these challenging cases are Dr. Noel Carilo of the Philippine Orthopedic Center (POC) and Dr. Juanito Javier of the Philippine General Hospital (PGH). Dr. John Capo from Newark, New Jersey, USA and Dr. David Tan from the National University Hospital in Singapore will give updates on the treatment and surgical techniques currently in trend in first world countries.

There will also be exhibit booths by pharmaceutical and implant companies that have been very supportive of the projects and advocacies of the hand society. This scientific meeting is just one of the many activities lined up in preparation for an important international hand affair in 2017, the 11th Congress of the Asia Pacific Federation of Societies for Surgery of the Hand in Cebu.

See you there!

- David L. Alagar, MD, FPOA  
President, AHSP



# PHILIPPINE ORTHOPAEDIC ASSOCIATION 66TH ANNUAL CONVENTION



## ORTHOPAEDIC TRAUMA: *Evolving Treatment Strategies*

*in cooperation with*



PHILIPPINE  
ORTHOPAEDIC  
TRAUMA  
SOCIETY



NOVEMBER 17-21, 2015, EDSA SHANGRI-LA HOTEL, MANDALUYONG CITY, PHILIPPINES

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