

Working Together for 2022

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occasions. Our POA legal counsel has helped us pave the way to allow official elections to be held online during the 73rd Congress. We hope all Fellows can participate in choosing your POA leaders who will assume office at the end of 2022. Please visit our website for the 73rd Annual Convention on www.philorthoevents.org for more details and updates.

We are also six months away from our second and bigger meeting for 2022. The POA's hosting of the 22nd Congress of the Asia Pacific Orthopedic Association with the theme "60 Years of Trailblazing Orthopaedics Through Diversity and Synergy" marks another milestone for 2022. Scheduled for 24-26 November 2022, this online activity will gather over 24 member nations and over 60,000 orthopedic surgeons as we celebrate the 60th year anniversary of the APOA. The Congress will involve all 12 APOA subspecialty sections with their individual programs focused on the evolution and progress of their subspecialty through the years.

Dedicated time for subspecialty-based research presentations will also be available, guaranteeing an audience eager to listen to and participate in novel developments born out of trailblazing orthopedic research. The POA will also contribute three added specialty sections which, although not having direct APOA counterparts, are poised to deliver substantial information in the fields of Orthopedic Musculoskeletal Tumor management (PMSTS), the use of the Ilizarov apparatus (ASAMI), and even updates on Musculoskeletal Ultrasound techniques and developments. The Congress will also feature orthopedic luminaries at the end of every day, recognized giants in our specialty, who will be sharing their lives' works and achievements, offering insights and inspiration for us all. We will also witness the distinction of having one of our own Fellows assume the Presidency of the APOA, which is the largest organization of orthopedic surgeons in the world. Prof Ellewelyn "Lewy" Pasion will be taking the reins

from Prof Shoichi Kokubun of Japan and will embark on his opportunity to lead and guide this important group of Orthopods throughout the Asia Pacific. The POA has designed affordable packages for registration for both Filipinos and foreigners to have the greatest number of participants. I hope you can visit the APOA website on www.apoa2022manila.org for details and information as we prepare for November.

2022 continues to be a busy year for your POA. We thank all Chapters and Subspecialties for their understanding and support especially for the congress preparations. Your POA office located in the mezzanine level of the Philippine Orthopedic Center remains open for all your orthopedic concerns and needs. I sincerely hope we can all continue to work together for our common and shared pursuits and goals for One POA.

*-Frederic Joseph F. Diyco, MD, FPOA
POA President*



73RD PHILIPPINE
ORTHOPAEDIC
ASSOCIATION

Edward V. A. Lim

Keynote Speaker

An Orthopedic Surgery practitioner specialising in hip, knee, and shoulder replacements and the current Director of the Division of Orthopedic Surgery at The Christ Hospital in Ohio, USA.

GITING AT GALING
(COURAGE AND INGENUITY)

EDWARD V.A. LIM, MD



Officers in Focus

A Glance at our POA President

It was VP Dave who started it, by writing a poem on the last OrthoBalita issue,

About a glimpse of our now president, Federico, opps, i mean Frederic "Richie" Diyco.

I might say Dave's descriptions were spot on, funny, witty and true,

None of those sensational exaggerations that we always read on the news



So what more can i add? Having known Richie for quite some time I can say he deserves not just a glimpse, but more of a glance I've known him since residency and from then I've always knew That his intelligence and leadership would someday carry POA through

I agree that he is a walking dictionary but it's not the thousand words that impresses me,

But the way he put these words together to write something so eloquently,

The speed of how he writes, the content, the text and the form Is like reading something written by someone other than an ortho surgeon

He was described as Casanova, and not to comment i think is safer But from the time i came to know him, i knew he is 'lover not a fighter' But when issues are needed to be decided, and there are dissenting opinions

He is not afraid to express his thoughts until everyone agrees to a decision

He is always diplomatic, doesn't really wages war

Except maybe when it comes to VP Dave Alagar

He always tries to find a common ground and at the end of the day

He always is for, what is good for POA

I think I've written long enough, its bordering from a glance to a stare

But one can't really help it when you look at 'el Presidente' of the POA

He is blessed with a handsome face although without dimples to add to his charms

But I'm sure he is not complaining, for he has Dimples in his arms

He is the leader that can tide us during this difficult period

He is the leader that can unite us, and I'm sure that he could

He is the leader that we need, and i want to say his name correctly

But I don't want to botched it twice, so let me just call him "President Richie".

- Melito Antonio P. Ramos, MD, FPOA
POA Trustee

Legend: Dr. David Limlingan Alagar

Dr. David Caesar L. Alagar entered the Philippine Orthopedic Center (POC) in 1997 as a bright-eyed, impressionable, young man. He hit the ground running though and showed his true potential early on. Soon enough his seniors and bosses took note of his name and knew he had a good future as an Orthopaedic Surgeon. Life in POC was not without struggles.

Family time had to be sacrificed because of the demands of being a trainee while starting a family on his second year of residency.

Like the biblical David who slew the giant Goliath and became one of the greatest kings of Israel, David Alagar was able to overcome the obstacles that he faced and achieved great things at a young age. He topped the diplomate board exams in 2002. After residency, he pursued his dreams of becoming a trauma and hand surgeon as a fellow at the University of Cincinnati in the USA in 2003-2004 under the tutelage of the much-respected hand surgeon Dr. Peter J. Stern and the very talented trauma and



arthroplasty mentor Dr. Edward VA Lim. He became president of the Association of Hand Surgeons of the Philippines in 2015-16, serving 2 years. He has been a Board of Trustee of the Philippine Orthopaedic Association since 2014 and has held the positions of Treasurer, Secretary, and presently as Vice President. He has served as member of the training, research and praise committees and concurrently hand unit head of the Philippine Orthopedic Center.

Despite all his achievements Dr. Alagar has remained humble, grounded, and prayerful. His happiest achievement though is marrying Mona who is a teacher and the HR director of Saint Pedro Poveda College and is proudest of his kids Spice, Django, and Sandy. Dr. Alagar continues to be of service to our countrymen who are in need of specialized hand surgery. He also continues to teach future orthopaedic surgeons and actively promotes hand surgery as a subspecialty. The adage "now a name, soon a legend," applied to Dr. David Alagar when he entered his beloved POC in 1997. If success, as John Maxwell wrote, is knowing your purpose in life, growing to reach your maximum potential, and sowing seeds that benefit others, then Dr. David Alagar is its prime example.

-Justinano Aquilino Cyrill Pimentel III, MD, FPOA
POA Treasurer



POA Holds Successful Annual Convention

The POA successfully held the 72nd Annual Congress last November 16-19-2021 via a virtual platform. The theme of the meeting was "Sports Medicine from Head to Toe". This was a combined meeting with

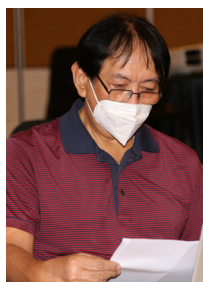


Philippine Orthopaedic Society for Sports Medicine [POSSM], the ASEAN Society for Sports Medicine and Arthroscopy [ASSA], and the ASEAN Orthopedic Association [AOA]. Overall, there were a total of 1253 registrants, broken down into 674 POA Fellows, 424 Residents, 49 Non-fellows, 30 foreign delegates, 76 from Allied medical professions. With regards to the foreign registrants - Malaysia-6, Indonesia-6, India- 6, Turkey-2, 1 delegate each from Japan, Australia, Belgium, Singapore.

There was a total of 106 faculty, both international and local speakers from all over the world. The keynote speaker was Prof John Bartlett from Australia, and the Inspirational Speaker was Dr Freddie Fu from the USA. All the subspecialty societies under the POA participated in this comprehensive meeting. There were also lectures geared for coaches, trainers, physical therapists and other allied medical personnel.

With regards to research, there was the Residents Research Forum- 6, Free paper presentations- 22 [local], Sports related research- 20, and 60 poster presentations.

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POA Holds Successful Annual...

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Sponsorships included Platinum -6, Gold -5, Session sponsors- 7, Virtual booths- 13 from the pharmaceutical and medical industry. There were also sponsorships from non-medical group like Uratex, Gatorade, Starbucks, Scrub Suit Manila.

The election of the new Officers of the POA and PBO were also held, and the Business Meeting for the fellows was well attended.

The culminating activity was the turnover of the new officers of the different associations. The following were inducted 1. Dr Peter B. Bernardo as incoming ASEAN Orthopedic Association [AOA] president. [2] Dr Richie Diyco as incoming President of the POA and the new board of trustees [3] Dr Antonio San Juan as incoming President of ASSA and POSSM [4] Dr Reynaldo Lopez as incoming chairman

of the PBO and the new trustees of the PBO.

This year, the annual convention will be held in June 16-18-2021, while the APOA congress will be held on November 2022.

*-Peter B. Bernardo, MD, FPOA
POA Ex-Officio*



POA joins Osteoporosis CPG and Pilot Orthogeriatric and FLS Expansion Project Launch in the Philippines



In the first half of the year 2022, despite the challenges brought about by the COVID-19 pandemic, the POA

Orthogeriatric and Osteoporosis Working group has participated in 2 very important projects that aims to promote the knowledge about Osteoporosis and Fragility Fracture Management in the country.

First, the POA once again responded to the call of the Osteoporosis Society of the

Philippines Inc. (OSPFI), to join hands with other societies and organizations and update the Philippine Osteoporosis Clinical Practice Guidelines. With the original CPG published in 2011, it was high time to update the current recommendations given the increasing numbers of fragility fractures due to osteoporosis happening in our region. On-going 2-hour bi-weekly meetings are currently being attended by volunteer evidence review experts from the POA namely Dr. Nathaniel Orillaza Jr, Dr. Jonathan Ronquillo, and Dr. Marie Ruth Padua, with Dr. Czar Louie Gaston as a member of the Consensus panel. The goal is to complete the updated CPG by the end of the year.

Another milestone project supported by the POA that was virtually launched last April 1, is the Orthogeriatric and FLS Expansion project. Spearheaded by the University of the Philippines Manila – Philippine General Hospital Department of Orthopedics, a funding proposal was submitted to the Department of Science and Technology- Philippine Council for Health and **Research** Development titled 'Multicenter Implementation of Orthogeriatrics and the Fracture Liaison Service for Elderly Hip Fractures: An evidence-based framework for a sustainable Digital Health Registry'. The proposal was successful and will use the REDCap (Research Electronic

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"Multicenter Implementation of Orthogeriatrics and the Fracture Liaison Service for Elderly Hip Fractures: An evidence-based framework for a sustainable Digital Health Registry"

Launching of the
Multicenter Orthogeriatrics-FLS Hip Fracture Registry Project For the Filipino Elderly

April 1, 2022
3:00pm
Zoom Meeting
ID: 82303371844
Passcode: geriafls



For Inquiries pls contact our Secretariat:
Bam: 090555724837
Nikka: 09066765321
Aubrey: 09362884993
Jessa: 09233343054



PROGRAMME

I. Opening Remarks - Dr. Juanito S. Javier,
Chair, Department of Orthopedics

II. Introduction of the Study "Multicenter Implementation of Orthogeriatrics and the Fracture Liaison Service for Elderly Hip Fractures: An Evidence-based Framework for a Sustainable Digital Health Registry"
- Dr. Irwin A. Tabu
Project Leader

List of Participating Institutions:

- Baguio General Hospital and Medical Center	- Philippine General Hospital
- Bicol Region General Hospital And Geriatric Medical Center	- Philippine Orthopedic Center
- Cagayan Valley Medical Center (CVMC)	- Quirino Memorial Medical Center
- East Avenue Medical Center	- Veterans Memorial Medical Center
- Jose B. Lingad Memorial Regional Hospital	- Vicente Sotto Memorial Medical Center
- Jose R. Reyes Memorial Medical Center	- West Visayas State University Medical Center
- Northern Mindanao Medical Center	- Western Visayas Medical Center

III. Messages from...
Pearl Kathleen Co-Tumlos
Program Coordinator of digital and frontier technologies in health program
Department of Science and Technology

Edward H.M. Wang, MD, MSc
National Academy of Science and Technology

Dr. Eroid Jason Beronio
Department of Health

Carmencita C. Montoya, MD, MSc., PhD, CESO II
Chancellor, UP Manila

IV. Reactions from
a. Professor David Marsh founder fragility fracture network Global

V. Testimony from patients

VI. Closing remarks - Dr. Irwin A. Tabu, Project leader

POA joins...

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The legacy of the pilot study in 2022 and 2023 will be the establishment of a Philippines National Hip Fracture Registry that will allow sustainable and data-driven policy making in the improvement of fragility hip fracture care in the Philippines.

Data Capture) platform to achieve the following during 2022 and 2023:

- Institutionalising Orthogeriatric Fragility Fracture Management and FLS as a pathway for care of elderly patients with fragility hip fractures in 14 participating government hospitals in the Philippines.
- Possible two health policy recommendations on:
 - Bone health in the elderly.
 - Mandating the formation of cost-effective orthogeriatric units and FLS in hospitals.
 - Generation of an electronic data collection framework with includes key performance indicators (KPIs).

- Irewin A. Tabu MD, FPOA
 Head, POA Osteoporosis and Orthogeriatric Working Group
 Chief of Orthopedic Trauma Division, UP-PGH
 President, FFN-Philippines
 Deputy Chair, FFN Global Regionalisation Committee
 Council Member, Asia-Pacific Osteoporosis and Fragility Fracture Section

GCI/MF Conducts Int'l Train the Trainer/Advanced Clubfoot Training and Basic Clubfoot Course in Ponseti Method of Clubfoot Management

The Global Clubfoot Initiative and MiracleFeet, along with local partner Philippine NGO Council on Population, Health and Welfare (PNGOC), conducted a two-stage blended Advanced Clubfoot Training and Train-the-Trainer Course together with a face-to-face Basic Clubfoot Training Course. The online part of the course was conducted last April 19 to 21, with Drs. Rotti Flores and JP Leung amongst the Tier 1 trainers, and participants being clubfoot practitioners from several countries including Bangladesh, Cambodia, Indonesia, Myanmar, Nepal,



Pakistan, Sri Lanka, and the Philippines. The face-to-face segment of the online course, followed by a Basic Clubfoot Training Course conducted by an international faculty for local clubfoot

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The team dedicated this training to the memory of Dr. Eden Divinagracia, Executive Director of PNGOC, who spearheaded the growth of the Philippine National Clubfoot Program.



Parents and Clubfoot children with the Asia ACT Train-The-Trainer International Clubfoot Training Course held last May 4-7 at the Dusit Thani Hotel in Makati

GCI/MF...

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practitioners from the various Philippine National Clubfoot Program partner clinics nationwide, was held at the Dusit Thani Hotel in Makati last May 4-7. The Basic Course consisted of lectures and workshops on clubfoot evaluation and Pirani scoring, serial casting, tenotomy, and bracing using the Ponseti technique. The blended course had 5 Tier 1 faculty, 12 Tier 2 faculty, and 24 Tier 3 Basic Course participants which included practitioners and orthopedic residents from Bicol Medical Center, Corazon Locsin Montelibano Memorial Regional Hospital, Cotabato Regional Medical Center, Jose R. Reyes Memorial Medical Center, Pagamutan ng Dasmariñas, Quezon Medical Center, Quirino Memorial Medical Center, The Medical City, and Western Visayas State University and Medical Center clubfoot clinics.

MiracleFeet is an international non-governmental organization, aligned with the Global Clubfoot Initiative, whose mission it is to increase access to proper treatment for children born with clubfoot in low- and middle-income countries through partnerships with local healthcare providers. Since 2014, MiracleFeet has worked to increase access to clubfoot treatment throughout the Philippines through various partner clinics. In 2018, MiracleFeet partnered with PNGOC to establish the Philippine National Clubfoot Program in order to greatly expand clubfoot treatment all over the country. There are currently 30 partner clinics in various government and private hospitals nationwide for which the Philippine National Clubfoot Program provides logistical, training, and documentary support to reach the estimated 3,000 clubfoot patients born annually in the Philippines.

Please visit <https://globalclubfoot.com>, <https://www.miraclefeet.org>, and pngoc.net for more information.

-Rosalyn P. Flores, MD, FPOA
& Jean Pierre F. Leung, MD, FPOA



Tier 1 and 2 Trainers for the Course including POA Fellows Dr. Rotti Flores, JP Leung and Nic Suero. Also in picture are (Front row, 3rd from left) Ms. Maria Cristina Mosende, Regional Program Manager of MiracleFeet, and (Front row, 4th from left) Mr. Emmanuel Otoo, Director of Programs for MiracleFeet. Other Tier 1 trainers include (Front row, 5th to 7th from Left) Mr. Shariful Islam Khan, Country Director for Glencoe Foundation-Walk for Life Bangladesh; Mr. Ryan Bathurst, Programme Director of Zimbabwe Sustainable Clubfoot Programme; and Ms. Debra Mudariki, Technical Adviser of MiracleFeet.



International Participants of the Advanced Clubfoot Training / Train the Trainers Course, also the Faculty group for the Basic Clubfoot Providers Course



Philippine National Clubfoot Program Medical Adviser Dr. Rotti Flores leading the serial casting demonstration for participants



Dr. Nic Suero, clubfoot doctor for ITRMC and BGH, lecturing to Basic Course participants



Tier 1 Trainer Ryan Bathurst of the Zimbabwe Sustainable Clubfoot Program, conducting a Ponseti Casting Workshop



Tenotomy and Ponseti Casting demonstration by Dr. Nic Suero

POA Chapters



POA North Luzon 2022: A Bit of the Old and New Normal

After two years of online meetings and conferences, POA North Luzon Chapter had its 1st Hybrid Quarterly Meeting last March 28, 2022 – held in Highland Bali Villas in Pantabangan, Nueva Ecija, in coordination with the Philippine Hip and Knee Society with the following speakers: Dr. Edsel Arandia, Dr. Marcelino Cadag and Dr. Jean Pierre Leung.

The Chapter saw an upsurge of attendance from its fellows compared to pre-pandemic assemblies. It has become evident that fellows are, to some degree, got weary of the usual online meetings and have presumably yearned for the old-fashioned face to face conversations that we usually bring about before the pandemic started.

We are hopeful that the IATF guidelines continue to improve as we constantly adapt to a New Normal – since

essentially, the last two (2) years of avoiding personal human contact has its own welfare. All of us, in one way or another, have found ways to adapt to what we call a New Life-Work Balance as compared to the old rat race schedules that we used to implement during pre-pandemic.

The CORE North Luzon, spearheaded by Dr. Daniel Dungca and the Chairmen of the four (4) training institutions in Northern Luzon, have been vehemently valiant in providing: joint conferences and mock written and oral exams (in a virtual platform) – in order to enhance the quality of training among all Northern training institutions, predicated with a sense of camaraderie and competitiveness, to produce future fellows at par with the national standard for orthopaedic practice or even better.

Through disastrous or challenging times such as this, the POANL shall continuously stand with each other and be of service to one another, to the betterment of not just the

association but with the development of each esteemed individual. One of the tragedies that hit our country last December of 2021 was Typhoon Odette (classified as a level 5 hurricane), which left a lot of our kababayans homeless and in need – including our fellow orthopods in Mindanao. POA North Luzon has always extended a helping hand to any of our fellow organizations; this time in cooperation with the POA Northern Mindanao Chapter, have succored to kick start the rehabilitation of our fellow orthopods in devastated areas. The North remembers all aid and assistance that other POA organizations have given us in our time of need – that being said, we just want to give back and push it forward. We, the North, will continue to help and evolve, not just in our relationship with our fellow orthopods, but in the quality of service and professionalism that the POA will ask of us.

*-Peter Paul Papio, MD, FPOA
POANL President 2022*

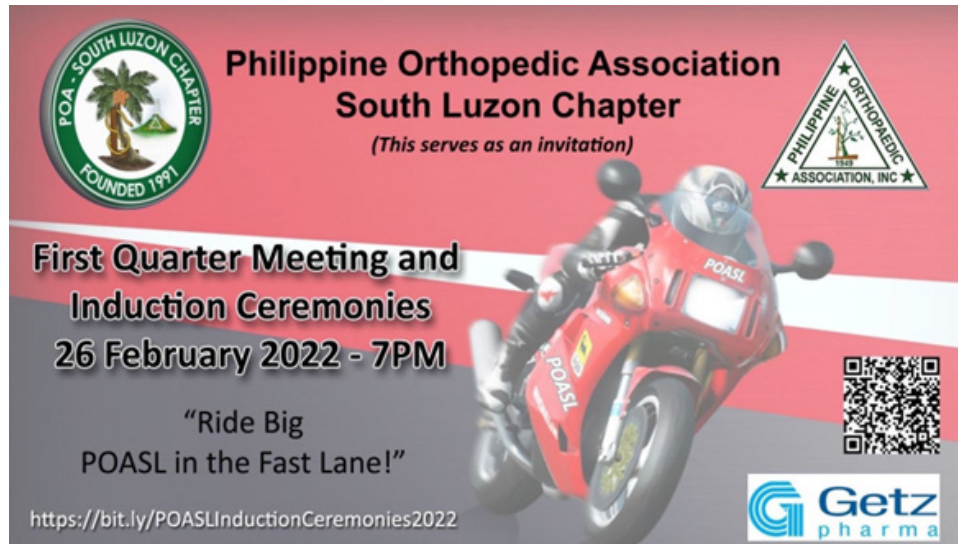


POA Chapters

Sulong South Luzon



RIDE BIG: POASL in the Fast Lane! POASL First Quarter Meeting and Induction Ceremonies



Feb. 26, 2022
Hilton Clark Sun Valley Resort, Clark, Pampanga

As POASL aim to move forward and "overtake" the obstacles brought about by the pandemic, the chapter's 1st quarter meeting and induction

ceremonies was appropriately entitled, "RIDE BIG: POASL in the Fast Lane!"

The induction

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2022-2024 POA SL President Dr. Ramon Anatolio III



2022-2024 POA SL Vice President Dr. Lendell Gatchalian



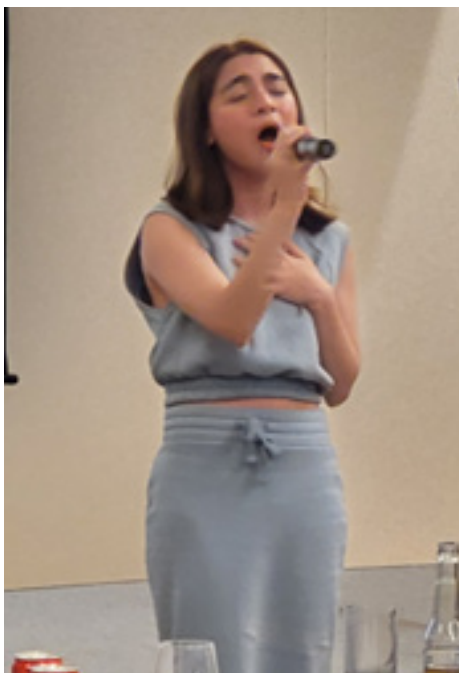
2022-2024 POA Secretary Dr. Ariel Sandoval



POA Chapters Sulong...

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ceremonies was preceded by lectures on Big Bikes by our past POASL and POA president, Dr. Edward Jerd Siatan and Dr. Don Ejercito. The attendees actively participated as the speakers discussed the life lessons from riding big bikes, tips how to buy a big bikes (without your wife knowing), what types of big bikes fit you, life outside the OR, looking for ways to spend money for investments, hobbies and ways to leave legacies, and tips on road safety.



To break the ice, the attendees were serenaded by Ms. Bea Muñoz of The Voice Teens Philippines, daughter of POASL Scientific Officer, Dr. Michael Muñoz.

The newly inducted chapter officers for 2022-2024 are the following:

- President:** Ramon Anatalio III, MD, FPOA,
- Vice President:** Lendell Gatchalian, MD, FPOA
- Secretary:** Roberto Gabriel Lopez, MD, FPOA,
- Treasurer:** Ariel Sandoval, MD, FPOA
- Public Relations Officer:** Marcelino Cadag, MD, FPOA
- Scientific Officer:** Michael Munoz, MD, FPOA



The keynote speech was delivered by the inducting officer, our POA National President, Dr. Frederic Joseph Diyco, who was accompanied by his wife, Dr. Ramona Reyes-Diyco.

Trustees: Antonio Puti, MD, FPOA & Rey-an Niño Garcia, MD, FPOA
Ex-Officio: Ernesto Tenorio, Jr., MD, FPOA, Joaquin Pandanan, MD, FPOA, Adviser

The new POASL Chapter Fellows were then welcomed and inducted by Dr. Anatalio.

POASL Strategic Planning

May 7, 2022

Timberland Highlands Resort, San Mateo, Rizal

The chapter officers had a face-to-face meeting to discuss the upcoming projects to further enhance the service to its members and to align activities with the mother organization, the POA.

The chapter is planning to continue its quarterly meeting, starting with a hybrid one on May 28-29 at Crimson Hotel in Filinvest, Muntinlupa City with a scientific lecture on Gray Zones in Femoral Shaft Fractures in Children. Pediatric Orthopaedic Society of the Philippines (POSP) president, Dr. Juan Alejandro Legaspi, was invited to be the guest speaker.

Constitutional amendments and membership requirements will also be discussed in the near future.

Also discussed was the plan for SEC registration and acquiring services of an accounting firm for the chapter's financial matters.

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POA Chapters Sulong...

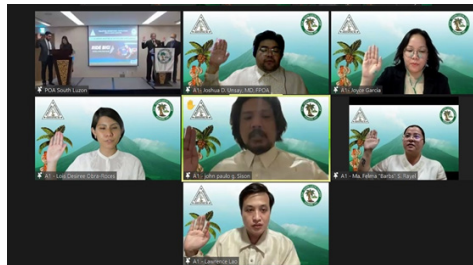
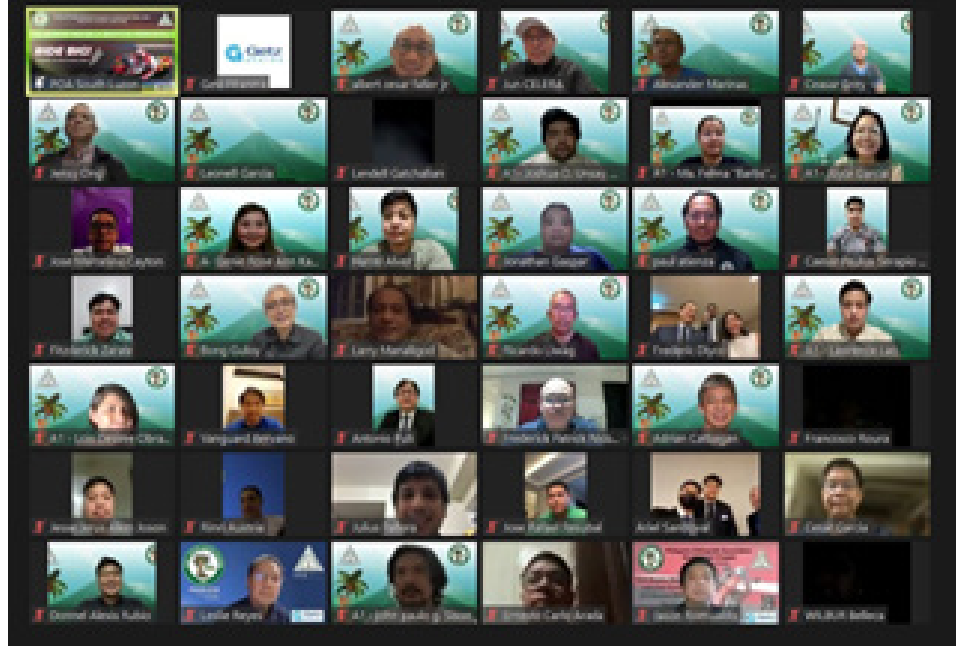
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As the membership grows, the officers also discussed the possibility of having a point person per province for easier communication and proper representation during board meetings.

POASL is also preparing for the 2024 POA Midyear Convention, which the chapter will host. The chapter last hosted the midyear convention in Palawan last 2016, which was very much commended by fellows from other chapters.

With its new set of officers, together with the guidance of our mentors in our chapter, and the active participation of its members, POASL is set to soar high, as we all shout our battle cry, "Sulong South Luzon!"

- Rey-an Niño Garcia, MD, FPOA
POA SLC Trustee





**Philippine Orthopedic Association
South Luzon Chapter**

Second Quarter Meeting
Grimson Hotel Alabang Muntinlupa
May 28, 2022 - 6:00pm (Hybrid Meeting)

Scientific Lecture:
Gray Zones in Femoral Shaft Fracture in Children

Scan the QR code to Register


POA Chapters



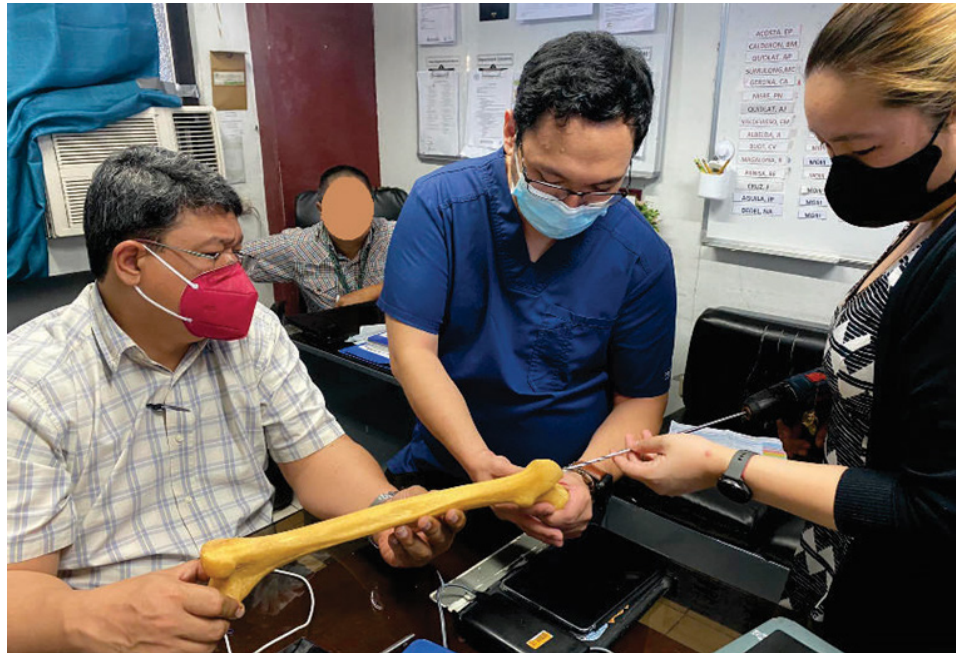
POA Western Visayas Chapter

"I tell a student that the most important class you can take is technique. 'A great chef is first a great technician. If you are a jeweler, or a surgeon, or a cook, you have to know the trade in your hand. You have to learn the process. You learn it through endless repetition until it belongs to you.'" - Jacques Pepin

If you are a jeweler, or a surgeon, or a cook, you have to know the trade in your hand. You have to learn the process. You learn it through endless repetition until it belongs to you." - Jacques Pepin

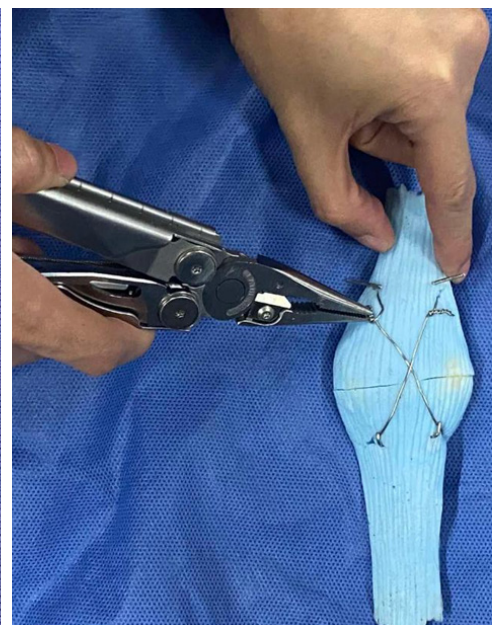


These words, though belonging to a French chef, hold valuable insight into how good orthopedic surgeons are molded. The orthopods of Western Visayas agree and sought ways to continuously hone the surgical skills of the residents belonging to three training programs in the region, Covid notwithstanding. While many hospitals saw their surgical cases take a dip, residents were given opportunities to further fine tune their skills using anatomic models.



As a backgrounder, Western Visayas is the region composed of Panay, Negros, and Guimaras islands. Three training programs call this region home: the Iloilo-based Western Visayas Medical Center (WVMC) and the West Visayas State University Medical Center (WVSUMC), and the Bacolod-based Corazon Locsin Montelibano Memorial Regional Hospital (CLMMRH). The region's orthopedic fellows officially banded together to form the Western Visayas POA Chapter, Inc. in 2009 and presently has 44 fellows. The Chapter sought to promote camaraderie and professional excellence among its members and has always endeavored to be a partner to the three training programs.

Members of the chapter set about using their modelling skills to create bone and tendon replicas that are cheaper and more readily available than SAW Bones and commercial tendon



POA Chapters

POA Western Visayas...

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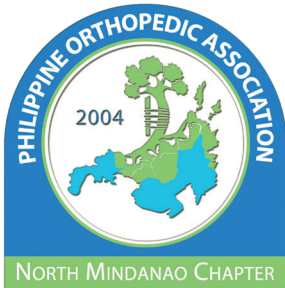
models. We started out with using the tried and tested PVC tubes for screw application exercises, then progressed to casting actual-sized bones using rigid polyurethane foam. The result is an anatomic model that can be drilled, cut, pinned, and screwed to a certain degree.

Although separated by the Guimaras Strait, residents of the three training programs were able to conduct

simultaneous skills lab exercises using teleconferencing apps, with the anatomic models having been shipped days before. Trainees practiced tenorrhaphies using different suturing techniques, applied uniplanar external fixator on tibias, and even performed tension band wiring on a model incorporating a patella model encased in a silicone quadriceps and patellar tendon.

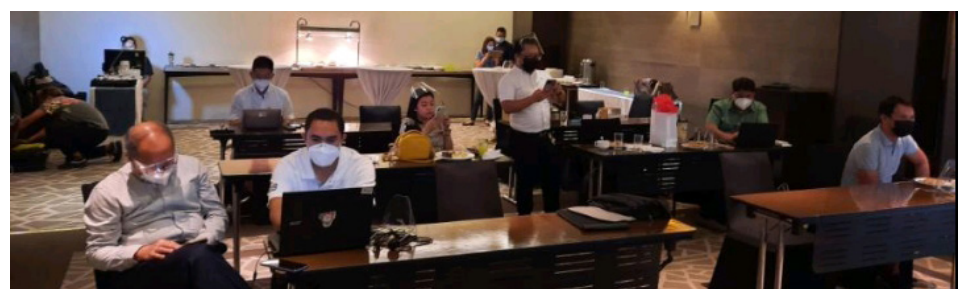
Far from the experience imparted by fresh cadaveric specimens, such anatomic models nonetheless provided valuable visuospatial feedback to the learners. By using whatever is at hand – with varying degrees of creativity – we hope to ensure the quality of our orthopods of tomorrow.

*- Jair Kimri P. Jingco, MD, FPOA
POA WVC President*



POA North Mindanao Hosts Successful 30th MYC

The 30th POA midyear in 2021 was the 1st midyear convention during the Covid pandemic. Originally set to be held in Butuan City in 2020, it was set to 2021 due to the pandemic. Major changes to the academic program that had to be scrapped, included the Live surgery demo on Minimally invasive Surgical techniques. The planned raffle for a Raptor pickup truck was also scrapped, and the prize was instead changed to a million pesos. The POA North Mindanao Chapter was looking forward to hosting the 2020 event as it was supposed to be the first midyear convention to be held in Butuan City. Fresh from hosting the Mindanao Summit in 2019, the POA NM chapter was poised to handle the challenge of hosting a midyear in a new city which was relatively smaller compared to the major cities in Mindanao like Davao and Cagayan de Oro. Preparations were underway up to March 2020 when plans for the midyear was scrapped. By March 2021, it was decided that the POA NM chapter would still host the 2021 midyear, although now an online convention.



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POA Chapters

POA North...

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The midyear convention with topics on Minimally Invasive Fracture Surgery, Issues and Techniques was held on May 6 to 8, 2021 and was deemed a huge success, having a peak number of attendees of 726 on the 2nd day. Case-based topics on Minimally Invasive surgery was organized into upper and lower extremities for the 1st 2 days and the 3rd day dealt on techniques and complications. The closing party was capped with the raffle for a million pesos.

Hakbang Pilipinas, which was originally contracted to organize the 2020 midyear convention (as 9000 events), was tapped to prepare the digital format for the convention. With the thrust to make the online experience as smooth as possible, several meetings were held prior to the event with the program committee of the POA NM chapter, headed by Dr. Jay Asuncion of Butuan City and Dr. Paul Julius Medina, then president of POA NM. The Seda Hotel in Cagayan de Oro served as the hub for the organizing committee. Check Hakbang Pilipinas on Hakbangpilipinas.com.

*-Joe Bair J. Alonto, MD, FPOA
POA NMC Secretary*



POA 73rd Annual Congress

The Theme: The whole world continues to suffer from the scourge of the corona virus and the restrictions imposed by the pandemic has detrimentally affected healthcare delivery. Medical and surgical treatment of non-COVID conditions took the backseat, resulting to increased complications and poor outcome due to delayed treatment, especially in orthopedic trauma and tumor conditions. Procedures that were considered "easy" became "difficult", and those "difficult" became "complex". Despite these adversities, local orthopods continued to provide excellent orthopedic treatment.

The 73rd POA Congress will highlight the issues of orthopedic treatment amidst the restrictions of the pandemic and showcase the courage and ingenuity of the local orthopods, with the theme "GITING at GALING", Courage and Ingenuity. This meeting will cover the gamut of orthopedic conditions (and challenges) seen during the past 2 years, and how some of these were amazingly managed by our local experts from each subspecialty society, simply by adhering to basic principles and utilization of up-to-date techniques and innovations.

The Program: Three days of sessions and lectures by renowned speakers who will share their insights and vision; and the chance to network with other medical professionals and surgeons in the orthopedic field.

The meeting will showcase the "creativity" and the "thinking out of the box" of the surgeons, and present the good functional outcomes of their patients. Strategies that will be underscored include in-patient procedures that were done ambulatory, innovative non-surgical treatment, minimally invasive procedures, wide awake surgeries, and other novel methods used effectively despite the limitations of resources, time and facility.

Listen to the creative ways to monitor patients post-operatively and see how rehabilitation can be conducted in interesting new ways. Take a look at the results of non-surgically treated trauma cases which can be an eye-opener or a convincing affirmation to current treatment.

Subspecialty Societies



AHSP Hosts 2nd Intl Virtual Hand Surgery Journal Club

Last April 27, 2022, the Association of Hand

Surgeons of the Philippines (AHSP) participated in the 2nd International Virtual Hand Surgery Journal Club. With the objective of creating a webinar for post-publication assessment, this online meeting was the brainchild of Dr. Jin Bo Tang of China, a hand surgeon who is one of the foremost authorities on flexor tendon surgery. An impressive line-up of international hand surgery experts served as panelists to share their personal experiences and insights about the different research articles presented. The panel consisted of Dr. Jun Tan (China), Dr. Fidel Cayon (Ecuador), Dr. Anil Bhat (India), Dr. Sandeep Jacob Sebastin (Singapore), and our very own Dr. Emmanuel Estrella (Philippines).

Fellows of the AHSP presented the following articles published in the Journal of Hand Surgery - European Edition:

1. Dr. Tiffany Kaye Kanapi-Coromina - Long-Term Results of Suave-Kapandji Procedure
2. Dr. Jessica Anne Gandionco -

JC Hand Surgery-Global:

A webinar for post-publication assessment

April 27, 2022 8:00-9:30 pm (Philippine, Malaysia, Singapore, China, etc.)
or 2:00-3:30 pm (CET), or 8:00-9:30 am (ET-USA)

A journal club for hand surgery in Asia and beyond

Moderator: **John Hubert C. Pua**

Panelists:

Anil Bhat (India)
Fidel Cayon (Ecuador)
Emmanuel Estrella (Philippines)
Jun Tan (China)
Sandeep Jacob Sebastin (Singapore)

Meeting ID: 893 9900 7636
Passcode: handsurg

Long-term results of Sauve-Kapandji procedure. J Hand Surg Eur Vol. 2021;46(6):626-631. Presented by **Tiffany Kaye Kanapi-Coromina (Philippines)**

Ultrasonography for the diagnosis of carpal tunnel syndrome - correlation of clinical symptoms, cross-sectional areas and electroneuromyography. J Hand Surg Eur Vol. 2022;47(4):369-374. Presented by **Jessica Anne Gandionco (Philippines)**

Clinical outcomes of the oblique V-Y advancement pulp flap for repair of lateral fingertip injuries. J Hand Surg Eur Vol. 2021; 46(8):865-872. Presented by **Gaston Juan Roces (Philippines)**

Ultrasonography for the Diagnosis of Carpal Tunnel Syndrome : Correlation of Clinical Symptoms, Cross-sectional Areas and Electroneuromyography

3. Dr. Gaston Juan Roces - *Clinical Outcomes of the Oblique V-Y Advancement Pulp Flap for Repair of Lateral Fingertip Injuries*

A very productive and informative discussion followed after each presentation coupled with critical appraisal of the published articles. The event was well attended by our local fellows and residents as well as hand surgeons from China and South America.

-John Hubert C. Pua, MD, MHPEd, FPOA
President

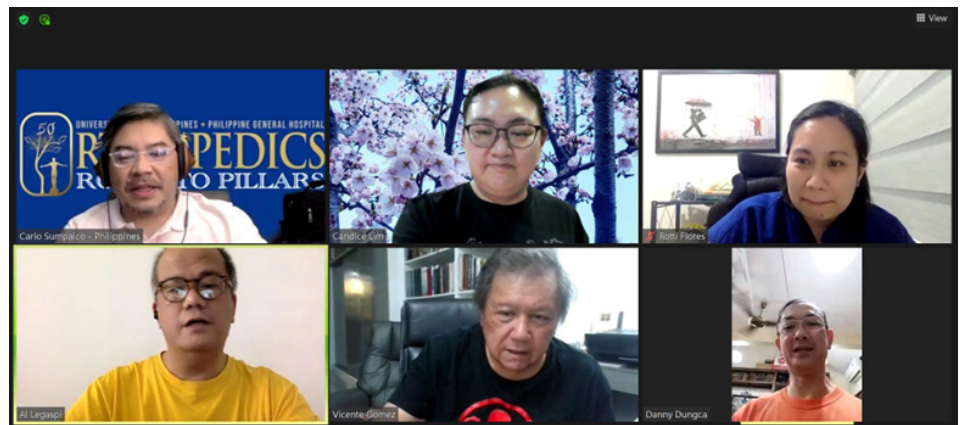


Paediatric Orthopaedic Society of the Philippines

The Pediatric Orthopaedic Society of the Philippines

planned for a series of educational events that focused on going back to basics in 2020, however, as the pandemic hit, POSP, like all other groups, had to pivot and shift gears. As part of the POA's series of online webinars for 2020 called Residents and Orthopods Lockdown Encounters

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Subspecialty Societies

Paediatric Orthopaedic Society...

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(ROLE), POSP presented three sessions that were in line with the thrust of the society of going back to basics. In 2021, POSP continued with the education of our trainees and our non-pediatric orthopedic colleagues by holding more webinars and lectures tackling topics that are more commonly encountered and how to approach these conditions. As part of the Residents and Fellows Interactive Discourse (RFID) webinar series of the POA, POSP spearheaded two sessions: "How Bones Grow Right and Wrong" with Drs. Chikki Obraroces, Victor Illescas, and Karlo Barzaga in March and "Approaches to Cerebral Palsy" with Drs. Leopoldo Jiao, Nathaniel Orillaza, and Monalisa Lim-Dungca in June.

POSP was also able to hold a special session on Sports Injuries in the Young during the 72nd Annual Convention. Our esteemed group of experts included our own Dr. Vince Gomez, who discussed "ACL Reconstruction in the Skeletally Immature Patient", our sports and arthroscopy friends Drs. Francis Fernandez and Jason Santiago, who discussed MPFL Reconstruction and Shoulder Injuries respectively, and special guest Mr. Daniel Moran, who spoke about Sports Without Borders and the National CP Football Team. POSP held its elections for current set of officers. Dr. Gomez, who ably led the society throughout the pandemic, remains as Ex-Officio with the rest of the officers as follows: Dr. Alejandro

Legaspi as President, Dr. Daniel Dungca as Vice President, Dr. Candice Elaine Lim as Secretary, Dr. Rosalyn Flores as Treasurer, and Dr. Carlo Emmanuel Sumpaico as Public Relations Officer. The main project for the year will be preparations for the joint session of POSP with the Asia-Pacific Pediatric Orthopedic Society during the 2022 APOA Congress in November. Other projects geared towards developing guidelines and research for pediatric orthopedic conditions are also in the pipeline for the future.

*-Candice Elaine Lim, MD, FPOA
POSP Secretary*



Philippine Shoulder Society

For the third straight year, the Philippine Shoulder Society (PHS) has once again beaten the odds of the pandemic and furthered the specialty through various online meetings. Under the leadership of President Jonathan Ronquillo, MD, FPOA, the society managed to execute not only a series of resident lectures, a major post-graduate event with international participation and a pre-annual congress "cadaver course" and actively participate in the planning of the upcoming Asia Pacific Orthopaedic Association Congress hosted by our country this year.

We started our previous calendar year by having our first quarterly meeting held on February 2021. This Residents and Fellows Interactive Discourse (RFID) was hosted by three institutions namely St. Luke's Medical Center (SLMC), Makati Medical Center (MMC) and De La Salle University Medical Center. Dr. Katrina Naraval of SLMC presented a well-documented case

of Latissimus Dorsi Transfer for an irreparable Rotator Cuff tear. MMC's Dr. Javier Miguel Cabatan presented evidence and arguments for selecting Biceps Tenodesis or Tenotomy in treating bicipital pain and pathologies.

Midyear of 2021, the Philippine Shoulder Society in cooperation with the Association of Hand Surgeons of the Philippines, embarked on a two-day online master course hosted by St. Lukes Medical Center. The course was entitled: Shoulder to Shoulder, Hand to Hand, a St. Luke's Medical Center Post-Graduate course; and it went through the newest treatment options in both shoulder and hand surgery. For the shoulder topics, the course featured Hiroyuki Sugaya, MD from Funabashi-Chiba Japan lecturing on the current trends in the management of shoulder instability with glenoid bone loss. We also had the pleasure of hearing from Dr. Pierre Metais from Clermont-Ferrand, France on his take on using the biceps tendon in augmenting difficult and tricky rotator cuff repairs. The 2nd day of the two-day webinar

also featured QSAR Australia's Ashish Gupta MBBS, MSc on his must-know pointers on Shoulder Arthroplasty and Professor Kenneth Cutbush MBBS take on Humeral Fracture fixation. After the restrictions were eased coming from a recent re-surge, we had our second quarterly meeting during the first week of August 2021. Camille Ann R. Santos, MD from Philippine Orthopaedic Center (POC) reported on the recurrence and return to sport in Shoulder Instability in a subset of young and adolescent athletes. Carlos Miguel B. Santos from University of Santo Tomas Hospital (USTH) reported on Open Latarjet as salvage for treating dialed Primary Stabilization on a patient with seizure disorder and Michael M. Arabia from Southern Philippines Medical Center (SPMC) reported on Optimal Calcar Screw placement with an effort to improve constructs and outcomes in Proximal Humeral fixation.

The last quarter of the year was a little more productive for the society. In October, we dabbled on current

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Subspecialty Societies

Philippine Shoulder Society...

innovations for Arthroscopic Shoulder Surgery in cooperation with Depuy Mitek with a webinar moderated by our very own Juan Carlos Paredes, MD FPOA. The webinar started with Associate Professor Alberto Ma.V. Molano, MD MPhEd FPOA lecturing on the core adjustments and practice revisions he encountered in shoulder surgery during the pandemic. Jeremy James C. Munji, MD FPOA also introduced to the audience the self-tightening and securing Dynacord that will now be available for our local consumption and used in various Arthroscopic procedures which go beyond the scope of the shoulder. The series was concluded by Dr. Jason Paul Santiago, MD, FPOA and his lecture on the finer points of Arthroscopic Anterior Stabilization for Anterior Instability with various pro-tips on rehabilitation and improving outcomes.

We gracefully capped off our lecture-series with a final Residents and Fellows Interactive Discourse (RFID) where we explored options and current evidence-based practice on the treatment of Adhesive capsulitis. Philippine General Hospital (PGH) Department of Orthopaedic's Dr. Julius Bryan C. Abesamis presented the current evidence on the use of steroids for Idiopathic Adhesive Capsulitis. The Medical City's (TMC) Dr. Dexter Falcon reviewed several articles on the outcomes of closed manipulation versus a more controlled arthroscopic release for adhesive capsulitis. The last discourse for this RFID was presented by Dr. Adrian Joseph C. Tablante of Jose R. Reyes Memorial Medical Center (JRMMC) and it touched on the use of Suprascapular Nerve Blocks for the treatment

and management of Frozen Shoulder. Our final activity that concluded our 2021 calendar year was hosted by the University of Santo Tomas Hospital's Department of Orthopaedics. This Shoulder Arthroscopic Cadaver Workshop and Basic Course, under the guidance of PSHS past-President Alberto Ma.V. Molano, MD MPhEd FPOA, was the first of a series of courses that will invite institutions and their selected residents with interest in the specialty to actually do basic Shoulder arthroscopy in preserved cadaver quarters. This event aims to rotate among institutions and hopefully be able to finish several courses which segmentally cater to linkages and groups of institutions one at a time. The Skills lab sessions were manned by our very own PSHS officers and were interdigitated with various lectures that range from "Updates in Shoulder Surgery" by Dr. Christopher Jordan from Midwest City's Jordan Orthopedic Clinic to the "Basics of Shoulder Arthroscopy" by Dr. Patrick Dizon and identifying key biceps pathologies with Juan Carlos Paredes, MD FPOA. Dr. Carmelo L. Braganza, FPOA gave a lecture on the must-knows of Knee Arthroscopy while Raymond Y. Nuñez, MD FPOA

lectured on releases for chronically retracted Rotator Cuff repairs. A lecture on Physical examination of the shoulder was also given by PSHS president Dr. Ronquillo and a complimentary Shoulder 101 lecture by Dr. Jeremy Munji.

The year 2022 was no different for the society. In February 2022, we were able to squeeze in a resident/consultant lecture series during a first quarter meeting wherein Dr. Dean Cuarte from St. Lukes Medical center shed light on predatory journals that shade Orthopedic and shoulder research. From De Lasalle University Department of Orthopaedics, Dr. Ric Adrian Estacio also gave a very timely lecture on Shoulder Injuries Related to Vaccines (SIRVA) and how they are managed across specialties. The lecture series was concluded by Dr. Juan Carlos Paredes, a consultant in St. Lukes on the most recent options and techniques for biceps tenodesis.

Like most specialties, the Philippine Shoulder Society will time and again arise to the challenges of the COVID-19 pandemic. Until we see our colleagues face-to-face, we will continue to find innovative ways of fostering world-class shoulder care.

-Jeremy James C. Munji, MD, FPOA



(Click Image to watch video)

Subspecialty Societies




Calling All POA Fellows to Help Improve Treatment Outcomes for GCT: It Takes a Country!

A benign-aggressive neoplasm with predilection for the distal femur and proximal tibia, Giant Cell Tumor of Bone (GCTB) has a relatively higher incidence among Asians, with countries like China and India reporting rates of up to 20%.^{1,2,3} GCTB most commonly affects adults between 20 to 40 years old and with over 37 million Filipinos falling within this age range, it carries significant public health implications for the local workforce in particular.⁴ Surprisingly, the incidence of GCTB in the Philippines has not been previously reported.⁵ This is potentially problematic, for several reasons.

First, several tumors may mimic GCTB on diagnostic imaging. Aneurysmal bone cysts and chondroblastomas are examples of benign aggressive lesions with similar areas of predilection as well as appearance on radiographs and MRI. More concerning are primary bone malignancies such as Clear Cell Chondrosarcoma, Telangiectatic Osteosarcoma and Giant Cell-Rich Osteosarcoma. For such cases, an incorrect diagnosis can lead to devastating consequences.⁶

Second, the key to successful surgical treatment of GCTB lies in completeness of tumor removal. While en bloc resection produces excellent oncologic results, more extensive surgery often leads to diminished function. Striking a balance between tumor eradication and joint preservation has therefore been the goal of musculoskeletal tumor surgery over the past two decades. Recent studies report that a well-performed extended curettage, defined as intralesional removal of gross tumor followed by high-speed burr and application of a local adjuvant, leads to comparable local recurrence rates while limiting functional impairment.^{7,8,9,10} Authors invariably agree however,



Incidence of Giant Cell Tumor of Bone in the Philippines: Philippine Orthopedic Association Multi-Center Study on treatment during the COVID-19 Pandemic

The PMTS Research Committee is inviting POA fellows to participate in this collaborative study, with the following objectives:

- To determine the incidence of Giant Cell Tumor (GCT) of Bone treated by POA fellows in the Philippines
- To establish referral pathways for GCT patient management by POA fellows regardless of tumor fellowship training
- To offset the limited number of tumor surgeons in the country and improve patient access to appropriate treatment



Additional images from aaos.org and musculoskeletalkey.com

Interested fellows may email any of the following for more details:
clgaston@up.edu.ph; abitud@pocmtu@gmail.com;
msrosario@up.edu.ph; ccvillamin@ust.edu.ph; ehwang@up.edu.ph

that the risk for recurrence increases when this technique is used without regard for tumor grade. Appropriate patient selection thus remains integral to surgical decision-making, which brings us to the final and perhaps most pressing concern.^{1, 5, 7, 8}

Subspecialty training and surgical experience have been found to result in better patient outcomes for malignancies such as colorectal, breast, lung, and gastric cancers, producing a significantly lower risk of death,

Subspecialty Societies

Calling All POA Fellows...

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recurrence, and long-term survival.¹¹ This trend appears to differ slightly for musculoskeletal tumors however, with some authors reporting comparable functional scores among patients of younger surgeons versus more experienced surgeons for GCTB.¹²

Such findings are especially relevant to the local setting: with less than 50 members, the Philippine Musculoskeletal Tumor Society (PMTS) is spread out quite thinly across the archipelago and concentrated in Luzon. A society survey conducted in 2021 revealed GCTB as the fourth most common tumor encountered by members regardless of geographic location. The ongoing pandemic, ever-present logistic limitations, and scarcity of specialists in other regions thus make it likely that some GCTB cases will be managed by general orthopedic surgeons. Although traditionally treated in other counties by specialty centers with musculoskeletal oncologists, most Filipino orthopedic surgeons would have likely been trained to both recognize and manage patients with GCTB.

In light of these considerations, the PMTS research committee (PMTS-R) is spearheading a collaborative research initiative entitled, "Incidence of Giant Cell Tumor of Bone in the Philippines: Philippine Orthopedic Association Multi-Center Study on Treatment during the COVID-19 Pandemic". By identifying

hospitals and orthopedic surgeons that have treated and continue to treat GCTB patients, we hope to create nationwide referral pathways that can ensure proper management by Philippine Orthopedic Association (POA) fellows, regardless of tumor fellowship training. This strategy may help offset the limited number of tumor surgeons in the Philippines and mitigate the need for patients to travel long distances just to receive appropriate treatment. We also aim to establish lines of communication in order to facilitate open sharing of experiences while encouraging POA fellows to freely exchange questions, input and recommendations. It truly takes a country to improve outcomes for conditions with public health significance such as GCTB!

Please help us collect data on past and present GCTB patients. Interested fellows may email any of the following PMTS-R members for more details: Dr. Czar Louie Gaston: clgaston@up.edu.ph, Dr. Mamer Rosario: msrosario@up.edu.ph, Dr. Abigail Tud: abitud.pocmtu@gmail.com, Dr. Charles Villamin: ccvillamin@ust.edu.ph, Dr. Edward Wang: ehwang@up.edu.ph.

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- Abigail Tud, MD-MBA, FPOA



PSS 2021 Annual Goes Virtual

In the past 8 months, the Philippine Spine Society has witnessed its growth, pioneering the subspecialty and placing its efforts on being inclusive, while recognizing the importance of the working together with the different disciples of medicine in providing better care for our patients.

We are now 121 members strong with 110 fellowship-trained orthopaedic spine surgeons and 11 neurosurgeons. Our membership has increased in the past three years, having a good mix of spine surgeons with different specialties of interest - from deformities, degenerative (cervical and lumbar), trauma, infections and tumours, metabolic diseases, to the fast growing minimally invasive spine surgery. Sadly, we suffered from a great loss when one of our colleagues,

Dr. Dexter G. Antonio, from Laguna, succumbed to COVID late last year. During his illness, the spirit of friendship and family was much strengthened by the fundraising done by the PSS to help his family with the medical expenses. With much gratitude, we would like to acknowledge all the PSS members who helped Dr. Dexter and his family during this difficult time. He is survived by his

Subspecialty Societies

PSS 2021...

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15-year old son. We continue to pray for him and his family.

As we are also growing in number, the PSS Board, together with the Council of Elders, are currently updating the membership process, placing importance on subspecialty training and experience, as well as research. In line with this, currently, we now have local Spine Fellowship Training Programs. These training programs offer the advantage of providing guidance and experience to the trainees, emphasizing the more common

and current conditions encountered, providing treatment tapered to our local healthcare setting. Additional Fellowship Programs are currently being added and accredited, allowing us to train more spine surgeons locally. Truly these are daunting tasks but efforts are underway to find this endeavor into fruition. Through these changes, we aim to ensure better care for our patients.

The PSS takes pride in its Continuous Medical Education initiative. In November 15-16,2021, the PSS also

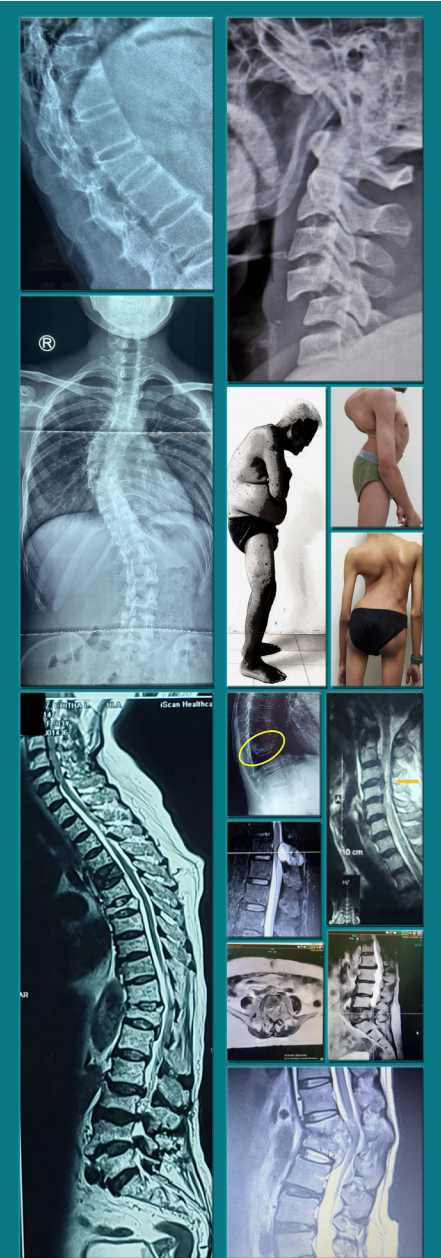
held a well-attended Annual Meeting - its first Spine Summit with the theme entitled "Multi-Disciplinary Convergence in the Treatment of Spine Disorders". This 2-day event was a purely virtual, participated in, not only orthopedic and neurosurgical spine surgeons but also by endocrinologists, rheumatologists, rehab medicine, infectious disease, radiologists, and other allied experts in the field of spine care. Lectures, interactive case discussions focusing on advances, controversies in management, both medical and surgical were the highlights of the summit. Topics covered included scoliosis, multiple myeloma, cervical spine injuries, Pott's disease, herniated nucleus pulposus, axial spondyloarthritis, and osteoporosis.


The Spine Summit was the brainchild of Dr. Rommel P. Estillore, the current chairman of the research committee of the Philippine Spine Society, in close coordination with Dr. Anne Kathleen Ganal-Antonio, PSS scientific committee chairman, and other board members of the PSS.

Other societies which contributed significantly to the success of the summit include the Osteoporosis Society of the Philippines Foundation, Inc, Philippine Academy of Rehabilitation Medicine and Philippine Rheumatology Association.

We had 254 participants, with 65 speakers and 9 moderators with 70 lectures in total. 7 PRC-CPD units were made available for all participants. This event was a big success and thanking the members of the industry who continue to support the PSS: Pacific Surgical, Novartis, Taisho, GE Healthcare, ASpine, Medtronic, Mylan, Brainlab, Parkway Singapore, Total Ortho, Skeletal support, OII, and Le Fort. This year, the PSS will hold its Annual Meeting in October choosing Adult Deformities as its focal discussion point. We hope to see you during this meeting.

Last year, the PSS also held its Tissue Course virtually in August, receiving good feedback on this. This Course is one of the sought-after courses due to its high yield lectures on the basics of spine surgery and its hands-on swine course. However, this year, we decided





**SPINE SUMMIT:
Multi-Disciplinary
Convergence in the
Treatment of
Spine Disorders**

**Scoliosis
Multiple Myeloma
Cervical Spine Injury
Tuberculosis in the Spine
Herniated Nucleus Pulposus
Axial Spondyloarthritis
Osteoporosis**

**November 15-16, 2021
Online Event**

Secretariat:
Wina Torres: +639561574218/+639182879124

Subspecialty Societies

PSS 2021...

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to push it back to next year, hoping that a more realistic face-to-face course will bring about a better experience for the attendees.

The PSS also supports the efforts of the different institutions in conducting spine workshops and lecture series. The recently concluded spine workshop spearheaded by the Spine Section of the Department of Orthopedics of the Chong Hua Hospital in Cebu last April 2022 definitely provided a good venue in higher learning of Spine Surgery. We hope to see more of these in the future.

Under the leadership of our president, Dr. Francisco P. Altarejos, 2021 was the year where the PSS website was created. The website was well-utilized to bring forth the Society's identity on the internet. All the activities that have been covered for the last year are found on the website including the virtual booths of our sponsors, scientific program, and membership directory. Visit us at <https://www.philspinesoc.org>

This year, we are also looking forward to the APOA Convention in November 2022. We have come up with a two-day program composed of the different special interests in Spine Surgery, with local and international speakers. This will be very exciting and we hope that this will be supported well.

And as the past months have been quite busy as our country continues to open up, during the last local elections, the Philippine Spine Society's very own president, Dr. Francisco Altarejos, has

secured his seat as the new Mayor of San Jacinto, Masbate. We raise our glasses to cheer on Dr. Altarejos as he enters a different and more challenging role.

The Philippine Spine Society continues to be dynamic, changing and adapting, and fueled with desire to improve ourselves and the Society. As the half of the year has passed, we look forward to the next six months, hoping to accomplish more, furthering the Society and its members.

*- Jose Miguel T. Lumawig, MD, POA
PSS Treasurer
& Anne Kathleen B. Ganal-Antonio
PSS Scientific Committee Chairman*





ASEAN Orthopaedic Association Updates



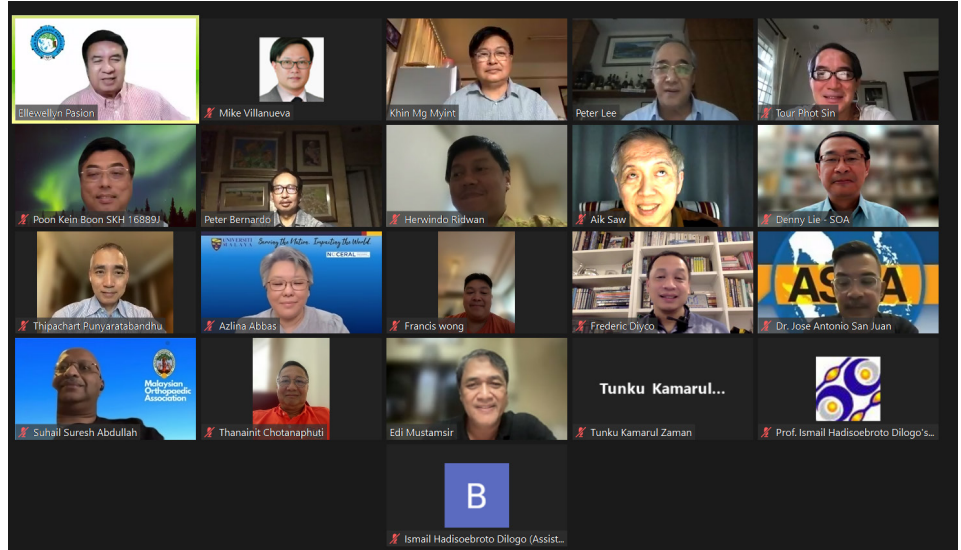
The AOA council held the first meeting last June 4-2022 presided over by President Dr Peter Bernardo, and Dr Lewy Pasion, AOA secretary general. Highlights of the meeting

were:

1. The annual dues of the different national associations were deferred for this year.
2. The schedule of the different webinars, done every other month were finalized – include sked
3. The schedule of the different annual meetings of the member national associations were set. - include sked
4. The ASEAN travelling fellowships – both senior and junior travelling fellowships were deferred for this year and hopefully will be resumed next year with improving covid situation.
5. The AOA website is constantly being updated. Pls visit <https://www.aseanorthopaedics.org/>
6. The 42nd Annual AOA Congress will be held in Singapore on December 5-10-2022 in conjunction with the 44th Annual Scientific Meeting of the Singapore Orthopaedic Association to be held in hybrid format with physical venue at the Shangri-la Hotel.

AOA WEBINAR SERIES 2022-2023

- Jan-22: Hand & Microsurgery - Malaysia
- Mar-22: Paediatric Orthopaedics including trauma - Malaysia
- May-22: Shoulder & Elbow - Singapore
- Jul-22: Trauma 2 (incl Fragility Fractures & Osteoporosis) - Brunei
- Sep-22: Hip arthroplasty: current



- concepts & updates - Philippines
- Nov-22: Knee arthroplasty: current concepts & updates – Pending
- Jan-23: MSK Tumours – Philippines (c/o Philippine Musculoskeletal Tumor Society)
- Mar-23: Sports Knees - Thailand
- May-23: Spine - Myanmar
- Jul-23: Foot & Ankle - Pending

AOA COUNTRIES' ANNUAL CONGRESSES 2022

Indonesia (IOA)

22nd National Congress, Shangri-La Hotel, Jakarta: PABOI's Stand Strong, Unite and Inspire - Nov 9-12, Face to face

Malaysia (MOA)

51st MOA, Shangri-La Hotel, Kuala Lumpur - Greying Gracefully: The New Paradigm for Orthopaedics in an Ageing Population, June 9-11, 2022 - Hybrid

Philippines (POA)

- 73rd Annual Congress: Giting @Galig (Courage and Ingenuity), June 16-18, 2022 - Virtual
- 22nd APOA Congress, Manila: 60 Years of Trailblazing Orthopaedics Through Diversity and Synergy, Nov. 24-26, 2022 - Virtual

Singapore (SOA)

- 44th Annual Scientific Meeting w/ 42nd AOA, 10th ACASEA & 9th ASSA: Dec 5-10 w/ AOA 42nd, Shangri-la Hotel - Dec. 5-10, 2022 - Hybrid
- AOA Council Meeting: Dec. 9, 2022

Thailand (RCOST):

44th Annual Meeting: Pattaya, Thailand: KOA Visiting RCOST – Say Yes to the New Adventure, Oct 21-23, 2022 - Face to Face

-Peter B. Bernardo, MD, FPOA
AOA President 2022

APOA 2022

The Asia Pacific Orthopaedic Association Congress held every three years from 1962 to 2010, transitioned to a biennial event from 2012 to 2022. This year's 22nd Congress will be the last to be biennial in nature. The next Congress will be held in 2024, and after that, will then be an annual event.

On its 60th year anniversary, the APOA welcomes you to its 22nd Congress, to be held virtually in Manila, Philippines, with the theme: "60 Years of the APOA : Trailblazing Orthopedics Through Diversity and Synergy"

For three full days, you will be treated to a program that aims to provide participants with extensive and relevant orthopedic information, emanating from, and pertaining to the vast 24 country-membership of the APOA. Guests and friends of the APOA have also generously contributed time and talent to ensure a worthwhile learning experience, despite the continuing challenges brought by the worldwide pandemic.

Join us as we journey with you through the intricacies of our specialty, reflecting on where we all began, where we have reached, and where we are all headed.

Let's fly to greater heights together in 2022!



22ND APOA CONGRESS



VIRTUAL CONGRESS

in Manila, Philippines

24-26 NOVEMBER
2022

12:00 NN to 10:00 PM (PH)

More than 12 APOA Subspecialty
Sections Participating.

Stay Tuned for Call for Abstracts
and Registration Fees.

www.apoa2022manila.org

AO Trauma Philippines Updates



The present AO Trauma Philippines Council is composed of Adel Belen (Community Development Officer), Nats Orillaza (Research Officer), Tony San Juan (Education Officer), JP Leung (Council Chair), and Richie Diyco (ex-officio Chair). Also in picture is current Basic Course Chair Angel Apalisoc

The AO Trauma Philippines successfully concluded its first ever blended Advanced Principles of Fracture Fixation Course from December 19, 2021 to April 3, 2022. The online part of the course was composed of online asynchronous lectures and several synchronous Small Group Discussion Sessions, featuring our International Faculty Prof Rick Buckley of Canada and Prof Hiroaki Minehara of Japan. The Course culminated in a two-day face to face session on April 2-3 at the Novotel Cubao, with activities consisting of Practical Exercises, Case-based lectures and group discussions. Chaired by Joseph Lai and supported by the Country Council and Numerous National faculty, 34 participants were able to hone their skills on difficult trauma cases including complex periarticular fracture management and minimally invasive fracture osteosynthesis techniques. It was great to finally get back to face to face learning!



This activity is being followed by the Blended Basic Principles of Fracture Fixation Course, currently ongoing the online part with weekly lectures and online group discussions, and scheduled to finish with a 2 day face to face session of practical exercises and skills lab activities in Baguio City on July 1-2, 2022. This course is currently being attended by 80 participants and is co-chaired by Angel Apalisoc and Justiniano Bai. International faculty for the course is Prof. Apipop Kritsaneephaiboon, long-time friend of AOTrauma Philippines from Thailand. Additionally, we are conducting a simultaneous Basic Course for Operating Room Personnel, chaired by JP Leung, to upgrade the skills of our orthopedic nursing and operating room staff.



Hopefully with the end of the pandemic, we will be able to get back to more orthopedic educational activities for trauma. Watch out for future AO trauma courses!

Towards the path of lifelong learning...

Pictures from the recently concluded AO Trauma Advanced Principles of Fracture Management Course held at Novotel Cubao last April 2-3, 2022

- Jean Pierre F. Leung, MD, POA
AO Trauma Country Council Chair

POA Pillars and History -Recognizing POA Seniors

Romeo R. Du, MD, FPOA

(Click Image to watch video)

Yr. Inducted: 1983
 PBO Institution: POC
 Place of Practice: Davao City
 Chapter: POA-SMC
 Birthdate: 01/20/39 Med School: UST '66

Henry Y. Chua, MD, FPOA

(Click Image to watch video)

Dr. Henry Chua was elected to the PBO 1989-1993 and served as Chairman on his last year. He was also the ASEAN Senior Traveling Fellow in 2004.

Yr. Inducted: 1976
 PBO Institution: POC
 Place of Practice: Iloilo City
 Birthdate: 01/08/39
 Med School: UST '62

Felix J. Vicuña, MD, FPOA



Year Inducted: 1972
 Place of Practice: Cebu City
 PBO Institution: VSMMC
 Chapter: POA-CEV
 Birthdate: 06/13/40
 Med School: UST '64

Honesto B. Lasam, MD, FPOA



I like surgery. Since there no ortho. Surgeon in Cagayan, I decided to be an orthoped. But things changes I was accepted as a faculty staff at UST. And so, I practiced in Manila. Am fortunate that I was successful in my undertakings. In gratitude, I shared my blessings by: 1. give yearly, gave free consult/surgery in cagayan; 2. Participating in UST medical missions; 3. As teacher; and 4. Training residents to be orthopedists. Thank you! - *Dr. Honesto B. Lasam*

Yr. Inducted: 1984
 Place of Practice: Manila
 Birthdate: 09/22/40

PBO Institution: POC
 Chapter: NCR
 Med School: UP '66

POA Pillars and History -Recognizing POA Seniors

Luis Q Santos, MD, FPOA

Luis Quintin Barrera Santos was the first orthopaedic surgeon in Tarlac. He chose orthopaedics because it was badly needed in the province at that time. His training started in the 1970's when POC, then known as National Orthopaedic Hospital, was still in Mandaluyong City. They were part of the old mental hospital, having designated wards for orthopedic patients. Before becoming an orthopaedic resident, you have to be an adjunct first. Then comes the full 5 years of residency, and then the board exams, and a lot of prayers.

Every student remembers special mentors who had great influence on him in one way or another. For Dr. Santos, one of these was the director, Dr. Benjamin Tamesis. Another was his first senior, Dr. Jose Pujalte Sr. He also recalls experiences with Dr. Antonio Acosta and Dr. Mangalindan.

Vehicular accidents were common, even during those early, "lesser-traffic" periods of history. Dr. Santos have fond memories of such. There was one instance when a jeep carrying some patients came in with its top burning. One of the patients had a solid iron bar sticking between his eyes and went all the way through the back. Yes, during those times, even neuro cases were handled by training residents.

There was also a time when Dr. Santos was assigned at North General and one patient was "sandwiched" in between two jeepneys. Both of the patient's legs needed to be amputated. Orthopaedic residency was indeed vivid, rewarding and heart-pounding,

After residency, Dr. Santos returned to the province. He was handling 4-5 hospitals, being the only orthoped at that time. He barely slept and this continued on for years. He would do minor neuro cases, hip replacements, intramedullary nailing to name a few.

Dr. Santos considers his patients as a challenge. The variations in injury patterns, uniqueness of each individual



patients, and changes in expected outcomes make each patient special. You treat a child as a pediatric patient, not a small adult. The flexibility of the surgeon was of utmost importance.

Dr. Santos is hopeful that orthopaedic surgery in the country will continue moving forward and upward, with special mention to advances in technology. Before, there was no MRI, surgeons improvise and do DIY techniques. Today it's more scientific. It's much easier thanks to new equipment and science. This combination of old and new knowledge, experience, and skills make him a better orthopedic surgeon.

Dr. Santos advises young orthopods, and orthopods-to-be (hopefully his grandsons), to take this specialty because it's rewarding and exciting. It may not make you rich financially, but it will give you a nice life. Maybe riches not in pesos, but in numbers of healed calluses and thankful smiles.

(By Nikita Santos and Dr. Dominic Santos)

Yr. Inducted: 1976
PBO Institution: POC
Place of Practice: Tarlac City
Chapter: POA-NLC
Birthdate: 10/31/35
Med School: UST '58

Dominador E. Marcelino, MD, FPOA



Dominador E. Marcelino, MD, FPOA
Yr. Inducted: 1976
Place of Practice: Rizal
Chapter: NCR
Birthdate: 08/26/36

Vicente V. Pido, MD, FPOA



Yr. Inducted: 1976
PBO Institution: POC
Place of Practice: Iloilo City
Birthdate: 01/08/39
Med School: UST '62

Obituary

Rafael S. Recto, MD FPOA

October 20, 1935 - January 3, 2022



In Memoriam

A Teacher, Surgeon, Leader, Mentor, Father

On January 3, 2022, Dr. Rafael S. Recto passed away. He was 87. In those 87 years, he left an indelible mark in the lives of many in our community. He was one of 4 founding fathers of the Department of Orthopaedics, UP PGH. He put into good use his training in General Surgery at UP PGH and in Orthopaedic Surgery at the Nuffield Orthopaedic Center in Oxford, England. He also had further fellowship training in limb fitting and upper extremity prosthesis in Grand Rapids, Michigan and Chicago, USA. He was instrumental in charting the course of the PGH Orthopaedic Department. He went on to become the second Chair of the department.

After the EDSA revolution, he got seconded to become the director of the Philippine Orthopaedic Center (POC). There he introduced changes that contributed to the growth of the biggest Orthopaedic hospital

in the country. After his 6-year stint in POC, he returned to UP Manila. There he continued teaching Orthopaedics to generations of future Orthopaedic surgeons. At the same time, Dr. Recto served as the Associate Dean for Planning and Research of the College of Medicine, UP Manila. He retired as an esteemed Professor in Orthopaedic Surgery in 2000.

He was many things to different people. For many including me, he was a Mentor and Role Model. He was tireless in teaching his students. His weekly exhaustive clinical rounds were called Recto rounds or sometimes in jest called 'Edema Rounds.' Standing bedside, the entire morning and discussing one case at a time was difficult. But in the end, one learned to analyze and understand better the case. He was a true Socratic teacher. His incisive questions trained us to think critically. All those who went with him in his Recto rounds have learned Orthopaedics through critical thinking. You know 'why' you are doing something. He relished the back and forth arguing about a case. I can certainly attest to this. I vividly remember that as a first-year resident I had a very long back and forth discussion with him about levers, moment arms, etc. This was in relation to a patient of mine who had an external fixator in place. He was obviously enjoying it when he kept piling questions to my many answers and explanations. The following year, when I was a second-year resident, lo and behold he entrusted me with his pet project, a project on an external fixator for the neglected elbow dislocation. We residents then called it the Recto fixator. We no longer use this but the concept of early range of motion in a stably fixed elbow is what we still use in the Hinged Circular Elbow Ilizarov Fixator for elbow dislocations. The PGH Ilizarov Limb

Lengthening and Reconstruction Service now uses this as a standard form of treatment for neglected elbow dislocations.

Retirement did not stop him from teaching. Even after he formally retired from the university, he still joined the weekly Adult Rounds. He really showed his passion for teaching. This was not unrecognized for he received numerous awards and certificates of appreciation for teaching from the University of the Philippines and other organizations. He was also an active researcher and a published author on different surgical topics. He was extra interested in prosthetics and implants. This was not surprising as he had in his youth a fellowship training on this field.

Behind his image of an academician and administrator, Dr. Recto has a humorous side. He exhibited his own brand of humor and sometimes from out of the blue cracking a joke, unexpectedly commenting something trivial even during an operation. He welcomed the staff of the UP PGH Department to his Pansol rest house with its swimming pool for them to unwind during the yearly 'Welcome Party' or better known as 'Dunking Party.' He also opened his family home to the PGH Orthopaedic family for its Christmas caroling. He was a respected elder in the PGH Orthopaedic family, his second family. He was blessed with a wonderful family and his loving wife, Aurora and children, Rafael III, Isabelita, Ronaldo and Ruel misses him profoundly.

We are all with them in grieving the passing of a great man, teacher, surgeon, leader, mentor, father.

- Juanito S. Javier, MD, MChOrth, FPOA
May 16, 2022



**Dexter G.
Antonio, MD
FPOA**

February 10, 1978 - December 10, 2021



**Marvin M.
Sebastian, MD
FPOA**

June 6, 1956 - December 18, 2021

Philippine Board of Orthopaedics

@FIFTY

The past pandemic years of 2020-2021 has affected each and everyone of us from various standpoints be it personal, institutional and even organizational. It has forced us to think out of the box in carrying out our daily activities. In relation to residency training, we have to devise activities that will allow continuation of training even during surges of the pandemic like virtual consultations with patients, holding conferences via virtual platforms and development of skills and their evaluation via video assessments. Training institutions have to balance the need for the continuation of providing orthopaedic care amidst the danger of getting Covid 19 infection by the residents and other healthcare providers. Both the POA and PBO have to adjust to these realities by holding their activities virtually. Both the annual and midyear conventions during the past two years were held virtually by POA and PBO have both their accreditation visits and examinations done also virtually.

But we must not be distracted by all of these to realize the importance of an upcoming event this year. The Philippine Board of Orthopaedics has been established and duly registered its Articles of Incorporation with the Securities and Exchange Commission on the 29th day of February in the year of our Lord Nineteen Hundred and Seventy-Two (1972). It is with great pleasure that the Philippine Board of Orthopedics, Inc, announces the celebration of its 50th Founding Anniversary this year 2022. To commemorate this historic event, the Golden Anniversary Committee is currently working passionately on a 50th Anniversary Commemorative Book, compiling its humble beginnings



to what it is today (1972-2022). Replete with historic events caught on camera, excerpts from the men and women who have unselfishly served the PBO throughout the years, articles and anecdotes gathered from all PBO Accredited Training Programs and many more.

There will be a culminating Program for the Golden Anniversary Celebration and this will be on the 12th of November 2022. This will be fully an on-line activity. In this event, there will be an inspirational talk to be delivered by Prof.

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The Philippine Board of Orthopaedics...

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Lee Eng Hin from Singapore being the keynote speaker, Contemporary Best Practices in Orthopaedic Training by Dr. Ian Incoll, AOA and Dr. Jenny Green, IODA, who will talk on Gender Issues in Orthopaedic Training. A recollection of the past down memory lane will be delivered by a past PBO Chairman. This will be the venue for the launching of the Golden Anniversary Book. Awarding of the outstanding orthopaedic residents for 2022 and recognition and induction of new PBO Diplomates for 2022 will both be held in this event. Culminating this event will be the ceremonial turnover of PBO Chairmanship and valedictory address by the Chairman for 2022.

Still on the drawing board: One month prior to the culminating event, PBO will be sponsoring a weekly Gameshow for Individual and Group competitions like Battle of the Brainless, Trivia Q and A, Tagisan ng Konting TaliNo and others.

We do hope and pray that all

these events to celebrate the Golden Anniversary of PBO will all materialize and be a fitting tribute to all the past Chairs and Trustees who have contributed all their time and efforts to make Philippine Board of Orthopaedics (PBO) what it has been and continuing up to now, the only official accrediting and examining arm of the Philippine Orthopaedic Association (POA) tasked with accreditation of Training Programs

in Orthopedics in the country as well as conducting In-Training, Qualifying and Diplomate Examinations.

- Dr. James C. Paggao, MD, FPOA
PBO Trustee and Head,
Golden Anniversary Committee
& Dr. Reynaldo V. Lopez, MD, FPOA
PBO Chairman

Year	POA events	Training Institutions	Societies
1945	Feb PCAU		
	May PCAU converted to Mandaluyong Emergency Hospital		
	Aug MEH placed under Bureau of Health		
1947	MEH renamed to NOH		
1949	Philippine Society for Orthopedics and Traumatology formed	NOH/POC	
1952	Renamed to POA		
1962	Western Pacific Orthopedic Association (WPOA) formed		
1971		UP PGH	
1972	POA SEC registration and PBO formed *	VMMC	
1974	POA @ 25		
1979		JRRMMC/ VSMC	
1981	AOA formed		
1982	Philippine Journal of Orthopedics		
1984	POA - Central Eastern Visayas Chapter		
1986		BGHMC/VLMC - AFPHSC	PSSH (AHSP)
1987		MMC	
1989		NMMC	
1990	PCOS vs POA	WVMC	POSSM
1991	POA Northern & Southern Luzon Chapters	USTH/ DMC (SPMC)	PHKS
1992		SLMC	
1994		WVSUMC	
1995			PSS
1996	AO Trauma 1st local course	EAMC/ ITRMC	
1997			PShS
1998		DLSUMC	
1999	POA @ 50; PCOS reconciles with POA; Orthobalita created	CLMMRH	
2000	WPOA renamed to APOA		POFAS/ POSP
2001	POA Western Visayas Chapter		
2003	POA North & South Mindanao Chapters		POTS/ ASAMI
2004			PMTS
2014			PSWOSI
2015		TMC/ CHH	
2016		CVMC	POWCDSL
2018		JBLMRH	
2020	First POA Virtual Congress		

Special Columns

The Basic Shoulder Arthroscopy Workshop; First in Visayas and Mindanao

About a decade ago, shoulder arthroscopy was somewhat an alien territory to the orthopaedic surgeons not only in Cebu but the entire Visayas and Mindanao. With the influx of arthroscopic shoulder surgeons in Visayas and Mindanao, arthroscopic shoulder surgery slowly became an integral part of orthopaedic surgery in the region.

This year 2022, the Department of Orthopaedics of Chong Hua Hospital celebrates its 15th year founding anniversary. In line with this celebration, a series of events led by our chairman, Dr. Jose Antonio San Juan, are concocted for the whole year 2022. The pandemic has brought uncertainties and challenges on the planning of a workshop. With perseverance and determination, on the 21st May, 2022, the first Basic Shoulder Arthroscopy Workshop in Visayas and Mindanao was held in Chong Hua Hospital, Mandaue City, Cebu, Philippines. This was made possible with the association of Mitek Sports of DePuy Synthes, Johnson and Johnson.

The workshop was conducted with free onsite registration for 24 participants from Southern Philippines Medical Center, Davao Regional Medical Center, Eastern Visayas Medical Center, Northern Mindanao Medical Center, Davao Doctors Hospital, General Santos Medical Center, Vicente Sotto Memorial Medical Center, and Chong Hua Hospital. Guest delegates also included some shoulder surgery fellows of the international speaker from Thammasat University Hospital, Thailand. We were very fortunate and privileged to have Professor Bancha Chernchujit, M.D. as one of our speakers and instructors for the workshop.

The morning sessions of the workshop was also conducted online thru

CHONG HUA HOSPITAL
together with
DePuy Synthes
THE ORTHOPAEDIC COMPANY OF Johnson & Johnson
presents

The BASIC SHOULDER ARTHROSCOPY WORKSHOP

May 21, 2022 Saturday | 8 AM - 5 PM
12th Floor Conference Room
Chong Hua Hospital Mandaue

Join us for a series of lectures in the morning and an onsite skills workshop in the afternoon.

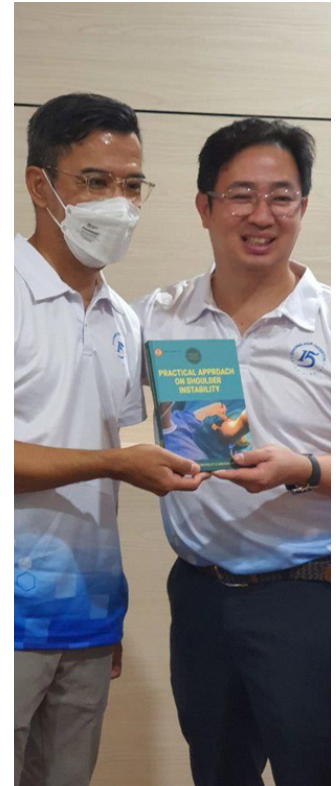
International Guest Speaker:
Professor Bancha Chernchujit M.D.

Zoom Meeting ID : 835 3153 7854
Passcode : SHOULDER

Sponsored by:
ZIVA, DePuy Synthes, Johnson & Johnson, PACIFIC, Infix

CHONG HUA HOSPITAL
15th ORTHO KINSINAS
Healing with Passion. Caring with Compassion.

Official Poster for the Orthokinsenas' the Basic Shoulder Arthroscopy Workshop



After giving a lecture on Massive Rotator Cuff Repairs, Professor Bancha Chernchujit gave a self-authored Book to Dr. Jose Antonio San Juan



Dr. Reniel Pena giving his lecture on Anatomy and Physiology in Basic Shoulder Arthroscopy in the morning Sessions



Professor Bancha Chernchujit demonstrating Double Row Rotator Cuff Repair on foam skin covered Sawbone shoulder model

Special Columns

The Basic Shoulder...



Participants gets hands on participation on the afternoon workshop sessions

From Page 30



Fellowship night was held at the First Five Sports Lounge and Cafe restaurant



The speakers pose together with the international guest speaker, Porfessor Bancha Chernjujit, MD

zoom and was attended by several orthopaedic surgeons. We started the detailed discussion on the "Basic Anatomy and Biomechanics in Shoulder Arthroscopy" by Dr. Reniel Jay Peña. This was followed with a very interesting topic of "The Physical Examinations of Common Injuries of the Shoulder" by Dr. Jan Princeton Lim. Dr. Pia Kareena Quiñones was the speaker for "Diagnostic Shoulder Arthroscopy; Set-up and Portals". The chairman, Dr. Jose Antonio San Juan discussed on the "Basics of Triangulation in Shoulder Arthroscopy; see what you need, get what you need". More complex shoulder arthroscopy topics then followed the basics starting with "Arthroscopic Management of Anterior Shoulder Instability: the Bankart Lesion" discussed by Dr. Janos Vizcayno Jr. This was followed by a discussion on "Rotator Cuff Tears and Arthroscopic Repair"

by Dr. Claire Marie Durban-Mella. And finally, the last topic on "Massive Rotator Cuff Tears, My Treatment Strategies" were pristinely discussed by Professor Bancha Cherkchujit, M.D.

The lunch buffet was accompanied by a video presentation on arthroscopic Bankart lesion repair and rotator cuff repairs by Dr. Janos Vizcayno Jr. In addition, Mitek presented the Depuy Synthes Purevue Arthroscopy tower.

The afternoon session started on a live demonstration of "Double row Rotator Cuff repair on a foam skin covered shoulder Sawbone model" by Professor Bancha. The participants were then divided into four groups guided by table instructors. This was followed with a contest on "Basic Triangulation Technique Box" by every participant where Dr. Joan Francine Perez, Dr. Alfred Villarico, and Dr. Reinhard

Tagimacruz won. The participants then did the 15-point anatomy shoulder arthroscopy and 8-point anatomy shoulder bursoscopy on a Foam Skin covered shoulder Sawbone Model.

The event instilled knowledge and competencies on Basic Shoulder Arthroscopy. It also builds and developed the enthusiasm of the senior residents and fellows on Arthroscopic Shoulder Surgery. It created connections and camaraderie between orthopaedic residents and fellows which was further ameliorated with the fellowship night dinner held at the First Five Sports Lounge and Café. Indeed, it was a tremendously memorable event in orthopedic surgery after a long time of endless quarantine and restrictions.

- Julius Kho, MD, FPOA
Course Chairperson

Special Columns

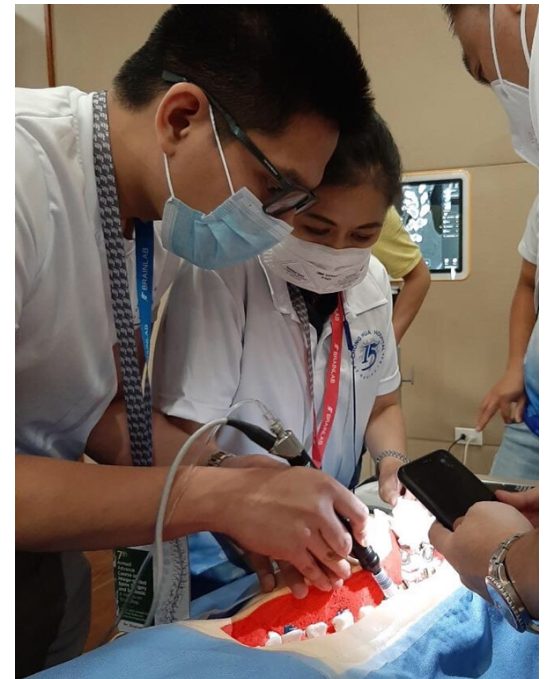
Image-Guided Spine Surgery and Scoliosis Advance Course

The Spine Section successfully held the 7th Annual Advance Course on Image-Guided Spine Surgery and Scoliosis: A Hands-on Workshop last April 26, 2022 at the 12th Floor Auditorium of Chong Hua Mandau. The faculty was composed of Dr. Antonio Manuel Saludo, Dr. Agustin Miguel Morales, Dra Anne Kathleen Ganal-Antonio, Dr. Eric Belarmino, Dr Jeff Arbatin, and Dr Oliver Ong. A total of six lectures were given on the topics of levels of instrumentation, computer navigation, role of intraoperative neuromonitoring, osteotomies, deformity correction techniques, and preoperative optimization in scoliosis. Thirty orthopedic

trajectory while the scoliosis model provided haptic feedback during instrumentation. Lastly, the participants demonstrated Ponte osteotomies, rod

bending/insertion, and derotation techniques on the scoliosis models.

- Jose Joefrey F. Arbatin, Jr., MD, FPOA



residents and spine consultants were able to attend the first face-to-face workshop.



The highlight of the event was the use of the BrainLab Kick and Medtronic Stealth Station S8 computer navigation platform in pedicle screw placement on 3D printed anatomic models (SurgiStud) with a 60-degree Lenke 1AN curve. Computer navigation optimized screw



Special Columns

Dr. Joseph Adrian L. Buensalido, MD, FPCP, FPSMID

To talk about the current status of COVID 19 in our nation, the POA invited a distinguished guest, who is an infectious disease specialist. Our guest is a graduate of De La Salle Health Sciences Institute -College of Medicine and finished his residency training at the University of the

Philippines-Philippine General Hospital, and furthered his training in infectious diseases at the Wayne State University - Detroit Medical Center, Detroit, Michigan, USA. In 2014, he returned to the Philippines and was given the Balik Scientist Award during that year.

Currently, he holds various positions such as: Board Member and Assistant Treasurer, Board of Councils, Philippine Society for Microbiology and Infectious Diseases (PSMID), Deputy Head, Center for Tropical and Travel Medicine, Makati Medical Center, Pandemic Influenza and Emerging Diseases Response Task Force Member, Makati Medical Center; Clinical Associate Professor of Medicine, Division of Infectious Diseases, Department of Medicine, University of the Philippines-Philippines General Hospital, and he is the Infection and Control Chair of Asian Hospital & Medical Center. He is an active consultant in Asian Hospital, Makati Medical Center, and the University of the Philippines - Philippine General Hospital. He is also one of the key persons in our nation's war against the pandemic.

To update us on COVID 19, let's hear from Dr. Joseph Adrian Buensalido - ."Kamusta ka na Pandemya?"

- Joseph Adrian L. Buensalido, MD, FPCP, FPSMID

[\(Click Image to watch video\)](#)

POA 73rd Annual Teaser



[\(Click Image to watch video\)](#)

POA 73rd Annual Congress

Program At-a-Glance

DAY 1, JUNE 16, 2022

8:00-10:00 Research Presentations

8:00-10:00 PBO meeting with Institutions

10:00-10:30 **SNACK SYMPOSIUM: FONTERRA (30 minutes)**

10:30-12:30 **OPENING CEREMONY**

Invocation (AVP) Prayer video

Philippine National Anthem

Welcome Remarks (David L. Alagar, MD, FPOA - Congress Chair)

Inspiration Address (Frederic Joseph F. Diyco, MD, FPOA - POA President)

Music Video of POA Fellows (Queen)

Introduction of Keynote Speaker (William T. Lavadia, MD, FPOA)

Keynote Speaker Address (Dr. Edward V.A Lim)

Presentation and Oath Taking of the New Fellows (Melito Antonio P. Ramos, MD, FPOA)

Congress video teasers

Official Opening (Frederic Joseph F. Diyco, MD, FPOA)

12:00 **Official Start of POA/PBO ELECTIONS**

12:30 - 1:00 **LUNCH SYMPOSIUM: A. MENARINI PHILS.**

Philippine Society of Women Orthopaedic Surgeons, Inc. (PSoWOSI)

Moderator: Ameena Tara X. Santos, MD, FPOA

1:00 - 1:10 Post-menopausal Osteoporosis: To Treat or Not to Treat? (Ma. Felma S. Rayel, MD, FPOA)

1:10 - 1:20 Conservative Management of Acute Vertebral Compression Fractures in the Covid 19 Setting
(Anne Kathleen B. Ganal-Antonio, MD, FPOA)

1:20 - 1:30 Delayed Management of Post-menopausal Osteoporotic Fracture of the Spine
(Ana Rosario P. Sta. Ana-Famador, MD, FPOA)

1:30 - 1:40 Open Forum

1:40 - 1:50 Case - Neglected Post-menopausal Osteoporotic Hip Fractures
Dyan F. Pangilinan-Docena, MD, FPOA

Marie Jeanne L. Bertol, MD, FPOA/ Joyce Franseca C. Miranda, MD, FPOA

Ma Adelwisa G. Belen, MD, FPOA / Ma. Felma S. Rayel, MD, FPOA

Anne Kathleen B. Ganal-Antonio, MD, FPOA

Ana Rosario P. Sta. Ana-Famador, MD, FPOA

1:50 - 2:00 Open Forum & Summary by the Moderator Ameena Tara X. Santos, MD, FPOA

Philippine Orthopaedic Wound Care and Diabetic Limb Society (POWCDLS)

Moderators: Dr. Jonathan C. Ronquillo / Dr. Roberto Gabriel I. Lopez

2:00 - 2:05 Introduction of topic and speaker Jonathan C. Ronquillo, MD, FPOA / Roberto Gabriel I. Lopez, MD, FPOA

2:05 - 2:13 Wound Care Management in the time of COVID: Face-to-Face (A Butuan Doctor's Hospital Experience)
(Jerome Anthony S. Asuncion, MD, FPOA)

2:13 - 2:21 Wound Care Management in the time of COVID: On-line (Pierre M. Mella, MD, FPOA)

2:21 - 2:29 COCOPATCH: Proudly Philippine Made (Denver O. Chicano, RN, RT, EMT)

POA 73rd Annual Congress

Program At-a-Glance

2:29 - 2:44 Q & A

2:44 - 2:46 Case Presentation: Salvaging the Sural Flap (Lendell John Z. Gatchalian, MD, FPOA)

2:46 - 2:55 Comments from Experts

2:55 - 2:58 Q & A from Audience

2:58 - 3:00 Summary (Jonathan C. Ronquillo, MD, FPOA / Roberto Gabriel I. Lopez, MD, FPOA)

3:00 - 3:45 **SNACK SYMPOSIUM: 3M**

Philippine Spine Society (PSS)

Moderator: Richard V. Condor, MD, FPOA

3:45 - 3:50 Introduction of Topic & Speakers (Richard V. Condor, MD, FPOA)

3:50 - 4:02 Spine Mets Management During COVID (Pierre M. Mella, MD, FPOA)

4:02 - 4:14 Potts Management during COVID (Jose Joefrey F. Arbatin, Jr. MD, FPOA)

4:14 - 4:26 Spine Trauma Management During COVID (Ryan Conrad A. Carnero, MD, FPOA)

4:26 - 4:39 Open Forum

4:39 - 4:45 Comments from the Expert - 2 Senior Spine Surgeons
(Adrian B. Catbagan, MD, FPOA & David M. Cabatan, Jr., MD, FPOA)

Philippine Musculoskeletal Tumor Society (PMTS)

Moderators: Ivan John P. Concepcion, MD, FPOA/ Marie Jeanne L. Bertol, MD, FPOA

4:45 - 4:50 Introduction of Topic and Speakers (Czar Louie L. Gaston, MD, FPOA)

4:50 - 5:05 Management of Bone and Soft Tissue Tumors with Delayed Presentation (Rafael S. Claudio, MD, FPOA)

5:05 - 5:10 Open Forum

5:10 - 5:35 Case Presentations of Bone and Soft Tissue Tumor Treatment During COVID-19 Pandemic

Dennis Paolo H. Abadilla, MD, FPOA

Isagani E. Garin, MD, FPOA

Neilson G. Palabrica, MD, FPOA

Albert Jerome C. Quintos, MD, FPOA

5:35 - 5:45 Open Forum

DAY 2, JUNE 17, 2022

Philippine Shoulder Society (PShS)

Fracture Dislocation of the Glenohumeral Joint:

Moderator: Albert Cesar S. Faller Jr MD, FPOA

8:00 - 8:05 Acute (Patrick M. Dizon, MD, FPOA)

8:05 - 8:10 Chronic (Jonathan C. Ronquillo, MD, FPOA)

8:10 - 8:15 Open Forum

AC Joint Dislocations:

Moderator: Victor Felix S. Gaddi, MD, FPOA

8:15 - 8:20 Acute (Jason Paul P. Santiago, MD, FPOA)

8:20 - 8:25 Chronic (Carlo Angelo V. Borbon, MD, FPOA)

8:25 - 8:30 Q & A

POA 73rd Annual Congress

Program At-a-Glance

Massive Cuff Releases:

Moderator: Antonio R. Puti, MD, FPOA

- 8:30 - 8:34 Rotator Cuff Releases (Jeremy James C. Munji, MD, FPOA)
- 8:34 - 8:38 Muscle Transfer (Chauncey Kester I. Lim, MD, FPOA)
- 8:38 - 8:42 Patch & SCR (Jonathan C. Ronquillo, MD, FPOA)
- 8:42 - 8:45 Q & A

Distal Clavicle Fracture: Stabilization Options:

Moderator: Manuel V. Pecson III, MD, FPOA

- 8:45 - 8:49 Minimally Invasive AC Joint Reconstruction [MINAR] (Juan Carlos S. Paredes, MD, FPOA)
- 8:49 - 8:53 Plating +/- Dogbone (Kristine R. Italia, MD, FPOA)
- 8:53 - 8:57 Hook Plate (Janos F. Viscayno Jr., MD, FPOA)
- 8:57 - 9:00 Open Forum

Philippine Orthopaedic Trauma Society (POTS)

Moderator: Joseph Garvy L. Lai, MD, FPOA

- 9:00 - 9:05 Management of Fragility Hip Fractures by a COVID 19 Referral Center: Using evidence to provide cost effective care
- 9:05 - 9:15 Managing Fragility Hip Fractures: During the time of the Pandemic: What have we learned from local experience? (Bernardino B. Alpuerto II, MD, FPOA)
- 9:15 - 9:28 Acute Surgical Management of Covid 19 positive Elderly Patients with Hip Fractures (Irewin A. Tabu, MD, FPOA)
- 9:28 - 9:35 Multi center Implementation of Orthogeriatrics & the Fracture Liason Service (Giorgio D. Delgado, MD, FPOA)
- 9:35 - 9:38 Case Presentation: The Elderly Patient with a Fragility Hip Fracture with COVID 19 Infection (Irewin A. Tabu, MD, FPOA)
- 9:38 - 9:53 Panel Discussion: Comments from Experts
 Maria Adelwisa G. Belen MD, FPOA
 Peter Julian Francisco MD, DFM
 Benjamin Chua MD, FPOA;
 Antonio Alan Mangubat MD,FPSA
- 9:53 - 9:58 Open Forum
- 9:58-10:00 Summary (Joseph Garvy L. Lai, MD, FPOA)

10:00-10:30 **SNACK SYMPOSIUM: THE CATHAY DRUG**

Philippine Hip & Knee Society (PHKS)

Moderator: Joaquin C. Pandanan, MD, FPOA

- 10:30-10:42 First Person Surgical Recording: Sharing the Surgeon's Perspective in Total Joint Replacement (Jose Antonio G. San Juan, MD, FPOA)
- 10:42-10:54 Calcar Retaining Arthroplasty for Un stable Intertrochanteric Fracture (Hermino R. Valenzuela, Jr, MD, FPOA)
- 10:54-11:06 Tips & Tricks in doing TKR (Jose Fernando C. Syquia, MD, FPOA)
- 11:06-11:18 DAA for Primary THA with or without HANA (Joel V. Baron, MD, FPOA)
- 11:18-11:30 Open Forum

Association for the Study & Application of the Method of Ilizarov (ASAMI)

Moderator: Juanito S. Javier, MD, FPOA

- 11:30-11:42 WALANT for Upper Ex Ilizarov (Cossette Esmeralda C. Atutubo, MD, FPOA)
- 11:42-11:54 Neglected Dislocation (Gracia Cielo E. Balce, MD, FPOA)
- 11:54-12:06 Untreated Trauma (Daniel V. Dungca, MD, FPOA)
- 12:06-12:16 Open Forum

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12:16-12:21 Case Presentation: Untreated Fracture of the Tibia & Fibula (Paolo M. Ramirez, MD)

12:21-12:30 Comments from Experts

12:30-1:15 **LUNCH SYMPOSIUM: JOHNSON & JOHNSON PHILS**

Association of the Hand Surgeons of the Philippines (AHSP)

Moderator: John Hubert C. Pua, MD, FPOA /Eugenio Brito, MD, FPOA

1:15 - 1:20 Introduction of Topics & Speakers (John Hubert C. Pua, MD, FPOA)

1:20 - 1:30 WALANT for Fracture Fixation of the Upper Extremity (Raymar L. Sibonga, MD, FPOA)

1:30 - 1:40 Management of Neglected Tendon Injury: The Twilight Zone (David L. Alagar, MD, FPOA)

1:40 - 1:50 Treatment for Malunion of Distal Radius Fractures (Henry Gerard M. Calleja, MD, FPOA)

1:50 - 2:00 Open Forum (John Hubert C. Pua, MD, FPOA & Eugenio Brito, MD, FPOA)

2:00 - 2:05 Case Presentation - Segmented Forearm Fracture, Fixation Under WALANT
(Kerwin dela Cruz, MD - De la Salle University Medical Center)

2:05 - 2:15 Open Forum (John Hubert C. Pua, MD, FPOA & Eugenio Brito, MD, FPOA)

Philippine Orthopedic Society for Sports Medicine (POSSM)

Moderator: Carmelo L. Braganza, MD, FPOA

2:15 - 2:25 Arthrofibrosis of the Knee- Threshold for Conservative vs Surgical Management (Patrick M. Dizon, MD, FPOA)

2:25 - 2:35 Neglected Patellar Dislocation - Challenges in Management (Enrique Leonardo C. Pasion, MD FPOA)

2:35 - 2:45 Neglected Patellar Tendon Ruptures - Approaches & Techniques In Management
(Raphael Angelo C. Jurilla, MD, FPOA)

2:45 - 2:55 Open Forum

Institutional Presentations

Arthroscopy Simulation - Coping with the Challenges In Training During the Pandemic:

2:55 - 3:00 Philippiine Orthopaedic Center (Patrick H. How, MD, FPOA)

3:00 - 3:05 UP-PGH (Patrick M. Dizon, MD, FPOA)

3:05 - 3:10 CHH (Jose Antonio G. San Juan, MD, FPOA)

3:10 - 3:15 Open Forum

3:15 - 3:45 **SNACK SYMPOSIUM: ZP AMGEN**

Philippine Orthopaedic Foot & Ankle Society (POFAS)

"Practicality Across the Archipelago"

Moderator: Joana Francesca B. Visperas, MD, FPOA

3:45 - 3:50 Introduction of topic and speakers (Joana Francesca B. Visperas, MD, FPOA)

3:50 - 3:58 What's Available for Hindfoot & Ankle Fusion? Philippine Orthopedic Center
(Michael Thomas T. Gonzales, MD, FPOA)

3:58 - 4:06 WALANT for Soft Tissue Foot & Ankle Cases: Corazon Locsin Montelibano Memorial Regional Hospital
(Juan Agustin D. Coruña IV, MD, FPOA)

4:06 - 4:14 WALANT for Foot & Ankle Fractures: Northern Mindanao Medical Center (Sharvyl Anthony B. Cantila, MD)

4:14 - 4:24 Open Forum (Merwin Mitchell Q. Musni-Fabia, MD, FPOA)

4:24 - 4:32 WALANT Cases: Mini-Open Achilles Tendon Repair: Philippine Orthopedic Center
(Carlo H Acuña, MD & Ernest Nikole R. Hilao, MD)

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4:32 - 4:42 Open Forum

4:42 - 4:45 Summary (Joana Francesca B. Visperas, MD, FPOA)

Pediatric Orthopaedic Society of the Philippines (POSP)

Moderator: Nesti James B. Panopio, MD, FPOA

4:45 - 4:50 Introduction of topic and speakers

4:51 - 4:58 Innovative Solutions to Ensure Continuity of Care for TEV Patients During the Pandemic
(Rosalyn P. Flores, MD, FPOA)

4:59 - 5:06 A Model for the Achilles Tendon Tenotomy for Clubfoot; The Adidas Solution
(Carlo Emmanuel J. Sumpaico, MD, FPOA)

5:07 - 5:14 Managing Off Ended Distal Radial Fractures in Children; How Would You Do It?
(Juan Alejandro V. Legaspi, MD, FPOA)

5:15 - 5:25 Open Forum

5:26 - 5:33 Case Presentation " Untreated Distal Humeral Fracture"—The Medical City (Candice Elaine Lim, MD, FPOA)

5:34 - 5:40 Open Forum

5:41 - 5:45 Summary (Nesti James B. Panopio , MD, FPOA)

6:00 CLOSING OF ELECTIONS

DAY 3, JUNE 18, 2022

Orthopedic Research Society Lecture 1

Moderator: Emmanuel P. Estrella, MD, MSc

7:00 - 7:05 Welcome Address & Introduction of Speaker

7:05 - 7:45 How to make research fun? (Nathaniel S. Orillaza Jr., MD, FPOA)

7:45 - 7:55 Open Forum

7:55 - 8:00 Awarding of Certificates

Orthopedic Research Society Lecture 2

Moderator: Henry Gerald Calleja, MD, FPOA

8:00 - 8:05 Welcome Address & Introduction of Speaker

8:05 - 8:45 Reseach Ethics & Integrity (Jean Anne B. Toral, MD MSc)

8:45 - 8:55 Open Forum

8:55 - 9:00 Awarding of Certificates

9:00 - 9:30 **SNACK SYMPOSIUM: UNILAB**

Orthopedic Education Lecture (OEC)

Moderator: Jean Pierre F. Leung, MD, FPOA

9:30 - 9:55 Orthopedic Educational Initiative in Covid (Daniel V. Dungca, MD, FPOA)

9:55-10:20 West Visayan Experience in Training During Pandemic (Lucille P. Detoyato, MD, FPOA)

10:20-10:30 Open Forum

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Orthopedic Education Lecture (PBO)

Moderator: Maria Adelwisa G. Belen, MD, FPOA

10:30-10:42 Adaptation on Exam & Accreditation during Covid, 2020-2021 (Jose Maria R, Coruña, MD, FPOA)

10:42-10:54 Report on Test Constructon Workshop January 2022 (Isagani E. Garin, MD, FPOA)

10:54-11:06 Present Guidelines on Exam & Accreditation (Reynaldo V. Lopez, MD, FPOA)

11:06-11:18 PBO Golden Anniversary Celebration (James C. Paggao, MD, FPOA)

11:18-11:30 Open Forum

11:30-12:00 **LUNCH SYMPOSIUM: VIATRIS**

12:00 - 1:00 PBO Business Meeting

1:00 - 2:00 POA Business Meeting

2:00 - 2:30 SNACK SYMPOSIUM: PACIFIC SURGICAL (30 MINS)

2:30 - 4:30 **CLOSING CEREMONY**

Welcome Remarks (Justinian Aquilino Cyril LL Pimentel IV, MD, FPOA)

Past Days In Review (Video)

Announcement of Research Winners (Marcelino T. Cadag, MD, FPOA)

Announcement of PBO-Elect Trustees (Comelec Chair)

Announcement of POA-Elect Trustees (Comelec Chair)

Announcement of date for the inauguration of 2023 officers of the POA, PBO

& induction of new fellows & Diplomates

APOA Announcements & Video Presentation (Frederic Joseph F. Diyco, MD, FPOA)

Closing Remarks by Congress Chair (David L. Alagar, MD, FPOA)

RESIDENTS' RESEARCH FORUM

1. Post-Intramedullary Nailing Trochanteric Fractures in Lateral Osteomyelitis among Closed Decubitus and Supine Position. Femoral Shaft Patients from 2015 to 2020
2. Radiographic Coronal Thin Point as a Predictor of Shortening of Stable Pertrochanteric Fractures Treated With Proximal Femoral Nailing
3. Computed Tomography - Based Morphometric Analysis of the Subaxial Cervical Spine Pedicles in a Filipino Population
4. Effectiveness of Intra-Articular Tranexamic Acid Versus Intravenous Tranexamic Acid In Reducing Blood Loss For Total Knee Replacement: A Randomized Control Trial
5. A Comparative Study of Proximal Femoral Nail Antirotation in Peri-
6. Effect of Microdacyn on fracture healing on Sprague Dawley rats using histomorphometric study
7. A Comparative Study of Peripheral Nerve Block (Pnb) Versus Wide Awake Local Anesthesia No Torniquet (Walant) in Patients with Hand and Wrist Fracture Requiring Bony Fixation: Clinical Outcome and Patients Satisfaction
8. Quality of Reduction of Closed Reduction Internal Fixation (CRIF) and Open Reduction Internal Fixation (ORIF) Using Smith-Petersen Approach For Displaced Femoral Neck Fractures in Adults: A Retrospective Cohort Analysis

FREE PAPERS

1. Osteosynthesis of Metacarpal and Phalangeal Fractures using Interlocked K-wire Technique Followed by Early Mobilization: A Pilot Study (Modesto Bolisli, MD - ITRMC)
2. The Initial Impact of COVID-19 on the Orthopedic Trauma Surgeries in one of the Government Tertiary Hospitals in the Philippines (Josh Rosales, MD - NMMC)
3. Low-cost surveillance for lower extremity fracture union after intramedullary nailing - experience on 80 SIGN patients by a Philippine trauma center (Erika Paulina Stefani H. See, MD)
4. Incidence of Orthopaedic Trauma Cases Managed in a Tertiary

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- Hospital in Western Visayas During the Pre Covid and Covid Period: A Comparative Study (Almar Bantolo, MD - WVMC)
5. A Retrospective Cohort Study on Using Fully Threaded, Cortical Screws in Locking SIGN Intramedullary Nails " Christian Emmanuel M. Fontanilla, MD Romer Ariel M. Santos, MD, FPOA - EAMC)
6. The Pelvic Inlet and Outlet Radiographic View in Filipinos A retrospective study of CT scan measurements and 3-Dimensional Computed Tomography Reconstructions (Ricky Chua, MD)
7. Comparison of Revision Rate and Complications of Total Knee Arthroplasty Between Filipino Octogenarians and Their Age-Appropriate Controls Loren Albarilo, MD
8. Functional and Radiographic Outcomes in Patients who Underwent Transforaminal Lumbar Interbody Fusion Using Posterior Instrumentation, Autologous Inferior Articular Facet Bone Block with Polyetheretherketone Cages and Morselized Autologous Bone Graft (Jessiah Navarro, MD)
9. A Review of Clinical Outcomes in Children with Clubfeet Treated with Ponseti method: A single-center study (Ritesh Pokharel. MD- ITRMC)
10. Characteristics, Treatment Patterns and Clinical Outcomes of Patients diagnosed with Fungating Soft Tissue Sarcomas (Tristan Dwight T. Sebastian, MD, Edward Hm Wang, M.D, Msc (Epi
- UPPGH)
11. Coflex Interlaminar Stabilization and Decompression for Lumbar Spinal Stenosis: A 7-Year Follow-Up and Assessment (Anna Francesca M. Robles, MD, Ronald B. Pidlaoan, MD, Roy Michael Domacena, MD - SLMC)
12. Survival Analysis of Patients with Pathologic Fracture from Metastatic Bone Disease in A Single Tertiary Center (Katrina Ysabel R. Naraval, MD, Daniela Kristina D. Carolino, MD, Edwin Joseph R. Guerzon, MD - SLMC)
13. Short-Term Outcomes of Patients with Fragility Hip Fractures Infected with SARS-CoV-2 Managed in a COVID-19 Referral Hospital with an Orthogeriatric Team (Kiko A. Cortez & Irewin A. Tabu UPPGH)
14. The Use of Consignment Method to Increase Joint Replacement Surgeries in a Tertiary Hospital Follows (Michael A. Saturnino, Stephen B. Tabladillo, Orlando M. Alimbuyuguen, Chino N. Tayag, Marjorie B. Sierra, Merce Kristin T. Saturnino, Carine R. Lacuesta, Jerome C. Cid - Mariano Marcos Memorial Hospital and Medical Center)
15. Clinical outcomes of iliac crest bone graft versus fracture callus in the treatment of nascent malunions of the femur and tibia (Pancho Carlo Tranquilino, Mamer Rosario, Manoj Tiwari - EAMC)
16. Resection Margins of Bone and Soft Tissue Extremity Sarcomas among Musculoskeletal Tumor Specialists in the Philippines (Aaron Paul Punzalan, MD
- Noel Rex Peñaranda, MD, FPOA - SPMC; Edward Wang, MD, FPOA - UPPGH)
17. Negative Pressure Wound Therapy For Prevention Of Post-Operative Wound Complications In Posterior Spinal Surgery: A 10-Year Retrospective Study (Perez, Joan Francine U. MD; Agustin Miguel G. Morales MD; Jose Joeffrey F. Arbatin MD; Oliver Y. Ong MD; Eric Astelo O. Berlarmino MD- CHH)
18. Functional Outcomes Of Fragility Hip Fractures During The COVID-19 Pandemic: A Single Center Experience (Parviz Duque Dadgardoust, MD- VMMC)
19. Effect Of Microdacyn On Fracture Healing On Sprague Dawley Rats Using Histomorphometric Study (Angelo Carlo M. Ostrea, MD, Mikhail Lew P. Ver, MD, Anna Francesca M. Robles, MD- SLMC)
20. Prevalence of Cam-Type Femoro-acetabular Impingement Among Total Hip Arthroplasty Patients And Its Association With Hip Osteoarthritis: An 11-Year Cross-Sectional Analytical Study In The Philippines (Single Institution Study) (Erika Nicole L. Chua, MD, Antonio A. Rivera, MD, FPOA - MMC)
21. Epidemiology Of Orthopaedic Fractures During The COVID-19 Pandemic In The Military Setting: A Cross Sectional Study (Jason A. Alamani, MD, Henry R. Tabinas Jr, MD - VLMC)
22. Three-Year Retrospective Analysis Of Mortality And Mobility Status In Operatively Versus Non-Operatively Managed Extracapsular Hip Fractures In The Elderly (Ana

FREE PAPERS

Margarita C. Guevara, MD-MBA,
Josephus C. Reynes, MD - POC

23. The Efficacy Of Epidural Ropivacaine Plus Morphine As Post-Operative Analgesia In Major Lumbar Spine Surgery: A Randomized Prospective Double-Blind Study (Charles Andrew R. Chu-Santos MD, Richard V. Condor MD FPOA - CHH)

24. Inter-prosthetic joint motion in bipolar partial hip arthroplasty after 1 year follow-up (Noreen Joyce L. Yeo, MD, Liberato Antonio C. Leagogo, MD, FPOA - MMC)

25. Risk Factors For Development Of Atypical Femoral Fractures In Patients On Long-Term Oral Bisphosphonate Therapy (Rui Cardoso Genrinho, S P Silva, C Mazedo, P Vilas Boas, B Figueiredo, J Brenha, A Barcelos - Orthopedic Department and Rheumatology Department, Centro Hospitalar do Baixo Vouga Centro, Aveiro - Portugal)

26. There Is An Association Between Varus Proximal Femoral Geometry And Atypical Femoral Fractures In Postmenopausal Women Under Chronic Bisphosphonate Treatment? (Rui Cardoso Genrinho, S P Silva, C Mazedo, P Vilas Boas, B Figueiredo, J Brenha, A Barcelos Orthopedic Department and Rheumatology Department, Centro Hospitalar do Baixo Vouga Centro, Aveiro - Portugal)

E-POSTERS will be showcased on the official congress website: <https://www.philorthoevents.org>

Watch this instructional video for the POA - PBO Elections

(Click Image to watch video)



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ELECTION DATES. JUN 16 START @ 12 NOON. JUN 17 ENDS @ 6 PM.

STEP BY STEP GUIDE FOR THE POA EVOTE. Includes numbered steps 1-6 with screenshots of the app interface for login, candidate selection, and voting.

OrthoBalita Staff. Editors: John Andrew Michael A. Bengzon & Michael D. R. Muñoz. Secretariat Staff: Eden Ladrica. Layout Artist: Mike Villanueva.